

2019 WCAL Track & Field Championships - 4/30/2019 to 5/3/2019

Varsity Trials  
Saint Francis High School  
Results - JV/FS Trials

Event 10 Girls 100 Meter Hurdles Junior Varsity

Meet: 16.30 ! 2007 Hannah Goranson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Bettendorf, Mia	10	St Francis (	18.24Q1.0
2 Chan, Kayla	10	St Ignatius	18.87Q0.5
3 Johnson, Marsella	9	Sacred Heart	18.95Q0.3
4 Howard, Cameron	9	St Ignatius	19.25q 0.5
5 Ewers, Claire	9	St Ignatius	19.64q 1.0
6 Polverino, Mairead	10	Presentation	19.69q 0.5
7 Moran, Evelyn Sarah	10	St Francis (	19.72q 0.5
8 Carrillo Vega, Guadalupe	9	Archbishop M	19.76q 0.3
9 Bonthorn, Charlie	10	St Ignatius	19.85q 1.0
10 Delacroix, Victoria	11	Archbishop M	20.03 1.0
11 Hiraki, Ashley	11	Archbishop M	20.10 0.3
12 Branham, Sophie	10	St Ignatius	20.27 0.3
13 Colwick, Josephine	9	Sacred Heart	20.33 1.0
14 Zeng, Jemiah	11	Valley Chris	20.86 0.3
15 Nguyenphan, Bachhan	11	Presentation	21.03 0.5
16 Rishniw, Leila	10	Sacred Heart	21.12 0.3
17 Scott, Natasha	9	Sacred Heart	21.18 1.0
18 Mullin, Stella	9	Sacred Heart	21.45 0.5

Event 14 Girls 400 Meter Dash Junior Varsity

Meet: 1:01.53 ! 2010 Nicole Fairley

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Tong, Katie	9	St Ignatius	1:03.42q
2 Scancarelli, Sophia	9	Sacred Heart	1:03.62q
3 Milby, Clare	10	St Ignatius	1:04.48q
4 Keane, Zoe	9	St Ignatius	1:05.39q
5 Murdock, Allie	10	St Francis (	1:05.52q
6 Stineman, Amy	10	Archbishop M	1:06.50q
7 Coyle, Lucy	9	St Francis (	1:06.83q
8 Quetingco, Eliza	9	Sacred Heart	1:07.14
9 Flint, Antonia	9	St Francis (	1:08.22
10 Deasy, Fiona	9	Sacred Heart	1:09.59
11 Zutshi, Sheen	9	Archbishop M	1:09.60
12 Young, Catherine	9	St Ignatius	1:09.92
13 McCarthy, Mia	9	St Francis (	1:10.62

Event 16 Boys 400 Meter Dash Frosh/Soph

Meet: 51.41 ! 2009 Jalen Davidson

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 White, Zach	10	St Ignatius	53.47Q
2 Fournier, Liam	10	Junipero Ser	54.11Q
3 Inzunza, Bruno	9	St Francis (	54.42Q
4 Garlick, James	10	St Francis (	54.48Q
5 Veit, Luke	10	St Ignatius	55.12Q
6 Raptentsetsang, Ayden	10	Sacred Heart	55.19q
7 Quintero, Cameron	9	Junipero Ser	55.22q
8 Milby, Liam	9	St Ignatius	55.41
9 Boccabella, Dominic	9	Archbishop M	55.57

10 Young, Jason	9	Archbishop R	56.22
11 Kakitapalli, Akul	10	St Francis (	56.71
12 Healy, Shane	10	Junipero Ser	56.76
13 Brodrick, Tyler	10	Archbishop M	57.03
14 Arquette, Camilo	9	St Francis (	57.05
15 Matsumoto, Tyler T	9	Bellarmino C	57.10
16 Williams, Frank	9	Bellarmino C	57.18
17 Yemane, Siem	9	St Ignatius	57.57
18 Polychronopoulos, Alexandro	10	Archbishop M	57.99
19 Artmore, Michael	9	St Francis (	58.03
20 Abbott, Tim	9	St Ignatius	58.56
21 Beldi, Andrew	9	Valley Chris	58.76
22 Baglio, Richard	10	Junipero Ser	59.01
23 Schnedecker, Alexander	10	Archbishop R	59.26
24 Williams, Danny	9	Bellarmino C	59.36
25 Carino, Cyrus	9	Sacred Heart	59.80
26 Howlett, Eric	10	Valley Chris	1:01.30
27 Prasad, Krish	9	Archbishop M	1:04.75
28 Kopardekar, Abhay	9	Archbishop M	1:05.66
29 Belaide, Blake	10	Valley Chris	1:08.93

Event 18 Girls 100 Meter Dash Junior Varsity

Meet: 12.89 ! 2003 Krystal Yee

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Fordyce, Hope	9	St Francis (	13.26Q1.1
2 Hamaguchi, Audrey	9	Sacred Heart	13.37Q1.5
3 Carmody, Katelyn	9	Presentation	13.49Q0.4
4 Kemist, Hannah	9	St Francis (	13.43q 1.5
5 Do, Kathalyn	9	Valley Chris	13.67q 0.4
6 McFarland, Aij	9	St Ignatius	13.72q 1.1
7 Mendoza, Maggie	9	St Ignatius	13.76q 1.1
8 Bluford, Kennedy	9	St Ignatius	13.78q 1.5
9 Hitchingham, Meghan	10	St Ignatius	13.87q 1.1
10 Maloney, Bridget	9	Archbishop M	13.90 1.5
11 Kenny, Camryn	11	St Francis (	13.98 0.4
12 Ilmi, Kelly	9	Archbishop M	14.01 1.5
13 Keker, Ella	9	Sacred Heart	14.17 1.5
13 Antipa, Kiki	9	Sacred Heart	14.17 1.5
15 Sara, Smrdeli	9	Presentation	14.23 1.5
16 Tillmann, Ella	10	Archbishop M	14.31 0.4
17 Leto, Sabrina	9	Presentation	14.32 0.4
18 Tieh, Konya	10	Archbishop M	14.38 1.1
19 Bermudez, Isabella		Archbishop M	14.40 1.1
20 Sharma, Aamani	9	Presentation	14.44 0.4
21 Maguire, Veronica	9	Sacred Heart	14.56 1.1
22 Greely, Julia	9	St Francis (	14.78 0.4
23 Breiz, Jerzee	10	Sacred Heart	14.86 1.1

Event 20 Boys 100 Meter Dash Frosh/Soph

Meet: 11.10 ! 2017 James Thomas

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Bermudez, Brandon	10	Bellarmino C	11.54Q1.5
2 Poni, Vince	10	Junipero Ser	11.66Q0.4

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## Preliminaries ... (Event 20 Boys 100 Meter Dash Frosh/Soph)

Name	Yr	School	Prelims
3 Morris, Jamarr	9	Valley Chris	11.71Q0.5
4 Barana, Brandon	10	St Francis (	11.78Q1.5
5 Jackson, Aden	10	Archbishop R	11.77q 0.5
6 Vogel, Maro	10	Bellarmino C	11.83q 0.4
7 Byrne, Rob	10	Sacred Heart	11.89q 0.4
8 Yoshioka, Richard	10	St Francis (	11.96q 1.5
8 Perez-Lopez, Edgar	9	Bellarmino C	11.96q 1.5
10 Woodford, Lucas	10	St Francis (	11.97 1.5
11 Orogo, Kenneth	10	St Francis (	12.07 0.5
12 Ham, John	9	Bellarmino C	12.08 1.5
13 Thang, Taron	9	Archbishop M	12.09 0.5
14 Brattensani, Gianni	10	Archbishop R	12.12 1.5
15 Dreier, Nico	9	Sacred Heart	12.18 0.4
16 Jayasekara, Hiran	10	Archbishop M	12.24 1.5
16 Kumar, Rohan	10	Archbishop M	12.24 1.5
18 Mahasin, Hassan	9	Junipero Ser	12.27 1.5
19 Lin, Ian	9	Archbishop M	12.28 0.5
20 Jordan, Jesse	9	St Francis (	12.32 1.5
21 Brozovich, Johnny	10	Junipero Ser	12.40 0.5
22 Foster, Tim	10	Valley Chris	12.41 1.5
23 Byrne, Jack	10	Sacred Heart	12.43 0.5
24 Hom, Dylan	9	St Ignatius	12.47 1.5
25 Low, Matthew	9	St Ignatius	12.49 1.5
26 Ton, Andrew	9	Archbishop M	12.51 0.4
27 Vallecillo, Giovanni	10	St Ignatius	12.55 0.5
28 Dickson, Max	10	Valley Chris	12.60 0.4
29 Masuda, Josh	10	St Ignatius	12.64 0.5
30 Hsieh-Premack, Sean	9	Sacred Heart	12.78 0.4
31 Krown, Aaviye	9	Valley Chris	12.79 1.5
32 Gilmore, Justin	10	Junipero Ser	12.89 1.5
33 Salvato, Daniele	9	Junipero Ser	13.08 1.5
34 Tsang, Matthew	9	Sacred Heart	13.12 0.4

## Event 22 Girls 800 Meter Run Junior Varsity

Meet: 2:23.97 ! 5/13/2016 Jacqueline Miley

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Fischer, Nicolette	9	Sacred Heart	2:32.13Q
2 Cabello, Vanessa	10	St Francis (	2:34.09Q
3 Miley, Caroline	10	St Francis (	2:33.83q
4 Saggau, Isabella	9	Archbishop M	2:36.18q
5 Coyle, Lucy	9	St Francis (	2:37.06q
6 McMahon, Brynn	9	Valley Chris	2:38.73q
7 Puiggali, Clara	9	Sacred Heart	2:39.23q
8 Fry-Ross, Gabriella	10	St Ignatius	2:41.73q
9 Zutshi, Sheen	9	Archbishop M	2:41.88q
10 Stineman, Amy	10	Archbishop M	2:42.66q
11 Zertuche, Lydia	10	Archbishop M	2:44.48q
12 Modesti, Alli	9	St Ignatius	2:46.09q
13 Rivas, Natalie	9	Valley Chris	2:46.15
14 Cadenas, Ximena	9	Valley Chris	2:49.42
15 Ruiz, Sofia	9	St Francis (	2:49.88
16 Ramirez, Evelyn	9	Sacred Heart	2:52.44

17 Louie, Olivia	10	St Ignatius	2:52.68
18 Liu, Malia	10	Sacred Heart	2:52.99
19 Escalante, Isabel	9	St Ignatius	2:58.60
20 Trinh, Grace	9	Valley Chris	3:05.03
21 Tapia, Lauren	11	St Ignatius	3:05.35
22 Juricic, Adriana	11	Sacred Heart	3:27.63

## Event 24 Boys 800 Meter Run Frosh/Soph

Meet: 1:58.38 ! 2015 Alex Scales

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Luders, Will	10	Valley Chris	2:05.24Q
2 Evanchik, Jason	10	Bellarmino C	2:07.85Q
3 Stebbins, John	10	Bellarmino C	2:08.68Q
4 Boennighausen, Jack	10	Bellarmino C	2:12.67Q
5 Chancey, Connor	10	Archbishop M	2:10.32q
6 Lalonde, Tristan	9	Bellarmino C	2:10.78q
7 Poilane, Briac	10	Sacred Heart	2:11.00q
8 Nguyen, Tyler	9	Bellarmino C	2:11.24q
9 Von Feldt, Oliver	10	St Francis (	2:11.38q
10 Rogers, Tommy	9	Junipero Ser	2:12.01q
11 Lappalainen, Ari	10	St Francis (	2:13.70q
12 Harika, Nihaal	10	St Francis (	2:13.89q
13 Head, Steven	9	St Francis (	2:14.38
14 Tang, Daniel	9	Archbishop M	2:16.99
15 Solorio, Edgar	9	Junipero Ser	2:17.57
16 Kato, Owen	9	St Francis (	2:17.58
17 Gutierrez, Joseph	9	Junipero Ser	2:18.62
18 Nori, David	10	Archbishop R	2:19.75
19 Maggs, Liam	9	Sacred Heart	2:20.20
20 Hinoki, Kai	9	Sacred Heart	2:20.44
21 Guel, Devante	10	Junipero Ser	2:21.76
22 Hobden, Nate	9	Valley Chris	2:21.98
23 Bourdet, Michael	9	St Ignatius	2:22.09
24 Cordova, Matthew	9	Archbishop M	2:22.18
25 Ring, Aidan	9	Archbishop R	2:22.58
26 Chan, Connor	10	St Ignatius	2:22.78
27 Cummings, Matthew	9	St Ignatius	2:24.05
28 Thompson, Turner	10	Archbishop M	2:24.14
29 Wang, William	9	Sacred Heart	2:24.38
30 Bailey, Brandon	10	Sacred Heart	2:25.05
31 Aguilar, Jesus	9	Archbishop R	2:25.91
32 Lee, Avery	9	St Ignatius	2:26.13
33 Anaya, Erik	9	Junipero Ser	2:26.42
34 Kao, Joshua	9	Archbishop R	2:27.72
35 Garzee, Rowan	10	St Ignatius	2:28.80
36 Scott, Andrew	9	Valley Chris	2:30.21
37 Nome, Faruk Gustavo	10	Archbishop M	2:33.20

## Event 26 Girls 300 Meter Hurdles Junior Varsity

Meet: 48.82 ! 5/13/2016 Daviana Hayman

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Powell, Chloe	10	Archbishop M	52.51Q
2 Bettendorf, Mia	10	St Francis (	53.19Q

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## Preliminaries ... (Event 26 Girls 300 Meter Hurdles Junior Varsity)

Name	Yr	School	Prelims
3 Ott, Sarah	10	St Francis (	53.85Q
4 Bonthorn, Charlie	10	St Ignatius	54.82q
5 Chan, Kayla	10	St Ignatius	54.94q
6 Rishniw, Leila	10	Sacred Heart	55.19q
7 Carrillo Vega, Lupita	9	Archbishop M	56.04q
8 Hiraki, Ashley	11	Archbishop M	56.15
9 Flint, Antonia	9	St Francis (	56.24
10 Ewers, Claire	9	St Ignatius	56.33
11 Johnson, Marsella	9	Sacred Heart	57.58
12 Moran, Sarah	10	St Francis (	58.30
13 Colwick, Josephine	9	Sacred Heart	59.96
14 Branham, Sophie	10	St Ignatius	1:00.14
15 Polverino, Mairead	10	Presentation	1:00.73
16 Mullin, Stella	9	Sacred Heart	1:01.39
17 Scott, Natasha	9	Sacred Heart	1:02.02
18 Koepf, Briana	11	Presentation	1:06.70

## Event 28 Boys 300 Meter Hurdles Frosh/Soph

Meet: 40.30 ! 1977 Carl Broussard

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Sawyer, Jaxon	10	Bellarmino C	44.50Q
2 Orogo, Kenneth	10	St Francis (	46.08Q
3 Schmidt, Mateo	10	Archbishop M	45.30q
4 Lyons, Nicholas	10	Bellarmino C	46.11q
5 Guel, Devante	10	Junipero Ser	47.50q
6 Alfaro, Akzel	9	Archbishop M	47.62q
7 Munneryn, Brady	10	Bellarmino C	48.09q
8 Guiogui, Riley	10	Bellarmino C	48.80
9 Bahlibi, Tsegaw	10	Sacred Heart	48.96
10 Micallef, Vincent	10	Archbishop M	49.84

## Event 30 Girls 200 Meter Dash Junior Varsity

Meet: 26.75 ! 2010 Cecily Agu

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Fordyce, Hope	9	St Francis (	27.12Q0.4
2 Griffin-Ruwin, Diani	10	St Ignatius	27.18Q1.9
3 Murdock, Allie	10	St Francis (	28.07Q1.0
4 Carmody, Katelyn	9	Presentation	28.60Q1.5
5 McFarland, Aij	9	St Ignatius	28.51q 1.9
6 Do, Kathalyn	9	Valley Chris	28.76q 0.4
7 Mendoza, Maggie	9	St Ignatius	28.81q 1.5
8 Strunk, Shannon	9	Sacred Heart	28.87 1.9
9 Powell, Chloe	10	Archbishop M	28.90 1.0
10 Maloney, Bridget	9	Archbishop M	28.92 1.0
11 Eros, Ava	9	St Francis (	28.98 1.9
12 Sharma, Aamani	9	Presentation	29.31 1.9
13 Kecker, Ella	9	Sacred Heart	29.38 1.5
14 Rivas, Yaneth	9	St Ignatius	29.43 1.9
15 Young, Catherine	9	St Ignatius	29.46 0.4
16 Antipa, Kiki	9	Sacred Heart	29.82 1.0
17 Aguilar, Isabella	10	Archbishop M	30.17 1.9

18 Barsoum, Joy	9	Archbishop M	30.25 0.4
19 Nguyenphan, Bachhan	11	Presentation	30.31 0.4
20 Tillman, Ella	10	Archbishop M	30.32 1.5
21 Kenny, Camryn	11	St Francis (	30.42 1.0
22 Leto, Sabrina	9	Presentation	30.75 1.5
23 Breiz, Jerzee	10	Sacred Heart	30.99 1.0
24 Greely, Julia	9	St Francis (	31.15 0.4

## Event 32 Boys 200 Meter Dash Frosh/Soph

Meet: 22.50 ! 1977 Gilbert Pacaldo

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Poni, Vince	10	Junipero Ser	23.77Q+0.0
2 Perez-Lopez, Edgar	9	Bellarmino C	23.94Q+0.0
3 Vogel, Maro	10	Bellarmino C	24.09Q0.5
4 White, Zach	10	St Ignatius	24.16Q0.2
5 Ham, John	9	Bellarmino C	24.31Q1.1
6 Quintero, Cameron	9	Junipero Ser	24.32q 0.2
7 Barana, Brandon	10	St Francis (	24.41q +0.0
8 Fournier, Liam	10	Junipero Ser	24.43 +0.0
9 Vahabi, Rayan	10	Junipero Ser	24.52 0.2
10 Young, Jason	9	Archbishop R	24.59 +0.0
11 Byrne, Rob	10	Sacred Heart	24.74 0.2
12 Brattansani, Gianni	10	Archbishop R	24.79 0.5
13 Woodford, Lucas	10	St Francis (	24.81 1.1
14 Chancey, Connor	10	Archbishop M	24.84 0.5
15 Healy, Shane	10	Junipero Ser	25.07 1.1
16 Kumar, Rohan	10	Archbishop M	25.12 +0.0
17 Dreier, Nico	9	Sacred Heart	25.16 1.1
18 Jordan, Jesse	9	St Francis (	25.30 +0.0
19 Raptentsetsang, Ayden	10	Sacred Heart	25.32 0.5
20 Masuda, Josh	10	St Ignatius	25.44 0.2
21 Vallecillo, Giovanni	10	St Ignatius	25.49 +0.0
22 Sweeney, Leo	9	St Ignatius	25.63 +0.0
23 Boccabella, Dominic	9	Archbishop M	25.66 1.1
24 Byrne, Jack	10	Sacred Heart	25.76 0.5
25 Harris, Petros	10	St Ignatius	25.82 +0.0
26 Jayasekara, Hiran	10	Archbishop M	25.83 0.5
27 Artmore, Michael	9	St Francis (	25.91 1.1
28 Beldi, Andrew	9	Valley Chris	25.93 1.1
29 Brodrick, Tyler	10	Archbishop M	26.06 0.2
30 Foster, Tim	10	Valley Chris	26.12 +0.0
31 Howlett, Eric	10	Valley Chris	26.51 +0.0
32 Carino, Cyrus	9	Sacred Heart	27.18 0.2
33 Belaire, Blake	10	Valley Chris	30.41 0.5

## Event 34 Girls 3200 Meter Run Junior Varsity

Meet: 11:26.59 ! 2015 Kate O'Dea

Name	Yr	School	Finals
<b>Finals</b>			
1 Garrett, Sinead	10	St Ignatius	12:54.47
2 Coxon-Perez, Selina	10	St Francis (	13:12.49
3 Nip, Elizabeth	9	Sacred Heart	13:20.28
4 Tam, Keira	9	St Ignatius	13:20.55
5 Roberson, Hailey	10	Archbishop M	13:22.36

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## Finals ... (Event 34 Girls 3200 Meter Run Junior Varsity)

Name	Yr	School	Finals
6 Ruegg, Emily	9	Sacred Heart	13:24.41
7 Lukpat, Samantha	11	St Francis (	13:31.69
8 Damico, Annie	11	St Ignatius	13:38.69
9 Gardner, Mariana	10	St Ignatius	13:39.20
10 Mojica, Alexis	10	St Ignatius	13:50.96
11 Rose, Lindsey	11	Presentation	14:01.39
12 Crawford, Alexia	9	Sacred Heart	14:06.88
13 Anderson, Kylie	9	Presentation	14:10.33
14 Imura, Gabby	9	Archbishop M	14:14.84
15 Kim, Reena	9	Valley Chris	14:14.99
16 Hubbard, Kaitlyn	11	St Francis (	14:20.11
17 Desuasido, Felicity	9	St Francis (	14:20.12
18 Gurich, Madeleine	11	Archbishop M	15:42.78

## Event 35 Boys 3200 Meter Run Frosh/Soph

Meet: 9:42.87 ! 2015 Alex scales

Name	Yr	School	Finals
1 Aliaga, Casper	10	Bellarmino C	9:54.90
2 Theocheung, Aiden	10	Bellarmino C	10:06.53
3 Yarwood, Christian	10	Bellarmino C	10:12.16
4 Vaca, Daniel	10	Bellarmino C	10:17.16
5 Callon, Ben	10	Bellarmino C	10:18.13
6 Picard, Benjamin	10	St Francis (	10:23.18
7 Harika, Nihaal	10	St Francis (	10:25.77
8 Kumar, Suvan	10	St Francis (	10:27.98
9 Rogers, Tommy	9	Junipero Ser	10:29.96
10 Estrada, Logan	9	Archbishop R	10:31.17
11 Funke, Liam	10	Archbishop R	10:41.04
12 Kato, Owen	9	St Francis (	10:43.57
13 Murtagh, Collin	9	Archbishop R	10:44.42
14 Solorio, Edgar	9	Junipero Ser	10:51.06
15 Meeker, Nicholas	10	Archbishop M	10:57.64
16 Kelly, Benjamin	10	St Francis (	11:10.66
17 Trevino, Ciaran	10	Sacred Heart	11:11.18
18 Dionida, Jason	10	St Ignatius	11:12.88
19 Murphy, Conor	10	St Ignatius	11:14.43
20 Gutierrez, Joseph	9	Junipero Ser	11:18.46
21 Scatena, Joey	10	Junipero Ser	11:29.68
22 Nagree, Aden	10	Sacred Heart	11:33.71
23 Lundgren, Thomas	9	St Ignatius	11:45.05
24 Ou, Billy	9	Junipero Ser	11:45.14
25 Elliott, Jason	9	St Ignatius	12:02.01
26 Syed, Zane	10	Archbishop M	12:03.84
27 Lee, Brandan	10	Archbishop R	12:23.76
28 Phan-Romero, Diego	10	Archbishop R	12:56.61

## Event 42 Boys Shot Put Frosh/Soph

Meet: 60-06.50 ! 1973 Craig Watkins

Name	Yr	School	Prelims
1 Helu, Sioeli	10	Junipero Ser	42-08.00q
2 Sevilla, Romic	10	Bellarmino C	42-01.00q

3 Ifo-Desai, Elijah	9	Archbishop M	41-02.00q
4 Douglas, Dominic	10	Bellarmino C	40-11.00q
5 Yu, Tiger	9	Junipero Ser	40-10.00q
6 Hester, Geoffrey	10	Sacred Heart	40-08.00q
7 Lewis, David	10	St Ignatius	40-01.00q
8 Toledo, Giancarlo	9	St Ignatius	39-11.00q
9 Miranda, Jose	10	Bellarmino C	39-10.00q
10 Guggenheim-Schoening, Isaac	10	Junipero Ser	39-07.50
11 Rawls, Carsten	10	St Francis (	39-03.00
12 Angeles, Ondrei	9	Archbishop R	39-01.00
12 Coloma, Benny	10	Junipero Ser	39-01.00
14 Martinez, Andrew	10	Bellarmino C	37-11.00
15 Bijith, Ashwin	10	St Francis (	37-03.00
16 Maranghi, Leo	10	Archbishop R	36-08.00
17 Rojas-Martinez, Ernesto	10	Archbishop R	36-06.00
18 Sanchez, William	9	Sacred Heart	35-11.50
19 Baugher, Pierce	10	Valley Chris	35-11.00
20 Barsi, Dominic	10	Junipero Ser	35-08.00
21 Page, Carter	9	Bellarmino C	33-11.00
22 Dembinski, Joshua	10	St Francis (	33-01.00
23 Mac Murray, Santos	9	Sacred Heart	33-00.00
24 Kohler, Mateo	9	Valley Chris	29-11.00
25 Greene, Jackson	9	Archbishop M	29-10.50
26 Micevic, Luka	10	Archbishop M	29-10.00
27 Aherne, Aidan	10	St Ignatius	29-00.00
28 Panina, Daniel	9	Sacred Heart	24-08.50
--- Fujikawa, Colin	10	Valley Chris	ND

## Event 44 Girls Shot Put Junior Varsity

Meet: 36-02 ! 2012 Ronna Stone

Name	Yr	School	Prelims
1 Perich, Gabby	11	St Ignatius	27-04.00q
2 Sawaya, Leona	10	St Francis (	27-03.00q
3 Santana, Jacqueline	10	Sacred Heart	26-06.00q
4 Wilson, Tiffany	11	St Ignatius	26-00.00q
5 Boudeville, Katelyn	9	Presentation	25-11.50q
6 Cendejas, Atziri	10	Presentation	25-08.00q
7 Lee, Kelly	11	St Ignatius	25-06.50q
8 Caligaris, Ariana	10	St Francis (	25-04.00q
9 Nguyen, Nicole	11	Archbishop M	25-02.00q
10 Brown, Adrianna	9	St Francis (	24-02.00
11 Chew, Madeline	11	Archbishop M	22-09.00
12 Fierro, Monzerrad	11	St Ignatius	22-07.00
13 Varni, Missy	9	St Ignatius	22-04.50
14 Bedi, Meghan	10	Presentation	21-04.00
14 McSweeney, Emily	11	Sacred Heart	21-04.00
16 Hastings, Meredith	9	Archbishop M	20-10.00
17 Suchikul, Ella	10	Sacred Heart	20-09.00
18 Haile, Soriyah	11	Archbishop M	18-08.00

## 2019 WCAL Track &amp; Field Championships - 4/30/2019 to 5/3/2019

## Varsity Trials

## Saint Francis High School

## Results - JV/FS Trials

## Event 46 Boys Discus Throw Frosh/Soph

Meet: 155-05 ! 1973 Craig Watkins

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Sevilla, Romie	10 Bellarmine C	109-05q
2	Baugher, Pierce	10 Valley Chris	108-05q
3	Sanchez, William	9 Sacred Heart	101-08q
4	Helu, Sioeli	10 Junipero Ser	100-08q
5	Lewis, David	10 St Ignatius	99-00q
6	Hester, Geoffrey	10 Sacred Heart	94-04q
7	Otuhiva, Felela	9 Junipero Ser	93-07q
8	Toledo, Giancarlo	9 St Ignatius	91-07q
9	Guggenheim-Schoening, Isaac	10 Junipero Ser	89-02q
10	Thurrell, Jacob	10 Junipero Ser	87-11
11	Ifo-Desai, Elijah	9 Archbishop M	87-05
12	Mac Murray, Santos	9 Sacred Heart	86-10
13	Abraham, Matt	10 Bellarmine C	85-05
14	Rojas-Martinez, Ernesto	10 Archbishop R	85-03
14	Yu, Tiger	9 Junipero Ser	85-03
16	Greene, Jackson	9 Archbishop M	79-03
17	Dembinski, Joshua	10 St Francis (	78-02
18	Micevic, Luka	10 Archbishop M	71-11
19	Sanchez, Aiden-James	9 St Francis (	71-09
20	Aherne, Aidan	10 St Ignatius	70-10
21	Bijith, Ashwin	10 St Francis (	64-10
22	Panina, Daniel	9 Sacred Heart	43-02
---	Flocchini, Aidan	9 St Ignatius	ND

## Event 48 Girls Discus Throw Junior Varsity

Meet: 117-05 ! 2003 Christina Kidd

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Lee, Kelly	11 St Ignatius	88-00q
2	Nguyen, Nicole	11 Archbishop M	81-04q
3	Wilson, Tiffany	11 St Ignatius	80-03q
4	Sawaya, Leona	10 St Francis (	78-07q
5	Perich, Gabby	11 St Ignatius	78-05q
6	Jeung, Carolyn	10 St Francis (	76-07q
7	Lu, Kelly	9 St Francis (	76-04q
8	McSweeney, Emily	11 Sacred Heart	76-01q
9	Boudeville, Katelyn	9 Presentation	72-03q
10	Varni, Missy	9 St Ignatius	70-11
11	Haile, Soriyah	11 Archbishop M	69-09
12	Hastings, Meredith	9 Archbishop M	68-02
13	Washburn, Emily	10 St Ignatius	65-11
14	Suchikul, Ella	10 Sacred Heart	65-05
15	Chew, Madeline	11 Archbishop M	64-10
16	Cendejas, Atziri	10 Presentation	63-01
17	Santana, Jacqueline	10 Sacred Heart	62-10
18	Bedi, Meghan	10 Presentation	58-07

## Event 50 Boys Long Jump Frosh/Soph

Meet: 21-09.50 ! 2005 Michael Borg

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Denning, Will	10 Junipero Ser	20-02.75q 0.1
2	Silva, Edgar	10 St Ignatius	20-01.75q 0.8
3	Schnitt, Cole	10 Junipero Ser	19-00.75q 1.1
4	Amandy, Kelby	10 Sacred Heart	18-10.75q 0.3
5	McGuire, Matthew	10 Bellarmine C	18-01.50q -0.6
6	Patricio, Matteo	9 St Ignatius	17-11.75q 2.1
7	Sorich, Nikolas	10 Bellarmine C	17-09.00q 1.5
8	Do, Sean	9 St Francis (	17-06.25q 0.8
9	Rawls, Carsten	10 St Francis (	17-06.00q -0.2
10	Tomaneng, Felix	9 St Ignatius	17-04.75 -2.2
11	Cowburn, Michael	10 St Francis (	17-04.00 0.3
12	Akem, Enow	10 Bellarmine C	17-03.75 0.2
13	Peters, Gabriel	10 Archbishop M	17-03.50 -0.5
14	Artmore, Michael	9 St Francis (	17-01.25 0.1
15	De La Cruz, Emmanuel	10 Archbishop M	16-11.25 -2.8
16	Melwani, Nishal	10 Junipero Ser	16-10.75 0.7
17	Sweeney, Leo	9 St Ignatius	16-08.50 1.4
18	Sloan, Zack	10 Bellarmine C	16-08.00 -3.1
19	Lim, Douglass	9 St Ignatius	16-04.75 2.0
20	Webb, Ian	9 Sacred Heart	16-04.00 -0.5
21	Pathak, Aditya	10 Junipero Ser	15-11.75 2.4
22	Corral, Matteo	9 Archbishop M	15-11.00 -2.2
23	Micallef, Vincent	10 Archbishop M	15-04.25 -2.4
24	Tsang, Matthew	9 Sacred Heart	15-04.00 0.7
25	Lynch, Sean	10 Junipero Ser	13-08.25 -2.4
---	Apen, Riley	10 Valley Chris	FOUL NWI
---	Nguyen, Terrence	10 Archbishop M	FOUL NWI

## Event 52 Girls Long Jump Junior Varsity

Meet: 16-09.50 ! 2015 Kaela Lee

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Yung, Audrey	9 St Ignatius	15-06.25q +0.0
2	Tong, Katie	9 St Ignatius	15-05.75q 0.1
3	Murdock, Allie	10 St Francis (	14-11.50q -0.7
4	Acosta, Jackie	9 St Ignatius	14-10.50q +0.0
5	Bick, Olivia	11 St Ignatius	14-05.25q 0.8
6	Derrick, Reilly	9 St Ignatius	14-00.25q -0.1
7	Strunk, Shannon	9 Sacred Heart	13-10.25q -0.2
8	Fordyce, Hope	9 St Francis (	13-09.75q 0.2
9	Greely, Julia	9 St Francis (	13-06.25q +0.0
10	Hiraki, Ashley	11 Archbishop M	13-04.50 +0.0
11	Atherton, Devin	11 Archbishop M	12-10.00 1.6
11	Brouwer, Kalina	10 Presentation	12-10.00 +0.0
13	Keker, Ella	9 Sacred Heart	12-09.75 0.3
14	Barsoum, Joy	9 Archbishop M	12-09.25 0.1
15	Antipa, Kiki	9 Sacred Heart	12-01.25 +0.0
16	Ngai, Victoria	9 Valley Chris	12-01.00 +0.0
17	Peters, Erin	9 Presentation	12-00.25 2.1
18	Le, Pauline	10 Valley Chris	9-01.50 +0.0

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Varsity Trials  
Saint Francis High School  
Results - JV/FS Trials

**Preliminaries ... (Event 52 Girls Long Jump Junior Varsity)**

Name	Yr	School	Prelims
---	11	St Francis (	FOUL NWI

**Event 54 Boys Triple Jump Frosh/Soph**  
Meet: 44-03.50 ! 1980 Jeff Rossman

Name	Yr	School	Prelims
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**Preliminaries**

1	Denning, Will	10 Junipero Ser	39-08.50q 1.9
2	Sorich, Nikolas	10 Bellarmine C	38-05.00q 1.7
3	McGuire, Matthew	10 Bellarmine C	37-09.75q 1.7
4	Krown, Aaviye	9 Valley Chris	37-05.50q 1.6
4	Vahabi, Rayan	10 Junipero Ser	37-05.50q 1.7
6	Cowburn, Michael	10 St Francis (	37-04.00q 1.9
7	Tomaneng, Felix	9 St Ignatius	37-02.00q 1.1
8	Akem, Enow	10 Bellarmine C	36-06.00q 2.2
9	Rocha, Diego	10 Bellarmine C	36-03.00q 1.8
10	Do, Sean	9 St Francis (	36-01.50 1.9
11	Micallef, Vincent	10 Archbishop M	34-11.50 0.8
12	Silva, Edgar	10 St Ignatius	34-06.00 1.8
13	Shipman, Nicholas	9 Junipero Ser	33-04.00 2.2
14	Patricio, Matteo	9 St Ignatius	32-09.00 0.2
15	Nguyen, Matthew	9 St Francis (	29-07.00 0.3
---	Schnitt, Cole	10 Junipero Ser	FOUL NWI
---	Oram, Jackson	10 Junipero Ser	FOUL NWI

**Event 56 Girls Triple Jump Junior Varsity**  
Meet: 35-09 ! 2015 Camille Esterlecher

Name	Yr	School	Prelims
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**Preliminaries**

1	Yung, Audrey	9 St Ignatius	32-08.50q 0.9
2	Acosta, Jackie	9 St Ignatius	32-08.00q 0.9
3	Bick, Olivia	11 St Ignatius	30-10.00q 1.2
4	Derrick, Reilly	9 St Ignatius	30-03.50q 1.4
5	Heydari, Samantha	11 St Francis (	30-00.25q 1.4
6	Barbadillo, Danielle	10 St Francis (	29-10.50q 2.5
7	Robbins, Mallory	9 Presentation	29-09.00q 1.0
8	Moran, Emma	9 St Francis (	28-10.00q 0.2
9	Delacroix, Victoria	11 Archbishop M	27-07.00q 1.1
10	McCarthy, Mia	9 St Francis (	27-05.50 1.3
11	Scancarelli, Sophia	9 Sacred Heart	26-09.50 2.0
12	Deasy, Fiona	9 Sacred Heart	25-05.50 0.5
13	Mukherjee, Medha	Presentation	25-04.00 0.2
---	Morgan, Belen	11 Archbishop M	ND NWI
---	Nguyen, Kylie	11 St Francis (	ND NWI
---	Brouwer, Kalina	10 Presentation	ND NWI
---	Peters, Erin	9 Presentation	FOUL NWI

**Event 58 Boys High Jump Frosh/Soph**  
Meet: 6-04 ! 1975 Dave Kniffin

Name	Yr	School	Finals
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**Finals**

1	Denning, Will	10 Junipero Ser	5-10.00
2	Arnone, Anthony	9 St Francis (	5-08.00
3	Conroy, Ryan	9 St Ignatius	J5-08.00

4	Schnitt, Cole	10 Junipero Ser	J5-08.00
5	Krown, Aaviye	9 Valley Chris	5-06.00
6	Aumack, Ethan	9 Valley Chris	5-04.00
7	McGuire, Matthew	10 Bellarmine C	J5-04.00
8	Vahabi, Rayan	10 Junipero Ser	5-02.00
8	Sorich, Nikolas	10 Bellarmine C	5-02.00
10	Dominguez, Alan	9 St Francis (	J5-02.00
11	Cowburn, Michael	10 St Francis (	J5-02.00
12	Lopez, Diego	9 St Francis (	5-00.00
13	Lynch, Sean	10 Junipero Ser	J5-00.00
14	Salahieh, Jad	9 St Francis (	4-10.00
15	Hines, Riley	9 St Ignatius	4-08.00
---	Saunders, Darrius	10 Valley Chris	NH

**Event 60 Girls High Jump Junior Varsity**  
Meet: 5-00 ! 2003 Christine Szelong

Name	Yr	School	Finals
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**Finals**

1	Ennis, Mali	9 St Ignatius	4-10.00
2	Williams, Emily	9 St Francis (	4-08.00
3	Mollerus, Jenna	11 Archbishop M	4-06.00
4	Ewers, Claire	9 St Ignatius	4-04.00
4	Moore, Makayla	9 Archbishop M	4-04.00
6	Polverino, Mairead	10 Presentation	4-02.00
7	Oliva, Madison	10 St Francis (	J4-02.00
8	D'Souza, Tanya	9 St Francis (	4-00.00
9	Bruno, Mikaela	9 St Francis (	J4-00.00
---	Chu, Alyssa	9 St Francis (	NH
---	Nip, Alexandra	11 Sacred Heart	NH
---	Robbins, Mallory	9 Presentation	NH

**Event 62 Boys Pole Vault Frosh/Soph**  
Meet: 13-02 ! 2004 David Glassanos

Name	Yr	School	Finals
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**Finals**

1	Portugal, Joaquin	10 Archbishop M	11-00.00
2	Hanson, Jimmy	10 Bellarmine C	10-06.00
3	Anderson, John	9 Archbishop R	J10-06.00
4	Yoshioka, Richard	10 St Francis (	J10-06.00
5	McDonagh, Michael	9 St Ignatius	9-00.00
6	Osuna, Estevan	9 Archbishop M	8-06.00
6	Stewart, Cal	9 St Ignatius	8-06.00
8	Custodio, Angelo	10 St Ignatius	J8-06.00
9	DeCock, Keenan	9 Sacred Heart	8-00.00
10	Lehnert, Logan	9 St Ignatius	J8-00.00
11	Oram, Jackson	10 Junipero Ser	J8-00.00
---	Marquez, Henry	10 Bellarmine C	NH
---	Anderson, Cole	9 Archbishop R	NH
---	Keller, Henry	10 Bellarmine C	NH

**Event 64 Girls Pole Vault Junior Varsity**  
Meet: 9-06 ! 5/7/2016 Isabella Grant/Kylie Francisco

Name	Yr	School	Finals
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**Finals**

1	Manalili, Nicola	10 Presentation	9-00.00
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**2019 WCAL Track & Field Championships - 4/30/2019 to 5/3/2019****Varsity Trials****Saint Francis High School****Results - JV/FS Trials****Finals ... (Event 64 Girls Pole Vault Junior Varsity)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
2	Williams, Emily	9	St Francis (	J9-00.00
3	Semaan, Daniela	11	St Francis (	8-06.00
4	Fry-Ross, Ellison	10	St Ignatius	8-00.00
5	Dwan, Aoife	9	Sacred Heart	7-06.00
5	Becker, Claire	11	St Francis (	7-06.00
5	Tsang, Amanda	11	St Francis (	7-06.00
8	Kohler, Eliana	10	Archbishop M	J7-06.00
9	Washburn, Emily	10	St Ignatius	J7-06.00
10	Melendez, Valeria	9	St Ignatius	7-00.00
10	Yamamura, Lindsey	9	St Ignatius	7-00.00
10	Johnson, Sophia	9	Presentation	7-00.00
13	Chin, Rebecca	9	St Ignatius	6-00.00