

WEST CATHOLIC ATHLETIC LEAGUE

2016 Track & Field Championships

May 7 and 13, 2016

Saint Francis High School

Event Responsibilities

	Girls	Boys
High Jump	Notre Dame	Saint Francis
Triple Jump	Sacred Heart Cathedral	Sacred Heart Cathedral
Long Jump	Valley Christian	Riordan
Pole Vault	Junipero Serra	Saint Francis
Shot Put	Presentation	Bellarmino
Discus	Saint Ignatius	Archbishop Mitty
Hurdles	1-2	Archbishop Riordan, SHCP
(Flights numbered from	3-4	Saint Ignatius, Valley Christian
Starting line to finish line)	5-6	Junipero Serra, Archbishop Mitty
	7-8	Bellarmino, Presentation
	9-10	Notre Dame, St. Francis
Wind Gauges	St. Francis	St. Francis
Relay Zones – 1		Saint Ignatius, Valley Christian
Relay Zones – 2		Archbishop Mitty, Saint Francis
Relay Zones – 3		Bellarmino, Presentation, Notre Dame, Junipero Serra
Weigh In's		Bellarmino, Presentation, Archbishop Mitty, Saint Ignatius

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Archbishop Mitty • Archbishop Riordan • Bellarmino • Junipero Serra •
Notre Dame, Belmont • Presentation • Sacred Heart Cathedral •
Saint Ignatius • Saint Francis • Valley Christian