

WEST CATHOLIC ATHLETIC LEAGUE

2016 Track & Field Championships

RUNNING EVENTS

- 5:00** Girls Varsity **400m Relay**
Girls JV 400m Relay
Boys Varsity 400m Relay
Boys FS 400m Relay
- 5:10** Girls Varsity **1600m**
Boys Varsity 1600m
- 5:40** Girls Varsity 100m **Hurdles**
Girls JV 100m Hurdles
Boys Varsity 110m HH
Boys FS 65m HH
- 5:55** Girls Varsity **400m**
Girls JV 400m
Boys Varsity 400m
Boys FS 400m
- 6:10** Girls Varsity **100m**
Girls JV 100m
Boys Varsity 100m
Boys FS 100m
- 6:20** Girls Varsity **800m**
Girls JV 800m
Boys Varsity 800m
Boys FS 800m
- 6:40** Girls Varsity **300m Hurdles**
Girls JV 300m Hurdles
Boys Varsity 300m Hurdles
Boys FS 300m Hurdles
- 6:55** Girls Varsity **200m**
Girls JV 200m
Boys Varsity 200m
Boys FS 200m
- 7:10** Girls Varsity **3200m**
Boys Varsity 3200m
- 7:45** Girls JV **1600m Relay**
Girls Varsity 1600m Relay
Boys FS 1600m Relay
Boys Varsity 1600m Relay

FIELD EVENTS

- 3:00** Girls Varsity Pole Vault
(Boys Varsity Pole Vault
will immediately follow)
- 3:00** Boys Varsity Long Jump
Girls Varsity Triple Jump
- 4:00** Boys Varsity Shot Put
Girls Varsity Discus
Boys Varsity High Jump
- 4:15** Boys FS Long Jump
Girls JV Triple Jump
- 5:15** Boys FS Shot Put
Girls JV Discus
- 5:30** Boys Varsity Triple Jump
Girls Varsity Long Jump
- 6:30** Boys Varsity Discus
Girls Varsity Shot Put
Girls Varsity High Jump
- 6:45** Boys FS Triple Jump
Girls JV Long Jump
- 7:45** Boys FS Discus
Girls JV Shot Put

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