

2015 WCAL Track & Field Championships - TRIALS**Saint Francis High School - 5/9/2015 to 5/15/2015****Results****Event 6 Girls 1600 Meter Run Junior Varsity**

Meet: ! 5:26.57 2009 Tatiana Baiza, Sacred Heart Cathedral					
Name	Year	School	Seed	Finals	Points
Section 1					
1 O'Dea, Katie	09	St. Ignatius	5:20.13	5:11.45!	10
2 Cornillon, Carla	09	St. Francis	5:48.80	5:25.83!	8
3 Jones, Leancia	11	Archbishop Mitty	5:35.15	5:34.31	6
4 Lynagh-Shannon, Orla	09	St. Ignatius	5:43.28	5:35.26	4
5 Vokt, Kayla	10	Archbishop Mitty	5:41.39	5:37.10	2
6 Zhao, Barbara	11	St. Francis	5:41.57	5:37.50	1
7 Trent, Carly	09	St. Francis	5:44.96	5:43.18	
8 Abbott, Sarah	10	Archbishop Mitty	5:48.00	5:43.25	
9 Gao, Catherine	10	Archbishop Mitty	5:40.24	5:45.36	
10 Eddy, Kailey	11	Valley Chris	5:47.13	5:46.30	
11 Li, Kiko	10	Valley Chris	5:45.35	5:56.92	
12 Becerra, Brianna	09	Valley Chris	5:46.28	5:59.98	
Section 2					
1 McKeon, Bailey	09	Notre Dame (5:55.18	5:49.54	
2 McGrath, Alyssa	10	St. Ignatius	5:53.64	5:53.62	
3 Jayme, Aleah	10	St. Ignatius	5:57.46	5:55.24	
4 Grady, Danielle	11	St. Ignatius	6:04.20	5:55.27	
5 Cerda, Brianda	09	Sacred Heart	6:00.45	5:57.91	
6 Potter, Emma	09	Sacred Heart	6:17.21	6:00.84	
7 Grum, Yabsera	09	Archbishop Mitty	6:16.50	6:07.89	
8 Attard, Julia	09	Sacred Heart	6:22.38	6:09.78	
9 Mar, Jodi	10	Sacred Heart	6:11.11	6:10.61	
10 Theaker, Maggie	10	Valley Chris	6:20.98	6:16.84	
11 Fernandez, Carolina	11	Notre Dame (6:10.17	6:27.84	

Event 8 Boys 1600 Meter Run Frosh Soph

Meet: ! 4:30.90 1975 Stan Ross, Junipero Serra					
Name	Year	School	Seed	Finals	Points
Section 1					
1 Scales, Alex	09	Bellarmino C	4:27.85	4:23.10!	10
2 Richardson, Matt	10	Bellarmino C	4:28.09	4:25.24!	8
3 Doblal, Dylan	10	Bellarmino C	4:29.19	4:28.54!	6
4 Beaudoin-Rousseau, Meika	09	Bellarmino C	4:38.67	4:31.91	4
5 Ndili, Nedu	10	Valley Chris	4:39.83	4:32.83	2
6 Mansell, Adam	10	Junipero Serra	4:42.40	4:32.94	1
7 Paulbitski, Trevor	09	Archbishop Riordan	4:44.00	4:38.08	
8 Hollister, Nick	10	St. Ignatius	4:38.06	4:38.43	
9 George, Andrew	10	St. Francis	4:47.58	4:39.72	
10 Gade, Neerav	09	Bellarmino C	4:40.33	4:39.98	
11 Archbold, Ara	10	Junipero Serra	4:39.13	4:42.21	
12 Kumar, Shyam	09	St. Francis	4:46.83	4:42.65	
13 Cranfield, Ian	10	Archbishop Riordan	4:46.00	4:46.53	
Section 2					
1 Claudio, Edelbert	10	Sacred Heart	4:51.87	4:44.44	
2 Leather, Samuel	09	Archbishop Mitty	4:50.54	4:45.73	
3 Renati, Joseph	09	Valley Chris	4:54.76	4:46.09	
4 Baraona, Justin	10	Valley Chris	4:52.51	4:51.54	
5 Sweileh, Nizar	10	St. Ignatius	4:53.18	4:53.24	
6 Lara, Nathaniel	10	Sacred Heart	5:00.29	4:55.53	

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...Event 8 Boys 1600 Meter Run Frosh Soph

7 Jackson, Jonathan	St. Francis		4:56.35
8 Griffin, Daniel	10 St. Francis	4:50.98	4:56.74
9 Bonacini, Marco	09 St. Ignatius	5:01.41	4:56.94
10 Cuevas, Sam	10 Valley Chris	5:01.05	4:57.24
11 Wong, Aziz	10 St. Ignatius	5:00.10	4:58.07
12 Karur, Naren	09 St. Francis	4:50.19	4:58.49
13 Estillo, James	09 St. Ignatius	4:59.00	5:01.77
14 Higdon, Kyle	09 Valley Chris	5:01.18	5:12.35

Section 3

1 Brenes, Enrique	09 Junipero Serra	5:07.05	4:57.04
2 Ocbai, Yonatan	09 Sacred Heart	5:08.45	5:00.08
3 Oliva, Kevin	10 Archbishop Riordan	5:05.78	5:01.01
4 Nip, Christopher	09 Sacred Heart	5:05.61	5:02.13
5 Lewis, Jack	09 Junipero Serra	5:10.13	5:07.77
6 Tolod, Tommy	09 Junipero Serra	5:15.84	5:09.62
7 Chin, Josiah	09 Sacred Heart	5:12.57	5:10.27
8 Mitbo, Shane	10 Archbishop Mitty	5:15.13	5:11.72
9 Falcone, Jim	09 Archbishop Mitty	5:11.80	5:11.91
10 Pyle, Charlie	10 Archbishop Mitty	5:26.45	5:29.96

Event 9 Girls 100 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 7 Best Times

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Meet: ! 13.72 2010 Hannah Goranson, Valley Christian
CCS: # 13.03 2007 Vashti Thomas, Mt. Pleasant
State: * 13.03 2007 Vashti Thomas, Mt. Pleasant, San Jose
National: $ 13.03 2007 Vashti Thomas, Mt. Pleasant, San Jose
CCS Qual: @ 15.62
    
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Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries	Wind:	+0.0		
1 Sum, Lydia	12	Valley Chris	15.10	@ 15.20Q
2 Ngbemeneh, Marisa	11	St. Francis	16.97	16.22q
3 Opulencia, Caitlyn	12	Presentation	17.31	17.37q
4 Augustin, Andrea	12	St. Francis	18.14	18.13q
5 Bruckner, Bekah	12	Valley Chris	18.27	18.35
6 Kadah, Senna	11	Presentation	19.00	19.18
7 Carlson, Stephanie	12	St. Francis	19.30	19.78
Heat 2 Preliminaries	Wind:	+0.0		
1 Seaman, Melissa	11	St. Francis	16.20	15.84Q
2 Zadel, Hayley	11	Archbishop Mitty	15.86	15.96q
3 Jaeb, Megan	11	Presentation	17.66	17.73q
4 Kohli, Anisha	11	St. Ignatius	18.28	17.76q
5 Judas, Liesel	12	Archbishop Mitty	18.06	18.15q
6 Greene, Taylor	09	Presentation	19.73	19.39
7 Nague, Kayla		St. Ignatius	18.92	19.51
8 Wigant, Kirsten	11	Presentation	19.78	20.61

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Meet: ! 16.30		2007	Hannah Goranson, Valley Christian	
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries		Wind: -1.4		
1	Jo, Somin	10 Archbishop Mitty	17.88	18.21Q
2	Walsh, Erin	10 St. Francis	18.95	18.69q
3	Schueler, Jessica	10 Archbishop Mitty	20.02	19.28q
4	Whims, Makena	09 Archbishop Mitty	20.69	20.32q
5	Matthew, Alice	09 Presentation	20.81	21.19
Heat 2 Preliminaries		Wind: +0.0		
1	Lim, Alexa	09 St. Ignatius	18.88	19.10Q
2	Lee, Hannah	11 Valley Chris	18.73	19.25q
3	Wimmer, Carolyn	11 Presentation	20.62	19.58q
4	Altree, Grace	09 St. Ignatius	20.50	19.99q
5	Perumal, Ashna	09 Presentation	21.51	20.88q
6	Bowman, Catherine	09 Presentation	26.14	25.30

Event 11 Boys 110 Meter Hurdles Varsity**9 Advance: Top 1 Each Heat plus Next 7 Best Times**

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Meet: ! 14.08		2013	Jalen Wright, Bellarmine	
CCS: # 13.65		1993	Erik Montgomery, Independence	
State: * 13.39		2004	Kevin Craddock, James Logan, Union Cit	
National: \$ 13.30		1990	Chris Nelloms, Dunbar, Dayton (OH)	
CCS Qual: @ 15.26				
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries		Wind: +0.0		
1	Plummer, Armon	11 Junipero Serra	15.40	15.81Q
2	Bebila, Pauldin	11 Bellarmine C	16.22	16.26q
3	Chow, Chris	12 Bellarmine C	16.58	16.99q
4	Tucker, Kevin	11 Bellarmine C	16.37	17.00q
5	Lopretto, Matthew	11 Bellarmine C	16.41	17.05q
6	Losa, Kevin	11 Sacred Heart	19.51	19.36
Heat 2 Preliminaries		Wind: -0.7		
1	Jones, Kwami	11 Junipero Serra	16.11	15.63Q
2	Hendrickson, Matthew	12 Archbishop Mitty	15.95	15.69q
3	Fizer, Kevin	12 St. Francis	16.38	16.49q
4	Campbell, Brendon	11 St. Francis	16.41	17.04q
5	Paolini, Tre	12 St. Ignatius	16.87	17.42
6	Edson, Conner	11 Bellarmine C	17.06	17.42
7	Than, Nick	11 Sacred Heart	19.87	20.06
8	Jew, Sam	11 Sacred Heart	21.03	20.84

Event 12 Boys 65 Meter Hurdles Frosh Soph**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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Meet: ! 9.21		2004	Joe Mirabeau, Bellarmine	
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries		Wind: -0.4		
1	Allara, Jack	10 Junipero Serra	9.60	9.58Q
2	Camp, Corey	10 Junipero Serra	10.92	11.03q
3	Villanueva, Nicolas	10 Sacred Heart	11.41	11.03q

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...Event 12 Boys 65 Meter Hurdles Frosh Soph

4	Paras, Alexander	10	St. Ignatius	10.87	11.34
5	Carollo, Dante	09	Bellarmino C	11.90	12.12
Heat 2 Preliminaries Wind: +0.0					
1	Rose, Blake	10	Archbishop Mitty	9.85	10.29Q
2	Alessandria, Anthony	10	St. Ignatius	10.40	10.69q
3	Day, Asante	10	St. Francis	11.56	11.03q
4	Minker, Andrew	10	Bellarmino C	11.13	11.07
5	Chen, Sean	10	Bellarmino C	11.29	11.28
6	Ramos, Sean	10	Sacred Heart	11.86	11.76
7	Jackson, Sincere	09	Junipero Serra	12.14	11.98
Heat 3 Preliminaries Wind: +0.0					
1	Quinn, Charlie	10	Junipero Serra	9.88	9.60Q
2	Sum, Jonathan	10	Valley Chris	9.97	10.03q
3	Lopez, Simon	09	Valley Chris	11.16	10.90q
4	Kujawa, Matthew	09	St. Francis	11.17	11.29
5	Mantle, Max	10	Bellarmino C	11.79	11.42
6	Mendoza, Lucas	09	Bellarmino C	11.64	11.89
7	Paraiso, Raoul	09	St. Francis	12.35	11.96

Event 13 Girls 400 Meter Dash Varsity

7 Advance: Top 1 Each Heat plus Next 4 Best Times

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Meet: ! 56.20 2008 Kristen Houp, Valley Christian
CCS: # 52.83 1984 Leslie Maxie, Mills
State: * 50.74 2000 Monique Henderson, Morse, San Diego
National: $ 50.74 2000 Monique Henderson, Morse, San Diego
CCS Qual: @ 58.69
    
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Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries				
1	Cutler, Angela	11	St. Francis	59.02 @ 58.53Q
2	Scott, Moriah	09	Archbishop Mitty	1:03.27 1:03.30q
3	Rendon, Mia	10	Archbishop Mitty	1:02.44 1:03.57q
4	Gonzalez, Isabel	11	Sacred Heart	1:05.58 1:03.96
5	Amarandos, Nina	11	Notre Dame (1:05.79 1:06.78
Heat 2 Preliminaries				
1	Drucker, Natalie	11	St. Francis	1:00.09 1:00.14Q
2	Reese, Melissa	12	Valley Chris	1:02.03 1:03.19q
3	Javangula, Pranavi	10	Archbishop Mitty	1:03.54 1:03.66
4	Schuman, Britt	11	Notre Dame (1:04.96 1:10.26
5	Earley, Mara	12	Notre Dame (1:06.13 1:10.52
6	Teoh, Kaelin	12	Sacred Heart	1:16.95 1:16.61
Heat 3 Preliminaries				
1	Sirianni, Maddy	11	St. Ignatius	1:00.33 1:00.64Q
2	Torres, Katalina	12	St. Francis	1:01.18 1:02.49q
3	Bigelow, Gretchen	10	Presentation	1:04.68 1:04.89
4	Favre, Nicole	11	Valley Chris	1:06.64 1:05.21
5	Doyle, Caitlin	11	Notre Dame (1:04.68 1:05.56
6	Acosta, Cienna	11	Sacred Heart	1:14.55 1:11.13

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Event 14 Girls 400 Meter Dash Junior Varsity**7 Advance: Top 1 Each Heat plus Next 3 Best Times**

Meet: ! 1:01.53 2010 Nicole Fairley, Archbishop Mitty				
Name	Year	School	Seed	Prelims
Heat 1 Preliminaries				
1 Ericksen, Michelle	11	Archbishop Mitty	1:06.19	1:04.54Q
2 McConnell, Emily	11	St. Francis	1:03.34	1:04.92q
3 Castro, Marisol	10	Sacred Heart	1:06.30	1:06.36
4 Blevins, Juliane	11	Presentation	1:10.49	1:08.28
5 Keating, Caitlin	09	Presentation	1:10.51	1:09.75
6 Gonzalez, Edith	09	Presentation	1:14.20	1:14.16
7 Gillas, Julia	09	Presentation	1:19.25	1:14.37
Heat 2 Preliminaries				
1 Haley, Torsney	09	St. Francis	1:04.50	1:02.63Q
2 Rowland, Caitlyn	10	Valley Chris	1:05.79	1:04.82q
3 Cox, Emily	10	St. Ignatius	1:06.50	1:05.93
4 Sirianni, Sofie	09	St. Ignatius	1:09.75	1:09.62
5 Sabillon, Sara	11	Sacred Heart	1:11.24	1:10.17
6 Cardona, Grace	10	Valley Chris	1:13.95	1:15.70
Heat 3 Preliminaries				
1 Fondario, Gabriella	10	St. Francis	1:05.50	1:05.23Q
2 Marquez, Analiese	11	St. Ignatius	1:04.66	1:05.80q
3 Bonner, Nicole	09	St. Francis	1:09.10	1:08.07
4 Evans, Alayna	09	Sacred Heart	1:07.15	1:08.11
5 Chavarria, Anamaria	09	Sacred Heart	1:11.79	1:10.11
Heat 4 Preliminaries				
1 Peters, Indiana	09	St. Ignatius	1:04.95	1:04.62Q
2 Calia, Giulina	10	Archbishop Mitty	1:05.28	1:06.59
3 Weiss, Shannon	11	St. Francis	1:08.25	1:08.61
4 Martin, Dani	11	Notre Dame (1:08.93	1:09.05
5 Heath, Evan	09	Presentation	1:12.49	1:11.01
6 Johnson, Jordan	09	Valley Chris	1:12.57	1:13.91

Event 15 Boys 400 Meter Dash Varsity**7 Advance: Top 1 Each Heat plus Next 4 Best Times**

Meet: ! 48.35 2003 Angelo Fobbs-Valentino, Junipero Serra				
CCS: # 45.25 1993 Calvin Harrison, North Salinas				
State: * 45.25 1993 Calvin Harrison, North Salinas				
National: \$ 45.25 1993 Calvin Harrison, North Salinas				
CCS Qual: @ 49.86				
Name	Year	School	Seed	Prelims
Heat 1 Preliminaries				
1 Moysov, Alec	11	Archbishop Riordan	50.20	51.88Q
2 Cassady, Cole	12	St. Francis	52.10	52.34q
3 Ellington, Tristan	12	Archbishop Riordan	52.40	52.48q
4 Arms, Michael	11	Junipero Serra	55.98	55.04
5 Bautista, Kenneth	11	Sacred Heart	57.03	56.57
6 Allen, Luke	12	Archbishop Mitty	54.95	56.63
7 Limon, Blake	11	Bellarmino C	57.20	57.20
Heat 2 Preliminaries				
1 Greenlow, Adam	12	Bellarmino C	50.82	50.76Q
2 Ford, Anthony	12	St. Ignatius	51.67	52.24q
3 Toliver, Milan	11	Sacred Heart	53.22	52.53

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4 Case, Trevor	11 St. Francis	53.63	53.19
5 Fang, Sean	12 Junipero Serra	56.10	55.74
6 Whelan, Dan	11 Junipero Serra	56.87	56.73

Heat 3 Preliminaries

1 Davys-Buenlos, Jacob	11 Archbishop Mitty	51.30	50.80Q
2 Moffett, Noriega	11 Junipero Serra	51.50	51.37q
3 Breunling, Kyle	12 Archbishop Mitty	53.47	53.30
4 Mathews, Kenan	12 Bellarmine C	53.31	53.67
5 Rhetta, Adam	11 Bellarmine C	56.30	56.53
6 Clairborne, Kailan	11 Sacred Heart	56.49	57.12
7 Larrarte, Marcel	12 Junipero Serra	57.89	57.26

Event 16 Boys 400 Meter Dash Frosh Soph**7 Advance: Top 1 Each Heat plus Next 3 Best Times**

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Meet: ! 51.41 2009		Jalen Davisdon, Saint Francis		
Name	Year School	Seed	Prelims	
=====				
Heat 1 Preliminaries				
1 Rocha, Tommy	10 Bellarmine C	52.12	52.50Q	
2 Hui, Johannes	10 Bellarmine C	55.13	54.77	
3 Rubio, Aidan	09 St. Francis	57.25	57.71	
4 Ellis, Jaden	09 Valley Chris	57.34	57.73	
5 Kogod, Oliver	09 Sacred Heart	1:01.93	1:01.86	
6 Joyner, Kevin	09 Junipero Serra	1:05.42	1:03.39	
Heat 2 Preliminaries				
1 Latimore, Khaliq	09 Archbishop Riordan	53.20	53.12Q	
2 Zertuche, Emilio	09 Archbishop Mitty	54.32	53.84q	
3 Coleman, Gary	09 Valley Chris	55.24	54.41	
4 Nguyen, Preston	09 Valley Chris	56.85	56.32	
5 Zhang, Henry	10 Valley Chris		57.84	
6 King, Zavier	10 Junipero Serra	57.47	58.27	
7 Mar, Adam	09 Sacred Heart	1:00.72	59.87	
Heat 3 Preliminaries				
1 Fitzpatrick, Scott	09 Junipero Serra	53.22	52.90Q	
2 Lum, Matthew	10 Bellarmine C	55.64	53.79q	
3 Carbullido, Brendon	09 Junipero Serra	54.23	54.01q	
4 Lavallier, Jamal	09 Sacred Heart	56.56	55.52	
5 Tanner, Kyle	10 Bellarmine C	57.86	56.84	
Heat 4 Preliminaries				
1 Sanchez, Danial	10 Archbishop Mitty	53.40	53.33Q	
2 Nguyen, Paolo	10 Bellarmine C	56.17	55.39	
3 Young, Aaron	09 Sacred Heart	58.61	57.04	
4 Gray, Armond	10 St. Ignatius	58.00	57.20	
5 Ware, Mark	09 St. Francis	55.75	57.55	

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Event 17 Girls 100 Meter Dash Varsity**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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Meet: ! 11.62 2005 Khrystal Carter, Valley Christian
CCS: # 11.24 2006 Jeneba Tarmoh, Mt. Pleasant
State: * 11.14 1992 Marion Jones, Thousand Oaks
National: $ 11.14 1992 Marion Jones, Thousand Oaks
CCS Qual: @ 12.56

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Name Year School Seed Prelims
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Heat 1 Preliminaries Wind: 1.6
1 Paxton, Te'Mesha 10 Archbishop Mitty 12.40 @ 12.38Q
2 Juarez, Regina 09 St. Ignatius 13.07 12.78q
3 Travis, Tiana 11 Archbishop Mitty 13.10 13.08q
4 Attard, Siena 11 Sacred Heart 13.50 13.54
5 Brodrick, Madeline 09 Archbishop Mitty 13.41 13.66
6 Ma, Elaine 12 Valley Chris 14.03 13.75
7 Martinez, Aileen 12 Valley Chris 14.26 14.39

Heat 2 Preliminaries Wind: 1.4
1 Fitzpatrick, Emma 12 St. Francis 12.59 @ 12.44Q
2 Whiting, Raquel 11 St. Ignatius 12.87 12.79q
3 Celestin, Mary 10 Archbishop Mitty 13.28 13.17q
4 Mayfield, Daija 11 Sacred Heart 13.39 13.37
5 Padalakar, Sonjali 11 Valley Chris 13.57 13.82
6 Halton, Hannah 12 Notre Dame ( 14.68 14.44

Heat 3 Preliminaries Wind: 0.6
1 Cheeks, Brianna 12 St. Francis 12.65 @ 12.50Q
2 Shaw, Maya 09 Archbishop Mitty 12.70 12.73q
3 Daly, Victoria 11 Sacred Heart 13.30 13.26q
4 Cusi, Jona 12 Sacred Heart 13.88 13.68
5 Avila, Gabrielle 10 Presentation 13.65 13.70
6 Ka, Julianne 10 Valley Chris 16.20 16.02

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Event 18 Girls 100 Meter Dash Junior Varsity**9 Advance: Top 1 Each Heat plus Next 6 Best Times**

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Meet: ! 12.89 2003 Krystal Yee, Sacred Heart Cathedral
Name Year School Seed Prelims
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Heat 1 Preliminaries Wind: +0.0
1 Garlick, Sam 09 St. Francis 12.81 13.05Q
2 Harrison, Sophie 10 St. Ignatius 13.70 13.20q
3 Tan, Trinity 09 Archbishop Mitty 13.51 13.92
4 Li, Katheryn 10 Valley Chris 14.03 14.05
5 Kohlstadt, Monique 09 Presentation 14.31 14.09
5 Patricio, Jiji 09 St. Ignatius 14.05 14.09
7 Long, Natalie 09 St. Ignatius 14.35 14.33
8 Chism, Jana 09 Sacred Heart 14.66 14.40
9 Comaroto, Caitlin 11 Notre Dame ( 14.91 15.32

Heat 2 Preliminaries Wind: 1.5
1 Dresslhuys, Caroline 09 St. Ignatius 13.34 13.51Q
2 Cabrera, Tiffany 09 St. Francis 13.46 13.58q
3 Blackburn, Emma 09 St. Francis 13.70 13.70q
4 Cheadle, Natalie 09 Presentation 14.29 13.78q
5 Bui, Adelyn 10 Valley Chris 13.94 13.87q
6 Fang, Jessy 09 Valley Chris 14.09 14.15
7 Murphy, Katelyn 10 Presentation 14.51 14.45

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8 Ehlers, Kyra	11 Notre Dame (15.41	15.10
Heat 3 Preliminaries Wind: 1.1			
1 Nguyen, Katelyn	10 Presentation	13.35	13.55Q
2 Catubig, Daniela	09 Sacred Heart	13.81	13.75q
3 Burton, Elizabeth	10 Notre Dame (14.12	13.87
4 Clark, Sydney	11 Valley Chris	13.45	14.06
5 Togami, Taylor	09 Presentation	14.20	14.20
6 Sardal, Riya	09 St. Francis	14.46	14.35
7 Espinosa, Michelle	10 St. Francis	13.91	14.42
8 Ponnekanti, Aamani	09 Valley Chris	14.43	14.63
9 Khorrami, Niaz	10 Notre Dame (15.50	14.71

Event 19 Boys 100 Meter Dash Varsity**9 Advance: Top 1 Each Heat plus Next 5 Best Times**

Meet: ! 10.70	1961	Steve Firenze, Junipero Serra
CCS: # 10.41	1987	Tony Miller, Riordan
State: * 10.25	1985	Henry Thomas, Hawthorne
National: \$ 10.15	1990	Henry Neal, Greenville (TX)
CCS Qual: @ 11.16		

Name	Year School	Seed	Prelims
Heat 1 Preliminaries Wind: +0.0			
1 Macauley, Kyle	11 Bellarmine C	10.82	@ 11.11Q
2 Becerra, Spencer	11 St. Ignatius	11.15	11.27q
3 Lataimua, Kelepi	11 Junipero Serra	11.23	11.38q
4 Qiu, Dario	12 Sacred Heart	12.06	12.07
5 Jang, Ryan	11 Sacred Heart	12.62	12.46
6 Azurin, Mark	12 Sacred Heart	12.33	12.50
7 Blohm, Tyler	10 Valley Chris	13.00	12.86
8 Voltattorni, Ryan	11 Junipero Serra	11.45	15.81
Heat 2 Preliminaries Wind: +0.0			
1 DaSilva, Earvin	10 Bellarmine C	10.93	11.22Q
2 Verba-Hamilton, Aiden	11 Archbishop Riordan	11.10	11.40q
3 Quesada, Sean	12 St. Ignatius	11.30	11.52
4 Nolasco, Rafael	12 Archbishop Mitty	11.42	11.69
5 Boone, Josh	10 Archbishop Riordan	11.60	12.13
6 Gogan, Alex	12 Junipero Serra	12.33	12.51
7 Murphy, Blair	12 Valley Chris	12.51	12.67
Heat 3 Preliminaries Wind: -0.5			
1 Buenrostro, Devon	11 Bellarmine C	11.08	11.28Q
2 Bains, Brandon	10 St. Francis	10.97	11.36q
3 Elzie, Darrien	10 St. Francis	11.41	11.58
3 Acevado, Adam	12 Archbishop Mitty	11.34	11.58
5 Blake, Alexander	11 St. Francis	12.41	12.60
6 Lee, Matthew	11 Sacred Heart	12.50	12.65
Heat 4 Preliminaries Wind: -0.7			
1 Martig, Troy	11 Bellarmine C	11.00	11.25Q
2 Silva, James	12 Bellarmine C	11.05	11.34q
3 Buenventura-Smith, Jacob	12 St. Ignatius	11.40	11.61
4 Laughlin, Connor	12 Archbishop Riordan	11.40	11.83
5 Khan, Obaid	12 Archbishop Mitty	11.62	11.89
6 LaFrance, Travis	11 Archbishop Mitty	12.45	13.10

2015 WCAL Track & Field Championships - TRIALS**Saint Francis High School - 5/9/2015 to 5/15/2015****Results****Event 20 Boys 100 Meter Dash Frosh Soph****9 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====				
Meet: ! 11.13 2010		Khalid Johnson, St. Francis		
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries Wind: -1.1				
1	Bishop, Tre'Sean	10 St. Francis	11.64	11.66Q
2	Dawson, Logan	09 Archbishop Mitty	11.61	11.74q
3	Posadas, Vincent	10 St. Francis	12.02	12.29
4	Chan, Kory	10 Sacred Heart	12.46	12.54
5	Lewis, Jalen	10 Archbishop Mitty	12.45	12.62
6	Carrigan, Joseph	09 Archbishop Riordan	12.00	12.95
7	Thompson, Qeashaun	09 Valley Chris	12.94	13.01
8	Lau, Evan	09 Sacred Heart	12.85	13.05
Heat 2 Preliminaries Wind: 0.5				
1	Obodozie, Obinna	10 Junipero Serra	11.27	11.60Q
2	Reid, Kyle	10 Bellarmine C	11.60	11.79q
3	Villadolid, Enzo	09 St. Ignatius	11.66	12.02
4	Fernandez, Emmanuel	10 Sacred Heart	12.15	12.42
5	Benham, Garrett	10 Valley Chris	12.40	12.48
6	Chao, Jeffrey	09 Archbishop Mitty	11.98	12.52
7	Faraj-Washington, Zondre	10 Archbishop Mitty	12.98	13.14
8	Fox, Jordan	09 Archbishop Riordan	12.80	13.18
Heat 3 Preliminaries Wind: 1.1				
1	Manigo, Brandon	10 Bellarmine C	11.41	11.66Q
2	Simmons, Devin	09 Junipero Serra	11.56	11.87
3	Tallam, Kovid	09 St. Francis	11.93	11.99
4	Wynn, James	10 Archbishop Riordan	11.70	12.05
5	Brown, Jack	09 Archbishop Mitty	12.25	12.59
6	Bush, Jared	09 Bellarmine C	12.54	12.68
7	Lee, Spencer	09 St. Ignatius	12.60	13.30
Heat 4 Preliminaries Wind: 0.7				
1	Johnson, Jovon	10 Junipero Serra	11.89	11.61Q
2	Trofort, Nikolas	09 Valley Chris	11.52	11.64q
3	Fuller, Orlando	10 Junipero Serra	11.72	11.78q
4	Corsiglia, Cole	09 Bellarmine C	11.42	11.87q
5	Hackett-Provenzano, Luca	09 Junipero Serra	12.31	12.05
6	Ikekewere, Franklin	10 Bellarmine C	12.28	12.22
7	Schou, Chris	09 St. Francis	12.55	12.69

Event 21 Girls 800 Meter Run Varsity**12 Advance: Top 1 Each Heat plus Next 10 Best Times**

=====				
Meet: ! 2:08.97 2005		Christine Whalen, Archbishop Mitty		
CCS: # 2:04.37 1977		Ann Reagan, Camden		
State: * 2:04.91 1984		Trena Hull, Compton		
National: \$ 2:02.90 2008		Chanelle Price, Easton Area (PA)		
CCS Qual: @ 2:18.00				
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries				
1	Lara, Ashley	12 Valley Chris	2:21.50	2:21.06Q
2	Kim, Hannah	12 St. Francis	2:34.34	2:24.61q
3	McManus, Madison	11 Presentation	2:25.00	2:26.08q
4	Weiner, Erin	11 Archbishop Mitty	2:29.34	2:28.20q
5	Zenere, Vanessa	10 Valley Chris	2:35.08	2:30.40q

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....Event 21 Girls 800 Meter Run Varsity

6 Davys, Imani	12 Archbishop Mitty	2:29.35	2:32.63q
7 Osborne, Ashley	11 Presentation	2:35.00	2:32.69
8 Horta, Calista	12 Archbishop Mitty	2:35.71	2:34.80
9 Wong, Blossom	12 Sacred Heart	2:44.62	2:37.09
10 Vera, Michelle	12 Archbishop Mitty	2:39.71	2:38.26
11 Mantovani, Chiara	12 Presentation	2:40.00	2:44.38
12 Alberts, Barbara	12 St. Ignatius	2:51.80	2:50.96
13 Wang, Elise	11 St. Ignatius	2:58.70	3:01.82

Heat 2 Preliminaries

1 Bilter, Brianna	10 St. Ignatius	2:21.21	2:21.47Q
2 Kim, Gia	11 St. Francis	2:25.64	2:22.16q
3 Scott, Carolyn	10 Sacred Heart	2:27.42	2:26.79q
4 Comiso, Paige	09 Presentation	2:35.00	2:29.98q
5 Foti, Jackie	11 Sacred Heart	2:32.00	2:30.14q
6 McDonnell, Megan	12 Notre Dame (2:44.56	2:32.36q
7 Doblal, Brooke	09 Presentation	2:35.00	2:32.90
8 McGlinchey, Riley	11 Notre Dame (2:43.00	2:35.97
9 Ledesma, Francesca	12 St. Ignatius	2:37.30	2:36.94

Event 22 Girls 800 Meter Run Junior Varsity**12 Advance: Top 1 Each Heat plus Next 10 Best Times**

Name	Year	School	Seed	Prelims
=====				
Meet: !	2:27.07	2013	Gia Kim, St. Francis	
=====				

Heat 1 Preliminaries

1 Haley, Torsney	09 St. Francis	2:45.00	2:31.40Q
2 Patterson, Sophia	09 Valley Chris	2:33.85	2:33.94q
3 Larson, Catriana	10 Sacred Heart	2:40.14	2:34.68q
4 Vokt, Kayla	10 Archbishop Mitty	2:33.75	2:36.43q
4 Trent, Carly	09 St. Francis	2:35.70	2:36.43q
6 Hoy, Trish	11 St. Ignatius	2:41.10	2:40.94q
7 Attard, Julia	09 Sacred Heart	2:49.95	2:42.30
8 Simmons, Campbell	10 St. Ignatius	2:45.24	2:44.59
9 Leclair, Chloe	11 Presentation	2:40.00	2:50.43
10 Grum, Yabsera	09 Archbishop Mitty	2:53.79	2:56.82
11 Fernandez, Carolina	11 Notre Dame (2:53.51	3:01.36
12 Sabillon, Sara	11 Sacred Heart	3:02.59	3:17.09

Heat 2 Preliminaries

1 Coli, Madeleine	09 St. Francis	2:39.70	2:28.69Q
2 Lynagh-Shannon, Orla	09 St. Ignatius	2:28.34	2:30.68q
3 De Pierola, Francesca	10 Archbishop Mitty	2:34.90	2:33.16q
4 Li, Kiko	10 Valley Chris	2:35.01	2:33.20q
5 McKeon, Bailey	09 Notre Dame (2:42.36	2:39.37q
6 Dworsky, Claire	09 St. Ignatius	2:40.66	2:42.10q
7 McConnell, Emily	11 St. Francis	2:40.30	2:42.89
8 Lum, Carolyn	09 St. Ignatius	2:43.69	2:43.25
9 Vaca, Cristina	11 Presentation	2:40.00	2:43.75
10 Cerda, Brianda	09 Sacred Heart	2:46.00	2:45.57
11 Cicisly, Lauren	10 Valley Chris	2:46.10	2:47.79
12 Kinsella, Amelia	09 Archbishop Mitty	2:59.27	2:49.73
13 Potter, Emma	09 Sacred Heart	2:50.73	2:50.70
14 Cadena, Desiree	10 Presentation	2:50.00	2:51.00
15 Mitchell, Megan	11 Presentation	3:00.00	3:01.23

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Meet: ! 1:53.20 1977 Stan Ross, Junipero Serra
CCS: # 1:50.10 1970 Rick Brown, Los Altos
State: * 1:46.45 1996 Michael Granville, Bell Gardens
National: $ 1:46.45 1996 Michael Granville, Bell Gardens
CCS Qual: @ 1:57.79

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Name Year School Seed Prelims
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Heat 1 Preliminaries

Name	Year	School	Seed	Prelims
1 Micallef, Ben	10	Bellarmino C	1:53.90	@ 1:56.69Q
2 Doyle, Tommy	12	Bellarmino C	2:00.49	2:01.15q
3 Raman, Narun	11	St. Francis	2:00.09	2:01.83q
4 Meimban, Tycho	11	Archbishop Riordan	2:04.58	2:03.09q
5 McDonald, Esteban	11	Archbishop Mitty	2:04.37	2:04.01q
6 Ibarra, Diego	11	St. Francis	2:08.73	2:08.95
7 Furrer, Lucas	11	Junipero Serra	2:08.82	2:10.14
8 Herrera, Francisco	11	Valley Chris	2:19.23	2:11.41
9 Chan, Kyle	11	St. Ignatius	2:17.11	2:11.67
10 Lam, Andrew	11	St. Ignatius	2:16.74	2:16.22
11 Kwan, Raymond	11	St. Ignatius	2:23.11	2:21.49

Heat 2 Preliminaries

Name	Year	School	Seed	Prelims
1 Avila, Ricardo	12	Bellarmino C	1:57.48	2:01.74Q
2 Testa, Jeremiah	11	Junipero Serra	1:59.40	2:03.40q
3 DeMoss, Dean	11	Valley Chris	2:09.53	2:08.60
4 Stewart, Elijah	12	Sacred Heart	2:08.58	2:11.30
5 Jones, Nicolas	12	Junipero Serra	2:07.20	2:11.36
6 Chan, Jonathan	12	Sacred Heart	2:17.90	2:12.89
7 Schwarz, Austin	12	St. Francis	2:03.21	2:13.64
8 Barton, Andrew	12	Junipero Serra	2:12.91	2:13.82
9 Infantino, Peter	11	Valley Chris	2:23.15	2:17.24
10 Kealy, Shane	11	St. Ignatius	2:19.21	2:27.06

Heat 3 Preliminaries

Name	Year	School	Seed	Prelims
1 Avila, Marcus	11	Bellarmino C	1:58.01	1:58.32Q
2 Martinez, Michael	11	Bellarmino C	2:01.66	2:00.12q
3 Fan, Jordan	12	Sacred Heart	2:01.80	2:03.31q
4 Arora, Samir	11	St. Francis	1:59.30	2:04.13q
5 Kosewic, Brian	11	Archbishop Riordan	2:10.00	2:07.52q
6 Kurpjuweit, Andy	11	Junipero Serra	2:08.07	2:08.88
7 Manzo, Gabriel	12	Archbishop Mitty	2:18.25	2:16.79
8 Kumar, Rohit	11	Archbishop Mitty	2:18.73	2:16.87
9 Lillie, Mark	12	Archbishop Riordan	2:11.00	2:19.05
10 Petrinovich, John	11	St. Ignatius	2:23.30	2:21.05
11 McCoy, Partick	11	Valley Chris	2:28.45	2:29.34

Event 24 Boys 800 Meter Run Frosh Soph**12 Advance: Top 1 Each Heat plus Next 9 Best Times**

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Meet: ! 1:58.90 2010 Ciaran Murphy, St. Ignatius
Name Year School Seed Prelims
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Heat 1 Preliminaries

Name	Year	School	Seed	Prelims
1 Ndili, Nedu	10	Valley Chris	2:01.69	2:05.18Q
2 George, Andrew	10	St. Francis	2:07.04	2:07.94q
3 Jog, Arun	09	St. Francis	2:10.79	2:09.06q
4 Fisher, Matt	09	St. Ignatius	2:05.87	2:10.78

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...Event 24 Boys 800 Meter Run Frosh Soph

5 Lara, Nathaniel	10 Sacred Heart	2:14.30	2:12.18
6 Spaulding, Taylor	10 St. Ignatius	2:14.62	2:12.51
7 Cranfield, Ian	10 Archbishop Riordan	2:11.00	2:14.00
8 Ivich, Jared	09 Junipero Serra	2:16.67	2:15.56
9 Kilgariff, Michael	10 Archbishop Riordan	2:22.00	2:21.39
10 Cannon, Reilly	10 St. Ignatius	2:23.33	2:22.55
11 Lewis, Jack	09 Junipero Serra	2:15.86	2:28.00
12 Phelan, Kells	09 Sacred Heart	2:32.63	2:37.56

Heat 2 Preliminaries

1 Richardson, Matt	10 Bellarmine C	2:01.74	2:03.67Q
2 Claudio, Edelbert	10 Sacred Heart	2:02.88	2:05.94q
3 Archbold, Ara	10 Junipero Serra	2:07.98	2:06.89q
4 Deck, Joseph	10 Bellarmine C	2:09.61	2:08.02q
5 Oliva, Kevin	10 Archbishop Riordan	2:15.00	2:13.88
6 Huang, Kyle	09 St. Ignatius	2:17.11	2:14.39
7 Kao, Michael	09 Junipero Serra	2:26.24	2:16.70
8 Kumar, Shyam	09 St. Francis	2:15.63	2:22.91
9 DeGraw, John	09 St. Ignatius	2:20.89	2:25.84
10 Ghazzali, Affaan	10 Archbishop Mitty	2:28.88	2:34.81

Heat 3 Preliminaries

1 Dobljar, Dylan	10 Bellarmine C	2:02.47	2:05.15Q
2 Scales, Alex	09 Bellarmine C	2:02.86	2:07.23q
3 Mulliken, John	10 Bellarmine C	2:13.50	2:07.86q
4 Paulbitski, Trevor	09 Archbishop Riordan	2:09.00	2:08.10q
5 Macabantad, Antonio	09 St. Francis	2:09.28	2:08.53q
6 Maier, Ryan	09 St. Francis	2:11.22	2:13.03
7 Lockard, Cameron	10 Valley Chris	2:15.46	2:15.91
8 Patel, Yash	10 Valley Chris	2:15.45	2:19.35
9 Tran, Brandon	10 Sacred Heart	2:20.87	2:20.25
10 Aquino, Christian	09 Junipero Serra	2:18.94	2:20.42
11 Mitbo, Shane	10 Archbishop Mitty	2:26.53	2:27.38
12 Bigarani, Santino	09 Sacred Heart	2:27.82	2:27.68

Event 25 Girls 300 Meter Hurdles Varsity

7 Advance: Top 1 Each Heat plus Next 4 Best Times

Meet: ! 45.40	2010	Brittney Wright, Presentation
CCS: # 40.18	1984	Leslie Maxie, Mills
State: * 39.98	2001	Lashinda Demus, Wilson, Long Beach
National: \$ 39.98	2001	Lashinda Demus, Wilson, Long Beach
CCS Qual: @ 46.50		

Name	Year School	Seed	Prelims
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Heat 1 Preliminaries

1 Seaman, Melissa	11 St. Francis	45.94	@ 46.34Q
2 Judas, Liesel	12 Archbishop Mitty	50.41	49.71q
3 Wigant, Kirsten	11 Presentation	52.78	53.16
4 Bruckner, Bekah	12 Valley Chris	51.05	54.30
5 Opulencia, Caitlyn	12 Presentation	52.53	55.62

Heat 2 Preliminaries

1 Peranich, Delaney	09 St. Ignatius	48.21	47.72Q
2 Jaeb, Megan	11 Presentation	50.10	50.05q
3 Carlson, Stephanie	12 St. Francis	51.06	52.14
4 Patel, Serena	11 Presentation	52.22	53.58
5 Daly, Victoria	11 Sacred Heart	53.18	54.73

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Heat 3 Preliminaries

1	Ngbemeneh, Marisa	11	St. Francis	48.87	49.24Q
2	Berring, Jessi	11	Notre Dame (48.23	49.88q
3	Greene, Taylor	09	Presentation	51.51	51.93q
4	Brodrick, Madeline	09	Archbishop Mitty	57.00	54.87
5	Chizanskos, Julia	11	Archbishop Mitty	51.71	55.31

Event 26 Girls 300 Meter Hurdles Junior Varsity**7 Advance: Top 1 Each Heat plus Next 5 Best Times**

Meet: ! 49.02		2013	Siddartha Kreaden, St. Francis		
Name	Year	School	Seed	Prelims	

Heat 1 Preliminaries

1	Jo, Somin	10	Archbishop Mitty	55.29	54.05Q
2	Wimmer, Carolyn	11	Presentation	54.55	54.06q
--	Lim, Alexa	09	St. Ignatius	53.03	DQ

Heat 2 Preliminaries

1	Walsh, Erin	10	St. Francis	53.81	52.90Q
2	Altree, Grace	09	St. Ignatius	53.72	54.31q
3	Schueler, Jessica	10	Archbishop Mitty	56.81	54.98q
4	Whims, Makena	09	Archbishop Mitty	56.99	58.32q
5	Matthew, Alice	09	Presentation	1:03.33	1:00.04q
6	Perumal, Ashna	09	Presentation	1:02.26	1:00.58

Event 27 Boys 300 Meter Hurdles Varsity**7 Advance: Top 1 Each Heat plus Next 4 Best Times**

Meet: ! 38.31		2006	Napoleon Greene, Bellarmine		
CCS: # 36.26		1996	Joe Naivalu, Fremont		
State: * 35.28		2007	Jeshua Anderson, Taft, Woodland Hills		
National: \$ 35.02		2009	Reggie Wyatt, La Sierra (CA)		
CCS Qual: @ 40.15					
Name	Year	School	Seed	Prelims	

Heat 1 Preliminaries

1	Plummer, Armon	11	Junipero Serra	40.80	40.80Q
2	Edson, Conner	11	Bellarmine C	43.06	43.55
3	Tucker, Kevin	11	Bellarmine C	43.13	44.25
4	Losa, Kevin	11	Sacred Heart	48.67	49.75

Heat 2 Preliminaries

1	Chow, Chris	12	Bellarmine C	41.64	42.67Q
2	Sevilla, Sean	12	Bellarmine C	43.42	43.41q
3	Jones, Kwami	11	Junipero Serra	42.84	43.42q
4	Bebila, Pauldin	11	Bellarmine C	44.69	45.11
5	Than, Nick	11	Sacred Heart	52.04	48.89

Heat 3 Preliminaries

1	Fizer, Kevin	12	St. Francis	41.81	41.14Q
2	Hendrickson, Matthew	12	Archbishop Mitty	42.01	41.99q
3	Campbell, Brendon	11	St. Francis	44.35	42.55q
4	Wendland, Derek	11	Archbishop Riordan	44.32	45.13
5	Jew, Sam	11	Sacred Heart	53.06	52.14

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=====				
Meet: ! 40.30		1977	Carl Broussard, Saint Francis	
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries				
1 Allara, Jack	10	Junipero Serra	42.40	42.29Q
2 Kujawa, Matthew	09	St. Francis	46.97	47.47
3 Jackson, Sincere	09	Junipero Serra	53.49	49.08
4 Camp, Corey	10	Junipero Serra	46.53	49.46
5 Ramos, Sean	10	Sacred Heart	49.83	50.31
6 Kogod, Oliver	09	Sacred Heart	53.57	54.26
Heat 2 Preliminaries				
1 Rose, Blake	10	Archbishop Mitty	43.40	44.76Q
2 Sum, Jonathan	10	Valley Chris	47.19	45.93q
3 Villanueva, Nicolas	10	Sacred Heart	46.27	46.53
4 Mantle, Max	10	Bellarmino C	50.48	48.84
5 Carollo, Dante	09	Bellarmino C	51.43	52.84
Heat 3 Preliminaries				
1 Weeks, Mathew	10	Valley Chris	43.75	44.70Q
2 Bainbridge, Will	10	Valley Chris	44.50	45.23q
3 Paras, Alexander	10	St. Ignatius	47.35	47.03
4 Lopez, Simon	09	Valley Chris	48.96	48.62
5 Chen, Sean	10	Bellarmino C	50.86	48.91
6 Deden, William	09	Archbishop Mitty	50.56	48.91
Heat 4 Preliminaries				
1 Quinn, Charlie	10	Junipero Serra	43.87	44.33Q
2 Minker, Andrew	10	Bellarmino C	44.04	45.44q
3 Salkfield, Brian	09	Archbishop Mitty	50.70	48.47
4 Mendoza, Lucas	09	Bellarmino C	50.82	50.72

Event 29 Girls 200 Meter Dash Varsity**7 Advance: Top 1 Each Heat plus Next 3 Best Times**

=====				
Meet: ! 23.97		2005	Khrystal Carter, Valley Christian	
CCS: # 23.14		2006	Jeneba Tarmoh, Mt. Pleasant	
State: * 22.52		2003	Allyson Felix, LA Baptist, North Hills	
National: \$ 22.52		2003	Allyson Felix, LA Baptist, North Hills	
CCS Qual: @ 25.40				
Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries Wind: NWI				
1 Paxton, Te'Mesha	10	Archbishop Mitty	25.61	25.95Q
2 Travis, Tiana	11	Archbishop Mitty	26.89	26.64q
3 Juarez, Regina	09	St. Ignatius	26.90	27.36
4 Amarandos, Nina	11	Notre Dame (28.01	29.07
5 Halton, Hannah	12	Notre Dame (29.67	30.72
6 Earley, Mara	12	Notre Dame (28.71	31.04
Heat 2 Preliminaries Wind: NWI				
1 Cheeks, Brianna	12	St. Francis	25.79	25.91Q
2 Shaw, Maya	09	Archbishop Mitty	26.54	26.84q
3 Cusi, Jona	12	Sacred Heart	27.76	28.05
4 Celestin, Mary	10	Archbishop Mitty	27.20	28.08
5 Cong, Allison	10	Valley Chris	28.76	29.33
6 Miyoshi, Shannon	12	Sacred Heart	30.26	30.16
7 Schuman, Britt	11	Notre Dame (29.56	30.56

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....Event 29 Girls 200 Meter Dash Varsity

Heat 3 Preliminaries	Wind: NWI			
1 Fitzpatrick, Emma	12 St. Francis	26.00	25.99Q	
2 Whiting, Raquel	11 St. Ignatius	26.50	26.85q	
3 Mayfield, Daija	11 Sacred Heart	27.25	27.63	
4 Scott, Moriah	09 Archbishop Mitty	27.46	27.72	
5 Avila, Gabrielle	10 Presentation	28.91	29.16	
6 Favre, Nicole	11 Valley Chris	29.47	29.74	
Heat 4 Preliminaries	Wind: NWI			
1 Cutler, Angela	11 St. Francis	26.46	26.25Q	
2 Drucker, Natalie	11 St. Francis	26.36	26.89	
3 Sirianni, Maddy	11 St. Ignatius	27.30	27.71	
4 Gonzalez, Isabel	11 Sacred Heart	28.96	29.58	
5 Doyle, Caitlin	11 Notre Dame (28.99	30.07	
6 Acosta, Cienna	11 Sacred Heart	31.13	31.14	

Event 30 Girls 200 Meter Dash Junior Varsity

7 Advance: Top 1 Each Heat plus Next 2 Best Times

=====				
Meet: ! 26.75	2010	Cecily Agu, Archbishop Mitty		
Name	Year School	Seed	Prelims	
=====				
Heat 1 Preliminaries	Wind: NWI			
1 Garlick, Sam	09 St. Francis	26.86	27.15Q	
2 Bui, Adelyn	10 Valley Chris	30.09	28.88q	
3 Catubig, Daniela	09 Sacred Heart	28.92	29.38	
4 Ponnekanti, Aamani	09 Valley Chris	29.94	30.44	
5 Lewis, Jenna	11 Sacred Heart	31.80	31.93	
Heat 2 Preliminaries	Wind: NWI			
1 Cabrera, Tiffany	09 St. Francis	27.96	28.56Q	
2 Castro, Marisol	10 Sacred Heart	29.90	29.28	
3 Burton, Elizabeth	10 Notre Dame (28.88	29.42	
4 Patricio, Jiji	09 St. Ignatius	29.00	30.19	
5 Chavarria, Anamaria	09 Sacred Heart	30.31	30.67	
6 Murphy, Katelyn	10 Presentation	31.51	32.27	
Heat 3 Preliminaries	Wind: NWI			
1 Dresslhuys, Caroline	09 St. Ignatius	28.08	28.30Q	
2 Evans, Alayna	09 Sacred Heart	28.72	28.60q	
3 Link, Sophia	10 St. Francis	29.81	29.36	
4 Li, Katheryn	10 Valley Chris	29.04	29.58	
5 Cheung, Elizabeth	09 Notre Dame (30.38	31.13	
6 Gillas, Julia	09 Presentation	31.43	31.75	
Heat 4 Preliminaries	Wind: NWI			
1 Tan, Trinity	09 Archbishop Mitty	28.45	28.99Q	
2 Long, Natalie	09 St. Ignatius	29.20	29.55	
3 Fang, Jessy	09 Valley Chris	29.40	29.57	
4 Gonzalez, Edith	09 Presentation	30.78	30.72	
Heat 5 Preliminaries	Wind: NWI			
1 Nguyen, Katelyn	10 Presentation	29.24	28.75Q	
2 Marquez, Analiese	11 St. Ignatius	28.64	29.06	
3 Cox, Emily	10 St. Ignatius	28.50	29.08	
4 Martin, Dani	11 Notre Dame (30.97	30.76	
5 Monje, Fabiola	10 Presentation	31.00	31.88	

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Event 31 Boys 200 Meter Dash Varsity

7 Advance: Top 1 Each Heat plus Next 2 Best Times

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Meet: ! 21.60 1987 Tony Miller, Archbishop Riordan
CCS: # 20.57 1993 Calvin Harrison, North Salinas
State: * 20.73 1984 Henry Thomas, Hawthorne
National: $ 20.13 1985 Rory Martin, Roosevelt, Dallas (TX)
CCS Qual: @ 22.39
    
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Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries Wind: NWI				
1 Macauley, Kyle	11	Bellarmino C	22.03	22.51Q
2 Davys-Buenlos, Jacob	11	Archbishop Mitty	23.20	23.62
3 Toliver, Milan	11	Sacred Heart	23.88	24.44
4 Whelan, Dan	11	Junipero Serra	25.43	25.84
Heat 2 Preliminaries Wind: NWI				
1 Bains, Brandon	10	St. Francis	22.42	23.35Q
2 Moffett, Noriega	11	Junipero Serra	23.33	23.40q
3 Nip, Nicholas	11	Sacred Heart	25.63	25.83
4 Azurin, Mark	12	Sacred Heart	25.39	25.94
Heat 3 Preliminaries Wind: NWI				
1 Verba-Hamilton, Aiden	11	Archbishop Riordan	22.50	22.96Q
2 Nolasco, Rafael	12	Archbishop Mitty	23.05	23.41q
3 Ford, Anthony	12	St. Ignatius	23.60	23.45
4 Gargiulo, Tyler	12	Bellarmino C	23.42	23.84
5 Case, Trevor	11	St. Francis	24.01	25.08
6 Bautista, Kenneth	11	Sacred Heart	25.04	25.44
Heat 4 Preliminaries Wind: NWI				
1 Buenrostro, Devon	11	Bellarmino C	22.74	23.24Q
2 Moysov, Alec	11	Archbishop Riordan	22.90	23.52
3 Acevado, Adam	12	Archbishop Mitty	23.50	23.71
4 Buenventura-Smith, Jacob	12	St. Ignatius	23.60	23.80
5 Khan, Obaid	12	Archbishop Mitty	24.78	24.39
6 Fang, Sean	12	Junipero Serra	24.33	24.50
Heat 5 Preliminaries Wind: NWI				
1 DaSilva, Earvin	10	Bellarmino C	22.86	23.10Q
2 Smith, Jason	11	Archbishop Riordan	22.80	23.44
3 Lataimua, Kelepi	11	Junipero Serra	23.54	24.05
4 Qiu, Dario	12	Sacred Heart	24.64	24.71

Event 32 Boys 200 Meter Dash Frosh Soph

7 Advance: Top 1 Each Heat plus Next 1 Best Times

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Meet: ! 22.50 1977 Gilbert Pacaldo, Saint Ignatius
    
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Name	Year	School	Seed	Prelims
=====				
Heat 1 Preliminaries Wind: NWI				
1 Laubach, Trent	10	Valley Chris	23.41	23.58Q
2 Bishop, Tre'Sean	10	St. Francis	24.20	23.87q
3 Zertuche, Emilio	09	Archbishop Mitty	24.20	25.30
4 Lewis, Jalen	10	Archbishop Mitty	25.05	26.48
5 Lau, Evan	09	Sacred Heart	26.83	26.65
6 Ellis, Jaden	09	Valley Chris	26.26	26.65
Heat 2 Preliminaries Wind: NWI				
1 Obodozie, Obinna	10	Junipero Serra	23.64	23.52Q
2 Reid, Kyle	10	Bellarmino C	24.12	24.20
3 Lum, Matthew	10	Bellarmino C	24.28	24.30

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...Event 32 Boys 200 Meter Dash Frosh Soph

4	Thompson, Qeashaun	09	Valley Chris	26.24	26.78
5	Fox, Jordan	09	Archbishop Riordan	25.20	26.82
Heat 3 Preliminaries Wind: NWI					
1	Johnson, Jovon	10	Junipero Serra	23.67	24.45Q
2	Fernandez, Emmanuel	10	Sacred Heart	25.32	25.74
3	King, Zavier	10	Junipero Serra	26.12	25.88
4	Carrigan, Joseph	09	Archbishop Riordan	24.30	26.73
5	Mar, Adam	09	Sacred Heart	27.73	27.64
Heat 4 Preliminaries Wind: NWI					
1	Manigo, Brandon	10	Bellarmino C	23.70	24.14Q
2	Villadolid, Enzo	09	St. Ignatius	23.98	24.38
3	Fuller, Orlando	10	Junipero Serra	24.37	24.81
4	Nguyen, Paolo	10	Bellarmino C	24.88	25.18
5	Rubio, Aidan	09	St. Francis	25.46	26.24
6	Faraj-Washington, Zondre	10	Archbishop Mitty	25.99	27.69
Heat 5 Preliminaries Wind: NWI					
1	Latimore, Khaliq	09	Archbishop Riordan	23.80	24.04Q
2	Corsiglia, Cole	09	Bellarmino C	23.90	24.28
3	Bains, Jordan	10	St. Francis	24.74	24.44
4	Simmons, Devin	09	Junipero Serra	24.46	24.72
5	Zhang, Henry	10	Valley Chris	25.52	25.90
6	Gray, Armond	10	St. Ignatius	25.80	26.64
Heat 6 Preliminaries Wind: NWI					
1	Trofort, Nikolas	09	Valley Chris	23.86	24.25Q
2	Sanchez, Danial	10	Archbishop Mitty	23.89	24.56
3	Lavallier, Jamal	09	Sacred Heart	24.53	25.00
4	Posadas, Vincent	10	St. Francis	25.73	25.94
5	Chan, Kory	10	Sacred Heart	25.62	26.01

Event 41 Boys Shot Put Varsity

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Meet: ! 59-11.50 1975 Gian Rossini, Saint Francis
CCS: # 65-10 1967 Steve Wilhelm, Fremont
State: * 76-02 1990 Brent Noon, Fallbrook
National: $ 77-00 1979 Michael Carter, Jefferson, Dallas (
CCS Qual: @ 48-04.25
    
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Name	Year	School	Seed	Prelims
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Flight 1 Preliminaries

1	Godsil, Marshall	12	Bellarmino C	56-00.50 @	54-07.00q
2	Pena, Adan	12	Archbishop Riordan	53-05.00 @	52-05.25q
3	Guisto, Mario	10	Archbishop Riordan	45-00.00 @	48-06.00q
4	Seul, Stefan	12	Junipero Serra	49-06.50	47-10.50q
5	Strong, Isaiah	11	Junipero Serra	48-03.00	46-08.75q
6	Villanueva, Jorge	11	Junipero Serra	43-06.00	45-08.50q
7	Barraza, Christian	12	St. Ignatius	42-08.75	44-09.50q
8	Hardgrave, Ethan	11	Bellarmino C	40-00.00	44-03.50q
9	Kinahan, Gavin	12	Archbishop Riordan	45-00.00	41-08.75
10	Becker, Jason	12	Archbishop Mitty	41-03.00	41-08.00
11	Toki, Thomas	12	St. Francis	44-00.50	41-06.25
12	Sanchez y Sanchez, Jesus	12	Bellarmino C	40-00.00	41-02.75
13	MacDevitt, Thomas	11	St. Francis	41-03.00	41-01.00
14	Wick, Jonathan	11	Valley Chris	41-07.00	40-10.25
15	Martinez, Jose	12	Archbishop Mitty	40-02.00	40-09.75
16	Claudio, Justin	12	St. Ignatius	40-00.00	40-06.00

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...Event 41 Boys Shot Put Varsity

17 Tabangcura, Dustin	12 Archbishop Mitty	39-01.00	39-11.00
18 Kelleher, Ethan	12 Bellarmine C	38-00.00	39-02.00
19 Chan, Timothy	12 Archbishop Riordan	40-00.00	38-06.00
20 Paini-Leaea, Marcus	11 Junipero Serra	39-00.00	37-06.00
21 Tran, Antonio	12 Bellarmine C	35-00.00	36-00.50
22 Poltrack, Adam	11 St. Francis	38-07.00	35-02.50
23 Wong, Matt	12 Sacred Heart	34-01.00	34-07.75
24 Ibarra, David	10 St. Francis	35-10.00	34-06.75
25 Guerzon, Tim	12 Sacred Heart	30-08.00	29-02.00
26 Sanchez, Christian	12 Sacred Heart	28-07.50	27-02.00
27 Gomez, Jeffrey	11 Sacred Heart	26-02.00	25-04.25

Event 42 Boys Shot Put Frosh Soph

Meet: ! 60-06.50 1973 Craig Watkins, Archbishop Mitty				
Name	Year	School	Seed	Prelims
1 Ray, Kevin	10	Archbishop Mitty	50-04.00	51-00.50q
2 Romualdo, Ryan	10	Bellarmine C	43-00.50	46-08.00q
3 Ciari, Peter	10	Bellarmine C	45-04.00	46-04.00q
4 Tafilele, Josaiah	10	Junipero Serra	42-09.50	45-05.25q
5 Niland, Eric	10	Junipero Serra	50-03.00	43-08.25q
6 Lofton, Joe	10	St. Ignatius	46-00.00	43-04.25q
7 Bowes, Nic	10	Bellarmine C	42-08.00	42-11.00q
8 McCreery, Dylan	10	Valley Chris	44-01.00	42-10.00q
9 Mafi, Atonio	09	Junipero Serra	42-05.00	42-01.00
10 Folau, Elijah	09	Junipero Serra	41-04.00	41-07.00
11 Kaulave, Philip	10	Archbishop Riordan	41-05.00	41-05.25
12 Moore, Max	10	Valley Chris	39-05.00	41-00.00
13 Wilson, Samuel	10	Archbishop Mitty	38-05.00	40-01.00
14 Damore, Anthony	10	Bellarmine C	37-00.00	39-06.25
15 Smith, Sean	10	St. Francis	37-10.00	38-11.00
16 Tran, Kevin	10	Bellarmine C	34-06.00	38-07.00
17 Lew, Mathew	10	Sacred Heart	38-05.00	38-02.00
18 De La Cruz, Carlo	10	St. Ignatius	38-06.00	38-01.25
19 Manrique, Victor	10	Archbishop Mitty	34-00.00	37-10.00
20 Barber, Garrett	10	St. Francis	38-00.00	37-06.75
21 Murphy, Bradley	10	Valley Chris	37-01.00	37-05.25
22 Maennle, Luke	10	Junipero Serra	36-00.00	36-08.50
23 Tillery, Dacari	09	Sacred Heart	35-09.00	36-07.25
24 Chang, Dominic	10	St. Francis	35-00.00	35-09.00
25 Blasi, Connor	10	St. Ignatius	34-01.50	35-05.25
26 Powers, Kameron	10	St. Ignatius	36-07.00	35-04.50
27 Palpallotoc, Thomas	09	Archbishop Riordan	40-00.00	35-04.00
28 McWard, Justin	10	Archbishop Mitty	37-04.00	35-01.00
29 Curial, Isaiah	10	Archbishop Mitty	34-00.00	34-07.75
30 Johnson, Matt	09	St. Francis	30-00.00	31-03.00
31 Samra, Kabir	09	Archbishop Riordan	35-00.00	28-04.50
32 Pon, Jonathan	10	Sacred Heart	27-09.00	26-06.50

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Event 43 Girls Shot Put Varsity

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Meet: !    44-11  2014      Elena Bruckner, Valley Christian
CCS: #  50-07.25 2005      Julie Dufresne, Harbor
State: * 53-07.75 1983      Natale Kaaiawahia, Fullerton
National: $ 54-10.75 2003    Michelle Carter, Red Oak (TX)
CCS Qual: @   36-05

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Name	Year	School	Seed	Prelims
1 Bruckner, Elena	11	Valley Chris	50-05.25 !	49-07.50q
2 Stone, Ronna	12	Valley Chris	44-09.00 @	44-00.00q
3 Iese, Athiya	09	Valley Chris	38-02.00 @	38-02.50q
4 Waters, Paige	12	St. Ignatius	35-06.00	34-00.50q
5 Chen, Lindsey	12	St. Ignatius	33-11.00	33-03.00q
6 Monarrez, Ailyn	11	Archbishop Mitty	31-00.00	33-02.50q
7 Stolle, Milla	12	Archbishop Mitty	34-08.00	31-00.50q
8 D' Costa, Samantha	11	St. Francis	27-08.00	30-05.00q
8 Douglas, Brielle	12	Presentation	29-09.50	30-05.00q
10 Peralta, Elaine	11	Sacred Heart	31-04.00	29-11.00
11 Gowans, Norma	12	Archbishop Mitty	30-00.00	28-05.50
12 Sellars, Emily	11	Sacred Heart	28-03.00	27-04.00
13 Koen, Nadine	11	St. Francis	24-10.00	27-03.50
14 Armstrong, Ariel	12	Sacred Heart	27-00.00	27-00.00
15 Woods, Jocelyn	11	Archbishop Mitty	29-00.00	26-09.50
16 Minic, Hannah	12	Presentation	22-11.00	22-08.50
17 Gonzalez, Christina	12	Presentation	21-00.50	20-04.50

Event 44 Girls Shot Put Junior Varsity

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Meet: ! 36-02 2012      Ronna Stone, Valley Christian

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Name	Year	School	Seed	Prelims
1 Maumalanga, Anna	10	Valley Chris	29-00.50	30-11.00q
2 Worthington, Olivia	11	Archbishop Mitty	27-02.00	29-05.00q
3 Billingslea, Trinity	10	Archbishop Mitty	28-03.00	28-10.00q
4 Curameng, Kayla	10	St. Ignatius	26-05.00	27-03.00q
5 Anderson, Jahnay	11	Archbishop Mitty	25-00.00	26-01.00q
6 Canales, Alexa	11	Archbishop Mitty	23-09.00	25-11.00q
7 Smith, Shelby	10	St. Francis	25-02.00	25-10.00q
8 Vincenzi, Isabella	09	Sacred Heart	25-02.00	25-03.00q
9 Marquez, Sintia	09	Presentation	24-06.00	24-05.50
10 Wu, Molly	10	St. Ignatius	24-00.00	24-04.50
11 Yamasaki, Caitlin	10	Sacred Heart	22-09.00	23-09.50
12 Lopez, Francis	09	Archbishop Mitty	25-06.00	23-09.00
13 Barnett, Kaitlyn	11	Presentation	23-03.00	23-06.00
14 Vives, Lauren	09	Presentation	24-02.00	23-04.50
15 Torres, Taylor	10	St. Ignatius	21-05.00	22-07.50
16 Mifsud, Monica	09	Presentation	20-06.00	21-08.00
17 He, Elizabeth	09	Valley Chris	21-08.00	21-06.00
18 Hood, Morgan	11	Sacred Heart	22-09.00	21-05.00
19 Pedroza-Sarabi, Claudia	09	Presentation	21-07.00	21-00.50

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Event 45 Boys Discus Throw Varsity

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Meet: ! 180-06 2010          Cody Bickham, Saint Francis
CCS: # 204-10 2003          Nik Kay, Los Gatos
State: * 213-11 1997        Scott Moser, Huntington Beach
National: $ 234-03 2001      Niklas Arrhenius, Orem Mountain View
CCS Qual: @ 143-11
Meet: ! 180-06 5/7/2013      Cody Bickham, St. Francis

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Name	Year	School	Seed	Prelims
1 Godsil, Marshall	12	Bellarmine C	187-02	@ 171-06q
2 Pena, Adan	12	Archbishop Riordan	160-00	@ 154-03q
3 Seul, Stefan	12	Junipero Serra	147-00	@ 148-00q
4 Strong, Isaiah	11	Junipero Serra	125-07	130-03q
5 Villanueva, Jorge	11	Junipero Serra	118-04	129-02q
6 Reid, Robbie	12	Bellarmine C	124-04	129-00q
7 Barraza, Christian	12	St. Ignatius	123-02	125-10q
8 Sanchez y Sanchez, Jesus	12	Bellarmine C	118-00	123-09q
9 Martinez, Jose	12	Archbishop Mitty	132-05	123-04
10 Nassif, Eddy	12	Valley Chris	112-05	120-07
11 Becker, Jason	12	Archbishop Mitty	116-03	119-06
12 Guisto, Mario	10	Archbishop Riordan	120-00	117-09
12 Poltrack, Adam	11	St. Francis	117-00	117-09
14 Claudio, Justin	12	St. Ignatius	128-10	115-10
15 McCrone, Thomas	12	St. Francis	99-07	110-08
16 Johnson, Simon	11	St. Francis	97-05	104-09
17 Gairaud, Nick	11	St. Francis	98-00	102-04
18 Collins, Chris	12	Archbishop Mitty	105-00	101-05
19 Tabangcura, Dustin	12	Archbishop Mitty	115-00	98-09
20 Reed, Brady	11	Junipero Serra	103-00	97-02
21 Sosa, Max	11	Bellarmine C	100-00	96-03
22 Paini-Leaea, Marcus	11	Junipero Serra	111-11	92-01
23 Wong, Matt	12	Sacred Heart	99-06	89-07
24 Kinahan, Gavin	12	Archbishop Riordan	100-00	85-02
25 Guerzon, Tim	12	Sacred Heart	81-07	73-07
26 Gomez, Jeffrey	11	Sacred Heart	78-04	73-02
27 Sanchez, Christian	12	Sacred Heart	75-01	72-02

Event 46 Boys Discus Throw Frosh Soph

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Meet: ! 155-05 1973          Craig Watkins, Archbishop Mitty

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Name	Year	School	Seed	Prelims
1 Lofton, Joe	10	St. Ignatius	130-10	127-00q
2 Moore, Max	10	Valley Chris	18-10.50	125-03q
3 Tafilele, Josaiiah	10	Junipero Serra	116-01	121-08q
4 Ray, Kevin	10	Archbishop Mitty	126-00	120-01q
5 Folau, Elijah	09	Junipero Serra	117-04	118-08q
6 McWard, Justin	10	Archbishop Mitty	93-02	109-04q
7 Maennle, Luke	10	Junipero Serra	98-02	107-10q
8 Mafi, Atonio	09	Junipero Serra	94-04	104-10q
9 De La Cruz, Carlo	10	St. Ignatius	105-04	103-09
10 Gutierrez, Antonio	10	Bellarmine C	99-05	100-07
11 Martinez, Arturo	10	Bellarmine C	108-01	100-05
12 Malinski, Dawson	10	Bellarmine C	86-07	100-02
13 Niland, Eric	10	Junipero Serra	115-03	100-00
14 Manrique, Victor	10	Archbishop Mitty	90-02	98-07

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...Event 46 Boys Discus Throw Frosh Soph

15 Powers, Kameron	10 St. Ignatius	104-11	97-07
16 Barber, Garrett	10 St. Francis	95-02	97-05
17 Kaulave, Philip	10 Archbishop Riordan	115-00	92-07
18 Johnson, Matt	09 St. Francis	85-00	89-06
19 Blasi, Connor	10 St. Ignatius	86-08	87-01
20 Mau, Christopher	09 Archbishop Mitty	84-00	82-00
21 Tillery, Dacari	09 Sacred Heart	85-07	81-09
22 Lew, Mathew	10 Sacred Heart	88-00	81-06
23 Raak, Addison	10 St. Francis	85-00	81-04
24 Chang, Dominic	10 St. Francis	80-00	80-08
25 Smith, Sean	10 St. Francis	85-02	80-07
26 Arzate, Jason	10 Bellarmine C	70-00	78-09
27 Curial, Isaiah	10 Archbishop Mitty	85-00	76-07
28 Palpallotoc, Thomas	09 Archbishop Riordan		66-02
29 Samra, Kabir	09 Archbishop Riordan	85-00	64-08
30 Pon, Jonathan	10 Sacred Heart	56-10	46-00
-- Orozco, Juan	10 Bellarmine C	84-09	FOUL

Event 47 Girls Discus Throw Varsity

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Meet: ! 132-09 2006      Sela Paini, Saint Francis
CCS: # 165-10 1996      Darlene Tulua, Carmel
State: * 188-04 1994    Suzy Powell, Downey, Modesto
National: $ 190-03 2009 Ana Jelmini, Shafter
CCS Qual: @ 111-05
    
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Name	Year School	Seed	Prelims
1 Bruckner, Elena	11 Valley Chris	160-09	! 162-08q
2 Stone, Ronna	12 Valley Chris	153-08	! 142-07q
3 Iese, Athiya	09 Valley Chris	105-04	109-05q
4 Douglas, Brielle	12 Presentation	104-07	107-00q
5 Monarrez, Ailyn	11 Archbishop Mitty	100-00	105-00q
6 Waters, Paige	12 St. Ignatius	108-02	100-03q
7 Gowans, Norma	12 Archbishop Mitty	103-01	99-04q
8 Stolle, Milla	12 Archbishop Mitty	94-00	97-05q
9 Barrios-Crockett, Molly	11 St. Ignatius	93-05	95-06
10 D' Costa, Samantha	11 St. Francis	98-09	95-02
11 Sellars, Emily	11 Sacred Heart	90-09	92-00
12 Chen, Lindsey	12 St. Ignatius	91-06	88-06
13 Rice, Victoria	11 Archbishop Mitty	94-00	79-10
14 Armstrong, Ariel	12 Sacred Heart	77-02	78-01
15 Peralta, Elaine	11 Sacred Heart	89-04	77-10
16 Koen, Nadine	11 St. Francis	69-07	74-06
17 Woods, Jocelyn	11 Archbishop Mitty	86-00	71-07
18 Gonzalez, Christina	12 Presentation	67-00	68-00
19 Minic, Hannah	12 Presentation	63-11	55-07
-- Murray, Jessica	11 St. Ignatius	80-10	FOUL

Event 48 Girls Discus Throw Junior Varsity

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Meet: ! 117-05 2003      Christina Kidd, Valley Christian
Name Year School Seed Prelims
    
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1 Curameng, Kayla	10 St. Ignatius	87-04	85-05q
2 Maumalanga, Anna	10 Valley Chris	78-05	84-10q

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3 Canales, Alexa	11 Archbishop Mitty	78-00	84-05q
4 Barnett, Kaitlyn	11 Presentation	75-04	80-02q
5 Faasolo, Olga	09 Notre Dame (82-06	78-01q
6 Wu, Molly	10 St. Ignatius	84-03	77-06q
7 Anderson, Jahnay	11 Archbishop Mitty	70-09	77-00q
8 Greenberg, Shaina	09 Presentation	61-03	67-10q
8 Vives, Lauren	09 Presentation	66-05	67-10q
10 Billingslea, Trinity	10 Archbishop Mitty	80-01	67-08
11 Lopez, Francis	09 Archbishop Mitty	75-00	67-03
12 Torres, Taylor	10 St. Ignatius	69-09	65-08
13 Worthington, Olivia	11 Archbishop Mitty	70-02	65-03
14 Smith, Shelby	10 St. Francis	73-01	65-00
15 Mifsud, Monica	09 Presentation	60-01	60-05
16 Hood, Morgan	11 Sacred Heart	60-05.50	60-03
17 Yamasaki, Caitlin	10 Sacred Heart	61-09	58-01
18 Dickson, Jade	09 Presentation	63-06	56-02
19 Cornillon, Carla	09 St. Francis	68-00	54-10
20 Vincenzi, Isabella	09 Sacred Heart	51-10	51-08
-- He, Elizabeth	09 Valley Chris	58-01.50	FOUL

Event 49 Boys Long Jump Varsity

Meet: !	23-08	1959	Jim Fregosi, Junipero Serra
CCS: #	26-00	1984	Johnny Cleveland, Soquel
State: *	26-04.75	1989	James Stallworth, Tulare
National: \$	26-04.75	1989	James Stallworth, Tulare
CCS Qual: @	21-04.75		

Name	Year	School	Seed	Prelims	Wind
1 Norman, Daniel	11	Archbishop Riordan	20-03.00	21-03.00q	0.1
2 Kenison, Jordan	11	Junipero Serra	21-08.00	21-01.50q	2.0
3 O'Brien, Michael	12	Archbishop Mitty	21-01.25	20-10.50q	0.3
4 Smith, Jason	11	Archbishop Riordan	20-08.00	20-10.00q	-1.1
5 Alvarez, Marcus	12	Junipero Serra	20-08.50	20-09.50q	+0.0
6 Quesada, Sean	12	St. Ignatius	21-01.00	20-07.00q	0.8
6 Thomas, Darius	11	St. Francis	19-06.00	J20-07.00q	+0.0
8 Swain, Masa	12	Bellarmine C	20-01.00	20-05.50q	1.8
9 Laughlin, Connor	12	Archbishop Riordan	21-00.00	20-03.00	+0.0
10 Boger, Noah	12	Junipero Serra	19-08.25	20-00.50	+0.0
11 Gargiulo, Tyler	12	Bellarmine C	20-08.50	19-08.00	-0.3
12 Wendland, Derek	11	Archbishop Riordan	19-09.00	19-01.50	1.2
13 Knowles, Milo	12	Bellarmine C	19-05.00	19-00.50	0.2
14 Silva, James	12	Bellarmine C	19-09.00	18-10.00	1.2
15 Reardon, Jack	12	Bellarmine C	19-06.50	18-06.50	0.3
16 Moss, Jacob	11	St. Francis	18-08.00	17-07.50	+0.0
17 Besona, Jonathan	12	Junipero Serra	19-08.50	17-06.50	0.7
18 Scott, Daniel	11	Archbishop Mitty	17-06.00	17-04.00	+0.0
18 Shinnerll, Max	12	Archbishop Mitty	17-01.25	17-04.00	2.6
20 Bedrosian, Erik	11	St. Francis	17-10.00	17-03.00	+0.0
21 Nip, Nicholas	11	Sacred Heart	16-08.50	16-08.50	+0.0
22 Zolezzi, Dominic	11	Junipero Serra	18-06.50	16-06.00	+0.0
23 Clairborne, Kailan	11	Sacred Heart	18-03.50	15-10.00	0.5
24 Bhasin, Manav	09	Valley Chris	14-04.00	14-05.50	1.2
-- Lloyd, Elliot	12	Archbishop Riordan	17-08.00	FOUL	NWI

2015 WCAL Track & Field Championships - TRIALS**Saint Francis High School - 5/9/2015 to 5/15/2015****Results****Event 50 Boys Long Jump Frosh Soph**

Meet: ! 21-09.50 2005 Michael Borg, Junipero Serra					
Name	Year	School	Seed	Prelims	Wind
1 Carbullido, Brendon	09	Junipero Serra	20-04.25	19-06.00q	0.6
2 Surafel, Brook	10	Bellarmine C	19-10.00	19-05.00q	-1.4
3 Torres, Jerome	10	St. Ignatius	19-06.00	19-04.00q	-1.3
4 Obodozie, Obinna	10	Junipero Serra	20-02.00	19-01.50q	0.5
5 Negranza, Brandon	10	Bellarmine C	19-01.00	18-09.00q	0.7
6 Weeks, Mathew	10	Valley Chris	19-07.00	18-07.50q	0.1
7 Hawkins, Tyler	10	Bellarmine C	18-01.00	18-07.00q	-1.5
8 Nofal, Sammy	10	Junipero Serra	18-03.00	18-01.00q	0.9
9 Chao, Jeffrey	09	Archbishop Mitty	18-05.00	17-08.00	+0.0
10 Tallam, Kovid	09	St. Francis	18-02.00	17-07.50	0.1
11 Fong, Christopher	10	St. Ignatius	18-00.00	17-05.50	1.2
12 Bainbridge, Will	10	Valley Chris	17-09.50	17-02.00	-0.5
13 Hanson, Ryan	09	Bellarmine C	17-09.00	16-09.50	-2.0
14 Roberts, Carson	10	St. Ignatius	17-04.00	16-09.00	-1.5
14 Young, Aaron	09	Sacred Heart	16-11.50	16-09.00	-3.2
16 Carrigan, Conrad	09	Archbishop Riordan	17-04.00	16-08.50	-2.2
17 Rubio, Aidan	09	St. Francis	17-05.00	16-04.00	-1.6
18 Hoang, Brandon	09	Archbishop Mitty	16-00.00	15-11.50	-2.5
19 Lee, K. J.	10	Bellarmine C	17-07.00	15-11.00	-0.2
19 Sum, Jonathan	10	Valley Chris	18-05.00	15-11.00	1.5
21 Zhang, Henry	10	Valley Chris		15-07.50	0.6
21 Lopez, Simon	09	Valley Chris	16-10.00	15-07.50	-2.2
23 Chan, Kory	10	Sacred Heart	15-10.50	15-06.50	1.1
24 Wynn, James	10	Archbishop Riordan	17-04.00	14-10.00	-2.7
25 Character, Xaivier	10	Archbishop Riordan	17-03.00	14-04.50	-2.6
26 Mar, Adam	09	Sacred Heart	14-00.00	14-01.00	0.7
-- Thiel, Dylan	09	Archbishop Mitty	20-04.00	FOUL	NWI
-- Fitzpatrick, Scott	09	Junipero Serra	19-11.00	FOUL	NWI

Event 51 Girls Long Jump Varsity

Meet: ! 18-01.25 2005 Danielle Robinson, Archbishop Mitty					
CCS: # 20-09.75 1984 Wendy Brown, Woodside					
State: * 22-00.50 1993 Marion Jones, Thousand Oaks					
National: \$ 22-01.75 1976 Kathy McMillan, Raeford Hoke County(NC)					
CCS Qual: @ 17-00					
Name	Year	School	Seed	Prelims	Wind
1 Seaman, Melissa	11	St. Francis	16-07.00	@ 17-02.25q	+0.0
2 Ma, Elaine	12	Valley Chris	17-08.00	16-04.75q	+0.0
3 Opsasnick, Annika	10	St. Francis	16-08.00	16-03.00q	-1.2
4 Mayfield, Daija	11	Sacred Heart	15-05.00	15-06.25q	-0.4
5 Davys, Imani	12	Archbishop Mitty	15-06.00	15-03.25q	+0.0
6 Morris, Casey	12	Presentation	15-09.50	15-03.00q	0.1
7 Chan, Josie	12	St. Ignatius	15-10.00	15-01.00q	+0.0
8 Cong, Allison	10	Valley Chris	15-00.00	14-10.00q	-0.5
9 Kohli, Anisha	11	St. Ignatius	16-00.25	14-06.25	+0.0
10 Pon, Kestrel	10	St. Ignatius	15-10.00	14-05.75	0.3
11 Zadel, Hayley	11	Archbishop Mitty	16-01.00	14-05.50	+0.0
12 Wang, Julie	11	Presentation	14-09.00	14-02.50	+0.0
13 Velasco, Miranda	12	Presentation	14-02.50	14-02.25	+0.0
14 Wong, Blossom	12	Sacred Heart	14-08.50	14-00.75	0.1

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15 Attard, Siena	11 Sacred Heart	15-01.50	13-11.50	-1.5
16 Albin, Jamie	11 Archbishop Mitty	14-01.00	13-02.50	-1.0
17 Hodges, Brittany	11 Presentation	14-04.00	13-01.50	+0.0

Event 52 Girls Long Jump Junior Varsity

Meet: ! 16-02 2014		Sophie Harrison, Saint Ignatius		
Name	Year School	Seed	Prelims	Wind
1 Lee, Kaela	10 St. Ignatius	15-11.00	! 16-09.50q	-1.3
2 Harrison, Sophie	10 St. Ignatius	15-09.00	15-06.00q	-1.2
3 Cheadle, Natalie	09 Presentation	14-06.50	15-01.50q	+0.0
4 Kohlstadt, Monique	09 Presentation	14-10.50	15-00.50q	1.0
5 Esterlecher, Camille	09 St. Francis	15-04.75	15-00.00q	-2.6
6 Barry, Jessica	10 St. Ignatius	15-01.00	14-06.00q	-0.5
7 Parsons, Sophie	11 St. Francis	13-07.00	14-02.50q	0.3
7 Nguyen, Katelyn	10 Presentation	14-11.00	14-02.50q	1.0
9 Wright, Madeleine	10 St. Francis	14-02.00	13-10.00	-2.5
10 Smallwood, Camille	09 Archbishop Mitty	13-06.00	13-09.00	1.9
11 Nagendran, Shanaya	10 Presentation	13-10.00	13-06.00	1.0
12 Li, Katheryn	10 Valley Chris	15-00.00	13-05.50	1.1
13 Renner, Jordan	09 Presentation	12-09.00	13-04.00	1.2
14 Wendling, Julia	09 Archbishop Mitty	13-04.00	13-00.50	1.4
14 Khorrami, Niaz	10 Notre Dame (12-06.00	13-00.50	+0.0
16 Zadel, Hayden	09 Archbishop Mitty	13-08.00	12-11.00	1.4
17 McConnell, Emily	11 St. Francis	14-10.50	12-10.50	-1.4
17 Baillie, Ashley	10 Notre Dame (15-01.00	12-10.50	+0.0
19 Lambert, Taylor	09 Archbishop Mitty	12-09.00	12-08.50	-1.1
20 Ehlers, Kyra	11 Notre Dame (12-06.00	12-07.00	+0.0
21 Rubio, Livia	11 St. Francis	13-04.25	12-05.00	-1.1
22 Chism, Jana	09 Sacred Heart	13-01.00	11-09.00	2.8

Event 53 Boys Triple Jump Varsity

Meet: ! 47-11.50 1975		Mike Haynes, Archbishop Riordan		
CCS: # 50-11.50 1986		Harold Rucker, Silver Creek		
State: * 52-10.50 1980		Charles Mayfield, Pasadena		
National: \$ 52-10.50 1980		Charles Mayfield, Muir, Pasadena		
CCS Qual: @ 43-09.75				
Name	Year School	Seed	Prelims	Wind
1 Kenison, Jordan	11 Junipero Serra	44-09.00	43-06.25q	-1.2
2 Alvarez, Marcus	12 Junipero Serra	42-03.00	43-02.25q	0.4
3 O'Brien, Michael	12 Archbishop Mitty	42-03.00	41-11.50q	-2.2
4 Besona, Jonathan	12 Junipero Serra	40-10.00	40-07.25q	-0.3
5 Boger, Noah	12 Junipero Serra	41-11.25	40-04.50q	+0.0
6 Knowles, Milo	12 Bellarmine C	40-07.00	39-11.25q	-1.9
7 Akhenaton, Arman	11 Bellarmine C	38-02.75	39-03.25q	-0.6
8 Moriarty, Miles	12 Junipero Serra	40-07.00	39-03.00q	-1.1
8 Moss, Jacob	11 St. Francis	40-08.00	39-03.00q	1.1
10 Reardon, Jack	12 Bellarmine C	39-06.25	38-03.00	0.1
11 Nolasco, Rafael	12 Archbishop Mitty	39-03.75	38-01.00	0.2
12 Scott, Daniel	11 Archbishop Mitty	36-00.00	36-00.50	+0.0
13 Bedrosian, Erik	11 St. Francis	36-00.00	35-03.50	-0.9

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Meet: ! 44-03.50 1980 Jeff Rossman, Saint Francis						
Name	Year	School	Seed	Prelims	Wind	
1 Weeks, Mathew	10	Valley Chris	42-00.50	41-03.75q	2.0	
2 Ma, Ben	10	Bellarmine C	40-08.50	40-03.00q	0.9	
3 Surafel, Brook	10	Bellarmine C	41-04.00	39-07.75q	0.2	
4 Negranza, Brandon	10	Bellarmine C	38-00.00	38-11.25q	1.4	
5 Fong, Christopher	10	St. Ignatius	38-02.00	37-09.00q	2.1	
6 Nofal, Sammy	10	Junipero Serra	36-07.00	37-08.25q	-0.9	
7 Torres, Jerome	10	St. Ignatius	38-11.00	37-03.25q	-2.1	
8 Rubio, Aidan	09	St. Francis	34-09.00	36-09.00q	0.3	
9 Hawkins, Tyler	10	Bellarmine C	37-03.00	36-08.75	NWI	
10 Sum, Jonathan	10	Valley Chris	37-08.00	36-07.00	-1.4	
11 Carrigan, Conrad	09	Archbishop Riordan	36-04.00	35-11.75	NWI	
12 Shi, Justin	09	Bellarmine C	37-06.00	35-09.50	NWI	
13 Character, Xaivier	10	Archbishop Riordan	36-04.00	35-05.00	1.3	
14 Tallam, Kovid	09	St. Francis	35-05.00	35-00.75	1.4	
15 Smith, Greg	09	Junipero Serra	36-02.00	35-00.25	+0.0	
16 Roberts, Carson	10	St. Ignatius	35-10.00	34-10.00	1.2	
17 Hoang, Brandon	09	Archbishop Mitty	36-05.00	31-08.25	-1.4	
18 Ott, Will	09	Junipero Serra	31-09.50	27-06.00	-0.8	

Event 55 Girls Triple Jump Varsity

Meet: ! 38-09.25 2005 Caitlin Schields, Notre Dame (Belmont)						
CCS: # 40-02.50 1984 Wendy Brown, Woodside						
State: * 44-00.50 1991 Juliana Yendork, Walnut						
National: \$ 44-02.25 2001 Ychlindria Spears, Luling (TX)						
CCS Qual: @ 35-04.25						
Name	Year	School	Seed	Prelims	Wind	
1 Seaman, Melissa	11	St. Francis	37-11.00 @	35-05.75q	1.1	
2 Morris, Casey	12	Presentation	35-00.00 @	35-05.25q	1.0	
3 Opsasnick, Annika	10	St. Francis	36-02.00	35-01.50q	-0.2	
4 Chan, Josie	12	St. Ignatius	35-06.00	34-08.50q	0.8	
5 Chizanskos, Julia	11	Archbishop Mitty	35-07.50	34-02.00q	0.4	
6 Pon, Kestrel	10	St. Ignatius	35-04.00	32-08.50q	+0.0	
7 Wang, Julie	11	Presentation	30-11.00	31-01.25q	1.0	
8 Ngbemeneh, Marisa	11	St. Francis	31-01.00	30-07.50q	0.4	
9 Kohli, Anisha	11	St. Ignatius	31-01.00	30-01.50	+0.0	
10 Velasco, Miranda	12	Presentation	29-10.50	29-10.75	+0.0	
11 Baylis, Amy	11	Archbishop Mitty	31-00.00	27-11.50	-1.1	
12 Krtolica, Kim	09	Presentation	26-00.00	26-00.25	0.5	

Event 56 Girls Triple Jump Junior Varsity

Meet: ! 34-02.50 2014 Erin Jimenez, Archbishop Mitty						
Name	Year	School	Seed	Prelims	Wind	
1 Esterlecher, Camille	09	St. Francis	33-02.00	32-09.00q	NWI	
2 Blackburn, Emma	09	St. Francis	32-09.00	32-04.00q	0.5	
3 Bose, Emma	09	St. Francis	34-00.00	32-00.75q	2.7	
4 Cheadle, Natalie	09	Presentation	31-01.50	31-10.00q	0.8	
5 Smallwood, Camille	09	Archbishop Mitty	29-04.00	30-11.50q	1.9	
6 Apolonio, Jenelle	10	St. Ignatius	29-08.00	30-09.00q	1.5	

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Saint Francis High School - 5/9/2015 to 5/15/2015
Results

...Event 56 Girls Triple Jump Junior Varsity

7	Wright, Madeleine	10	St. Francis	29-04.00	29-09.50q	+0.0
8	Rubio, Livia	11	St. Francis	29-06.00	29-02.50q	1.3
9	Wu, Alyssa	11	St. Ignatius	30-03.00	29-00.75	0.4
10	Renner, Jordan	09	Presentation	29-05.00	29-00.25	0.6
11	Kohlstadt, Monique	09	Presentation	28-08.00	28-10.50	NWI
12	Culine, Natalie	10	Archbishop Mitty	28-06.00	27-10.00	0.9
13	Wendling, Julia	09	Archbishop Mitty	26-06.00	27-01.50	0.8
14	Devincenzi, Allie	09	Archbishop Mitty	26-00.00	26-09.00	1.0

Event 58 Boys High Jump Frosh Soph

Meet: ! 6-04 1975		Dave Kniffin, Junipero Serra				
Name	Year	School	Seed	Finals	Points	
Flight 1						
1	Weeks, Mathew	10	Valley Chris	5-10.00	5-08.00	10
1	Smith, Greg	09	Junipero Serra	5-06.00	J5-04.00	
1	Zabit, Nick	10	St. Ignatius	5-04.00	5-00.00	
4	Archer, Ryan	10	St. Francis	5-03.00	J5-04.00	
5	Hawkins, Tyler	10	Bellarmino C	5-06.00	J5-08.00	8
5	Shi, Justin	09	Bellarmino C	5-04.00	5-06.00	4
5	Arora, Kabir	09	St. Francis	5-00.00	4-08.00	
9	Ott, Will	09	Junipero Serra	5-04.00	4-10.00	
9	Vargas, Ryan	09	Bellarmino C	5-00.00	4-08.00	
12	Thiel, Dylan	09	Archbishop Mitty	5-04.00	J5-08.00	6
14	Chen, Liyang	10	Archbishop Mitty	4-10.00	J4-10.00	
5	Carrigan, Conrad	09	Archbishop Riordan	5-06.00	NH	
--	Character, Xaivier	10	Archbishop Riordan	5-08.00	5-04.00	2
--	Sachania, Kavi	10	St. Francis	5-04.00	J5-04.00	1
--	Miller, Garrett	10	Bellarmino C	5-00.00	J5-00.00	
--	Birch, Trenton	10	St. Ignatius	5-06.00	5-00.00	

Event 60 Girls High Jump Junior Varsity

Meet: ! 5-00 2003		Christine Szelong, Saint Francis				
Name	Year	School	Seed	Finals	Points	
1	Peters, Indiana	09	St. Ignatius	5-00.00	5-00.00!	10
2	Earnshaw, Kendall	11	Archbishop Mitty	3-10.00	4-10.00	8
3	Barry, Jessica	10	St. Ignatius	4-08.00	4-08.00	6
4	Ortiz, Karisma	09	Archbishop Mitty	4-02.00	4-04.00	4
5	Kerr, Lauren	11	Presentation	4-02.00	4-02.00	2
6	Lacomble', Claire	10	St. Francis	4-08.00	4-00.00	1
7	Cheung, Elizabeth	09	Notre Dame (4-02.00	3-10.00	
8	Vitug, Maya	10	St. Ignatius	4-00.00	J3-08.00	
8	Puyaoan, Allyson	10	St. Francis	4-02.00	3-08.00	

Event 62 Boys Pole Vault Frosh Soph

Meet: ! 13-02 2004		David Glassanos, Saint Francis				
Name	Year	School	Seed	Finals	Points	
1	Normandin, Louis		Bellarmino C	11-06.00	12-00.00	10
2	Day, Asante	10	St. Francis	11-06.00	J11-06.00	6
2	Boehnlein, Zach		Bellarmino C	10-06.00	11-06.00	8

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...Event 62 Boys Pole Vault Frosh Soph

4	Zabit, Nick	10	St. Ignatius	12-00.00	11-00.00	4
4	McCambridge, Tom		Bellarmine C	10-06.00	J11-00.00	2
6	Hackett-Provenzano, Luca	09	Junipero Serra	10-00.00	J10-00.00	
6	Liberty, Lucas	10	Junipero Serra	9-06.00	10-00.00	1
8	Birch, Trenton	10	St. Ignatius	9-06.00	J9-06.00	
8	Chiala, John		Bellarmine C	10-06.00	J9-06.00	
8	Sabalvaro, Dylan	09	St. Ignatius	10-06.00	9-06.00	
8	Fisher, Andre	9	Bellarmine C	9-00.00	9-06.00	
8	Nido, Nathaniel	10	Archbishop Riordan	8-00.00	7-06.00	
13	Rojo-Cagadoc, Devin	10	Junipero Serra	8-00.00	J9-06.00	
15	Lopez, Jacob	09	Archbishop Mitty	7-06.00	J8-06.00	
--	Rendon, Raymond	09	Archbishop Mitty	8-06.00	8-06.00	
--	Liao, Jackson	10	Archbishop Riordan	7-03.00	7-00.00	

Event 64 Girls Pole Vault Junior Varsity

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 Meet: ! 9-03 2012 Catherine Welsh, St. Ignatius
 Name Year School Seed Finals Points
 =====

1	Lee, Kaela	10	St. Ignatius	8-06.00	9-00.00	9
1	Quilatan, Lois	10	St. Ignatius	8-06.00	9-00.00	9
1	Morgan, Nicole	09	Presentation	8-03.00	J9-00.00	6
4	Nagendran, Shanaya	10	Presentation	7-00.00	J8-00.00	2
4	Erickson, Michelle	11	Archbishop Mitty	7-09.00	8-00.00	4
6	Smyth, Isabelle	10	St. Ignatius	7-06.00	J7-06.00	
6	Moore, Michelle	10	St. Ignatius	8-00.00	7-06.00	1

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Women - Junior Varsity - Team Rankings - 3 Events Scored

=====
 1) St. Ignatius College Prep 49 2) Archbishop Mitty 24
 3) Presentation 10 3) St. Francis (Mountain Vie 10
 =====

Men - Frosh Soph - Team Rankings - 3 Events Scored

=====
 1) Bellarmine College Prep 60 2) Valley Christian (San Jos 12
 3) St. Francis (Mountain View 7 4) Archbishop Mitty 6
 5) St. Ignatius College Prep 4 6) Archbishop Riordan 2
 6) Junipero Serra 2
 =====