

**2014 WCAL Track & Field Championships**  
**St. Francis High School - 5/13/2014 to 5/16/2014**  
**Performance List - Girls Trials**

**Event 6 Girls 1600 Meter Run Junior Varsity****Wednesday 5/14/2014 - 4:00 PM****Meet: 5:26.57 2009 Tatiana Baiza**

Name	Yr	School	Seed Time
1 Campbell, Lyndsey	09	St. Francis	5:30.32
2 Weiner, Erin	10	Archbishop M	5:31.70
3 Janiczek, Emilia	09	St. Ignatius	5:34.92
4 Jones, Leancia	10	Archbishop M	5:40.16
5 Zhao, Barbara	10	St. Francis	5:41.57
6 Kim, Hannah	11	St. Francis	5:47.51
7 Eddy, Kailey	10	Valley Chris	5:49.34
8 Mangilog, Abigail	09	Archbishop M	5:50.68
9 Vokt, Kayla	09	Archbishop M	5:52.61
10 Gao, Catherine	09	Archbishop M	5:53.59
11 Danison, Alana	10	St. Ignatius	5:55.84
12 Scott, Carolyn	09	Sacred Heart	5:56.00
13 Keating, Katrina	10	St. Ignatius	5:56.87
14 Phelps, Emma	11	St. Francis	5:57.54
15 Vaca, Cristina	10	Presentation	5:58.00
16 Nash, Caleece	11	St. Francis	5:58.95
17 McGrath, Alyssa	09	St. Ignatius	5:59.64
18 Cadena, Desiree	09	Presentation	6:00.00
19 Giacalone, Vanessa	10	Valley Chris	6:00.39
20 Hoy, Trish	10	St. Ignatius	6:01.56
21 Ira, Kimberly	10	Sacred Heart	6:04.18
22 Nguyen, Christine	09	St. Francis	6:08.25
23 Mar, Jodi	09	Sacred Heart	6:13.45
24 Lee, Jenelle	10	Sacred Heart	6:21.27
25 Fernandez, Carolina	10	Notre Dame (	6:23.51
26 England, Madeline	09	Notre Dame (	6:58.00
27 Frazier, Isabel	09	Presentation	7:14.00
28 Zetterquist, Erica	10	Presentation	7:15.00
29 Zhu, Annie	10	Notre Dame (	7:26.00
30 Luo, Jennifer	10	Notre Dame (	7:31.00

**Event 9 Girls 100 Meter Hurdles Varsity Prelims****Wednesday 5/14/2014 - 4:20 PM****Meet: 13.72 2010 Hannah Goranson****CCS: 13.03 2007 Vashti Thomas****State: 13.03 2007 Vashti Thomas****National: 13.03 2007 Vashti Thomas****CCS Qual: 15.84**

Name	Yr	School	Seed Time
1 Sum, Lydia	11	Valley Chris	15.34
2 Micallef, Carlisle	12	Archbishop M	16.49
3 Ngbemeneh, Marisa	10	St. Francis	16.97
4 Opulencia, Caitlyn	11	Presentation	17.44
5 Zadel, Hayley	10	Archbishop M	18.05
6 Judas, Liesel	11	Archbishop M	18.06
7 Kadah, Senna	10	Presentation	18.11
8 Chizanskos, Julia	10	Archbishop M	18.21
9 Menzel, Lizzie	12	Notre Dame (	19.94
10 Wigant, Kirsten	10	Presentation	20.00

**Event 10 Girls 100 Meter Hurdles Junior Varsity Prelims****Wednesday 5/14/2014 - 4:30 PM****Meet: 16.30 2007 Hannah Goranson**

Name	Yr	School	Seed Time
1 Kohli, Anisha	10	St. Ignatius	17.19
2 Shak, Nicole	09	Valley Chris	17.70
3 Leong, Kirsten	10	St. Francis	17.94
4 Tynan, Katelyn	10	St. Ignatius	18.01
5 Augustin, Andrea	11	St. Francis	18.14
6 Bruckner, Rebekah	11	Valley Chris	18.42
7 Walsh, Erin	09	St. Francis	18.70
8 Jo, Somini	09	Archbishop M	18.78
9 Johnson, Adrienne	10	St. Ignatius	18.80
10 Cueto, Lauren	09	St. Ignatius	18.86
11 Gutierrez, Andrea	09	St. Francis	19.28
12 Lee, Hannah	10	Valley Chris	19.35
13 Nague, Kayla	10	St. Ignatius	19.70
14 Lukas, Ashley	10	St. Francis	19.74
15 Hood, Morgan	10	Sacred Heart	20.05
16 Patel, Serena	10	Presentation	20.75
17 Daly, Victoria	10	Sacred Heart	20.80
18 Munoz, Stephanie	11	Presentation	21.04
19 Acuna, Jesella	10	Presentation	21.19
20 Doell, Phoebe	09	Notre Dame (	21.88
21 Burton, Elizabeth	09	Notre Dame (	21.93
22 Steele, Kelly	10	Presentation	22.90

**Event 13 Girls 400 Meter Dash Varsity Prelims****Wednesday 5/14/2014 - 4:40 PM****Meet: 56.20 2008 Kristen Houp****CCS: 52.83 1984 Leslie Maxie****State: 50.74 2000 Monique Henderson****National: 50.74 2000 Monique Henderson****CCS Qual: 58.40**

Name	Yr	School	Seed Time
1 Drucker, Natalie	10	St. Francis	1:00.04
2 Tramontozzi, Claire	12	St. Ignatius	1:01.14
3 Smith, Fiona	12	St. Ignatius	1:01.16
4 Urrabazo-Torres, Katalina	11	St. Francis	1:01.79
5 Arquero, Claudia	12	Notre Dame (	1:02.46
6 Sola, Christine	11	Archbishop M	1:02.59
7 Mantovani, Chiara	11	Presentation	1:03.00
8 Jaeb, Megan	10	Presentation	1:06.10
9 Say, Hannah	12	Notre Dame (	1:06.80
10 Carlyle, Marissa	12	Valley Chris	1:07.96
11 Sanchez, Victoria	11	Presentation	1:10.00

**Event 14 Girls 400 Meter Dash Junior Varsity Prelims****Wednesday 5/14/2014 - 4:50 PM****Meet: 1:01.53 2010 Nicole Fairley**

Name	Yr	School	Seed Time
1 Lazaruk, Alison	10	St. Francis	1:01.58
2 Gonzalez, isabel	10	Sacred Heart	1:04.12
3 Doyle, Caitlin	10	Notre Dame (	1:04.68
4 Jimenez, Erin	10	Archbishop M	1:05.00

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**Event 14 ... (Girls 400 Meter Dash Junior Varsity Prelims)**

Name	Yr	School	Seed Time
5 Harrison, Sophie	09	St. Ignatius	1:05.22
6 Bigelow, Gretchen	09	Presentation	1:06.10
7 Castro, Marisol	09	Sacred Heart	1:06.63
8 Marquez, Analiese	10	St. Ignatius	1:06.70
9 Andriatta, Gina	09	Notre Dame (	1:06.74
10 Cox, Emily	09	St. Ignatius	1:07.00
11 Erickson, Michelle	10	Archbishop M	1:07.48
12 Bhargava, Meera	09	St. Francis	1:07.85
13 Wang, Julie	10	Presentation	1:08.09
14 Vera, Michelle	11	Archbishop M	1:08.28
15 Van Muckey, Lydia	10	Valley Chris	1:09.53
16 Botkin, Julia	09	Presentation	1:09.60
17 Miyoshi, Shannon	11	Sacred Heart	1:10.39
18 Hui, Trisha	11	Valley Chris	1:10.73
19 Landphere, Maria	09	St. Francis	1:10.83
20 Mai, Allison	11	Valley Chris	1:11.36
21 Ngu, Candice	10	St. Francis	1:12.53
22 Sharma, Swati	10	St. Francis	1:12.58
23 Martinez, Aileen	11	Valley Chris	1:13.00
24 Yan, Mallory	11	Sacred Heart	1:15.00
25 Theaker, Maggie	09	Valley Chris	1:15.66

**Event 17 Girls 100 Meter Dash Varsity Prelims****Wednesday 5/14/2014 - 5:00 PM**

**Meet: 11.62 2005 Khrystal Carter**  
**CCS: 11.24 2006 Jeneba Tarmoh**  
**State: 11.14 1992 Marion Jones**  
**National: 11.14 1992 Marion Jones**  
**CCS Qual: 12.62**

Name	Yr	School	Seed Time
1 Smallwood, Shelby	12	Valley Chris	12.50
2 Fitzpatrick, Emma	11	St. Francis	12.56
3 Fenton, Skylar	12	St. Ignatius	12.56
4 Whiting, Raquel	10	St. Ignatius	12.56
5 Paxton, Te'Mesha	09	Archbishop M	12.58
6 Cheeks, Brianna	11	St. Francis	12.68
7 Sanfilippo, Gabriela	11	Presentation	12.80
8 Johnson, Taylor	10	Valley Chris	12.88
9 Travis, Tiana	10	Archbishop M	12.89
10 Bugtong, Karla	12	St. Ignatius	12.94
11 Tan, Mikayla	12	Archbishop M	13.08
12 Cutler, Angela	10	St. Francis	13.34
13 Padalkar, Sonjali	10	Valley Chris	13.36
14 Thompson, Kristen	11	Notre Dame (	13.49
15 Reese, Melissa	11	Valley Chris	13.61
16 Cusi, Jona	11	Sacred Heart	13.74
17 Ma, Elaine	11	Valley Chris	13.83
18 Kadah, Senna	10	Presentation	14.00
19 Halton, Hannah	11	Notre Dame (	14.21

**Event 18 Girls 100 Meter Dash Junior Varsity Prelims****Wednesday 5/14/2014 - 5:10 PM****Meet: 12.89 2003 Krystal Yee**

Name	Yr	School	Seed Time
1 Javangula, Pranavi	09	Archbishop M	13.42
2 Sirianni, Maddy	10	St. Ignatius	13.43
3 Pestana, Fiona	09	Archbishop M	13.46
4 Jo, Somin	09	Archbishop M	13.56
5 Mayfield, Daija	10	Sacred Heart	13.58
6 Celestin, Mary	09	Archbishop M	13.62
7 Clark, Sydney	10	Valley Chris	13.64
8 Johnson, Tiffani	09	Valley Chris	13.66
9 Attard, Siena	10	Sacred Heart	13.66
10 Ling, Angela	11	St. Francis	13.67
11 Williams, Brandi	10	Sacred Heart	13.69
12 McConnell, Emily	10	St. Francis	13.77
13 Menne, Mallory	09	Presentation	13.80
14 Kohli, Anisha	10	St. Ignatius	13.89
15 O'Toole, Erin	10	Sacred Heart	13.95
16 Cong, Allison	09	Valley Chris	13.99
17 Nguyen, Katelyn	09	Presentation	14.00
18 Whilbraham, Whitney	09	St. Francis	14.02
19 Link, Sophia	09	St. Francis	14.06
20 Doering, Catherine	09	St. Francis	14.09
21 Paul, Marie	10	St. Ignatius	14.12
22 Avila, Gabrielle	09	Presentation	14.30
23 Vincenzi, Adriana	10	Sacred Heart	14.36
24 Le, Katrina	09	Valley Chris	14.59
25 Wicks, Taylor	10	Notre Dame (	14.89
26 Chack, Elena	09	Presentation	14.90
27 Murphy, Katelyn	09	Presentation	15.04
28 Campoy, Jessica	09	Presentation	15.20
29 Chen, Simin	09	Notre Dame (	15.39
30 Yu, Crystal	09	Notre Dame (	17.26

**Event 21 Girls 800 Meter Run Varsity Prelims****Wednesday 5/14/2014 - 5:20 PM**

**Meet: 2:08.97 2005 Christine Whalen**  
**CCS: 2:04.37 1977 Ann Reagan**  
**State: 2:04.91 1984 Trena Hull**  
**National: 2:02.90 2008 Chanelle Price**  
**CCS Qual: 2:18.47**

Name	Yr	School	Seed Time
1 Wood, Hannah	12	Presentation	2:17.00
2 Lara, Ashley	11	Valley Chris	2:19.97
3 Spence, Katie	12	St. Ignatius	2:20.80
4 Bounds, Julia	09	St. Francis	2:21.72
5 Bilter, Brianna	09	St. Ignatius	2:23.10
6 Smith, Erin	12	St. Ignatius	2:24.69
7 Skahill, Emily	09	St. Francis	2:25.50
8 Sweeney, Kelly	12	Archbishop M	2:28.85
9 Kim, Gia	10	St. Francis	2:29.05
10 Asbun, Nicole	11	Archbishop M	2:29.72
11 Cech, Lauren	12	Archbishop M	2:29.80
12 Jacobo, Olivia	12	Sacred Heart	2:30.42

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**Event 21 ... (Girls 800 Meter Run Varsity Prelims)**

Name	Yr	School	Seed Time
13 Campbell, Lyndsey	09	St. Francis	2:32.62
14 Weiner, Haley	12	Archbishop M	2:36.10
15 Rowles, Premila	10	Archbishop M	2:36.39
16 Mac, Karen	12	Valley Chris	2:37.55
17 McDonell, Megan	11	Notre Dame (	2:38.98
18 Wong, Blossom	11	Sacred Heart	2:40.76
19 Buscher, Sophia	12	St. Ignatius	2:40.87
20 Osborne, Ashley	10	Presentation	2:41.00
21 Gill, Kristin	11	Presentation	2:41.00
22 Jay, Emily	12	Sacred Heart	2:41.00
23 Vlahos, Andrea	12	St. Ignatius	2:42.44
24 McGlinchey, Riley	10	Notre Dame (	2:43.00
25 Moura, Julianna	12	Presentation	2:45.00
26 Kemp, Emilie	12	St. Francis	2:45.11
27 Listana, Precious	11	Sacred Heart	2:51.00

**Event 22 Girls 800 Meter Run Junior Varsity Prelims****Wednesday 5/14/2014 - 5:30 PM****Meet: 2:27.07 2013****Gia Kim**

Name	Yr	School	Seed Time
1 Hoefler, Sophie	09	Archbishop M	2:29.57
2 Janiczek, Emilia	09	St. Ignatius	2:31.40
3 Weiner, Erin	10	Archbishop M	2:32.13
4 Campbell, Lyndsey	09	St. Francis	2:32.62
5 Scott, Carolyn	09	Sacred Heart	2:33.39
6 Kim, Hannah	11	St. Francis	2:34.34
7 Hinz, Cecelia	10	St. Francis	2:37.21
8 Horta, Calista	11	Archbishop M	2:39.45
9 Wang, Leia	10	Valley Chris	2:40.81
10 Li, Kiko	09	Valley Chris	2:41.37
11 Vokt, Kayla	09	Archbishop M	2:42.58
12 Favre, Nicole	10	Valley Chris	2:43.19
13 Larson, Catriana	09	Sacred Heart	2:44.33
14 De Pierola, Francesca	09	Archbishop M	2:44.75
15 Jayme, Aleah	09	St. Ignatius	2:45.05
16 Caracciolo, Laura	11	St. Ignatius	2:45.18
17 Alberts, Barbara	11	St. Ignatius	2:45.99
18 Watson, Erin	11	St. Francis	2:47.64
19 Fotinos, Alexa	11	St. Ignatius	2:48.43
20 Vaca, Cristina	10	Presentation	2:49.00
21 Fernandez, Carolina	10	Notre Dame (	2:56.00
22 Wong, Kai	10	Sacred Heart	2:57.38
23 Cadena, Desiree	09	Presentation	3:00.00
24 Bridon, Sophia	09	Sacred Heart	3:01.16
25 Ferguson, Lauren	10	Presentation	3:03.00
26 Cardona, Grace	09	Valley Chris	3:05.06
27 England, Madeline	09	Notre Dame (	3:07.00
28 Marquez, Ashley	10	Presentation	3:10.00
29 Sabillon, Sara	10	Sacred Heart	3:15.94
30 Zhu, Annie	10	Notre Dame (	3:23.00
31 Luo, Jennifer	10	Notre Dame (	3:32.00

**Event 25 Girls 300 Meter Hurdles Varsity Prelims****Wednesday 5/14/2014 - 5:40 PM****Meet: 45.40 2010** **Brittney Wright****CCS: 40.18 1984** **Leslie Maxie****State: 39.98 2001** **Lashinda Demus****National: 39.98 2001** **Lashinda Demus****CCS Qual: 47.19**

Name	Yr	School	Seed Time
1 Adams, Jenna	10	St. Francis	47.95
2 Chizanskos, Julia	10	Archbishop M	48.26
3 Sum, Lydia	11	Valley Chris	49.46
4 Judas, Liesel	11	Archbishop M	49.74
5 Berring, Jessi	10	Notre Dame (	49.98
6 Jaeb, Megan	10	Presentation	51.10
7 Micallef, Carlisle	12	Archbishop M	53.39
8 Casey, Emily	12	Notre Dame (	54.59
9 Wigant, Kirsten	10	Presentation	55.07
10 Zadel, Hayley	10	Archbishop M	55.23
11 Fellenz, Janelle	11	Archbishop M	55.31
12 Holzman, Laurasia	12	Notre Dame (	56.07
13 Menzel, Lizzie	12	Notre Dame (	58.51

**Event 26 Girls 300 Meter Hurdles Junior Varsity Prelims****Wednesday 5/14/2014 - 5:50 PM****Meet: 49.02 2013****Siddhartha Kreaden**

Name	Yr	School	Seed Time
1 Rowland, Caitlyn	09	Valley Chris	51.20
2 Casey, Clare	10	St. Ignatius	51.30
3 Shak, Nicole	09	Valley Chris	51.75
4 Daly, Victoria	10	Sacred Heart	51.92
5 Walsh, Erin	09	St. Francis	52.21
6 Bruckner, Rebekah	11	Valley Chris	52.59
7 Gutierrez, Andrea	09	St. Francis	53.27
8 Leong, Kirsten	10	St. Francis	53.46
9 Cueto, Lauren	09	St. Ignatius	53.69
10 Augustin, Andrea	11	St. Francis	53.74
11 Crowley, Meg	10	St. Ignatius	54.63
12 Patel, Serena	10	Presentation	54.90
13 Barbero, JoAnna	09	St. Ignatius	55.00
14 Lukas, Ashley	10	St. Francis	55.15
15 Wong, Gillian	10	St. Ignatius	55.89
16 Hood, Morgan	10	Sacred Heart	56.32
17 Burton, Elizabeth	09	Notre Dame (	56.65
18 Acuna, Jesella	10	Presentation	59.21
19 Doell, Phoebe	09	Notre Dame (	59.83
20 Steele, Kelly	10	Presentation	1:06.41

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**Event 29 Girls 200 Meter Dash Varsity Prelims****Wednesday 5/14/2014 - 6:05 PM**

**Meet: 23.97 2005 Khrystal Carter**  
**CCS: 23.14 2006 Jeneba Tarmoh**  
**State: 22.52 2003 Allyson Felix**  
**National: 22.52 2003 Allyson Felix**  
**CCS Qual: 25.70**

Name	Yr	School	Seed Time
1 Fenton, Skylar	12	St. Ignatius	25.60
2 Paxton, Te'Mesha	09	Archbishop M	25.68
3 Whiting, Raquel	10	St. Ignatius	25.94
4 Smallwood, Shelby	12	Valley Chris	26.22
5 Johnson, Taylor	10	Valley Chris	26.42
6 Cheeks, Brianna	11	St. Francis	26.44
7 Travis, Tiana	10	Archbishop M	26.55
8 Cutler, Angela	10	St. Francis	26.58
9 Sanfilippo, Gabriela	11	Presentation	26.80
10 Fitzpatrick, Emma	11	St. Francis	27.28
11 Tan, Mikayla	12	Archbishop M	27.32
12 Drucker, Natalie	10	St. Francis	27.35
13 Opsasnick, Annika	09	St. Francis	27.68
14 Reese, Melissa	11	Valley Chris	28.05
15 Padalkar, Sonjali	10	Valley Chris	28.51
16 Cusi, Jona	11	Sacred Heart	29.09
17 Halton, Hannah	11	Notre Dame (	29.67
18 Sanchez, Victoria	11	Presentation	31.70

**Event 30 Girls 200 Meter Dash Junior Varsity Prelims****Wednesday 5/14/2014 - 6:15 PM****Meet: 26.75 2010 Cecily Agu**

Name	Yr	School	Seed Time
1 McNab, Cam	09	Notre Dame (	27.22
2 Sirianni, Maddy	10	St. Ignatius	27.30
3 Mayfield, Daija	10	Sacred Heart	27.97
4 Amarandos, Nina	10	Notre Dame (	28.24
5 Ling, Angela	11	St. Francis	28.38
6 Pestana, Fiona	09	Archbishop M	28.47
7 Wang, Julie	10	Presentation	28.49
8 Paul, Marie	10	St. Ignatius	28.62
9 Marquez, Analiese	10	St. Ignatius	28.64
10 Javangula, Pranavi	09	Archbishop M	28.72
11 Celestin, Mary	09	Archbishop M	28.78
12 McConnell, Emily	10	St. Francis	28.93
13 Cox, Emily	09	St. Ignatius	29.00
14 Castro, Marisol	09	Sacred Heart	29.09
15 Barry, Jessica	09	St. Ignatius	29.12
16 Li, Kiko	09	Valley Chris	29.16
17 Andriatta, Gina	09	Notre Dame (	29.18
18 Menne, Mallory	09	Presentation	29.20
19 Bhargava, Meera	09	St. Francis	29.57
20 Vincenzi, Adriana	10	Sacred Heart	29.64
21 Williams, Brandi	10	Sacred Heart	29.65
22 Wicks, Taylor	10	Notre Dame (	29.86
23 Link, Sophia	09	St. Francis	29.98
24 Lazaruk, Alison	10	St. Francis	30.20

25 Bui, Adelyn	09	Valley Chris	30.34
26 Van Muckey, Lydia	10	Valley Chris	30.48
27 Chen, Simin	09	Notre Dame (	30.80
28 Hui, Trisha	11	Valley Chris	30.83
29 Acosta, Cienna	10	Sacred Heart	30.95
30 Avila, Gabrielle	09	Presentation	31.00
31 Le, Katrina	09	Valley Chris	31.07
32 Botkin, Julia	09	Presentation	31.70
33 Murphy, Katelyn	09	Presentation	32.20

**Event 43 Girls Shot Put Varsity Prelims****Wednesday 5/14/2014 - 4:00 PM**

**Meet: 42-11 2012 Tyhana Cooper**  
**CCS: 50-07.25 2005 Julie Dufresne**  
**State: 53-07.75 1983 Natale Kaaiawahia**  
**National: 54-10.75 2003 Michelle Carter**  
**CCS Qual: 36-11.50**

Name	Yr	School	Seed Mark
1 Bruckner, Elena	10	Valley Chris	46-01.00
2 Stone, Ronna	11	Valley Chris	41-05.00
3 Waters, Paige	11	St. Ignatius	33-10.00
4 Chen, Lindsey	11	St. Ignatius	31-10.00
5 Peralta, Elaine	10	Sacred Heart	31-06.00
6 Dickerson, Megan	12	St. Ignatius	31-02.00
7 Tsiplakos, Tasia	11	Notre Dame (	31-01.00
8 Monarrez, Ailyn	10	Archbishop M	31-00.00
9 Jackson, Cappi	11	Notre Dame (	30-06.00
10 Woods, Jocelyn	10	Archbishop M	29-00.00
11 Gowans, Norma	11	Archbishop M	29-00.00
12 Kapoor, Sonia	12	Presentation	28-11.00
13 Leone, Savanna	11	Presentation	28-02.00
14 D' Costa, Samantha	10	St. Francis	27-08.00
15 Pedro, Alyssa	12	Archbishop M	27-05.00
16 Comin, Isabella	12	St. Francis	26-03.25
17 Descalso, Mary	11	St. Francis	26-00.00
18 Mann, Sienna	12	Presentation	25-01.00
19 Douglas, Brielle	11	Presentation	24-10.00
20 Going, Katie	11	Presentation	24-05.00

**Event 44 Girls Shot Put Junior Varsity Prelims****Wednesday 5/14/2014 - 6:00 PM****Meet: 36-02 2012 Ronna Stone**

Name	Yr	School	Seed Mark
1 Foti, Jackie	10	Sacred Heart	29-08.50
2 Messer, Anna	10	Archbishop M	27-00.00
3 Sellars, Emily	10	Sacred Heart	26-07.50
4 rice, victoria	10	Archbishop M	26-00.00
5 Andreatta, Mari	11	Notre Dame (	25-08.50
6 Clark, Sabrina	11	St. Francis	25-03.00
7 Koen, Nadine	10	St. Francis	24-10.00
8 Smith, Shelby	09	St. Francis	24-08.75
9 Nguyen, Kim	11	Presentation	24-01.00
10 Armstrong, Ariel	11	Sacred Heart	24-00.00
11 Anderson, Katie	09	St. Francis	23-11.00
12 Lewis, Jenna	10	Sacred Heart	23-10.00
13 Canales, Alexa	10	Archbishop M	23-09.00

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Name	Yr	School	Seed	Mark
14 Storum, Linnea	09	St. Francis	23	04.25
15 Curameng, Kayla	09	St. Ignatius	23	03.00
16 Torres, Taylor	09	St. Ignatius	20	06.00
17 alvarez, candy	09	Archbishop M	20	00.00
18 Gonzalez, Christina	11	Presentation	19	09.00
19 Willis, Arianna	11	Presentation	19	09.00
20 Castillo, Vanessa	10	Presentation	18	08.00

**Event 47 Girls Discus Throw Varsity Prelims****Wednesday 5/14/2014 - 6:00 PM**

Meet:	132-09	2006	Sela Painsi
CCS:	165-10	1996	Darlene Tulua
State:	188-04	1994	Suzu Powell
National:	190-03	2009	Ana Jelmini
CCS Qual:	109-00		

Name	Yr	School	Seed	Mark
1 Stone, Ronna	11	Valley Chris	130	06
2 Bruckner, Elena	10	Valley Chris	124	00
3 Dickerson, Megan	12	St. Ignatius	113	09
4 Gowans, Norma	11	Archbishop M	103	01
5 Waters, Paige	11	St. Ignatius	101	02
6 Monarrez, Ailyn	10	Archbishop M	100	00
7 Chizankos, Jessica	12	Archbishop M	100	00
8 Kapoor, Sonia	12	Presentation	98	11
9 D' Costa, Samantha	10	St. Francis	98	09
10 Descalso, Mary	11	St. Francis	97	06
11 Douglas, Brielle	11	Presentation	94	06
12 Clifford, Lauren	12	St. Ignatius	91	02
13 Pedro, Alyssa	12	Archbishop M	90	00
14 Peralta, Elaine	10	Sacred Heart	87	05
15 Chen, Lindsey	11	St. Ignatius	84	02.50
16 Canales, Rosario	12	Archbishop M	82	04
17 Comin, Isabella	12	St. Francis	80	08.25
18 Leone, Savanna	11	Presentation	78	07
19 Going, Katie	11	Presentation	68	07
20 Tsiplakos, Tasia	11	Notre Dame (	68	00
21 Jackson, Cappi	11	Notre Dame (	62	10
22 Mann, Sienna	12	Presentation	62	08

**Event 48 Girls Discus Throw Junior Varsity Prelims****Wednesday 5/14/2014 - 4:00 PM**

Meet:	117-05	2003	Christina Kidd
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Name	Yr	School	Seed	Mark
1 rice, victoria	10	Archbishop M	90	00
2 Barrios-Crockett, Molly	10	St. Ignatius	83	07
3 Foti, Jackie	10	Sacred Heart	83	03
4 Sellars, Emily	10	Sacred Heart	82	07
5 Messer, Anna	10	Archbishop M	78	00
6 Smith, Shelby	09	St. Francis	73	01
7 Andreatta, Mari	11	Notre Dame (	72	04
8 Anderson, Katie	09	St. Francis	71	00.50
9 Canales, Alexa	10	Archbishop M	70	01
10 Armstrong, Ariel	11	Sacred Heart	70	01
11 Clark, Sabrina	11	St. Francis	70	00

12 Koen, Nadine	10	St. Francis	69	07
13 Curameng, Kayla	09	St. Ignatius	68	06
14 Lewis, Jenna	10	Sacred Heart	68	02
15 Li, Athena	09	St. Francis	66	03.50
16 Willis, Arianna	11	Presentation	65	01
17 Torres, Taylor	09	St. Ignatius	64	07
18 Nguyen, Kim	11	Presentation	63	08
19 Gonzalez, Christina	11	Presentation	61	02
20 alvarez, candy	09	Archbishop M	61	00
21 Castillo, Vanessa	10	Presentation	40	10

**Event 51 Girls Long Jump Varsity Prelims****Wednesday 5/14/2014 - 4:00 PM**

Meet:	18-01.25	2005	Danielle Robinson
CCS:	20-09.75	1984	Wendy Brown
State:	22-00.50	1993	Marion Jones
National:	22-01.75	1976	Kathy McMillan

**CCS Qual: 16-10.25**

Name	Yr	School	Seed	Mark
1 Janachowski, Candy	12	St. Ignatius	18	03.50
2 Johnson, Taylor	10	Valley Chris	17	07.00
3 Love, Marquel	12	Archbishop M	17	03.00
4 Ma, Elaine	11	Valley Chris	16	11.75
5 Jaques, Taylore	12	Presentation	16	11.00
6 Opsasnick, Annika	09	St. Francis	16	05.50
7 Tom, Kiana	10	St. Francis	16	00.00
8 Fellenz, Janelle	11	Archbishop M	15	11.00
9 Chan, Josie	11	St. Ignatius	15	10.00
10 Fitzpatrick, Emma	11	St. Francis	15	06.75
11 Tan, Megan	09	Archbishop M	15	06.00
12 Wong, Blossom	11	Sacred Heart	15	04.50
13 Mejia-Prieto, Juli	12	Notre Dame (	15	04.00
14 Morris, Casey	11	Presentation	15	00.00
15 Davys, Imani	11	Archbishop M	14	11.00
16 Cutler, Angela	10	St. Francis	14	06.00
17 Kanu, Mabinty	12	Archbishop M	14	04.00
18 Cusi, Jona	11	Sacred Heart	13	05.75

**Event 52 Girls Long Jump Junior Varsity Prelims****Wednesday 5/14/2014 - 6:00 PM**

Meet:	16-00	2010	Therese Santos
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Name	Yr	School	Seed	Mark
1 Harrison, Sophie	09	St. Ignatius	17	02.00
2 Richardson, Shayla	11	St. Ignatius	15	11.50
3 Lee, Kaela	09	St. Ignatius	15	11.00
4 Attard, Siena	10	Sacred Heart	15	05.25
5 Cong, Allison	09	Valley Chris	15	00.00
6 McConnell, Emily	10	St. Francis	14	10.50
7 Clark, Sydney	10	Valley Chris	14	10.50
8 Wang, Julie	10	Presentation	14	09.00
9 Li, Katheryn	09	Valley Chris	14	07.00
10 Acosta, Cienna	10	Sacred Heart	14	06.00
11 Andriatta, Gina	09	Notre Dame (	14	06.00
12 Jimenez, Erin	10	Archbishop M	14	03.00
13 Penner, Gabrielle	09	Notre Dame (	14	02.00
14 O'Toole, Erin	10	Sacred Heart	14	02.00

**2014 WCAL Track & Field Championships**  
**St. Francis High School - 5/13/2014 to 5/16/2014**  
**Performance List - Girls Trials**

**Event 52 ... (Girls Long Jump Junior Varsity Prelims)**

Name	Yr	School	Seed Mark
15 Johnson, Tiffani	09	Valley Chris	14-01.00
16 Wright, Madeline	09	St. Francis	13-09.75
17 Nguyen, Kristi	09	St. Francis	13-09.00
18 Parsons, Sophie	10	St. Francis	13-07.00
19 Rubio, Livia	10	St. Francis	13-04.25
20 Baillie, Ashley	09	Notre Dame (	13-04.00
21 Velasco, Miranda	11	Presentation	13-02.00
22 Hodges, Brittany	10	Presentation	13-02.00
23 Bebla, Elona	12	Presentation	12-11.00
24 Hurst, Marianne	09	Notre Dame (	12-10.00
25 DeiRossi, Felicity	09	Archbishop M	12-06.00
26 Nguyen, Kim	11	Presentation	12-04.00
27 Ang, Serena	09	Valley Chris	11-01.50

**Event 55 Girls Triple Jump Varsity Prelims****Wednesday 5/14/2014 - 6:00 PM**

Meet: **38-09.25 2005** Caitlin Shields  
 CCS: **40-02.50 1984** Wendy Brown  
 State: **44-00.50 1991** Juliana Yendork  
 National: **44-02.25 2001** Ychindria Spears  
 CCS Qual: **35-02**

Name	Yr	School	Seed Mark
1 Janachowski, Candy	12	St. Ignatius	37-01.50
2 Chizanskos, Julia	10	Archbishop M	36-09.00
3 Love, Marquel	12	Archbishop M	36-04.00
4 Chan, Josie	11	St. Ignatius	34-10.50
5 Morris, Casey	11	Presentation	32-10.00
6 Opsasnick, Annika	09	St. Francis	32-10.00
7 Denny, Candice	09	Archbishop M	32-08.00
8 Fellenz, Janelle	11	Archbishop M	32-07.00
9 Wilhelm, Rachel	11	St. Francis	30-09.50
10 Sola, Christine	11	Archbishop M	30-08.00
11 Weiss, Mariana	11	St. Ignatius	30-02.00
12 Holzman, Laurasia	12	Notre Dame (	29-04.00

**Event 56 Girls Triple Jump Junior Varsity Prelims****Wednesday 5/14/2014 - 4:00 PM**Meet: **34-01 2012** Lydia Sum

Name	Yr	School	Seed Mark
1 Kohli, Anisha	10	St. Ignatius	32-04.00
2 Jimenez, Erin	10	Archbishop M	31-06.00
3 Pestana, Fiona	09	Archbishop M	30-04.00
4 Miyoshi, Shannon	11	Sacred Heart	30-00.25
5 Clark, Sydney	10	Valley Chris	29-11.25
6 Rubio, Livia	10	St. Francis	29-06.00
7 Knox, Isabel	11	St. Francis	29-01.00
8 Wu, Alyssa	10	St. Ignatius	28-09.00
9 Nguyen, Kristi	09	St. Francis	28-08.00
10 Velasco, Miranda	11	Presentation	28-02.00
11 Li, Katheryn	09	Valley Chris	28-01.50
12 Parsons, Sophie	10	St. Francis	27-10.00

**Event 60 Girls High Jump Junior Varsity****Wednesday 5/14/2014 - 4:00 PM**Meet: **5-00 2003** Christine Szelong

Name	Yr	School	Seed Mark
1 Buscher, Sarah	10	St. Ignatius	4-08.00
2 Hinz, Cecelia	10	St. Francis	4-08.00
3 Penner, Gabrielle	09	Notre Dame (	4-08.00
4 Barry, Jessica	09	St. Ignatius	4-06.00
5 Scott, Carolyn	09	Sacred Heart	4-06.00
6 Tynan, Katelyn	10	St. Ignatius	4-06.00
7 Barbero, JoAnna	09	St. Ignatius	4-04.00
8 Hodges, Brittany	10	Presentation	4-04.00
9 Eisele, Dini	10	St. Ignatius	4-04.00
10 Koen, Nadine	10	St. Francis	4-02.00
11 Li, Athena	09	St. Francis	4-02.00
12 Nazarov, Alexandra	09	Archbishop M	4-02.00
13 Goldman, Austen	11	Archbishop M	4-02.00
14 Lacomble, Claire	09	St. Francis	4-02.00
15 Bebla, Elona	12	Presentation	4-00.00
16 Mai, Allison	11	Valley Chris	4-00.00
17 Muscha, Sami	11	Presentation	3-10.00

**Event 64 Girls Pole Vault Junior Varsity****Wednesday 5/14/2014 - 4:00 PM**Meet: **9-03 2012** Catherine Welsh

Name	Yr	School	Seed Mark
1 Johnson, Adrienne	10	St. Ignatius	9-00.00
2 Augustin, Andrea	11	St. Francis	8-00.00
3 Doering, Catherine	09	St. Francis	8-00.00
4 Lee, Kaela	09	St. Ignatius	8-00.00
5 Barrios-Crockett, Molly	10	St. Ignatius	8-00.00
6 Radusewicz, Renee	09	Archbishop M	8-00.00
7 Avila, Gabrielle	09	Presentation	7-06.00
8 Silva, Danielle	10	St. Ignatius	7-04.00
9 Conlu, Dom	10	St. Ignatius	7-04.00
10 Nagendran, Shanaya	09	Presentation	7-00.00
11 Schnoor, Carly	09	Presentation	6-06.00