

**2013 WCAL Track & Field Championships**  
**St. Francis High School - 5/7/2013 to 5/10/2013**  
**Performance List - Boys Trials**

**Event 8 Boys 1600 Meter Run Frosh Soph**

**Wednesday 5/8/2013 - 4:00 PM**

**Meet: 4:30.90 1975 Stan Ross**

Name	Yr	School	Seed Time
1 Osipow, Ben	10	St. Ignatius	4:37.22
2 Lehr, Kevin	09	St. Ignatius	4:38.33
3 Rouhani, Gabe	10	Archbishop R	4:43.00
4 Kumar, Dhruv	10	St. Francis	4:46.00
5 Chan, Jonathan	10	Sacred Heart	4:46.23
6 Burd, Ryan	10	Bellarmino C	4:47.79
7 Shaw, Bennet	09	Bellarmino C	4:48.23
8 Menees, Ryan	10	Bellarmino C	4:50.07
9 Remaker, Matthew	10	Archbishop M	4:51.00
10 Hase, Michael	10	Bellarmino C	4:52.18
11 Li, Jason	10	Valley Chris	4:52.59
12 Shiu, Derek	09	Bellarmino C	4:53.00
13 Ward, Alex	09	St. Francis	4:53.00
14 Lyons, Pdraig	10	St. Ignatius	4:54.18
15 Garcia, Jonathan	09	Junipero Ser	4:54.30
16 Doyle, Connor	10	St. Francis	4:55.00
17 Kish, Matthew	09	Archbishop M	4:55.00
18 Fan, Jordan	10	Sacred Heart	4:55.19
19 Hacker, Krey	09	St. Ignatius	4:56.56
20 Peterson, Stephen	10	Sacred Heart	4:56.71
21 Barton, Andrew	10	Junipero Ser	4:57.80
22 Siu, Justin	09	Archbishop M	5:00.01
23 Montalvo, Lucas	10	Junipero Ser	5:01.00
24 Gopakumar, manu	09	St. Francis	5:02.00
25 Kemp, Owen	09	St. Francis	5:03.00
26 Dong, Jeremy	09	Valley Chris	5:04.00
27 Koeswic, Brain	09	Archbishop R	5:05.00

28 Kang, Harmen	09	Archbishop M	5:07.00
29 Sandoval, Pedro	10	St. Ignatius	5:09.33
30 Ladine, Clayton	09	Archbishop R	5:11.00
31 Thorne, Maxwell	10	Sacred Heart	5:11.07
32 Meimban, Tycho	09	Archbishop R	5:12.00
33 Hoffelt, Henry	09	Sacred Heart	5:14.13
34 Infantino, Peter	09	Valley Chris	5:15.91
35 Lynch, Nathan	10	Valley Chris	5:19.38
36 Han, Sam	10	Valley Chris	5:20.63
37 Arms, Michael	09	Junipero Ser	5:21.00
38 McDonald, Esteban	09	Archbishop M	5:23.40
39 Penner, Matthew	09	Junipero Ser	5:27.80

**Event 11 Boys 110 Meter Hurdles Varsity Prelims**

**Wednesday 5/8/2013 - 4:20 PM**

**Meet: 14.50 1974 Tom Shellworth**  
**CCS: 13.65 1993 Erik Montgomery**  
**State: 13.39 2004 Kevin Craddock**  
**National: 13.30 1990 Chris Nelloms**  
**CCS Qual: 15.45**

Name	Yr	School	Seed Time
1 Wright, Jalen	12	Bellarmino C	14.40
2 Mitchell, Zachary	12	Junipero Ser	15.12
3 Quinby, Peter	12	Bellarmino C	16.20
4 Pambid, Gary	12	Bellarmino C	16.71
5 Myers, Colby	12	St. Francis	17.61
6 Ruso, Tyler	12	Junipero Ser	17.92
7 Kidd, Dylan	12	Bellarmino C	18.13
8 Kau, Ryan	11	St. Ignatius	18.19
9 Tynan, Jonathan	11	St. Ignatius	18.25
10 Brady, Chad	11	Sacred Heart	18.42
11 Dutra, Gabe	11	Bellarmino C	19.23
12 Brown, Cameron	12	St. Francis	19.69
13 Zhang, Kelvin	11	Sacred Heart	19.87

**2013 WCAL Track & Field Championships**  
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**Performance List - Boys Trials**

**Event 12 Boys 65 Meter Hurdles Frosh Soph Prelims****Wednesday 5/8/2013 - 4:30 PM**

Meet: 9.21 2004

Joe Mirabeau

Name	Yr	School	Seed	Time
1 DeLeon, Andre	10	St. Ignatius	9.45	_____
2 Chow, Chris	10	Bellarmino C	10.01	_____
3 McMurray, Nico	10	Archbishop M	10.05	_____
4 Staub, Ben	10	Valley Chris	10.11	_____
5 Quesada, Sean	10	St. Ignatius	10.15	_____
6 Tucker, Kevin	09	Bellarmino C	10.24	_____
7 Power, David	10	Archbishop M	10.25	_____
8 Hendrickson, Matthew	10	Archbishop M	10.38	_____
9 Gallab, Dan	10	Bellarmino C	10.51	_____
10 Sevilla, Sean	10	Bellarmino C	10.69	_____
11 O'Driscoll, Matt	10	St. Ignatius	10.76	_____
12 James, Leighton	09	Valley Chris	10.78	_____
13 Marani, Matthew	09	Archbishop M	10.79	_____
14 Wadsworth, Sam	09	St. Ignatius	10.80	_____
15 Bebla, Pauldin	09	Bellarmino C	10.88	_____
16 Fizer, Kevin	10	St. Francis	10.90	_____
17 Campbell, Brendon	09	St. Francis	10.98	_____
18 Paolini, Mario	10	St. Ignatius	11.09	_____
19 Winterstein, Eddie	10	Junipero Ser	11.11	_____
20 Romero, Daniel	10	St. Francis	11.12	_____
21 Plummer, Armon	09	Junipero Ser	11.25	_____
22 Tran, Alex	10	Valley Chris	11.30	_____
23 Barber, Nolan	10	St. Francis	11.37	_____
24 Somo, Aaron	09	St. Francis	11.43	_____

**Event 15 Boys 400 Meter Dash Varsity Prelims****Wednesday 5/8/2013 - 4:40 PM**

Meet: 48.35 2003

Angelo Fobbs-Valentino

CCS: 45.25 1993

Calvin Harrison

State: 45.25 1993

Calvin Harrison

National: 45.25 1993

Calvin Harrison

CCS Qual: 50.00

Name	Yr	School	Seed	Time
1 Lampkin, Edward	12	Sacred Heart	48.71	_____
2 Orloff, Kyle	11	Junipero Ser	49.24	_____
3 Makarov, Nikolai	12	Bellarmino C	50.57	_____
4 Bellotti, Dominic	11	Bellarmino C	52.57	_____
5 Smyth, Brendan	12	Bellarmino C	52.69	_____
6 Testa, Jeremiah	09	Junipero Ser	53.13	_____
7 Dalton, David	11	Bellarmino C	53.86	_____
8 Pang, Eric	11	St. Ignatius	54.60	_____
9 Roberts, Ryan	12	St. Francis	54.71	_____
10 Hall, Brett Ikaika	11	St. Ignatius	54.85	_____
11 Chung, Felix	12	Archbishop R	55.00	_____
12 Kutch, Kristopher	11	St. Francis	55.18	_____
13 Calantog, Brandon	11	Bellarmino C	55.25	_____
14 Mulligan, Mark	12	Archbishop R	55.40	_____
15 O'Toole, Rory	11	Sacred Heart	56.22	_____
16 Hashemi, Arshan	12	St. Francis	56.88	_____
17 Tovstyka, Daniel	11	Sacred Heart	58.11	_____
18 Sobouti, Kaelan	11	St. Francis	58.12	_____
19 Los Banos, Marcus	11	St. Francis	58.21	_____
20 Nascimento, Joshua	11	Sacred Heart	58.83	_____

**Event 16 Boys 400 Meter Dash Frosh Soph Prelims****Wednesday 5/8/2013 - 4:55 PM**

Meet: 51.41 2009

Jalen Davidson

Name	Yr	School	Seed	Time
1 Waters, Joe	10	Archbishop R	52.13	_____
2 Jones, Nicolas	10	Junipero Ser	53.61	_____

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**Event 16 ... (Boys 400 Meter Dash Frosh Soph Prelims)**

Name	Yr	School	Seed Time
3 Macauley, Kyle	09	Bellarmino C	53.82
4 Ellington, Tristan	10	Archbishop R	54.20
5 Jones, Akil	09	Valley Chris	54.23
6 Mathews, Kenan	10	Bellarmino C	54.27
7 Jobson, Noah	10	Bellarmino C	54.51
8 Wrappe, Thomas	10	Bellarmino C	54.59
9 De La Rocha, David	10	Archbishop M	54.98
10 Case, Trevor	09	St. Francis	55.12
11 Nettles, Stephon	10	Junipero Ser	55.14
12 Fitzgerald, William	10	St. Ignatius	55.56
13 Martinez, Michael	09	Bellarmino C	55.67
14 Wilson, Jahque	10	Archbishop R	55.70
15 Picazo, Oscar	10	Archbishop R	55.70
16 Qiu, Dario	10	Sacred Heart	56.34
17 Jones, Nethanial	10	Junipero Ser	56.59
18 Yu, Leo	10	Valley Chris	56.91
19 Pramono, Arie	10	Sacred Heart	57.47
20 La Rosa, Alec	09	Junipero Ser	57.77
21 Lee, Kelly	10	Valley Chris	58.10
22 Toliver, Milan	09	Sacred Heart	58.39
23 Constatinidas, Carlos	09	St. Francis	58.80
24 Chang, Austin	09	Valley Chris	59.22
25 Whelan, Dan	09	Junipero Ser	59.54
26 Hovland, Mitchell	10	St. Francis	59.54

**Event 19 Boys 100 Meter Dash Varsity Prelims**

**Wednesday 5/8/2013 - 5:10 PM**

**Meet: 10.70 1961 Steve Firenze**  
**CCS: 10.41 1987 Tony Miller**  
**State: 10.25 1985 Henry Thomas**  
**National: 10.15 1990 Henry Neal**  
**CCS Qual: 11.13**

Name	Yr	School	Seed Time
1 Johnson, Khalid	12	St. Francis	10.71
2 Sanfilippo, Joey	12	Bellarmino C	10.78
3 Chapman, Aaron	12	Bellarmino C	11.04
4 Greene, Kamel	12	St. Francis	11.09
5 Lampkin, Edward	12	Sacred Heart	11.16
6 Njaka, Taylor	12	Bellarmino C	11.17
7 Johnson, Khalil	12	St. Francis	11.19
8 Bush, Grant	11	Bellarmino C	11.29
9 Baty, Landon	11	St. Francis	11.33
10 Dova, Lorenzo	11	St. Francis	11.37
11 Tramontozzi, Vince	11	St. Ignatius	11.37
12 Arco, Angelo	12	Junipero Ser	11.46
13 Marshall, Elijah	11	Bellarmino C	11.51
14 Hong, Alex	11	Sacred Heart	11.79
15 McCarthy, Liam	11	St. Ignatius	11.90
16 Gamboa, Adam	11	Archbishop R	12.00
17 San Buenaventura, Troy	11	Sacred Heart	12.03
18 Longmire, Grant	12	Valley Chris	12.21
19 Wheaton, Michael	11	St. Ignatius	12.24
20 Luong, Tim	12	Valley Chris	12.54
21 Garcia, Nathan	12	Sacred Heart	12.55

**Event 20 Boys 100 Meter Dash Frosh Soph Prelims**

**Wednesday 5/8/2013 - 5:20 PM**

**Meet: 11.13 2010 Khalid Johnson**

Name	Yr	School	Seed Time
1 Becerra, Spencer	09	St. Ignatius	11.19

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**Event 20 ... (Boys 100 Meter Dash Frosh Soph Prelims)**

Name	Yr	School	Seed Time
2 Korpontinos, Matthew	09	St. Francis	11.23
3 Cassady, Cole	10	St. Francis	11.36
4 Silva, James	10	Bellarmino C	11.41
5 Buenventura-Smith, Jacob	10	St. Ignatius	11.48
6 Levine, Charles	09	Archbishop R	11.60
7 Khan, Obaid	10	Archbishop M	11.67
8 Verba-Hamilton, Aiden	09	Archbishop R	11.67
9 Acevado, Adam	10	Archbishop M	11.69
10 McMurray, Nico	10	Archbishop M	11.71
11 Ford, Anthony	10	St. Ignatius	11.79
12 Coh, Patrick	10	Sacred Heart	11.88
13 Wrappe, Thomas	10	Bellarmino C	11.90
14 Douglass, Justin	09	Bellarmino C	11.91
15 Peters, Brandon	10	Valley Chris	11.91
16 Muncada, Joshua	09	Bellarmino C	11.94
17 Nabor, Joseph	10	St. Francis	12.01
18 Blasband, Evan	10	St. Francis	12.01
19 Ewers, Blair	10	Valley Chris	12.09
20 Milan, Matthew	11	Bellarmino C	12.10
21 Walker, Morian	09	Valley Chris	12.11
22 Azurin, Mark	10	Sacred Heart	12.13
23 Gogan, Alex	10	Junipero Ser	12.22
24 tofano, matthew	09	Archbishop M	12.32
25 Aymard, Ryan	10	Sacred Heart	12.36
26 Butler, Kela	09	St. Ignatius	12.50
27 Conlu, Vincent	09	Sacred Heart	12.66
28 Ross, Chris	10	Junipero Ser	12.71
29 Bermudez, Julian	09	Archbishop R	12.80

30 Tejada, Victor	09	Archbishop R	12.80
31 Turner, David	09	Valley Chris	12.90
32 Addison, Isaiah	09	Valley Chris	13.10
33 Besona, Jonathan	10	Junipero Ser	13.14
34 Lucero, Gabriel	09	Junipero Ser	13.28
35 Lee, Matthew	09	Sacred Heart	13.35
36 Hoskins, Kevin	10	Junipero Ser	13.40

**Event 23 Boys 800 Meter Run Varsity Prelims****Wednesday 5/8/2013 - 5:35 PM**

**Meet: 1:53.20 1977 Stan Ross**  
**CCS: 1:50.10 1970 Rick Brown**  
**State: 1:46.45 1996 Michael Granville**  
**National: 1:46.45 1996 Michael Granville**  
**CCS Qual: 1:57.75**

Name	Yr	School	Seed Time
1 McLarnan, Gabriel	11	St. Francis	1:55.70
2 Murphy, Ciaran	12	St. Ignatius	1:56.41
3 Greenlow, Adam	11	Bellarmino C	1:57.54
4 Avila, Ricardo	10	Bellarmino C	1:58.50
5 Avila, Marcus	09	Bellarmino C	1:59.56
6 Berriatua, Joey	12	Junipero Ser	1:59.68
7 Kato, Leland	11	Archbishop R	2:02.30
8 McMillan, Keegan	12	Bellarmino C	2:03.99
9 Fast, Cameron	12	St. Francis	2:04.00
10 Mesfun, Eyobed	12	Valley Chris	2:06.15
11 Obregon, Chris	12	Bellarmino C	2:07.00
12 Gudino, Alex	12	Junipero Ser	2:07.30
13 Powell, Roy	11	Archbishop M	2:07.50
14 Clark, David	11	St. Francis	2:08.00
15 Gopakumar, JK	12	St. Francis	2:08.00
16 Wehr, Charles	12	St. Ignatius	2:08.12
17 Kozuch, Matt	12	Sacred Heart	2:09.62
18 Lower, Jason	11	Junipero Ser	2:10.00

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**Event 23 ... (Boys 800 Meter Run Varsity Prelims)**

Name	Yr	School	Seed Time
19 Flores, Carlos	12	Sacred Heart	2:10.19
20 Cazares, Martin	11	Sacred Heart	2:10.37
21 Ascencio, Alexander	12	Valley Chris	2:10.49
22 Suarez, Antonio	11	Sacred Heart	2:11.70
23 Diguseppe, Raymond	12	St. Francis	2:12.00
24 Alber, Jack	11	Sacred Heart	2:12.03
25 Yancey, Chris	11	Junipero Ser	2:12.20
26 Fernando, Matthew	11	Junipero Ser	2:13.20
27 Livy, Tyler	11	St. Ignatius	2:13.83
28 Barajas-Duran, Javier	12	St. Ignatius	2:13.86
29 Garcia, Inigo	11	Valley Chris	2:20.50
30 Ye, Wilson	10	Valley Chris	2:27.28
31 James, Paul	10	Valley Chris	2:30.28
32 Lew, Justin	11	St. Ignatius	2:40.40

13 McKinnon, Colin	09	Archbishop M	2:12.00
14 Arora, Samir	09	St. Francis	2:12.00
15 Lolabattu, Prajay	10	Bellarmino C	2:12.59
16 Koeswic, Brain	09	Archbishop R	2:13.00
17 Lundy, Matt	10	Valley Chris	2:13.14
18 Sedayao, Kevin	10	Bellarmino C	2:14.46
19 Herrera, Matthew	09	Junipero Ser	2:14.72
20 Rodriguez, Zach	10	St. Francis	2:15.00
21 Stier, Ethan	10	Sacred Heart	2:15.32
22 Raman, Narun	09	St. Francis	2:16.00
23 Stewart, Elijah	10	Sacred Heart	2:16.22
24 Fang, Sean	10	Junipero Ser	2:16.28
25 Min, Michael	09	Valley Chris	2:17.73
26 Ladine, Clayton	09	Archbishop R	2:18.00
27 Barton, Andrew	10	Junipero Ser	2:18.20
28 Meimban, Tycho	09	Archbishop R	2:19.00
29 Chang, Aaron	10	Valley Chris	2:21.16
30 Reidy, Kyle	09	St. Ignatius	2:22.44
31 Furrer, Lucas	09	Junipero Ser	2:22.84
32 Sommer, Morgan	09	St. Ignatius	2:23.50
33 Arms, Michael	09	Junipero Ser	2:24.00
34 DeMoss, Dean	09	Valley Chris	2:26.88
35 Meehan, Blair	10	St. Ignatius	2:28.90
36 Saligumba, Justin	09	Sacred Heart	2:29.09

**Event 24 Boys 800 Meter Run Frosh Soph Prelims**

**Wednesday 5/8/2013 - 5:45 PM**

**Meet: 1:58.90 2010**

**Ciaran Murphy**

Name	Yr	School	Seed Time
1 Osipow, Ben	10	St. Ignatius	2:00.80
2 Lehr, Kevin	09	St. Ignatius	2:03.90
3 Li, Jason	10	Valley Chris	2:05.03
4 Filip-Sanchez, Nico	10	Bellarmino C	2:06.77
5 Schwarz, Austin	09	St. Francis	2:07.00
6 Fan, Jordan	10	Sacred Heart	2:08.33
7 Moysov, Alec	09	Archbishop R	2:09.00
8 Korb, Cameron	10	Archbishop M	2:09.30
9 Mussman, Nick	10	Sacred Heart	2:10.06
10 Rojas, Lupe	10	Bellarmino C	2:10.20
11 Heng, Bryan	10	Bellarmino C	2:10.25
12 Ibarra, Diego	09	St. Francis	2:12.00

**Event 27 Boys 300 Meter Hurdles Varsity Prelims**

**Wednesday 5/8/2013 - 6:00 PM**

**Meet: 38.31 2006**

**Napoleon Greene**

**CCS: 36.26 1996**

**Joe Naivalu**

**State: 35.28 2007**

**Jeshua Anderson**

**National: 35.02 2009**

**Reggie Wyatt**

**CCS Qual: 40.53**

Name	Yr	School	Seed Time
1 Wright, Jalen	12	Bellarmino C	38.26

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**Event 27 ... (Boys 300 Meter Hurdles Varsity Prelims)**

Name	Yr	School	Seed Time
2 Mitchell, Zachary	12	Junipero Ser	38.59
3 Myers, Colby	12	St. Francis	41.51
4 Pambid, Gary	12	Bellarmino C	43.75
5 Kidd, Dylan	12	Bellarmino C	43.82
6 Ruso, Tyler	12	Junipero Ser	44.34
7 Brady, Chad	11	Sacred Heart	45.30
8 Ensor, Ryan	12	Valley Chris	45.84
9 Davison, Evan	11	Sacred Heart	45.99
10 Glenday, Colin	12	St. Francis	46.33
11 Zhang, Kelvin	11	Sacred Heart	47.18
12 Dutra, Gabe	11	Bellarmino C	48.71
13 Lee, Justin	11	Bellarmino C	49.03

**Event 28 Boys 300 Meter Hurdles Frosh Soph Prelims**

**Wednesday 5/8/2013 - 6:10 PM**

Meet: 40.30 1977 Carl Broussard

Name	Yr	School	Seed Time
1 McMurray, Nico	10	Archbishop M	42.70
2 Fizer, Kevin	10	St. Francis	43.66
3 Chow, Chris	10	Bellarmino C	44.10
4 Staub, Ben	10	Valley Chris	44.31
5 Allen, Luke	10	Archbishop M	44.32
6 DeLeon, Andre	10	St. Ignatius	44.70
7 Hendrickson, Matthew	10	Archbishop M	44.90
8 Gallab, Dan	10	Bellarmino C	45.00
9 Marani, Matthew	09	Archbishop M	45.30
10 Tynan, Jonathan	11	St. Ignatius	45.50
11 Power, David	10	Archbishop M	45.69
12 Rioux, Jack	10	St. Ignatius	45.90
13 Plummer, Armon	09	Junipero Ser	46.51
14 Wadsworth, Sam	09	St. Ignatius	46.52

15 Tucker, Kevin	09	Bellarmino C	46.60
16 Obiajulu, VJ	09	Junipero Ser	46.66
17 Campbell, Brendon	09	St. Francis	46.71
18 Nguyen, James	09	Bellarmino C	46.80
19 Sevilla, Sean	10	Bellarmino C	47.00
20 Romero, Daniel	10	St. Francis	47.13
21 Somo, Aaron	09	St. Francis	47.13
22 Winterstein, Eddie	10	Junipero Ser	47.51
23 Kau, Ryan	11	St. Ignatius	47.60
24 Schoepp, Greg	10	St. Ignatius	48.20
25 Tran, Alex	10	Valley Chris	49.61
26 James, Leighton	09	Valley Chris	NT

**Event 31 Boys 200 Meter Dash Varsity Prelims**

**Wednesday 5/8/2013 - 6:25 PM**

Meet:	21.60 1987	Tony Miller
CCS:	20.57 1993	Calvin Harrison
State:	20.73 1984	Henry Thomas
National:	20.13 1985	Rory Martin
CCS Qual:	22.60	

Name	Yr	School	Seed Time
1 Johnson, Khalid	12	St. Francis	21.46
2 Orloff, Kyle	11	Junipero Ser	22.22
3 Sanfilippo, Joey	12	Bellarmino C	22.37
4 Lampkin, Edward	12	Sacred Heart	22.41
5 Makarov, Nikolai	12	Bellarmino C	22.45
6 Hall, Chris	11	Archbishop R	22.60
7 Njaka, Taylor	12	Bellarmino C	22.66
8 Greene, Kamel	12	St. Francis	22.81
9 Dalton, David	11	Bellarmino C	22.84
10 Tramontozzi, Vince	11	St. Ignatius	23.22
11 Bellotti, Dominic	11	Bellarmino C	23.41
12 Greene, Kahshan	12	St. Francis	23.41
13 Dova, Lorenzo	11	St. Francis	23.55

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**Event 31 ... (Boys 200 Meter Dash Varsity Prelims)**

Name	Yr	School	Seed Time
14 Baty, Landon	11	St. Francis	23.89
15 Roberts, Ryan	12	St. Francis	24.12
16 Mulligan, Mark	12	Archbishop R	24.60
17 McCarthy, Liam	11	St. Ignatius	24.80
18 Sobouti, Kaelan	11	St. Francis	25.21
19 O'Toole, Rory	11	Sacred Heart	25.44
20 Garcia, Nathan	12	Sacred Heart	25.59
21 Barrett, Isaiah	11	Sacred Heart	26.49
22 Lim, Jalen	11	Sacred Heart	27.15

**Event 32 Boys 200 Meter Dash Frosh Soph Prelims**

**Wednesday 5/8/2013 - 6:35 PM**

**Meet: 22.50 1977 Gilbert Pacaldo**

Name	Yr	School	Seed Time
1 Korpontinos, Matthew	09	St. Francis	22.88
2 Jones, Akil	09	Valley Chris	23.06
3 Becerra, Spencer	09	St. Ignatius	23.17
4 Buenventura-Smith, Jacob	10	St. Ignatius	23.29
5 Macauley, Kyle	09	Bellarmino C	23.49
6 Waters, Joe	10	Archbishop R	23.70
7 Cassady, Cole	10	St. Francis	23.71
8 Verba-Hamilton, Aiden	09	Archbishop R	23.90
9 Levine, Charles	09	Archbishop R	23.90
10 Mathews, Kenan	10	Bellarmino C	24.05
11 Wrappe, Thomas	10	Bellarmino C	24.05
12 Case, Trevor	09	St. Francis	24.11
13 Wilson, Jahque	10	Archbishop R	24.20
14 Gargiulo, Tyler	10	Bellarmino C	24.45
15 Ellington, Tristan	10	Archbishop R	24.50
16 Acevado, Adam	10	Archbishop M	24.50
17 Nettles, Stephon	10	Junipero Ser	24.58

18 Jones, Nicolas	10	Junipero Ser	24.70
19 Khan, Obaid	10	Archbishop M	24.78
20 Butler, Kela	09	St. Ignatius	24.80
21 Ford, Anthony	10	St. Ignatius	24.80
22 Peters, Brandon	10	Valley Chris	24.94
23 De La Rocha, David	10	Archbishop M	24.98
24 Yu, Leo	10	Valley Chris	24.99
25 Walker, Morian	09	Valley Chris	25.20
26 Gogan, Alex	10	Junipero Ser	25.32
27 Gonzalez, Cayo	09	Bellarmino C	25.40
28 Azurin, Mark	10	Sacred Heart	25.70
29 Qiu, Dario	10	Sacred Heart	25.79
30 Pramono, Arie	10	Sacred Heart	25.83
31 La Rosa, Alec	09	Junipero Ser	25.96
32 Toliver, Milan	09	Sacred Heart	25.98
33 Chang, Austin	09	Valley Chris	26.18
34 Ross, Chris	10	Junipero Ser	26.24
35 Nabor, Joseph	10	St. Francis	26.33
36 Conlu, Vincent	09	Sacred Heart	27.01

**Event 41 Boys Shot Put Varsity Prelims**

**Wednesday 5/8/2013 - 3:30 PM**

**Meet: 59-11.50 1975 Gian Rossini**  
**CCS: 65-10 1967 Steve Wilhelm**  
**State: 76-02 1990 Brent Noon**  
**National: 77-00 1979 Michael Carter**

**CCS Qual: 49-02.50**

Name	Yr	School	Seed Mark
1 Beering, Jonathan	12	Junipero Ser	58-11.00
2 Sambel, Arnie	12	Junipero Ser	53-09.50
3 Blach, Richard	12	Bellarmino C	48-10.00
4 Sosa, Alex	12	Bellarmino C	48-06.50
5 Walrod, Thomas	12	Bellarmino C	47-01.50
6 Gochez, Marvin	11	Archbishop R	47-00.00

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**Event 41 ... (Boys Shot Put Varsity Prelims)**

Name	Yr	School	Seed	Mark
7 Artim, Shane	12	St. Francis	46-10.00	_____
8 Bell, Nik	11	St. Ignatius	46-04.00	_____
9 Blohm, Kevin	12	St. Ignatius	46-02.00	_____
10 Hagan, Conor	11	St. Ignatius	45-06.00	_____
11 Lee, Justin	11	St. Francis	45-04.00	_____
12 Langi, Louis	12	Junipero Ser	45-02.00	_____
13 Williams, Dre	12	Archbishop R	45-00.00	_____
14 Nunes, Jake	12	Junipero Ser	44-11.00	_____
15 Casarez, Jack	11	St. Francis	44-01.00	_____
16 Kirby, Will	11	Bellarmino C	43-03.00	_____
17 Riley, Lloyd	11	St. Francis	43-01.00	_____
18 Sapp, Billy	11	Junipero Ser	42-11.00	_____
19 Maumalanga, David	11	Valley Chris	42-05.00	_____
20 Gaoteote, Fa'auli	11	Valley Chris	40-01.00	_____
21 Foster, Brett	11	Bellarmino C	40-01.00	_____
22 Guerrero, John	12	Archbishop R	40-00.00	_____
23 Connolly, Ian	11	Sacred Heart	35-08.50	_____
24 Venegas, Robert	12	Sacred Heart	34-01.25	_____

9 Nijmeh, Charles	09	Valley Chris	40-07.00	_____
10 Lujan, Jacobe	10	St. Francis	40-03.50	_____
11 Chang, Gabe	10	Sacred Heart	39-06.00	_____
12 Tabangcura, Dustin	10	Archbishop M	39-01.00	_____
13 Barraza, Christian	10	St. Ignatius	38-05.00	_____
14 Lui, Troy	10	Sacred Heart	38-04.00	_____
15 Villavicencio, Julian	09	St. Ignatius	37-10.00	_____
16 McGahey, Simon	09	St. Ignatius	37-08.50	_____
17 Wilson, Andrew	10	Bellarmino C	37-03.00	_____
18 Clark, Ryan	09	Archbishop R	37-02.00	_____
19 Gluhaich, Grant	10	Bellarmino C	37-00.00	_____
20 Villanueva, Jorge	09	Junipero Ser	35-10.00	_____
21 Wong, Matt	10	Sacred Heart	34-01.00	_____
22 McCrone, Thomas	10	St. Francis	34-00.00	_____
23 Sanchez, Matias	09	Archbishop R	33-07.00	_____
24 Orlando, Tony	09	Archbishop R	33-00.00	_____
25 Fellowes, Andy	10	Junipero Ser	32-11.25	_____
26 Munsey, Jack	09	Junipero Ser	32-08.00	_____
27 Jackson, Troy	09	Bellarmino C	32-00.00	_____
28 Nazemi, Ali	09	Valley Chris	31-11.00	_____
29 Johnson, Simon	09	St. Francis	31-09.25	_____
30 Nassif, Eddie	10	Valley Chris	31-04.00	_____
31 Kalman, Aleksander	09	Valley Chris	30-00.00	_____
32 Guerzon, Tim	10	Sacred Heart	29-02.50	_____
33 Vineet, Natt	10	Valley Chris	28-11.00	_____
34 Plutzer, Jared	09	St. Francis	25-11.50	_____

**Event 42 Boys Shot Put Frosh Soph Prelims**

**Wednesday 5/8/2013 - 5:30 PM**

Meet: 60-06.50 1973 Craig Watkins

Name	Yr	School	Seed	Mark
1 Seul, Stefan	10	Junipero Ser	49-03.00	_____
2 Pena, Adan	10	Archbishop R	48-07.00	_____
3 Godsil, Marshil	10	Bellarmino C	48-03.00	_____
4 Sanchez, Chris	12	Bellarmino C	47-03.00	_____
5 Colabianchi, Nick	10	Junipero Ser	44-03.00	_____
6 Claudio, Justin	10	St. Ignatius	42-09.00	_____
7 Yako, Nicholas	10	Archbishop M	41-09.00	_____
8 Becker, Jason	10	Archbishop M	41-03.00	_____



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**Event 45 Boys Discus Throw Varsity Prelims**

**Wednesday 5/8/2013 - 5:30 PM**

**Meet: 180-06 2010 Cody Bickham**  
**CCS: 204-10 2003 Nik Kay**  
**State: 213-11 1997 Scott Moser**  
**National: 234-03 2001 Niklas Arrhenius**  
**CCS Qual: 140-00**  
**Meet: 180-06 5/7/2013 Cody Bickham**

Name	Yr	School	Seed	Mark
1 Sambel, Arnie	12	Junipero Ser	165-03	_____
2 Blohm, Kevin	12	St. Ignatius	154-05	_____
3 Miranda, Marco	12	Bellarmino C	141-10.50	_____
4 Vega, Eddie	11	Archbishop R	140-11	_____
5 Beering, Jonathan	12	Junipero Ser	140-10	_____
6 Hurrell, Albert	11	Junipero Ser	129-02	_____
7 Bell, Nik	11	St. Ignatius	128-06	_____
8 Riley, Lloyd	11	St. Francis	128-05	_____
9 Sapp, Billy	11	Junipero Ser	127-01	_____
10 Cabuco, Nick	12	Junipero Ser	124-09	_____
11 Guglielmo, Mike	11	Bellarmino C	123-03	_____
12 Chang, Matt	12	Bellarmino C	120-04	_____
13 Hagan, Conor	11	St. Ignatius	117-10	_____
14 Acomb, Samuel	11	Valley Chris	115-01	_____
15 Gochez, Marvin	11	Archbishop R	115-00	_____
16 Guhit, Rad	11	St. Francis	112-05	_____
17 Artim, Shane	12	St. Francis	112-00	_____
18 Reed, Cory	11	Bellarmino C	112-00	_____
19 Connolly, Ian	11	Sacred Heart	110-09	_____
20 Wederman, Kyle	12	Archbishop R	110-00	_____
21 Foster, Brett	11	Bellarmino C	110-00	_____
22 Gaoteote, Fa'auli	11	Valley Chris	108-04	_____
23 Jauregui, Patrick	11	St. Ignatius	107-10	_____
24 Maumalanga, David	11	Valley Chris	105-05	_____

25 Costanzo, Rocco	11	St. Francis	100-09	_____
26 Bountouvas, Nicholas	11	St. Francis	99-00	_____
27 Venegas, Robert	12	Sacred Heart	71-08	_____

**Event 46 Boys Discus Throw Frosh Soph Prelims**

**Wednesday 5/8/2013 - 3:30 PM**

**Meet: 155-05 1973 Craig Watkins**

Name	Yr	School	Seed	Mark
1 Seul, Stefan	10	Junipero Ser	132-00	_____
2 Pena, Adan	10	Archbishop R	130-00	_____
3 Godsil, Marshil	10	Bellarmino C	123-03	_____
4 Claudio, Justin	10	St. Ignatius	118-01	_____
5 Lujan, Jacobe	10	St. Francis	118-00	_____
6 Tabangcura, Dustin	10	Archbishop M	113-01	_____
7 Jones, Nethaniel	10	Junipero Ser	107-09	_____
8 Colabianchi, Nick	10	Junipero Ser	105-00	_____
9 Comaroto, Peter	10	Junipero Ser	103-06	_____
10 Yako, Nicholas	10	Archbishop M	103-03	_____
11 Villavicencio, Julian	09	St. Ignatius	103-02	_____
12 Becker, Jason	10	Archbishop M	103-01	_____
13 Sanchez, Chris	12	Bellarmino C	103-00	_____
14 McCrone, Thomas	10	St. Francis	100-10	_____
15 Sosa, Max	09	Bellarmino C	99-10	_____
16 Nassif, Eddie	10	Valley Chris	98-04	_____
17 Barraza, Christian	10	St. Ignatius	97-00	_____
18 Lui, Troy	10	Sacred Heart	96-07.50	_____
19 McGahey, Simon	09	St. Ignatius	95-03	_____
20 Nijmeh, Charles	09	Valley Chris	93-08	_____
21 Mulcahy, Connor	10	Archbishop M	92-01	_____
22 Toussaint, Zachary	10	St. Francis	91-01	_____
23 Collins, Chris	10	Archbishop M	90-01	_____
24 Wong, Matt	10	Sacred Heart	88-10	_____

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**Event 46 ... (Boys Discus Throw Frosh Soph Prelims)**

Name	Yr	School	Seed	Mark
25 Nazemi, Ali	09	Valley Chris	88-02	_____
26 Johnson, Simon	09	St. Francis	87-09	_____
27 Chang, Gabe	10	Sacred Heart	86-09	_____
28 Brancati, Victor	10	Bellarmino C	82-00	_____
29 Reed, Brady	09	Junipero Ser	81-03	_____
30 Shimshock, Andrew	09	Bellarmino C	81-00	_____
31 Kalman, Aleksander	09	Valley Chris	75-02	_____
32 Guerzon, Tim	10	Sacred Heart	72-10	_____
33 Vineet, Natt	10	Valley Chris	70-00	_____

**Event 49 Boys Long Jump Varsity Prelims**

**Wednesday 5/8/2013 - 3:30 PM**

**Meet: 23-08 1959 Jim Fregosi**  
**CCS: 26-00 1984 Johnny Cleveland**  
**State: 26-04.75 1989 James Stallworth**  
**National: 26-04.75 1989 James Stallworth**  
**CCS Qual: 21-02.75**

Name	Yr	School	Seed	Mark
1 Wong, Matthew	12	Archbishop M	23-06.75	_____
2 Johnson, Khalil	12	St. Francis	22-09.00	_____
3 Aronce-Camp, Nick	11	St. Ignatius	21-08.50	_____
4 Bush, Grant	11	Bellarmino C	21-03.00	_____
5 Vong, Ryan	11	Bellarmino C	21-03.00	_____
6 Hall, Chris	11	Archbishop R	20-10.00	_____
7 Wheaton, Michael	11	St. Ignatius	20-04.00	_____
8 Sawyer, Jaden	12	Bellarmino C	20-03.00	_____
9 Sahyoun, Joseph	12	Junipero Ser	20-01.00	_____
10 Tom, Ryan	11	St. Francis	19-10.00	_____
11 Andrighetto, Alex	11	St. Francis	19-08.00	_____
12 Sours, Daniel	11	Bellarmino C	19-06.00	_____
13 San Buenaventura, Troy	11	Sacred Heart	19-04.00	_____
14 Gamboa, Adam	11	Archbishop R	19-02.00	_____
15 Lewis, Chris	11	St. Francis	19-01.00	_____

16 Paraangchu, Andrew	12	Archbishop R	18-10.00	_____
17 Rutledge, Michael	12	Junipero Ser	18-09.25	_____
18 Nguyen, Derek	12	Bellarmino C	18-08.00	_____
19 Pedro, Jeremy	12	Archbishop M	18-02.00	_____
20 Park, HyunWoo	11	Valley Chris	17-09.00	_____
21 Reybol, Arcelio	12	Archbishop R	17-02.00	_____
22 Khoury, Michael	11	Archbishop M	17-02.00	_____
23 Corona, Erick	11	Junipero Ser	17-02.00	_____
24 Chung, Felix	12	Archbishop R	16-07.00	_____
25 Lim, Jalen	11	Sacred Heart	16-05.50	_____
26 Buchanan, Bradley	12	Junipero Ser	16-01.00	_____
27 Rashid, Arslan	11	Junipero Ser	15-07.50	_____
28 Concepción, Jerrell	12	Archbishop M	ND	_____

**Event 50 Boys Long Jump Frosh Soph Prelims**

**Wednesday 5/8/2013 - 5:30 PM**

**Meet: 21-09.50 2005 Michael Borg**

Name	Yr	School	Seed	Mark
1 Quesada, Sean	10	St. Ignatius	20-07.00	_____
2 O'Brien, Michael	10	Archbishop M	20-00.00	_____
3 Reardon, Jack	10	Bellarmino C	19-10.50	_____
4 Bakan, Michael	10	Bellarmino C	19-06.50	_____
5 Knowles, Milo	10	Bellarmino C	19-03.25	_____
6 DeLeon, Andre	10	St. Ignatius	19-01.00	_____
7 Coh, Patrick	10	Sacred Heart	19-00.00	_____
8 Laughlin, Connor	10	Archbishop R	18-04.00	_____
9 Obiajulu, VJ	09	Junipero Ser	18-03.00	_____
10 Kenison, Jordan	09	Junipero Ser	18-02.00	_____
11 Thompson, Joe	10	Bellarmino C	18-02.00	_____
12 Lee, Kelly	10	Valley Chris	18-00.00	_____
13 Nguyen, Matthew	10	Bellarmino C	17-07.00	_____
14 Claros, Trevor	09	Archbishop R	17-05.00	_____

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**Event 50 ... (Boys Long Jump Frosh Soph Prelims)**

Name	Yr	School	Seed	Mark
15 Toliver, Milan	09	Sacred Heart	17-04.50	_____
16 Nunes, Mitch	10	Junipero Ser	17-04.00	_____
17 Davis, Isiah	09	Archbishop R	17-02.00	_____
18 Bramlett, Jordan	10	St. Francis	17-01.00	_____
19 Zolezzi, Dominic	09	Junipero Ser	17-01.00	_____
20 Wendland, Derek	09	Archbishop R	17-00.00	_____
21 Nolasco, Rafael	10	Archbishop M	16-09.00	_____
22 Pasan, Vineel	10	St. Francis	16-08.00	_____
23 Jones, Kwami	09	Junipero Ser	16-07.00	_____
24 McGrath, Coleman	09	Archbishop R	16-06.00	_____
25 Qiu, Dario	10	Sacred Heart	16-00.00	_____
26 Aymard, Ryan	10	Sacred Heart	15-09.00	_____
27 Lee, Matthew	09	Sacred Heart	15-07.00	_____
28 Borden, Bryce	10	Valley Chris	15-00.50	_____
29 Lopez, Jerrod	10	Archbishop M	ND	_____
30 Formosa, Tomas	10	Archbishop M	ND	_____
31 tofano, matthew	09	Archbishop M	ND	_____

**Event 53 Boys Triple Jump Varsity Prelims**

**Wednesday 5/8/2013 - 5:30 PM**

Meet: 47-11.50 1975      Mike Haynes  
 CCS: 50-11.50 1986      Harold Rucker  
 State: 52-10.50 1980      Charles Mayfield  
 National: 52-10.50 1980      Charles Mayfield  
 CCS Qual: 43-01.75

Name	Yr	School	Seed	Mark
1 Wong, Matthew	12	Archbishop M	45-09.75	_____
2 Bush, Grant	11	Bellarmino C	44-10.00	_____
3 Vong, Ryan	11	Bellarmino C	41-10.00	_____
4 Alvarez, Marcus	10	Junipero Ser	41-08.00	_____
5 Underwood, Jonah	10	Bellarmino C	41-05.75	_____
6 Aronce-Camp, Nick	11	St. Ignatius	41-01.00	_____
7 Iyer, Shanker	12	Bellarmino C	40-10.00	_____

8 Andrighetto, Alex	11	St. Francis	40-09.00	_____
9 Nguyen, Derek	12	Bellarmino C	40-05.00	_____
10 Tom, Ryan	11	St. Francis	40-02.00	_____
11 Paraangchu, Andrew	12	Archbishop R	39-11.00	_____
12 Lewis, Chris	11	St. Francis	39-11.00	_____
13 Varela, Daniel	11	Sacred Heart	39-08.25	_____
14 Rutledge, Michael	12	Junipero Ser	39-08.00	_____
15 Sahyoun, Joseph	12	Junipero Ser	37-00.00	_____
16 Pedro, Jeremy	12	Archbishop M	36-09.00	_____
17 Khoury, Michael	11	Archbishop M	36-02.00	_____
18 Park, HyunWoo	11	Valley Chris	35-04.50	_____
19 Concepción, Jerrell	12	Archbishop M	ND	_____

**Event 54 Boys Triple Jump Frosh Soph Prelims**

**Wednesday 5/8/2013 - 3:30 PM**

Meet: 44-03.50 1980      Jeff Rossman

Name	Yr	School	Seed	Mark
1 Kenison, Jordan	09	Junipero Ser	40-01.00	_____
2 Bakan, Michael	10	Bellarmino C	39-09.00	_____
3 Knowles, Milo	10	Bellarmino C	39-04.75	_____
4 Thompson, Joe	10	Bellarmino C	38-11.00	_____
5 Laughlin, Connor	10	Archbishop R	38-04.00	_____
6 Claros, Trevor	09	Archbishop R	37-11.75	_____
7 Murray, Sean	10	St. Francis	37-11.00	_____
8 Obiajulu, VJ	09	Junipero Ser	37-07.50	_____
9 Bramlett, Jordan	10	St. Francis	37-06.00	_____
10 Bergstrom, Jacob	09	Bellarmino C	36-09.00	_____
11 Nolasco, Rafael	10	Archbishop M	36-03.00	_____
12 Tucker, Kevin	09	Bellarmino C	36-01.00	_____
13 O'Brien, Michael	10	Archbishop M	36-00.00	_____
14 Nunes, Mitch	10	Junipero Ser	35-11.00	_____
15 Wendland, Derek	09	Archbishop R	35-07.00	_____

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**Event 54 ... (Boys Triple Jump Frosh Soph Prelims)**

Name	Yr	School	Seed	Mark
16 tofano, matthew	09	Archbishop M	35-06.00	_____
17 McGrath, Coleman	09	Archbishop R	34-05.00	_____
18 Pasan, Vineel	10	St. Francis	34-05.00	_____
19 Tran, Alex	10	Valley Chris	33-07.00	_____
20 Borden, Bryce	10	Valley Chris	31-03.50	_____
21 Formosa, Tomas	10	Archbishop M	ND	_____
22 Lopez, Jerrod	10	Archbishop M	ND	_____

**Event 58 Boys High Jump Frosh Soph**

**Wednesday 5/8/2013 - 3:30 PM**  
**Meet: 6-04 1975 Dave Kniffin**

Name	Yr	School	Seed	Mark
1 Knowles, Milo	10	Bellarmino C	5-10.00	_____
2 Browning, Cameron	10	St. Francis	5-08.00	_____
3 Bramlett, Jordan	10	St. Francis	5-08.00	_____
4 Hunt, Matt	09	St. Francis	5-08.00	_____
5 O'Brien, Michael	10	Archbishop M	5-08.00	_____
6 Reardon, Jack	10	Bellarmino C	5-06.00	_____
7 Murray, Sean	10	St. Francis	5-06.00	_____
8 Rassam, Jacob	09	Archbishop R	5-06.00	_____
9 Davis, Isiah	09	Archbishop R	5-06.00	_____
10 Thompson, Joe	10	Bellarmino C	5-06.00	_____
11 O'Sullivan, Aidan	09	Bellarmino C	5-04.00	_____
12 Mills, Ashton	10	Junipero Ser	5-04.00	_____
13 Wendland, Derek	09	Archbishop R	5-04.00	_____
14 Obilor, Todd	09	Bellarmino C	5-04.00	_____
15 Wedlow, Elijah	09	Archbishop M	5-04.00	_____
16 Carhart, Sam	09	St. Ignatius	5-04.00	_____
17 Borden, Bryce	10	Valley Chris	4-10.00	_____

**Event 62 Boys Pole Vault Frosh Soph**

**Wednesday 5/8/2013 - 3:30 PM**  
**Meet: 13-02 2004 David Glassanos**

Name	Yr	School	Seed	Mark
1 Power, David	10	Archbishop M	11-06.00	_____
2 Hunt, Matt	09	St. Francis	11-06.00	_____
3 Small, Johnny	10	St. Francis	11-05.00	_____
4 Carhart, Sam	09	St. Ignatius	11-00.00	_____
5 Borst, Jonathan	10	Archbishop M	11-00.00	_____
6 Mills, Ashton	10	Junipero Ser	11-00.00	_____
7 Schoepp, Greg	10	St. Ignatius	10-06.00	_____
8 Barber, Nolan	10	St. Francis	10-00.00	_____
9 Matthews, Ricky	10	St. Ignatius	10-00.00	_____
10 Maguire, Jack	09	St. Ignatius	9-06.00	_____
11 Campbell, Sean	10	Bellarmino C	9-00.00	_____
12 O'Neill, Thomas	10	Bellarmino C	9-00.00	_____
13 Woodward, Daniel	09	Archbishop M	9-00.00	_____
14 Maldonado, Fernando	10	Junipero Ser	9-00.00	_____
15 Murphy, Chris	10	Bellarmino C	9-00.00	_____
16 Turek, Gabe	09	St. Ignatius	9-00.00	_____
17 Plasencia, Daniel	10	Archbishop M	8-06.00	_____
18 Lopez, Jerrod	10	Archbishop M	8-00.00	_____