

**2013 WCAL Track & Field Championships**  
**St. Francis High School - 5/7/2013 to 5/10/2013**  
**Meet Program - Finals**

**Event 1 Girls 4x100 Meter Relay Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 48.05 2005 Valley Christian

Carter, Marshall, Apgar, Houp

CCS: 46.05 2007 Mt. Pleasant

V. Thomas, J. Tarmoh, M. Brown, D. Pettigru

State: 44.50 2004 Poly, Long Beach

National: 44.50 2004 Poly, Long Beach

CCS Qual: 49.91

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Mitty		51.62
2	Sacred Heart		50.88
3	Valley Christian		50.70
4	St. Ignatius		49.40
5	St. Francis		49.97
6	Presentation		50.70
7	Notre Dame Belmo		53.28

**Event 2 Girls 4x100 Meter Relay Junior Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 50.85 2010 Archbishop Mitty

T Santos, M Duterte, D De Rossi, C Agu

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Valley Christian		53.77
2	Notre Dame Belmo		53.19
3	St. Francis		52.96
4	Mitty		51.62
5	Sacred Heart		52.95
6	St. Ignatius		53.01
7	Presentation		56.30

**Event 3 Boys 4x100 Meter Relay Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 42.28 2012 Bellarmine

Crawley, Sanfillippo, Colucci

CCS: 41.15 1992 Mt. Pleasant

Pennywell, Turner, Rice, DuPree

State: 40.14 1999 Poly, Long Beach

National: 39.76 1998 Wyatt, Fort Worth (TX)

CCS Qual: 43.67

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Riordan		46.00
2	Junipero Serra		46.00
3	Sacred Heart		44.22
4	Bellarmino		42.14
5	St. Francis		42.28
6	St. Ignatius		45.12

**Event 4 Boys 4x100 Meter Relay Frosh Soph**

**Friday 5/10/2013 - 5:00 PM**

Meet: 44.36 2009 Junipero Serra

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Riordan		46.00
2	Valley Christian		45.25
3	St. Francis		45.17
4	St. Ignatius		44.68
5	Bellarmino		44.85
6	Mitty		45.20
7	Junipero Serra		46.84

**Event 5 Girls 1600 Meter Run Varsity**

**Friday 5/10/2013 - 5:15 PM**

Meet: 4:53.65 2003 Amanda Thornberry

CCS: 4:43.24 2001 Ale Barrientos

State: 4:33.82 2008 Christine Babcock

National: 4:33.82 2008 Christine Babcock

CCS Qual: 5:15.22

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Casey, Emily	11	Notre Dame Belmo	5:38.24
2	Nelson, Hannah	10	St. Francis	5:34.52
3	Knight, Natali	12	Mitty	5:31.45
4	Redmond, Kellie	12	Sacred Heart	5:30.92
5	Doyle, Alexis	12	St. Francis	5:23.99
6	Loveday, Montana	12	Mitty	5:22.13
7	Xu, Jessica	11	Valley Christian	5:20.09
8	Lemak, Julia	09	Mitty	5:18.86
9	Rintala, Olivia	12	Mitty	5:17.36
10	Haar, Molly	12	Mitty	5:04.61

**Section 2 of 2 Finals**

1	Alvarenga, Isabella	12	Sacred Heart	6:26.72
2	Killmond, Katherine	12	Notre Dame Belmo	6:15.83
3	Murphy, Halina	12	St. Francis	6:15.57
4	Wilkerson, Kendall	12	Presentation	6:05.00
5	Reyes, Amy	12	Valley Christian	6:02.19
6	Tse, Katherine	12	Sacred Heart	5:57.23
7	Linehan, Amy	12	Presentation	5:55.00
8	Costanzo, Trisha	12	St. Francis	5:50.58
9	Chew, Raylene	12	Presentation	5:50.00
10	Jacobo, Olivia	11	Sacred Heart	5:43.87
11	Hipp, Emily	12	Sacred Heart	5:43.61

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**Event 7 Boys 1600 Meter Run Varsity****Friday 5/10/2013 - 5:20 PM**

Meet: 4:15.38 1987 Scott Robinson  
 CCS: 4:05.47 1977 Mark Stillman  
 State: 4:00.29 2008 German Fernandez  
 National: 3:59.51 2001 Alan Webb  
 CCS Qual: 4:25.08

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 2 Finals</b>				
1	Schulte, Grant	11	Junipero Serra	4:49.40
2	Alber, Jack	11	Sacred Heart	4:48.84
3	Flores, Carlos	12	Sacred Heart	4:47.45
4	Otto, Kyle	12	Bellarmino	4:46.76
5	Ascencio, Alexander	12	Valley Christian	4:46.65
6	Madrid, Isaac	11	Bellarmino	4:46.63
7	Gudino, Alex	12	Junipero Serra	4:44.85
8	Lacomble, Robert	11	St. Francis	4:41.00
9	Guzikowski, Richard	12	Mitty	4:38.00
10	Avila, Ricardo	10	Bellarmino	4:30.25
11	Meijer, Miles	10	Bellarmino	4:26.76
12	Alaghatta, Akshay	12	Bellarmino	4:25.01
13	Berriatua, Joey	12	Junipero Serra	4:24.41
14	Murphy, Ciaran	12	St. Ignatius	4:14.77

**Section 2 of 2 Finals**

1	Garcia, Inigo	11	Valley Christian	5:30.69
2	Ensor, Ryan	12	Valley Christian	5:25.17
3	Nicolas, Alexander	11	St. Ignatius	5:12.94
4	Garver, Jeffrey	11	St. Francis	5:10.00
5	Hoang, Peter	12	Mitty	5:04.02
6	Hernandez, Moises	11	Sacred Heart	5:02.94
7	Kelly, Daniel	12	Sacred Heart	5:00.50
8	Barajas-Duran, Javier	12	St. Ignatius	4:59.10
9	Livy, Tyler	11	St. Ignatius	4:59.00
10	Wehr, Charles	12	St. Ignatius	4:58.61
11	Sisley, Tyler	11	Mitty	4:56.25
12	Prado, David	11	Junipero Serra	4:56.10
13	Plata, Kyle	12	Mitty	4:55.50
14	Wilkerson, James	11	Mitty	4:51.00
15	Flynn, Gabe	11	Junipero Serra	4:50.19
16	Cazares, Martin	11	Sacred Heart	4:50.17

**Event 9 Girls 100 Meter Hurdles Varsity****Friday 5/10/2013 - 5:40 PM**

Meet: 13.72 2010 Hannah Goranson  
 CCS: 13.03 2007 Vashti Thomas  
 State: 13.03 2007 Vashti Thomas  
 National: 13.03 2007 Vashti Thomas  
 CCS Qual: 15.67

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Abdelkader, Daisha	10	St. Francis	18.43
2	Opulencia, Caitlyn	10	Presentation	18.34
3	Judas, Liesel	10	Mitty	17.80
4	Quijano, Samantha	10	St. Francis	17.07
5	Johnson, Lauren	11	St. Francis	15.57
6	Micallef, Carlisle	11	Mitty	16.73
7	Ngbemeneh, Marisa	09	St. Francis	17.30
8	Chizanskos, Julia	09	Mitty	18.26
9	Griffin, Kaliya	09	Mitty	18.42

**Event 10 Girls 100 Meter Hurdles Junior Varsity****Friday 5/10/2013 - 5:40 PM**

Meet: 16.30 2007 Hannah Goranson

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Carlevaris, Rachelle	10	Notre Dame Belm	19.17
2	Zadel, Hayley	09	Mitty	18.56
3	Tynan, Katelyn	09	St. Ignatius	18.43
4	Casey, Clare	09	St. Ignatius	18.13
5	Kohli, Anisha	09	St. Ignatius	17.80
6	Ahlawat, Nivi	10	Mitty	17.98
7	Augustin, Andrea	10	St. Francis	18.50
8	Kadah, Senna	09	Presentation	18.43
9	Meacham, Kayla	09	Mitty	18.72

**Event 11 Boys 110 Meter Hurdles Varsity****Friday 5/10/2013 - 5:40 PM**

Meet: 14.40 2013 Jalen wright  
 CCS: 13.65 1993 Erik Montgomery  
 State: 13.39 2004 Kevin Craddock  
 National: 13.30 1990 Chris Nelloms  
 CCS Qual: 15.45

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Tynan, Jonathan	11	St. Ignatius	18.22
2	Ruso, Tyler	12	Junipero Serra	18.00
3	Brady, Chad	11	Sacred Heart	17.65
4	Quinby, Peter	12	Bellarmino	16.13
5	Wright, Jalen	12	Bellarmino	14.40
6	Mitchell, Zachary	12	Junipero Serra	15.09
7	Pambid, Gary	12	Bellarmino	17.05
8	Kidd, Dylan	12	Bellarmino	17.80
9	Dutra, Gabe	11	Bellarmino	18.04

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**Event 12 Boys 65 Meter Hurdles Frosh Soph****Friday 5/10/2013 - 5:40 PM****Meet: 9.21 2004 Joe Mirabeau**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Chow, Chris	10	Bellarmino	10.21
2	Tucker, Kevin	09	Bellarmino	10.13
3	James, Leighton	09	Valley Christian	9.95
4	Hendrickson, Matthew	10	Mitty	10.08
5	McMurray, Nico	10	Mitty	9.63
6	DeLeon, Andre	10	St. Ignatius	9.77
7	Staub, Ben	10	Valley Christian	9.66
8	Quesada, Sean	10	St. Ignatius	10.09
9	Gallab, Dan	10	Bellarmino	10.15

**Event 13 Girls 400 Meter Dash Varsity****Friday 5/10/2013 - 6:05 PM**

**Meet: 56.20 2008 Kristen Houp**  
**CCS: 52.83 1984 Leslie Maxie**  
**State: 50.74 2000 Monique Henderson**  
**National: 50.74 2000 Monique Henderson**  
**CCS Qual: 58.30**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Sirianni, Maddy	09	St. Ignatius	1:03.06
2	McKeever, Ebony	12	Sacred Heart	1:02.89
3	Padilla, Marisa	12	St. Francis	1:00.20
4	Peysler, Victoria	09	Mitty	58.77
5	Drucker, Natalie	09	St. Francis	59.73
6	Hipp, Erica	12	Sacred Heart	1:01.49
7	Urrabazo-Torres, Katalina	10	St. Francis	1:03.17

**Event 14 Girls 400 Meter Dash Junior Varsity****Friday 5/10/2013 - 6:05 PM****Meet: 1:01.53 2010 Nicole Fairley**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Gonzalez, isabel	09	Sacred Heart	1:06.73
2	Favre, Nicole	09	Valley Christian	1:06.04
3	Amarandos, Nina	09	Notre Dame Belm	1:05.16
4	Cutler, Angela	09	St. Francis	1:03.98
5	de la Pena, Hannah	10	Sacred Heart	1:04.47
6	Lum, Micaela	09	Sacred Heart	1:04.72
7	Knox, Isabel	10	St. Francis	1:06.93

**Event 15 Boys 400 Meter Dash Varsity****Friday 5/10/2013 - 6:05 PM**

**Meet: 48.35 2003 Angelo Fobbs-Valentino**  
**CCS: 45.25 1993 Calvin Harrison**  
**State: 45.25 1993 Calvin Harrison**  
**National: 45.25 1993 Calvin Harrison**  
**CCS Qual: 50.00**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Smyth, Brendan	12	Bellarmino	52.66
2	Dalton, David	11	Bellarmino	52.38
3	Makarov, Nikolai	12	Bellarmino	53.14
4	Lampkin, Edward	12	Sacred Heart	49.33
5	Orloff, Kyle	11	Junipero Serra	51.80
6	Bellotti, Dominic	11	Bellarmino	53.14
7	Testa, Jeremiah	09	Junipero Serra	53.78

**Event 16 Boys 400 Meter Dash Frosh Soph****Friday 5/10/2013 - 6:05 PM****Meet: 51.41 2009 Jalen Davidson**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>				
1	Ellington, Tristan	10	Riordan	NT
2	Jobson, Noah	10	Bellarmino	54.27
3	Macauley, Kyle	09	Bellarmino	53.83
4	Waters, Joe	10	Riordan	51.91
5	Jones, Nicolas	10	Junipero Serra	53.49
6	Wrappe, Thomas	10	Bellarmino	54.02
7	Mathews, Kenan	10	Bellarmino	54.52
<b>Section 2 of 2 Finals</b>				
1	Martinez, Michael	09	Bellarmino	NT
2	Fitzgerald, William	10	St. Ignatius	56.12
3	Case, Trevor	09	St. Francis	54.61
4	Jones, Akil	09	Valley Christian	NT
5	Nettles, Stephon	10	Junipero Serra	55.41

**Event 17 Girls 100 Meter Dash Varsity****Friday 5/10/2013 - 6:25 PM**

**Meet: 11.62 2005 Khrystal Carter**  
**CCS: 11.24 2006 Jeneba Tarmoh**  
**State: 11.14 1992 Marion Jones**  
**National: 11.14 1992 Marion Jones**  
**CCS Qual: 12.61**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Abdelkader, Daisha	10	St. Francis	13.31
2	Albin, Jamie	09	Mitty	13.00
3	Bradley, Mary Ellen	12	Valley Christian	12.71
4	Roey, Jessica	12	St. Francis	12.62
5	Fenton, Skylar	11	St. Ignatius	12.44
6	Smallwood, Shelby	11	Valley Christian	12.54
7	Bugtong, Karla	11	St. Ignatius	12.67
8	Obilor, Tiffanie	12	Presentation	12.92
9	Whiting, Raquel	09	St. Ignatius	13.07

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**Event 18 Girls 100 Meter Dash Junior Varsity****Friday 5/10/2013 - 6:25 PM****Meet: 12.89 2003 Krystal Yee**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	McConnell, Emily	09	St. Francis	13.86
2	Attard, Siena	09	Sacred Heart	13.72
3	Rufin, Katrina	09	Mitty	13.53
4	Kreaden, Siddartha	09	St. Francis	13.47
5	Travis, Tiana	09	Mitty	13.01
6	Padalkar, Sonjali	09	Valley Christian	13.39
7	Richardson, Shayla	10	St. Ignatius	13.61
8	Dey, Akansha	10	Mitty	13.65
9	Dibenedetto, Leah	09	Presentation	13.78

**Event 19 Boys 100 Meter Dash Varsity****Friday 5/10/2013 - 6:25 PM****Meet: 10.70 1961 Steve Firenze****CCS: 10.41 1987 Tony Miller****State: 10.25 1985 Henry Thomas****National: 10.15 1990 Henry Neal****CCS Qual: 11.13**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Baty, Landon	11	St. Francis	11.61
2	Njaka, Taylor	12	Bellarmino	11.38
3	Chapman, Aaron	12	Bellarmino	11.36
4	Greene, Kamel	12	St. Francis	11.29
5	Johnson, Khalid	12	St. Francis	10.84
6	Sanfilippo, Joey	12	Bellarmino	11.03
7	Johnson, Khalil	12	St. Francis	11.32
8	Lampkin, Edward	12	Sacred Heart	11.37
9	Bush, Grant	11	Bellarmino	11.56

**Event 20 Boys 100 Meter Dash Frosh Soph****Friday 5/10/2013 - 6:25 PM****Meet: 11.13 2010 Khalid Johnson**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Ford, Anthony	10	St. Ignatius	12.10
2	Khan, Obaid	10	Mitty	11.95
3	Becerra, Spencer	09	St. Ignatius	11.85
4	Silva, James	10	Bellarmino	11.69
5	Korpontinos, Matthew	09	St. Francis	11.63
6	Buenventura-Smith, Jacob	10	St. Ignatius	11.65
7	Cassady, Cole	10	St. Francis	11.79
8	Acevado, Adam	10	Mitty	11.92
9	Levine, Charles	09	Riordan	11.99

**Event 21 Girls 800 Meter Run Varsity****Friday 5/10/2013 - 6:40 PM****Meet: 2:08.97 2005 Christine Whalen****CCS: 2:04.37 1977 Ann Reagan****State: 2:04.91 1984 Trena Hull****National: 2:02.90 2008 Chanelle Price****CCS Qual: 2:19.09**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Jacobo, Olivia	11	Sacred Heart	2:35.96
2	Casey, Emily	11	Notre Dame Belmo	2:34.23
3	Hipp, Emily	12	Sacred Heart	2:34.10
4	Cech, Lauren	11	Mitty	2:29.95
5	Knight, Natali	12	Mitty	2:27.94
6	Redmond, Kellie	12	Sacred Heart	2:27.01
7	Asbun, Nicole	10	Mitty	2:26.06
8	Smith, Erin	11	St. Ignatius	2:26.06
9	Lemak, Julia	09	Mitty	2:25.85
10	Lara, Ashley	10	Valley Christian	2:25.48
11	Spence, Katie	11	St. Ignatius	2:25.67
12	Rintala, Olivia	12	Mitty	2:25.04

**Event 22 Girls 800 Meter Run Junior Varsity****Friday 5/10/2013 - 6:40 PM****Meet: 2:27.70 2006 Tracy Vargo**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Ledesma, Francesca	10	St. Ignatius	2:42.57
2	Kemp, Emilie	11	St. Francis	2:41.78
3	Kim, Hannah	10	St. Francis	2:40.07
4	McDonell, Megan	10	Notre Dame Belmo	2:37.89
5	Wang, Maggie	10	Mitty	2:37.77
6	Mac, Karen	11	Valley Christian	2:37.76
7	Zhao, Barabra	09	St. Francis	2:36.83
8	Wong, Blossom	10	Sacred Heart	2:35.61
9	Vezeris, Vasilia	11	St. Francis	2:35.54
10	Sweeney, Kelly	11	Mitty	2:35.40
11	Palacio, Caitlin	09	Mitty	2:35.14
12	Kim, Gia	09	St. Francis	2:33.80

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**Event 23 Boys 800 Meter Run Varsity**

**Friday 5/10/2013 - 6:40 PM**

Meet: 1:53.20 1977 Stan Ross  
 CCS: 1:50.10 1970 Rick Brown  
 State: 1:46.45 1996 Michael Granville  
 National: 1:46.45 1996 Michael Granville  
 CCS Qual: 1:57.75

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Obregon, Chris	12	Bellarmino	2:06.48
2	Kato, Leland	11	Riordan	2:05.95
3	Mesfun, Eyobed	12	Valley Christian	2:04.67
4	Gudino, Alex	12	Junipero Serra	2:04.07
5	Fast, Cameron	12	St. Francis	2:02.63
6	Avila, Ricardo	10	Bellarmino	2:01.38
7	McMillan, Keegan	12	Bellarmino	2:00.74
8	Greenlow, Adam	11	Bellarmino	2:00.43
9	McLarman, Gabriel	11	St. Francis	1:59.19
10	Murphy, Ciaran	12	St. Ignatius	1:58.66
11	Avila, Marcus	09	Bellarmino	1:58.73
12	Berriatua, Joey	12	Junipero Serra	1:58.45

**Event 24 Boys 800 Meter Run Frosh Soph**

**Friday 5/10/2013 - 6:40 PM**

Meet: 1:58.90 2010 Ciaran Murphy

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Schwarz, Austin	09	St. Francis	2:11.00
2	Lolabattu, Prajay	10	Bellarmino	2:10.55
3	Rojas, Lupe	10	Bellarmino	2:10.22
4	Heng, Bryan	10	Bellarmino	2:09.99
5	Korb, Cameron	10	Mitty	2:09.94
6	Fan, Jordan	10	Sacred Heart	2:09.46
7	Li, Jason	10	Valley Christian	2:09.25
8	Moysov, Alec	09	Riordan	2:08.75
9	Filip-Sanchez, Nico	10	Bellarmino	2:08.40
10	Arora, Samir	09	St. Francis	2:07.68
11	Osipow, Ben	10	St. Ignatius	2:07.74
12	Lehr, Kevin	09	St. Ignatius	2:06.64

**Event 25 Girls 300 Meter Hurdles Varsity**

**Friday 5/10/2013 - 7:05 PM**

Meet: 45.40 2010 Brittney Wright  
 CCS: 40.18 1984 Leslie Maxie  
 State: 39.98 2001 Lashinda Demus  
 National: 39.98 2001 Lashinda Demus  
 CCS Qual: 47.35

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Berring, Jessi	09	Notre Dame Belmo	50.85
2	Abdelkader, Daisha	10	St. Francis	50.59
3	Ngbemeneh, Marisa	09	St. Francis	50.30
4	Adams, Jenna	09	St. Francis	48.69
5	Chizanskos, Julia	09	Mitty	48.88
6	Sum, Lydia	10	Valley Christian	49.33
7	Quijano, Samantha	10	St. Francis	51.03

**Event 26 Girls 300 Meter Hurdles Junior Varsity**

**Friday 5/10/2013 - 7:05 PM**

Meet: 49.35 2009 Gina Givens

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Bruckner, Rebekah	10	Valley Christian	53.40
2	Meacham, Kayla	09	Mitty	52.91
3	Kohli, Anisha	09	St. Ignatius	52.31
4	Kreaden, Siddartha	09	St. Francis	51.24
5	Casey, Clare	09	St. Ignatius	51.88
6	Davison, Jade	10	Sacred Heart	52.56
7	Augustin, Andrea	10	St. Francis	54.25

**Event 27 Boys 300 Meter Hurdles Varsity**

**Friday 5/10/2013 - 7:05 PM**

Meet: 38.31 2006 Napoleon Greene  
 CCS: 36.26 1996 Joe Naivalu  
 State: 35.28 2007 Jeshua Anderson  
 National: 35.02 2009 Reggie Wyatt  
 CCS Qual: 40.53

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Davison, Evan	11	Sacred Heart	44.98
2	Brady, Chad	11	Sacred Heart	44.72
3	Kidd, Dylan	12	Bellarmino	44.33
4	Mitchell, Zachary	12	Junipero Serra	39.98
5	Wright, Jalen	12	Bellarmino	41.17
6	Ruso, Tyler	12	Junipero Serra	44.46
7	Pambid, Gary	12	Bellarmino	45.57

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**Event 28 Boys 300 Meter Hurdles Frosh Soph****Friday 5/10/2013 - 7:05 PM****Meet: 40.30 1977 Carl Broussard**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Allen, Luke	10	Mitty	45.06
2	Marani, Matthew	09	Mitty	44.85
3	Staub, Ben	10	Valley Christian	44.22
4	McMurray, Nico	10	Mitty	42.66
5	Fizer, Kevin	10	St. Francis	43.69
6	DeLeon, Andre	10	St. Ignatius	44.43
7	Campbell, Brendon	09	St. Francis	45.22

**Event 29 Girls 200 Meter Dash Varsity****Friday 5/10/2013 - 7:30 PM****Meet: 23.97 2005 Khrystal Carter****CCS: 23.14 2006 Jeneba Tarmoh****State: 22.52 2003 Allyson Felix****National: 22.52 2003 Allyson Felix****CCS Qual: 25.94**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Peyser, Victoria	09	Mitty	26.70
2	Drucker, Natalie	09	St. Francis	26.64
3	Padilla, Marisa	12	St. Francis	26.24
4	Fenton, Skylar	11	St. Ignatius	25.41
5	Smallwood, Shelby	11	Valley Christian	26.06
6	Sanfilippo, Gabriela	10	Presentation	26.86
7	Bradley, Mary Ellen	12	Valley Christian	26.72

**Event 30 Girls 200 Meter Dash Junior Varsity****Friday 5/10/2013 - 7:30 PM****Meet: 26.75 2010 Cecily Agu**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Amarandos, Nina	09	Notre Dame Belm	28.37
2	de la Pena, Hannah	10	Sacred Heart	28.20
3	Dey, Akansha	10	Mitty	28.16
4	Travis, Tiana	09	Mitty	27.22
5	Cutler, Angela	09	St. Francis	27.52
6	Rufin, Katrina	09	Mitty	28.22
7	McConnell, Emily	09	St. Francis	29.14

**Event 31 Boys 200 Meter Dash Varsity****Friday 5/10/2013 - 7:30 PM****Meet: 21.60 1987 Tony Miller****CCS: 20.57 1993 Calvin Harrison****State: 20.73 1984 Henry Thomas****National: 20.13 1985 Rory Martin****CCS Qual: 22.60**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Njaka, Taylor	12	Bellarmino	23.00
2	Makarov, Nikolai	12	Bellarmino	22.89
3	Lampkin, Edward	12	Sacred Heart	22.62
4	Johnson, Khalid	12	St. Francis	22.37
5	Sanfilippo, Joey	12	Bellarmino	22.49
6	Orloff, Kyle	11	Junipero Serra	22.72
7	Greene, Kamel	12	St. Francis	23.02

**Event 32 Boys 200 Meter Dash Frosh Soph****Friday 5/10/2013 - 7:30 PM****Meet: 22.50 1977 Gilbert Pacaldo**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Macauley, Kyle	09	Bellarmino	24.18
2	Becerra, Spencer	09	St. Ignatius	23.89
3	Jones, Akil	09	Valley Christian	23.62
4	Korpontinos, Matthew	09	St. Francis	23.40
5	Cassady, Cole	10	St. Francis	23.46
6	Buenventura-Smith, Jacob	10	St. Ignatius	23.77
7	Waters, Joe	10	Riordan	23.60

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**Event 33 Girls 3200 Meter Run Varsity****Friday 5/10/2013 - 7:45 PM**

Meet: 10:49.11 2003 Michelle Gallagher  
 CCS: 10:04.2h 1983 Cory Shubert  
 State: 9:48.59 1996 Kim Mortensen  
 National: 9:48.59 1996 Kimberly Mortensen  
 CCS Qual: 11:38.05

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Dattalo, Ashley	12	Mitty	12:21.57
2	Duffy, Ana	12	St. Ignatius	12:20.40
3	Martinez, Jackie	12	St. Ignatius	12:20.00
4	Nelson, Hannah	10	St. Francis	12:11.12
5	Xu, Jessica	11	Valley Christian	12:04.36
6	Loveday, Montana	12	Mitty	11:58.82
7	Hacker, Kendall	11	St. Ignatius	11:52.45
8	Eddy, Kailey	09	Valley Christian	11:48.75
9	Le, Allison	10	Mitty	11:41.06
10	Brobst, Olivia	11	Mitty	11:36.03
11	Doyle, Alexis	12	St. Francis	11:32.35
12	Haar, Molly	12	Mitty	11:17.62
13	Wilkerson, Jenna	12	Presentation	12:30.00
14	Connolly, Kellianne	12	Valley Christian	12:58.04
15	Avila, Sophia	12	St. Ignatius	13:00.00
16	Reyes, Amy	12	Valley Christian	13:52.86
17	Lara, Ashley	10	Valley Christian	NT

**Event 35 Boys 3200 Meter Run Varsity****Friday 5/10/2013 - 8:00 PM**

Meet: 9:14.60 1981 Chris Paredes  
 CCS: 8:52.11 1981 Jessie Torres  
 State: 8:34.23 2008 German Fernandez  
 National: 8:34.23 2008 German Fernandez  
 CCS Qual: 9:38.41

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Suarez, Antonio	11	Sacred Heart	10:05.36
2	Mesfun, Eyobed	12	Valley Christian	9:56.89
3	Foti, Brendan	11	Sacred Heart	9:52.94
4	Shoemaker, George	12	St. Francis	9:52.00
5	Guzikowski, Richard	12	Mitty	9:50.00
6	Seidel, Matt	11	Bellarmino	X9:49.65
7	Meijer, Miles	10	Bellarmino	9:46.08
8	Barry, Justin	11	Bellarmino	9:44.18
9	Alaghata, Akshay	12	Bellarmino	9:40.30
10	Meijer, Raymond	12	Bellarmino	9:37.20
11	Sayre, Thomas	12	St. Ignatius	9:36.66
12	DeAnda, Charles	12	Bellarmino	9:31.20
13	Kozuch, Matt	12	Sacred Heart	10:07.61
14	Begur, Gaurav	11	St. Francis	10:08.00
15	Cummins, Patrick	12	St. Ignatius	10:20.70
16	Flores, Carlos	12	Sacred Heart	10:23.30
17	Flynn, Gabe	11	Junipero Serra	10:30.20
18	Lacomble, Robert	11	St. Francis	10:32.00
19	Alber, Jack	11	Sacred Heart	10:36.02
20	Wilkerson, James	11	Mitty	10:50.00
21	Ascencio, Alexander	12	Valley Christian	10:51.02
22	Plata, Kyle	12	Mitty	10:58.00
23	Sisley, Tyler	11	Mitty	11:01.00
24	Prado, David	11	Junipero Serra	11:02.20
25	Archbold, Brandon	11	Junipero Serra	11:14.00
26	Carolan, Eoin	12	Junipero Serra	11:27.30
27	Nicolas, Alexander	11	St. Ignatius	11:55.80
28	Whelan, Ray	12	Junipero Serra	12:05.60
29	Bassin, Doug	11	St. Ignatius	12:17.70
30	Kwan, Eugene	12	St. Ignatius	NT

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**Event 36 Boys 3200 Meter Run Frosh Soph**

**Friday 5/10/2013 - 8:15 PM**

Meet: 9:45.80 1981 Shawn Ayers

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Gopakumar, manu	09	St. Francis	11:01.00
2	Kumar, Dhruv	10	St. Francis	11:00.00
3	Kang, Harmen	09	Mitty	10:52.00
4	Montalvo, Lucas	10	Junipero Serra	10:51.94
5	Remaker, Matthew	10	Mitty	10:50.20
6	Garcia, Jonathan	09	Junipero Serra	10:38.73
7	Chan, Jonathan	10	Sacred Heart	10:17.16
8	Ghadiali, Aziz	09	Bellarmino	10:17.03
9	Ward, Alex	09	St. Francis	10:15.00
10	Rouhani, Gabe	10	Riordan	10:07.00
11	Meijer, Tucker	10	Bellarmino	9:53.23
12	Sasser, Alex	10	Bellarmino	9:52.40
13	Peterson, Stephen	10	Sacred Heart	11:01.33
14	Crinion, Connor	10	Bellarmino	11:03.00
15	Barton, Andrew	10	Junipero Serra	11:06.00
16	Masri, Elias	10	Bellarmino	11:07.00
17	Gschwind, Matthew	09	St. Francis	11:10.00
18	Drumm, Garod	09	St. Francis	11:10.00
19	Kish, Matthew	09	Mitty	11:12.00
20	Siu, Justin	09	Mitty	11:15.00
21	Lynch, Nathan	10	Valley Christian	11:22.35
22	Hacker, Krey	09	St. Ignatius	11:28.00
23	Breault, Raymond	09	St. Ignatius	11:28.58
24	O'Brien, Andrew	09	Junipero Serra	11:32.10
25	Dong, Jeremy	09	Valley Christian	11:47.85
26	Han, Sam	10	Valley Christian	11:50.34
27	Chew, Ben	10	St. Ignatius	11:53.10
28	Enfantino, Peter	09	Valley Christian	11:53.89
29	Wheeler, James	09	Sacred Heart	11:56.23
30	Kozuch, Joseph	09	Sacred Heart	12:00.00
31	O'Shea, Keith	09	Sacred Heart	12:00.72
32	Penner, Matthew	09	Junipero Serra	12:10.00
33	Chew, Jon	10	St. Ignatius	12:12.10
34	DeMoss, Dean	09	Valley Christian	12:41.67
35	Lee, Justin	10	St. Ignatius	NT

**Event 37 Girls 4x400 Meter Relay Junior Varsity**

**Friday 5/10/2013 - 8:30 PM**

Meet: 4:12.54 2009 Saint Francis

Marinovich, Stelling, West, Baker

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Valley Christian		4:41.00
2	Mitty		4:40.00
3	St. Francis		4:35.15
4	Sacred Heart		4:23.89
5	Notre Dame Belmo		4:28.63
6	Presentation		4:38.00

**Event 38 Girls 4x400 Meter Relay Varsity**

**Friday 5/10/2013 - 8:30 PM**

Meet: 3:53.28 2005 Archbishop Mitty

English, Owena, Robinson, Whalen

CCS: 3:48.59 1988 St. Francis

Lynch, J. Mack, A. Nurisso, R. Mack

State: 3:35.49 2004 Poly, Long Beach

National: 3:35.49 2004 Poly, Long Beach

CCS Qual: 4:02.72

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Presentation		4:26.00
2	Sacred Heart		4:14.34
3	Mitty		4:07.15
4	St. Francis		4:04.34
5	St. Ignatius		4:05.10
6	Valley Christian		4:11.34
7	Notre Dame Belmo		4:29.54

**Event 39 Boys 4x400 Meter Relay Frosh Soph**

**Friday 5/10/2013 - 8:30 PM**

Meet: 3:32.00 1981 Saint Francis

Regimbal, Durkin, Awender, Guntley

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Valley Christian		3:42.60
2	St. Ignatius		3:39.40
3	Bellarmino		3:36.30
4	Riordan		3:34.20
5	Mitty		3:35.00
6	Junipero Serra		3:36.97
7	St. Francis		3:43.23

**Event 40 Boys 4x400 Meter Relay Varsity**

**Friday 5/10/2013 - 8:30 PM**

Meet: 3:21.88 2003 Bellarmine

Savor, Johnson, Guney, Bordoni

CCS: 3:14.14 1988 Independence

McKelvey, Siqueros, Burroughs, Montgomery

State: 3:07.40 1985 Hawthorne

National: 3:07.40 1985 Hawthorne

CCS Qual: 3:26.95

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Riordan		3:39.00
2	St. Ignatius		3:38.21
3	Sacred Heart		3:31.02
4	Bellarmino		3:25.78
5	Junipero Serra		3:27.15
6	St. Francis		3:34.23



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**Event 41 Boys Shot Put Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 59-11.50 1975 Gian Rossini  
 CCS: 65-10 1967 Steve Wilhelm  
 State: 76-02 1990 Brent Noon  
 National: 77-00 1979 Michael Carter  
 CCS Qual: 49-02.50

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Sapp, Billy	11	Junipero Serra	43-08.50
2	Artim, Shane	12	St. Francis	44-01.75
3	Walrod, Thomas	12	Bellarmino	45-03.00
4	Blach, Richard	12	Bellarmino	45-05.50
5	Sosa, Alex	12	Bellarmino	45-08.00
6	Blohm, Kevin	12	St. Ignatius	46-06.50
7	Sambel, Arnie	12	Junipero Serra	53-02.50
8	Beering, Jonathan	12	Junipero Serra	59-00.50

**Event 42 Boys Shot Put Frosh Soph**

**Friday 5/10/2013 - 6:15 PM**

Meet: 60-06.50 1973 Craig Watkins

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Claudio, Justin	10	St. Ignatius	40-02.00
2	Lujan, Jacobe	10	St. Francis	40-02.50
3	Yako, Nicholas	10	Mitty	40-11.00
4	Colabianchi, Nick	10	Junipero Serra	43-08.00
5	Sanchez, Chris	12	Bellarmino	45-08.00
6	Godsil, Marshil	10	Bellarmino	46-03.00
7	Seul, Stefan	10	Junipero Serra	47-04.50
8	Pena, Adan	10	Riordan	51-05.50

**Event 43 Girls Shot Put Varsity**

**Friday 5/10/2013 - 7:30 PM**

Meet: 42-11 2012 Tyhana Cooper  
 CCS: 50-07.25 2005 Julie Dufresne  
 State: 53-07.75 1983 Natale Kaaiawahia  
 National: 54-10.75 2003 Michelle Carter  
 CCS Qual: 36-07

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Scott, Jordan	12	Mitty	30-07.00
2	Dickerson, Megan	11	St. Ignatius	31-01.00
3	Uda, Kristen	12	Valley Christian	31-06.00
4	Waters, Paige	10	St. Ignatius	32-03.00
5	Bruckner, Elana	09	Valley Christian	32-07.00
6	Stone, Ronna	10	Valley Christian	33-11.50
7	Obilor, Tiffanie	12	Presentation	36-00.00
8	Cooper, Tyhana	12	Sacred Heart	37-09.00

**Event 44 Girls Shot Put Junior Varsity**

**Friday 5/10/2013 - 8:15 PM**

Meet: 36-02 2012 Ronna Stone

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	D' Costa, Samantha	09	St. Francis	24-04.00
2	Comin, Isabella	11	St. Francis	25-04.00
3	Daley, Annika	10	Sacred Heart	25-05.50
4	Jackson, Cappi	10	Notre Dame Belmont	25-08.00
5	Dela Cruz, Daryl Ann	11	St. Francis	28-08.50
6	Tsiplakos, Tasia	10	Notre Dame Belmont	29-04.00
7	Peralta, Elaine	09	Sacred Heart	29-08.50
8	Roberts, Teanni	09	Valley Christian	29-10.00
9	Chen, Lindsey	10	St. Ignatius	29-11.00

**Event 45 Boys Discus Throw Varsity**

**Friday 5/10/2013 - 7:30 PM**

Meet: 180-06 2010 Cody Bickham  
 CCS: 204-10 2003 Nik Kay  
 State: 213-11 1997 Scott Moser  
 National: 234-03 2001 Niklas Arrhenius  
 CCS Qual: 140-00  
 Meet: 180-06 5/7/2013 Cody Bickham

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Beering, Jonathan	12	Junipero Serra	125-08
2	Cabuco, Nick	12	Junipero Serra	130-01
3	Sapp, Billy	11	Junipero Serra	131-03
4	Hurrell, Albert	11	Junipero Serra	133-11
5	Riley, Lloyd	11	St. Francis	134-01
6	Sambel, Arnie	12	Junipero Serra	136-07
7	Miranda, Marco	12	Bellarmino	138-09
8	Blohm, Kevin	12	St. Ignatius	158-05

**Event 46 Boys Discus Throw Frosh Soph**

**Friday 5/10/2013 - 8:15 PM**

Meet: 155-05 1973 Craig Watkins

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Jones, Nethaniel	10	Junipero Serra	103-10
2	Sanchez, Jesus		Bellarmino	104-11
3	Lujan, Jacobe	10	St. Francis	110-05
4	Tabangcura, Dustin	10	Mitty	111-06
5	Claudio, Justin	10	St. Ignatius	113-04
6	Godsil, Marshil	10	Bellarmino	120-02
7	Pena, Adan	10	Riordan	125-01
8	Seul, Stefan	10	Junipero Serra	126-08

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**Event 47 Girls Discus Throw Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 132-09 2006 Sela Pains  
 CCS: 165-10 1996 Darlene Tulua  
 State: 188-04 1994 Suzy Powell  
 National: 190-03 2009 Ana Jelmini  
 CCS Qual: 112-04

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Kapoor, Sonia	11	Presentation	91-07
2	Chizankos, Jessica	11	Mitty	93-11
3	Dickerson, Megan	11	St. Ignatius	100-02
4	Scott, Jordan	12	Mitty	101-00
5	Oeser, Melissa	12	Notre Dame Belm	101-03
6	Puccinelli, Francesca	12	St. Ignatius	105-07
7	Gowans, Norma	10	Mitty	105-09
8	Lucian, Jennifer	12	St. Francis	105-10

**Event 48 Girls Discus Throw Junior Varsity**

**Friday 5/10/2013 - 6:15 PM**

Meet: 117-05 2003 Christina Kidd

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Comin, Isabella	11	St. Francis	78-01
2	Peralta, Elaine	09	Sacred Heart	79-05
3	Canales, Rosario	11	Mitty	79-05
4	Sellars, Emily	09	Sacred Heart	79-07
5	Swanson, Makayla	09	St. Ignatius	81-00
6	Roberts, Teanni	09	Valley Christian	86-06
7	D' Costa, Samantha	09	St. Francis	87-03
8	Descalso, Mary	10	St. Francis	90-10

**Event 49 Boys Long Jump Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 23-08 1959 Jim Fregosi  
 CCS: 26-00 1984 Johnny Cleveland  
 State: 26-04.75 1989 James Stallworth  
 National: 26-04.75 1989 James Stallworth  
 CCS Qual: 21-02.75

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Paraangchu, Andrew	12	Riordan	19-04.50
2	Aronce-Camp, Nick	11	St. Ignatius	19-05.50
3	Wheaton, Michael	11	St. Ignatius	19-08.00
4	Hall, Chris	11	Riordan	19-11.50
5	Bush, Grant	11	Bellarmino	20-01.00
6	Vong, Ryan	11	Bellarmino	20-06.00
7	Johnson, Khalil	12	St. Francis	20-11.50
8	Wong, Matthew	12	Mitty	22-02.00

**Event 50 Boys Long Jump Frosh Soph**

**Friday 5/10/2013 - 6:15 PM**

Meet: 21-09.50 2005 Michael Borg

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Coh, Patrick	10	Sacred Heart	17-05.25
2	Thompson, Joe	10	Bellarmino	17-07.75
3	Laughlin, Connor	10	Riordan	18-01.00
4	Knowles, Milo	10	Bellarmino	18-01.25
5	O'Brien, Michael	10	Mitty	18-03.00
6	Reardon, Jack	10	Bellarmino	18-09.00
7	Bakan, Michael	10	Bellarmino	18-09.50
8	Quesada, Sean	10	St. Ignatius	18-11.50

**Event 51 Girls Long Jump Varsity**

**Friday 5/10/2013 - 7:30 PM**

Meet: 18-01.25 2005 Danielle Robinson  
 CCS: 20-09.75 1984 Wendy Brown  
 State: 22-00.50 1993 Marion Jones  
 National: 22-01.75 1976 Kathy McMillan  
 CCS Qual: 16-09

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Ma, Elaine	10	Valley Christian	15-09.00
2	De Rossi, Desiree	12	Mitty	15-09.00
3	Bugtong, Karla	11	St. Ignatius	15-11.00
4	Sum, Lydia	10	Valley Christian	16-00.50
5	Johnson, Taylor	09	Valley Christian	16-02.00
6	Love, Marquel	11	Mitty	16-02.50
7	Johnson, Lauren	11	St. Francis	16-02.50
8	Jaques, Taylore	11	Presentation	16-09.50
9	Janachowski, Candy	11	St. Ignatius	17-07.00

**Event 52 Girls Long Jump Junior Varsity**

**Friday 5/10/2013 - 8:15 PM**

Meet: 16-00 2010 Therese Santos

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Fellenz, Janelle	10	Mitty	13-10.00
2	Ahlawat, Nivi	10	Mitty	13-10.50
3	King, Emily	10	Valley Christian	13-11.00
4	Meacham, Kayla	09	Mitty	14-00.00
5	Jimenez, Erin	09	Mitty	14-00.50
6	Johnson, Adrienne	09	St. Ignatius	14-01.50
7	Gaudio, Julia	10	Mitty	14-03.00
8	Wong, Blossom	10	Sacred Heart	14-04.50
9	Richardson, Shayla	10	St. Ignatius	14-10.50
10	Attard, Siena	09	Sacred Heart	15-00.00

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**Event 53 Boys Triple Jump Varsity**

**Friday 5/10/2013 - 7:30 PM**

Meet: 47-11.50 1975 Mike Haynes  
 CCS: 50-11.50 1986 Harold Rucker  
 State: 52-10.50 1980 Charles Mayfield  
 National: 52-10.50 1980 Charles Mayfield  
 CCS Qual: 43-01.75

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Tom, Ryan	11	St. Francis	39-11.00
2	Nguyen, Derek	12	Bellarmino	40-02.50
3	Alvarez, Marcus	10	Junipero Serra	40-06.50
4	Aronce-Camp, Nick	11	St. Ignatius	41-03.50
5	Underwood, Jonah	10	Bellarmino	41-10.00
6	Vong, Ryan	11	Bellarmino	42-02.00
7	Bush, Grant	11	Bellarmino	44-00.00
8	Wong, Matthew	12	Mitty	45-10.00

**Event 54 Boys Triple Jump Frosh Soph**

**Friday 5/10/2013 - 8:15 PM**

Meet: 44-03.50 1980 Jeff Rossman

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Claros, Trevor	09	Riordan	36-11.00
2	Bramlett, Jordan	10	St. Francis	37-01.50
3	Knowles, Milo	10	Bellarmino	37-07.00
4	Thompson, Joe	10	Bellarmino	38-05.00
5	O'Brien, Michael	10	Mitty	38-07.50
6	Bakan, Michael	10	Bellarmino	39-05.00
7	Obiajulu, VJ	09	Junipero Serra	39-09.00
8	Kenison, Jordan	09	Junipero Serra	40-04.00

**Event 55 Girls Triple Jump Varsity**

**Friday 5/10/2013 - 6:15 PM**

Meet: 38-09.25 2005 Caitlin Schields  
 CCS: 40-02.50 1984 Wendy Brown  
 State: 44-00.50 1991 Juliana Yendork  
 National: 44-02.25 2001 Ychlandria Spears  
 CCS Qual: 34-11

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Love, Marquel	11	Mitty	34-03.00
2	Johnson, Robriana	12	Valley Christian	35-05.00
3	Phillips, Katie	10	Mitty	35-08.00
4	Chizanskos, Julia	09	Mitty	35-10.00
5	Johnson, Lauren	11	St. Francis	35-11.50
6	Chan, Josie	10	St. Ignatius	36-00.00
7	Janachowski, Candy	11	St. Ignatius	36-06.00
8	Sum, Lydia	10	Valley Christian	36-08.50

**Event 56 Girls Triple Jump Junior Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 34-01 2012 Lydia Sum

Pos	Name	Yr	School	Prelims
<b>Flight 1 of 1 Finals</b>				
1	Holzman, Laurasia	11	Notre Dame Belm	28-10.00
2	Weiss, Mariana		St. Ignatius	29-03.50
3	Rubio, Livia	09	St. Francis	29-04.00
4	Clark, Sydney	09	Valley Christian	29-11.00
5	Velasco, Miranda	10	Presentation	30-06.50
6	Morris, Casey		Presentation	30-07.50
7	Baylis, Amy	09	Mitty	30-11.00
8	Jimenez, Erin	09	Mitty	32-00.25

**Event 57 Boys High Jump Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 6-10 1990 Matt Rice  
 CCS: 7-03 1985 Jeff Rogers  
 State: 7-03.25 1979 Lee Balkin  
 National: 7-05.75 2009 James White  
 CCS Qual: 6-01

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Fontana, Adam	11	St. Ignatius	5-04.00
2	Tovstyka, Daniel	11	Sacred Heart	5-06.00
3	Paraangchu, Andrew	12	Riordan	5-08.00
4	Alvarez, Marcus	10	Junipero Serra	5-08.00
5	Iyer, Shanker	12	Bellarmino	5-10.00
6	Peters, Cameron	11	Bellarmino	5-10.00
7	Forchette, AJ	10	Bellarmino	5-10.00
8	Sachania, Tej	11	St. Francis	5-10.00
9	Johnson, Khalil	12	St. Francis	6-00.00
10	Muzzolini, Gabe	12	St. Francis	6-00.00
11	Thomas, Darius	09	St. Francis	6-00.00
12	Hodges, Andrew	12	Bellarmino	6-00.00
13	Williams, Michael	12	Mitty	6-00.00
14	Underwood, Jonah	10	Bellarmino	6-00.00
15	Carbonel, Brycen	10	St. Francis	6-02.00

**2013 WCAL Track & Field Championships**  
**St. Francis High School - 5/7/2013 to 5/10/2013**  
**Meet Program - Finals**

**Event 59 Girls High Jump Varsity**

**Friday 5/10/2013 - 7:30 PM**

Meet: 5-06 2011 **Michellie McDonald-O'Brien**  
 CCS: 6-02.25 1984 **Wendy Brown**  
 State: 6-02.75 1985 **Latrese Johnson**  
 National: 6-04 2009 **Toni Young**  
 CCS Qual: 5-00

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Georgiev, Laura	09	Mitty	4-04.00	_____
2	Fell, Samantha	11	St. Ignatius	4-04.00	_____
3	Izzo, Ansley	12	Valley Christian	4-04.00	_____
4	Rangel, Becky		Presentation	4-06.00	_____
5	Welsh, Catherine	11	St. Ignatius	4-06.00	_____
6	Jaques, Sydney	09	Presentation	4-08.00	_____
7	Ma, Elaine	10	Valley Christian	4-08.00	_____
8	Yasavolian, Michelle	11	St. Francis	4-10.00	_____
9	Wilhelm, Rachel	10	St. Francis	5-00.00	_____
10	Florant, Mackenzie	11	St. Francis	5-00.00	_____
11	Johnson, Robriana	12	Valley Christian	5-00.00	_____
12	Alliaume, Juliette	12	Sacred Heart	5-02.00	_____
13	Johnson, Lauren	11	St. Francis	5-04.00	_____

**Event 63 Girls Pole Vault Varsity**

**Friday 5/10/2013 - 2:30 PM**

Meet: 12-10 2006 **Natasha Barthel**  
 CCS: 14-02.50 2007 **Tori Anthony**  
 State: 14-01 2007 **Tori Anthony**  
 National: 14-01 2007 **Tori Anthony**  
 CCS Qual: 10-04

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Sign, Augustina	12	Mitty	7-06.00	_____
2	Evans, Melanie	12	Mitty	7-06.00	_____
3	Sommer, Maya	12	St. Ignatius	8-04.00	_____
4	Dorricott, Carolyn	12	Notre Dame Belmo	8-06.00	_____
5	Heggedus, Lizzy	12	Notre Dame Belmo	8-09.00	_____
6	Chan, Miranda	12	Notre Dame Belmo	8-09.00	_____
7	Giribaldi, Julia	10	St. Francis	9-00.00	_____
8	Ash, Rebecca	12	St. Ignatius	9-00.00	_____
9	Welsh, Catherine	11	St. Ignatius	9-09.00	_____
10	Wilhelm, Rachel	10	St. Francis	10-06.00	_____
11	Jaques, Sydney	09	Presentation	11-00.00	_____
12	McCarthy, Emma	12	Presentation	12-06.00	_____
13	Jaques, Taylore	11	Presentation	12-08.00	_____

**Event 61 Boys Pole Vault Varsity**

**Friday 5/10/2013 - 5:00 PM**

Meet: 16-00 2006 **Kyle Mills-Bunje**  
 CCS: 17-06.25 2007 **Nico Weiler**  
 State: 18-02 1985 **Brandon Richards**  
 National: 18-02.25 1999 **Eric Eshbach**  
 CCS Qual: 13-00

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Mangilog, Anthony	12	Mitty	8-06.00	_____
2	Vargas, Brandon	11	Mitty	9-00.00	_____
3	La Rosa, Andre	12	Junipero Serra	10-00.00	_____
4	Waldren, Hugo	10	St. Francis	10-00.00	_____
5	Kwong, Nick	11	Junipero Serra	10-00.00	_____
6	Jensen, Bryce	12	Bellarmino	10-00.00	_____
7	Kava, Jonathan	11	St. Francis	10-06.00	_____
8	Clement, Michael	11	St. Francis	10-09.00	_____
9	Hodges, Andrew	12	Bellarmino	11-00.00	_____
10	Lynch, Nick	11	St. Ignatius	11-06.00	_____
11	Ferrari, Dominic	11	Junipero Serra	11-06.00	_____
12	Batstone, Jesse	12	St. Ignatius	11-09.00	_____
13	Bennett, Talon	09	Junipero Serra	12-00.00	_____
14	Weber, Jackson	11	St. Ignatius	12-00.00	_____
15	Gaul, Jack	11	St. Ignatius	12-06.00	_____
16	Williams, Stephen	11	St. Francis	12-08.00	_____
17	Lind, Andrew	10	Bellarmino	13-00.00	_____
18	O'Neill, Michael	12	Bellarmino	13-06.00	_____
19	Stofer, Jon	11	Bellarmino	14-00.00	_____
20	Toney, Marc	12	St. Francis	15-06.00	_____