

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Meet Program - Girls Trials

Event 6 Girls 1600 Meter Run Junior Varsity**Wednesday 5/9/2012 - 4:00 PM**

Meet: 5:26.57 2009 Tatiana Baiza

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Cowherd, Indigo	11	St. Francis	5:50.62
2	McDonnell, Megan	09	Notre Dame (5:48.95
3	Costanzo, Trisha	11	St. Francis	5:45.73
4	Weiner, Haley	10	Archbishop M	5:43.00
5	Casey, Emily	10	Notre Dame (5:38.24
6	Nelson, Hannah	09	St. Francis	5:50.62
7	Wang, Christine	11	St. Francis	5:50.70
8	Newman, Grace	11	Sacred Heart	5:50.97
9	Fotinos, Alexa	09	St. Ignatius	5:52.00
10	Reyes, Amy	11	Valley Chris	5:53.77
11	Flynn-Do, Meiko	09	Archbishop M	5:54.00
12	Jacobo, Olivia	10	Sacred Heart	5:54.01
13	Wilkerson, Kendall	11	Presentation	5:55.00
14	Pastorino, Emma	09	Notre Dame (5:55.46
15	Drury, Jessica	10	St. Francis	5:56.03

Section 2 of 2 Finals

1	Connolly, Kellianne	11	Valley Chris	5:59.83
2	Grabeel, Paris	09	Archbishop M	5:59.00
3	Hinton, Kara	09	Valley Chris	5:58.90
4	Horta, Calista	09	Archbishop M	5:58.00
5	Hyndman, Emma	11	St. Ignatius	5:57.00
6	Eaton, Kelly	10	Presentation	6:00.00
7	Moura, Julianna	10	Presentation	6:03.00
8	Killmond, Katherine	11	Notre Dame (6:05.91
9	McCarthy, Stephanie	10	St. Ignatius	6:09.11
10	Carracciolo, Laura	09	St. Ignatius	6:10.00
11	McEntee, Briana	09	Archbishop M	6:17.47
12	Kuehl, Sophie	09	Sacred Heart	6:19.94
13	Listana, Precious	09	Sacred Heart	6:20.63
14	Whitney, Pilar	10	Sacred Heart	6:22.93
15	Ortiz-Azucar, Yajaira	11	St. Ignatius	6:28.59
16	Shaw, Kristen	10	Notre Dame (7:32.33

Event 9 Girls 100 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Wednesday 5/9/2012 - 4:20 PM**

Meet: 13.72 2010 Hannah Goranson

CCS: 13.03 2007 Vashti Thomas

State: 13.03 2007 Vashti Thomas

National: 13.03 2007 Vashti Thomas

CCS Qual: 15.60

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Vinod, Priti	11	Archbishop M	19.36
2	Mendoza, Kelly	12	St. Ignatius	18.04
3	Micallef, Carlisle	10	Archbishop M	17.30
4	Auzenne, Micha	11	St. Francis	14.07
5	Yasevich, Yana	11	St. Ignatius	17.17
6	Alliaume, Juliette	11	Sacred Heart	17.87
7	Phillips, Katie	09	Archbishop M	18.85
8	Nguyen, Tiffany	12	St. Ignatius	21.65
Heat 2 of 2 Prelims				
1	Muscha, Maddie	11	Presentation	20.65
2	Phillips, Leah	12	Presentation	18.67
3	Benham, Megan	12	St. Francis	17.65
4	Johnson, Lauren	10	St. Francis	15.36
5	Haar, Paige	11	Archbishop M	16.00
6	Wigant, Alyssa	12	Presentation	17.75
7	Chen, Monica	12	St. Francis	18.80
8	Marr, Kortney	11	Presentation	20.73

Event 10 Girls 100 Meter Hurdles Junior Varsity**9 Advance: Top 1 Each Heat plus Next 6 Best Times****Wednesday 5/9/2012 - 4:30 PM**

Meet: 16.30 2007 Hannah Goranson

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Munoz, Stephanie	09	Presentation	21.62
2	Welsh, Catherine	10	St. Ignatius	20.87
3	Ngo, Allison	09	St. Francis	20.59
4	Opulencia, Caitlyn	09	Presentation	17.67
5	Connolly, Clare	10	St. Ignatius	20.59
6	Sami, Oliver	09	Archbishop M	20.84
7	Nishikawa, Sarah	10	St. Francis	21.37
8				
Heat 2 of 3 Prelims				
1	Huerta, Jessica	10	Presentation	22.10
2	Kafka, Lauren	09	Presentation	20.90
3	Coleman, Cassie	09	Archbishop M	20.61
4	Judas, Liesel	09	Archbishop M	18.76
5	Menzel, Lizzie	10	Notre Dame (19.90
6	Denise, Ocegueda	09	Archbishop M	20.79
7	Parent, Rachel	10	St. Francis	21.36
8				

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Heat 3 of 3 Prelims...(Event 10 Girls 100 Meter Hurdles Junior Varsi

1	Heckert, Michelle	10	St. Ignatius	22.84
2	Namineni, Neeha	10	St. Francis	20.94
3	Edwards, Camille	10	St. Ignatius	20.72
4	Ahlawat, Nivi	09	Archbishop M	18.87
5	Kohlmaier, Kaylee	10	Notre Dame (19.60
6	Hwang, Anna	10	St. Ignatius	20.74
7	May, Ovilee	10	St. Francis	21.20
8				

Event 13 Girls 400 Meter Dash Varsity**7 Advance: Top 1 Each Heat plus Next 5 Best Times****Wednesday 5/9/2012 - 4:45 PM**

Meet:	56.20	2008	Kristen Houp
CCS:	52.83	1984	Leslie Maxie
State:	50.74	2000	Monique Henderson
National:	50.74	2000	Monique Henderson
CCS Qual:	58.37		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 2 Prelims

1	Cuzner, Emily	11	Presentation	1:05.00
2	Pavella, Kimmie	12	Notre Dame (1:02.30
3	Sanfilippo, Gabriela	09	Presentation	1:02.00
4	Padilla, Marisa	11	St. Francis	57.98
5	Sola, Anna Marie	12	Archbishop M	1:00.69
6	Wheeler, Nicole	12	Archbishop M	1:02.10
7	Blair, Catherine	12	Notre Dame (1:06.32

Heat 2 of 2 Prelims

1	De Rossi, Desiree	11	Archbishop M	1:04.30
2	Nowak, Maya	10	St. Francis	1:02.65
3	Hipp, Erica	11	Sacred Heart	1:02.03
4	McKeever, Ebony	11	Sacred Heart	58.58
5	Smith, Fiona	10	St. Ignatius	59.45
6	Tramontozzi, Claire	10	St. Ignatius	1:02.07
7				

Event 14 Girls 400 Meter Dash Junior Varsity**7 Advance: Top 1 Each Heat plus Next 4 Best Times****Wednesday 5/9/2012 - 5:00 PM**

Meet:	1:01.53	2010	Nicole Fairley
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Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1					
2	Davison, Jade	09	Sacred Heart	1:09.55	
3	Abdelkader, Daisha	09	St. Francis	1:05.36	
4	Arquero, Claudia	10	Notre Dame (1:01.72	
5	Koenig, Sarah	11	Valley Chris	1:05.30	
6	O'Flaherty, Molly	10	Presentation	1:09.00	
7					

Heat 2 of 3 Prelims

1	Costello, Kira	09	Notre Dame (1:28.93
2	Martin, Wailani	09	Sacred Heart	1:09.65
3	Brown, Danielle	11	St. Francis	1:05.91
4	Say, Hannah	10	Notre Dame (1:03.71
5	Liu, Olivia	10	Archbishop M	1:05.00
6	Wong, Blossom	09	Sacred Heart	1:06.76
7				

Heat 3 of 3 Prelims

1	Coghlan, Christine	11	Notre Dame (1:24.21
2	Halton, Hannah	09	Notre Dame (1:10.34
3	Urrabazo-Torres, Katalina	09	St. Francis	1:05.94
4	Wingate, Sabrina	10	Sacred Heart	1:04.49
5	Hayden, Nia	10	Valley Chris	1:04.89
6	Wang, Maggie	09	Archbishop M	1:06.47
7				

Event 17 Girls 100 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Wednesday 5/9/2012 - 5:15 PM**

Meet:	11.62	2005	Khrystal Carter
CCS:	11.24	2006	Jeneba Tarmoh
State:	11.14	1992	Marion Jones
National:	11.14	1992	Marion Jones
CCS Qual:	12.71		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	Westbrook, Laura	12	Notre Dame (15.18
2	Agu, Cecily	11	Archbishop M	13.16
3	Bugtong, Karla	10	St. Ignatius	12.90
4	Auzenne, Micha	11	St. Francis	12.14
5	Obilor, Tiffanie	11	Presentation	12.80
6	Tan, Mikayla	10	Archbishop M	13.11
7	Lara, Maria	12	Sacred Heart	13.72
8				

Heat 2 of 3 Prelims

1					
2	McGovern, Aine	11	St. Ignatius	13.24	
3	Roey, Jessica	11	St. Francis	12.96	
4	Smallwood, Shelby	10	Valley Chris	12.22	
5	Palacio, Kylie	11	Archbishop M	12.79	
6	Micallef, Carlisle	10	Archbishop M	13.09	
7	Pollifrone, Milan	12	Presentation	13.60	
8					

Heat 3 of 3 Prelims

1					
2	Howard, Kairee	10	Sacred Heart	13.31	
3	Bradley, Mary Ellen	11	Valley Chris	13.01	
4	Fenton, Skylar	10	St. Ignatius	12.48	
5	Love, Marquel	10	Archbishop M	12.74	
6	Garrity, Kathleen	12	St. Francis	13.02	
7	Harris, Andrea	12	Valley Chris	13.51	
8					

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Event 18 Girls 100 Meter Dash Junior Varsity**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Wednesday 5/9/2012 - 5:25 PM****Meet: 12.89 2003 Krystal Yee**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Richardson, Shayla	09	St. Ignatius	14.85
2	Abrahamson, Alex	10	Archbishop M	13.88
3	Craig, Niajai	09	Archbishop M	13.65
4	Cheeks, Brianna	09	St. Francis	12.87
5	de la Pena, Hannah	09	Sacred Heart	13.65
6	Shing, Priscilla	09	Valley Chris	13.85
7	Cazares, Jezebella	11	Sacred Heart	14.81
8				
Heat 2 of 4 Prelims				
1	Parks, Meryl	11	Presentation	14.95
2	Jackson, Babbette	11	Sacred Heart	13.91
3	Weldon, Alyssa	09	Valley Chris	13.66
4	Uhl, Katherine	10	Notre Dame (13.11
5	Mejia-Prieto, Juli	10	Notre Dame (13.62
6	Dey, Akansha	09	Archbishop M	13.85
7	Mai, Ally	09	Valley Chris	14.10
8				
Heat 3 of 4 Prelims				
1	Leus, Abby	10	Notre Dame (15.19
2	Rangel, Becky	10	Presentation	13.99
3	Catan, Emily	11	St. Francis	13.69
4	Fitzpatrick, Emma	09	St. Francis	13.14
5	Samson, Natalie	10	Presentation	13.60
6	Rodriquez, Katherine	11	St. Francis	13.80
7	Vigil, Gabrielle	09	Sacred Heart	14.02
8				
Heat 4 of 4 Prelims				
1	Santa Rose, Stephanie	10	St. Ignatius	15.22
2	Lewis, Amanda	10	Presentation	14.00
3	Connelly, Sophie	11	Notre Dame (13.74
4	Ramaratram, Uma	09	Archbishop M	13.45
5	Thompson, Kristen	09	Notre Dame (13.50
6	Blumenthal, Fiona	11	St. Ignatius	13.75
7	Early, Jennifer	11	Presentation	14.01
8	Garcia, Marcia	09	St. Ignatius	NT

Event 21 Girls 800 Meter Run Varsity**12 Advance: Top 2 Each Heat plus Next 8 Best Times****Wednesday 5/9/2012 - 5:40 PM****Meet: 2:08.97 2005 Christine Whalen****CCS: 2:04.37 1977 Ann Reagan****State: 2:04.91 1984 Trena Hull****National: 2:02.90 2008 Chanelle Price****CCS Qual: 2:19.91**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Loveday, Montana	11	Archbishop M	2:34.00
2	Garcia, Isabel	12	Valley Chris	2:29.65
3	Cech, Lauren	10	Archbishop M	2:26.91
4	Arrillaga, Lindsey	09	St. Francis	2:24.37
5	Rintala, Olivia	11	Archbishop M	2:19.18
6	Tse, Katherine	11	Sacred Heart	2:35.50
7	Chew, Raylene	11	Presentation	2:36.10
8	Baiza, Tatiana	12	Sacred Heart	2:36.42
9	Cannata-Bowman, Sophia	11	Sacred Heart	2:40.62
10	Tobin, Haley	12	St. Ignatius	2:40.93
11				
Heat 2 of 2 Prelims				
1	Asbun, Nicole	09	Archbishop M	2:30.17
2	Redmond, Kellie	11	Sacred Heart	2:29.72
3	Roemer, Madeline	12	St. Francis	2:26.59
4	Smith, Erin	10	St. Ignatius	2:25.69
5	Spence, Katie	10	St. Ignatius	2:19.00
6	Behlen, Kelly	12	St. Francis	2:35.59
7	Schrier, Emilia	12	St. Francis	2:35.62
8	Craft, Katie	11	St. Ignatius	2:39.00
9	Gomez, Audrey	12	St. Ignatius	2:40.00
10	Stockwell, Clare	12	Notre Dame (2:44.20
11	Linehan, Amy	11	Presentation	2:45.00

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Event 22 Girls 800 Meter Run Junior Varsity**12 Advance: Top 2 Each Heat plus Next 8 Best Times****Wednesday 5/9/2012 - 5:55 PM****Meet: 2:27.70 2006 Tracy Vargo**

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Killmond, Katherine	11	Notre Dame (2:40.85
2	McDonell, Megan	09	Notre Dame (2:38.98
3	McCauley, Taylor	09	Archbishop M	2:38.89
4	Jacobo, Olivia	10	Sacred Heart	2:36.16
5	Vazquez, Lianne	11	Archbishop M	2:36.04
6	Luu, Shannon	10	Valley Chris	2:41.00
7	Buscher, Sophia	10	St. Ignatius	2:43.20
8	Pastorino, Emma	09	Notre Dame (2:43.26
9	Dattalo, Ashley	11	Archbishop M	2:45.00
10	Ledesma, Francesca	09	St. Ignatius	2:45.00
11	Astroth, Kyle	09	St. Ignatius	2:50.80
12	Horta, Calista	09	Archbishop M	2:52.57
13	Tuite, Maria	11	Sacred Heart	2:54.13
14	Trainor, Grace	10	Notre Dame (2:54.26
15	Lunde, Caela	09	Sacred Heart	2:59.32
16	Moura, Julianna	10	Presentation	3:00.00
17				
Heat 2 of 2 Prelims				
1	Sweeney, Kelly	10	Archbishop M	2:40.00
2	Kemp, Emilie	10	St. Francis	2:39.27
3	Casey, Emily	10	Notre Dame (2:38.33
4	Sobrepena, Sydney	09	St. Ignatius	2:37.00
5	Mac, Karen	10	Valley Chris	2:35.34
6	Cowherd, Indigo	11	St. Francis	2:41.51
7	Mantovani, Chiara	09	Presentation	2:42.33
8	Watson, Erin	09	St. Francis	2:44.29
9	Drury, Jessica	10	St. Francis	2:44.51
10	Yee, Melia	11	St. Ignatius	2:48.90
11	Hinton, Kara	09	Valley Chris	2:49.51
12	Murphy, Alex	10	St. Francis	2:53.41
13	Padron, Jessica	09	Sacred Heart	2:54.05
14	Gillespie, Megan	10	Valley Chris	2:56.00
15	Haag, Morgan	09	Valley Chris	2:57.00
16	Eaton, Kelly	10	Presentation	3:00.00
17	Ahlbach, Mairead	09	Sacred Heart	3:04.35

Event 25 Girls 300 Meter Hurdles Varsity**7 Advance: Top 1 Each Heat plus Next 4 Best Times****Wednesday 5/9/2012 - 6:10 PM****Meet: 45.40 2010 Brittney Wright****CCS: 40.18 1984 Leslie Maxie****State: 39.98 2001 Lashinda Demus****National: 39.98 2001 Lashinda Demus****CCS Qual: 46.77**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Nguyen, Tiffany	12	St. Ignatius	1:03.89
2	Muscha, Maddie	11	Presentation	54.95
3	Alliaume, Juliette	11	Sacred Heart	51.50
4	Auzenne, Micha	11	St. Francis	45.67
5	Borst, Johanna	12	Archbishop M	51.10
6	Phillips, Katie	09	Archbishop M	53.44
7				
Heat 2 of 3 Prelims				
1	Westbrook, Laura	12	Notre Dame (59.99
2	Chen, Monica	12	St. Francis	58.18
3	Hipp, Emily	11	Sacred Heart	51.77
4	Benham, Megan	12	St. Francis	48.93
5	Wigant, Alyssa	12	Presentation	50.79
6	Kerrigan-Okamoto, Christine	12	St. Francis	52.63
7				
Heat 3 of 3 Prelims				
1	Mendoza, Kelly	12	St. Ignatius	59.82
2	Marr, Kortney	11	Presentation	58.78
3	Wheeler, Nicole	12	Archbishop M	52.02
4	Haar, Paige	11	Archbishop M	49.40
5	Lara, Maria	12	Sacred Heart	49.90
6	Yasevich, Yana	11	St. Ignatius	52.16
7				
Event 26 Girls 300 Meter Hurdles Junior Varsity				
7 Advance: Top 1 Each Heat plus Next 4 Best Times				
Wednesday 5/9/2012 - 6:15 PM				
Meet: 49.35 2009 Gina Givens				
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Heckert, Michelle	10	St. Ignatius	1:00.09
2	Ngo, Allison	09	St. Francis	57.73
3	Holzman, Laurasia	10	Notre Dame (55.07
4	Abdelkader, Daisha	09	St. Francis	52.84
5	Rich, Camille	11	St. Ignatius	54.58
6	Hwang, Anna	10	St. Ignatius	57.35
7	Namineni, Neeha	10	St. Francis	1:01.56

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Heat 2 of 3 Prelims...(Event 26 Girls 300 Meter Hurdles Junior Varsi

1	Huerta, Jessica	10	Presentation	59.88
2	Menzel, Lizzie	10	Notre Dame (57.83
3	Kafka, Lauren	09	Presentation	55.30
4	Opulencia, Caitlyn	09	Presentation	53.22
5	Sami, Oliver	09	Archbishop M	54.39
6	Kohlmaier, Kaylee	10	Notre Dame (56.74
7	Nishikawa, Sarah	10	St. Francis	1:02.26

Heat 3 of 3 Prelims

1	Augustin, Andrea	09	St. Francis	59.81
2	Munoz, Stephanie	09	Presentation	58.80
3	Connolly, Clare	10	St. Ignatius	56.14
4	Judas, Liesel	09	Archbishop M	53.24
5	O'Riordan, Nadine	10	Notre Dame (54.20
6	Coleman, Cassie	09	Archbishop M	56.33
7	Holl, Emilia	10	St. Ignatius	1:05.97

Event 29 Girls 200 Meter Dash Varsity

7 Advance: Top 1 Each Heat plus Next 3 Best Times

Wednesday 5/9/2012 - 6:35 PM

Meet:	23.97 2005	Khrystal Carter
CCS:	23.14 2006	Jeneba Tarmoh
State:	22.52 2003	Allyson Felix
National:	22.52 2003	Allyson Felix
CCS Qual:	26.08	

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1				
2	Bugtong, Karla	10	St. Ignatius	28.00
3	Tramontozzi, Claire	10	St. Ignatius	27.14
4	Smallwood, Shelby	10	Valley Chris	25.25
5	Sola, Anna Marie	12	Archbishop M	27.00
6	Obilor, Tiffanie	11	Presentation	27.90
7				

Heat 2 of 4 Prelims

1	Sanfilippo, Gabriela	09	Presentation	NT
2	Nowak, Maya	10	St. Francis	28.04
3	Bradley, Mary Ellen	11	Valley Chris	27.18
4	Fenton, Skylar	10	St. Ignatius	25.31
5	Smith, Fiona	10	St. Ignatius	26.98
6	Pavella, Kimmie	12	Notre Dame (27.88
7				

Heat 3 of 4 Prelims

1	Pollifrone, Milan	12	Presentation	30.00
2	Harris, Andrea	12	Valley Chris	28.20
3	Tan, Mikayla	10	Archbishop M	27.29
4	Padilla, Marisa	11	St. Francis	25.64
5	McKeever, Ebony	11	Sacred Heart	26.83
6	Hipp, Erica	11	Sacred Heart	27.55
7				

Heat 4 of 4 Prelims

1	Cuzner, Emily	11	Presentation	30.00
2	Blair, Catherine	12	Notre Dame (28.94
3	McGovern, Aine	11	St. Ignatius	27.47
4	Agu, Cecily	11	Archbishop M	26.07
5	Palacio, Kylie	11	Archbishop M	26.20
6	De Rossi, Desiree	11	Archbishop M	27.48
7				

Event 30 Girls 200 Meter Dash Junior Varsity

7 Advance: Top 1 Each Heat plus Next 3 Best Times

Wednesday 5/9/2012 - 4:00 PM

Meet: **26.75 2010** **Cecily Agu**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Cazares, Jezebella	11	Sacred Heart	30.44
2	Carlson, Stephanie	09	St. Francis	29.33
3	Weldon, Alyssa	09	Valley Chris	28.61
4	Cheeks, Brianna	09	St. Francis	26.90
5	Samson, Natalie	10	Presentation	28.44
6	Quijano, Samantha	09	St. Francis	29.26
7	Vu, Tia	11	Sacred Heart	31.00

Heat 2 of 4 Prelims

1	Connelly, Sophie	11	Notre Dame (29.90
2	Lewis, Amanda	10	Presentation	29.40
3	Wingate, Sabrina	10	Sacred Heart	28.63
4	Ramaratram, Uma	09	Archbishop M	27.60
5	Thompson, Kristen	09	Notre Dame (28.34
6	Say, Hannah	10	Notre Dame (29.16
7	Richardson, Shayla	09	St. Ignatius	31.04

Heat 3 of 4 Prelims

1	Halton, Hannah	09	Notre Dame (29.67
2	Urrabazo-Torres, Katalina	09	St. Francis	29.44
3	Early, Jennifer	11	Presentation	28.74
4	Uhl, Katherine	10	Notre Dame (27.62
5	de la Pena, Hannah	09	Sacred Heart	28.32
6	Blumenthal, Fiona	11	St. Ignatius	29.09
7	Santa Rose, Stephanie	10	St. Ignatius	31.47

Heat 4 of 4 Prelims

1	Rangel, Becky	10	Presentation	29.63
2	Gallagher, Christina	09	Sacred Heart	29.61
3	Dey, Akansha	09	Archbishop M	28.79
4	Jones, Madeleine	10	Archbishop M	28.00
5	Craig, Nijai	09	Archbishop M	28.15
6	Rodriguez, Katherine	11	St. Francis	29.00
7				

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Event 34 Girls 3200 Meter Run Junior Varsity**Wednesday 5/9/2012 - 4:00 PM****Meet: 12:21.36 2006****Tracy Vargo**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Newman, Grace	11	Sacred Heart	12:52.35
2	Weiner, Haley	10	Archbishop M	12:51.00
3	Wang, Christine	11	St. Francis	12:45.44
4	Mac, Karen	10	Valley Chris	12:27.85
5	Gill, Kristin	09	Presentation	12:25.00
6	Connolly, Kellianne	11	Valley Chris	12:52.66
7	Reyes, Amy	11	Valley Chris	12:54.12
8	Costanzo, Trisha	11	St. Francis	12:55.63
9	Wilkerson, Kendall	11	Presentation	12:58.09
10	Nelson, Hannah	09	St. Francis	13:01.53
11	Patel, Pooja	09	Archbishop M	13:13.00
12	Grabeel, Paris	09	Archbishop M	13:21.00
13	Flynn-Do, Meiko	09	Archbishop M	13:24.00
14	Gillespie, Megan	10	Valley Chris	13:55.12
15	Morrison, Rachel	09	St. Francis	14:03.77
16	Redelfs, Rachel	09	St. Francis	14:05.22
17	Cournale, Caitlyn	09	St. Ignatius	NT
18	Corry, Marissa	09	St. Ignatius	NT
19	Chan, Christie	10	St. Ignatius	NT
20	Jadallah, Jena	09	St. Ignatius	NT
21	Schmitt, Sarah	09	St. Ignatius	NT

Event 43 Girls Shot Put Varsity**Top 8 Advance by Mark****Wednesday 5/9/2012 - 4:00 PM****Meet: 42-00 2006****Talia DeMartini****CCS: 50-07.25 2005****Julie Dufresne****State: 53-07.75 1983****Natale Kaaiawahia****National: 54-10.75 2003****Michelle Carter****CCS Qual: 36-02**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Prelims

1				
2	Brown, Tydra	11	Notre Dame (16-10.00
3	Gallo, Julia	11	Presentation	22-01.50
4	Wubshet, Deborah	12	Presentation	22-05.00
5	Poulson, Jenny	12	Presentation	24-00.00
6	DeMedeiros, Jennifer	11	Presentation	24-00.00
7	Frye, Maika	12	Sacred Heart	24-03.00
8	Horn, Danielle	12	Notre Dame (24-06.25
9	McCarthy, Kelly	12	St. Ignatius	24-11.00
10	Aranda, Karina	11	Archbishop M	25-00.00
11	Oeser, Melissa	11	Notre Dame (26-10.00
12	Fitzsimon, Siobhan	11	St. Ignatius	27-04.00
13	Java, Jennifer	12	Sacred Heart	27-08.00
14	Uda, Kristen	11	Valley Chris	30-02.00
15	Puccinelli, Francesca	11	St. Ignatius	30-04.00
16	Martinez, Taylor	12	Valley Chris	31-01.00
17	Dickerson, Megan	10	St. Ignatius	31-06.00
18	Murillo, Mariela	12	St. Francis	34-01.50
19	Obilor, Tiffanie	11	Presentation	34-01.50
20	Lisowski, Courtney	12	Archbishop M	35-05.50
21	Cooper, Tyhana	11	Sacred Heart	38-03.00
22	Data, Mary	12	St. Francis	39-06.00

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Event 44 Girls Shot Put Junior Varsity**Top 8 Advance by Mark**

Wednesday 5/9/2012 - 6:00 PM

Meet: 32-10 2007 Lepa Holani

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Palmiery, Judy	11	Notre Dame (14-07.00
3	Gonzalez, Christina	09	Presentation		15-00.00
4	Barranti, Brooke	11	Notre Dame (16-09.00
5	Ibarra, Juanita	11	Notre Dame (17-08.00
6	Chizankos, Jessica	10	Archbishop M		21-02.50
7	Clark, Sabrina	09	St. Francis		22-00.00
8	Frizzel, Haley	10	St. Francis		23-02.00
9	Leone, Savanna	09	Presentation		23-04.00
10	Daley, Annika	09	Sacred Heart		24-06.50
11	Shing, Priscilla	09	Valley Chris		24-07.00
12	Kapoor, Sonia	10	Presentation		25-04.00
13	Pasini, Giovanna	11	St. Ignatius		25-06.00
14	Stumpf, Dominique	11	St. Francis		25-06.50
15	Giotinis, Eleni	09	Notre Dame (25-07.50
16	Comin, Isabella	10	St. Francis		26-02.00
17	Clifford, Lauren	10	St. Ignatius		27-09.00
18	Sahbaee, Nicole	10	Archbishop M		28-00.00
19	Tsiplakos, Tasia	09	Notre Dame (28-11.00
20	Chen, Lindsey	09	St. Ignatius		29-09.00
21	Stone, Ronna	09	Valley Chris		32-06.00

Event 47 Girls Discus Throw Varsity**Top 8 Advance by Mark**

Wednesday 5/9/2012 - 6:00 PM

Meet: 132-09 2006 Sela Painsi

CCS: 165-10 1996 Darlene Tulua

State: 188-04 1994 Suzy Powell

National: 190-03 2009 Ana Jelmini

CCS Qual: 112-07

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Brown, Tydra	11	Notre Dame (52-08
3	DeMedeiros, Jennifer	11	Presentation		58-04
4	Wubshet, Deborah	12	Presentation		58-07
5	Poulson, Jenny	12	Presentation		60-00
6	Horn, Danielle	12	Notre Dame (63-10
7	Muscha, Maddie	11	Presentation		65-06
8	Gallo, Julia	11	Presentation		66-09
9	Watts, Maggie	11	St. Ignatius		81-00
10	Frye, Maika	12	Sacred Heart		82-05
11	Java, Jennifer	12	Sacred Heart		86-11
12	Uda, Kristen	11	Valley Chris		87-07
13	McCarthy, Kelly	12	St. Ignatius		89-08
14	Aranda, Karina	11	Archbishop M		90-00
15	Fitzsimon, Siobhan	11	St. Ignatius		90-01
16	Dickerson, Megan	10	St. Ignatius		97-08
17	Murillo, Mariela	12	St. Francis		100-02
18	Lucian, Jennifer	11	St. Francis		102-02
19	Oeser, Melissa	11	Notre Dame (104-05
20	Cooper, Tyhana	11	Sacred Heart		106-00.75
21	Lisowski, Courtney	12	Archbishop M		107-07
22	Data, Mary	12	St. Francis		113-03
23	Puccinelli, Francesca	11	St. Ignatius		114-04

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Event 48 Girls Discus Throw Junior Varsity**Top 8 Advance by Mark**

Wednesday 5/9/2012 - 4:00 PM

Meet: 117-05 2003 Christina Kidd

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Palmiery, Judy	11	Notre Dame (45-10
3	Ibarra, Juanita	11	Notre Dame (49-04
4	Gonzalez, Christina	09	Presentation		50-00
5	Barranti, Brooke	11	Notre Dame (54-00
6	Frizzel, Haley	10	St. Francis		61-06
7	Leone, Savanna	09	Presentation		64-04
8	Weldon, Lauren	09	St. Francis		66-02
9	Descalso, Mary	09	St. Francis		67-05
10	Sahbaee, Nicole	10	Archbishop M		72-00
11	Daley, Annika	09	Sacred Heart		72-08.75
12	Tsiplakos, Tasia	09	Notre Dame (73-04
13	Giotinis, Eleni	09	Notre Dame (74-02.50
14	Pasini, Giovanna	11	St. Ignatius		75-00
15	Chizankos, Jessica	10	Archbishop M		75-00
16	Stone, Ronna	09	Valley Chris		75-02
17	Stumpf, Dominique	11	St. Francis		76-07
18	Kapoor, Sonia	10	Presentation		82-04
19	Comin, Isabella	10	St. Francis		84-09
20	Chen, Lindsey	09	St. Ignatius		87-07
21	Clifford, Lauren	10	St. Ignatius		91-05

Event 51 Girls Long Jump Varsity**Top 8 Advance by Mark**

Wednesday 5/9/2012 - 4:00 PM

Meet: 18-01.25 2005 Danielle Robinson

CCS: 20-09.75 1984 Wendy Brown

State: 22-00.50 1993 Marion Jones

National: 22-01.75 1976 Kathy McMillan

CCS Qual: 16-07

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Hara, Cynthia	11	Presentation		12-05.00
3	Peterson, Erica	10	Presentation		12-11.50
4	Chen, Monica	12	St. Francis		13-07.00
5	Kerrigan-Okamoto, Christine	12	St. Francis		13-07.00
6	McCarthy, Emma	11	Presentation		13-10.00
7	Brown, Haley	12	Archbishop M		14-02.75
8	Petrucci, Jamie	11	St. Ignatius		14-05.00
9	Garrity, Kathleen	12	St. Francis		14-11.00
10	De Rossi, Desiree	11	Archbishop M		15-04.00
11	Sebastinelli, Kristen	11	St. Ignatius		15-05.00
12	Bugtong, Karla	10	St. Ignatius		15-06.00
13	Janachocwski, Candy	10	St. Ignatius		16-07.50
14	Jaques, Taylore	10	Presentation		16-08.00
15	Santos, Therese	12	Archbishop M		17-05.00
16	Love, Marquel	10	Archbishop M		17-07.00
17	Auzenne, Micha	11	St. Francis		18-02.00
18	Sato, Kristin	12	Valley Chris		18-05.25

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Event 52 Girls Long Jump Junior Varsity**Top 8 Advance by Mark****Wednesday 5/9/2012 - 6:00 PM**

Meet: 16-00 2010 Therese Santos

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Heckert, Michelle	10	St. Ignatius		ND
3	Pineda, Tatiana	10	Notre Dame (11-05.25	
4	Ronquillo, Tracy	10	St. Ignatius	12-03.25	
5	Roberson, McKenna	10	Presentation	12-11.00	
6	Villadolid, Camille	10	St. Ignatius	13-04.50	
7	Carlevaris, Rachelle	09	Notre Dame (13-07.00	
8	Woo, Grace	10	Archbishop M	13-08.50	
9	Vigil, Gabrielle	09	Sacred Heart	13-09.50	
10	Ahlawat, Nivi	09	Archbishop M	14-00.00	
11	Fong, Claudia	10	St. Ignatius	14-00.50	
12	Wong, Blossom	09	Sacred Heart	14-01.00	
13	Lee, Nicolette	10	Archbishop M	14-02.00	
14	Brown, Danielle	11	St. Francis	14-04.00	
15	Guarnieri, Mia	09	Presentation	14-06.00	
16	Dolin, Tara	09	St. Francis	14-08.50	
17	Chizankos, Jessica	10	Archbishop M	14-09.50	
18	Abrahamson, Alex	10	Archbishop M	14-11.00	
19	Fitzpatrick, Emma	09	St. Francis	15-00.00	
20	Jackson, Babbette	11	Sacred Heart	15-05.00	
21	Mejia-Prieto, Juli	10	Notre Dame (15-08.00	

Event 55 Girls Triple Jump Varsity**Top 8 Advance by Mark****Wednesday 5/9/2012 - 6:00 PM**

Meet: 38-09.25 2005 Caitlin Shields
 CCS: 40-02.50 1984 Wendy Brown
 State: 44-00.50 1991 Juliana Yendork
 National: 44-02.25 2001 Ychlandria Spears
 CCS Qual: 34-07

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Peterson, Erica	10	Presentation		26-03.00
3	Hara, Cynthia	11	Presentation		28-05.00
4	Lucian, Jennifer	11	St. Francis		28-05.75
5	Kerrigan-Okamoto, Christine	12	St. Francis		28-06.50
6	Brown, Haley	12	Archbishop M		30-06.00
7	Phillips, Leah	12	Presentation		30-07.25
8	Sebastianelli, Kristen	11	St. Ignatius		31-01.50
9	Ahlgren, Ashley	11	Archbishop M		31-03.00
10	Bassi, Kristina	11	St. Francis		32-03.50
11	Phillips, Katie	09	Archbishop M		32-11.00
12	Bickerstaff, Mercedes	12	St. Francis		33-02.50
13	Love, Marquel	10	Archbishop M		33-08.00
14	Duterte, Martha	12	Archbishop M		34-06.00
15	Janachocowski, Candy	10	St. Ignatius		35-05.00
16	Johnson, Robriana	11	Valley Chris		35-10.50
17	Sato, Kristin	12	Valley Chris		37-05.75
18	Johnson, Lauren	10	St. Francis		38-06.50

Event 56 Girls Triple Jump Junior Varsity**Top 8 Advance by Mark****Wednesday 5/9/2012 - 4:00 PM**

Meet: 33-02 2010 Jenna Thompson

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1					
2	Pineda, Tatiana	10	Notre Dame (24-10.50	
3	Carlevaris, Rachelle	09	Notre Dame (28-03.00	
4	Catan, Emily	11	St. Francis	28-05.00	
5	O'Riordan, Nadine	10	Notre Dame (29-03.00	
6	Lee, Nicolette	10	Archbishop M	29-03.00	
7	Holzman, Laurasia	10	Notre Dame (29-10.75	
8	Fong, Claudia	10	St. Ignatius	30-02.00	
9	Abrahamson, Alex	10	Archbishop M	30-10.50	
10	Ma, Elaine	09	Valley Chris	31-11.00	
11	Sum, Lydia	09	Valley Chris	34-10.75	

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Event 60 Girls High Jump Junior Varsity**Wednesday 5/9/2012 - 4:00 PM**

Meet: 5-00 2003 Christine Szelong

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Lock, Camellia	11	St. Ignatius		4-00.00
2	Salvador, Hannah	09	Presentation		4-00.00
3	McCarthy, Stephanie	10	St. Ignatius		4-00.00
4	Teupel, Kristen	09	St. Ignatius		4-00.00
5	Shieh, Kendall	10	Archbishop M		4-02.00
6	Schumacher, Lexi	10	St. Francis		4-02.00
7	Luna, Raizel	10	Notre Dame (4-04.00
8	Saade, Mary	09	Notre Dame (4-04.00
9	Soter, Laura	11	St. Ignatius		4-04.00
10	Judas, Liesel	09	Archbishop M		4-06.00
11	O'Riordan, Nadine	10	Notre Dame (4-06.00
12	Welsh, Catherine	10	St. Ignatius		4-06.00
13	Carlevaris, Rachelle	09	Notre Dame (4-08.00
14	Wilhelm, Rachel	09	St. Francis		4-08.00
15	Ma, Elaine	09	Valley Chris		4-10.00
16	Yasavolian, Michelle	10	St. Francis		4-10.00
17	Descalso, Mary	09	St. Francis		4-10.00
18					
19					
20					

Event 64 Girls Pole Vault Junior Varsity**Wednesday 5/9/2012 - 4:00 PM**

Meet: 8-06 2010 Emma McCarthy

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Pontius, Julia	10	St. Ignatius		6-00.00
2	Marty, Jennifer	10	St. Ignatius		6-00.00
3	Augustin, Andrea	09	St. Francis		6-01.00
4	Schettino, Kiera	10	Archbishop M		6-04.00
5	Erickson, Katie	10	Archbishop M		6-04.00
6	Atencio, Bre	10	Archbishop M		7-00.00
7	Sywyk, Laura	10	Archbishop M		7-06.00
8	Schumacher, Lexi	10	St. Francis		7-09.00
9	Abad, Joy	09	St. Ignatius		7-09.00
10	Guarnieri, Mia	09	Presentation		8-00.00
11	Teupel, Kristen	09	St. Ignatius		8-00.00
12	Welsh, Catherine	10	St. Ignatius		8-00.00
13	Dorricott, Carolyn	11	Notre Dame (8-00.00
14	Chan, Miranda	11	Notre Dame (8-06.00
15	Hegedus, Lizzy	12	Notre Dame (8-06.00
16	Feller, Olivia	10	Mercy		X9-00.00
17	Wilhelm, Rachel	09	St. Francis		9-01.00
18	Carter, Cassidy	10	Mercy		X9-06.00
19					
20					