

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 8 Boys 1600 Meter Run Frosh Soph**  
**Tuesday 5/8/2012 - 4:00 PM**

Meet: 4:30.90 1975

Stan Ross, Junipero Serra

Lane	Name	Year	School	Seed Time
<b>Section 1 of 2 Timed Finals</b>				
1	Alsamman, Sami	10	Junipero Serra	4:44.23
2	Dalton, David	10	Bellarmino College Prep	4:44.23
3	Osipow, Ben	09	St. Ignatius College Prep	4:44.00
4	Avila, Ricardo	09	Bellarmino College Prep	4:42.20
5	Meijer, Miles	09	Bellarmino College Prep	4:41.61
6	Demerritt, Connor	10	Bellarmino College Prep	4:45.65
7	Lazar, Tyler	10	Bellarmino College Prep	4:48.53
8	Schulte, Grant	10	Junipero Serra	4:51.72
9	Kato, Leland	10	Archbishop Riordan	4:53.00
10	Lower, Jason	10	Junipero Serra	4:53.82
11	Suarez, Antonio	10	Sacred Heart Cathedral Prep	4:55.07
12	Rouhani, Gabe	09	Archbishop Riordan	4:56.00
13	Wilkerson, James	10	Archbishop Mitty	4:56.20
14	Lyons, Padraig	09	St. Ignatius College Prep	5:00.00
15	Alber, Jack	10	Sacred Heart Cathedral Prep	5:01.78
16				
17				
<b>Section 2 of 2 Timed Finals</b>				
1	Begur, Gaurav	10	St. Francis (Mountain View)	5:07.22
2	Hernandez, Moises	10	Sacred Heart Cathedral Prep	5:05.32
3	Flynn, Gabe	10	Junipero Serra	5:05.28
4	Chan, Jonathan	09	Sacred Heart Cathedral Prep	5:05.02
5	Remaker, Matthew	09	Archbishop Mitty	5:02.80
6	Dutra, Walter	09	St. Ignatius College Prep	5:07.30
7	Sisley, Tyler	10	Archbishop Mitty	5:11.24
8	Kumar, Dhruv	09	St. Francis (Mountain View)	5:15.17
9	Clark, David	10	St. Francis (Mountain View)	5:15.78
10	Schwarz, Austin	09	St. Francis (Mountain View)	5:17.12
11	Peterson, Stephen	09	Sacred Heart Cathedral Prep	5:21.14
12	Kelly-Fair, Nevin	09	St. Ignatius College Prep	5:22.08
13	Livy, Tyler	10	St. Ignatius College Prep	5:22.17
14	DeWitt, Niall	09	Junipero Serra	5:35.00
15	Lang, Geoffrey	10	Archbishop Mitty	5:43.00
16				
17				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 11 Boys 110 Meter Hurdles Varsity****8 Advance: Top 1 Each Heat plus Next 6 Best Times****Tuesday 5/8/2012 - 4:30 PM**

<b>Meet:</b>	<b>14.50</b>	<b>1974</b>	<b>Tom Shellworth, Bellarmine</b>
<b>CCS:</b>	<b>13.65</b>	<b>1993</b>	<b>Erik Montgomery, Independence</b>
<b>State:</b>	<b>13.39</b>	<b>2004</b>	<b>Kevin Craddock, James Logan, Union City</b>
<b>National:</b>	<b>13.30</b>	<b>1990</b>	<b>Chris Nelloms, Dunbar, Dayton (OH)</b>
<b>CCS Qual:</b>	<b>15.44</b>		

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Prelims</b>				
1	Brown, Cameron	11	St. Francis (Mountain View)	19.69
2	Calabio, Aaron	11	Archbishop Riordan	17.10
3	Andrighetto, Domenic	11	St. Francis (Mountain View)	16.21
4	Vaca, Cameron	12	Archbishop Mitty	14.56
5	Nguyen, Kevin	12	Bellarmino College Prep	15.96
6	Zekanoski, AJ	12	Bellarmino College Prep	16.81
7	Quezada, Branden	12	Junipero Serra	19.48
8				
<b>Heat 2 of 2 Prelims</b>				
1	Sahyoun, Joseph	11	Junipero Serra	19.87
2	Pambid, Gary	11	Bellarmino College Prep	17.91
3	Garzee, John	12	St. Ignatius College Prep	16.22
4	Wright, Jalen	11	Bellarmino College Prep	14.97
5	Allen, Chris	12	St. Francis (Mountain View)	15.89
6	Sigman, Connor	11	Archbishop Mitty	16.23
7	Riley, Mason	12	Bellarmino College Prep	18.20
8				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 12 Boys 65 Meter Hurdles Frosh Soph****8 Advance: Top 1 Each Heat plus Next 5 Best Times****Tuesday 5/8/2012 - 4:45 PM****Meet: 9.21 2004 Joe Mirabeau, Bellarmine**

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 3 Prelims</b>				
1	Zhang, Kelvin	10	Sacred Heart Cathedral Prep	12.36
2	Sevilla, Sean	09	Bellarmino College Prep	11.60
3	Gallab, Dan	09	Bellarmino College Prep	10.91
4	McMurray, Nico	09	Archbishop Mitty	10.11
5	Fizer, Kevin	09	St. Francis (Mountain View)	10.90
6	Tynan, Jon	10	St. Ignatius College Prep	11.51
7	Kau, Ryan	10	St. Ignatius College Prep	12.34
8				
<b>Heat 2 of 3 Prelims</b>				
1	O'Driscoll, Matt	09	St. Ignatius College Prep	12.38
2	Aariff, Deen	10	St. Francis (Mountain View)	11.76
3	Chow, Chris	09	Bellarmino College Prep	10.96
4	De Leon, Andre	09	St. Ignatius College Prep	10.23
5	Brady, Chad	10	Sacred Heart Cathedral Prep	10.61
6	Wong, Chester	09	St. Francis (Mountain View)	11.20
7	Vaca, Kyle	09	Archbishop Mitty	12.30
8				
<b>Heat 3 of 3 Prelims</b>				
1	Lee, Justin	10	Bellarmino College Prep	12.90
2	Ishibashi, Julien	10	St. Ignatius College Prep	12.00
3	Arifin, Kevin	10	Bellarmino College Prep	10.98
4	Hall, Chris	10	Archbishop Riordan	10.60
5	Hendrickson, Matthew	09	Archbishop Mitty	10.60
6	Cassidy, Kava	09	Junipero Serra	11.13
7	Winterstein, Eddie	09	Junipero Serra	12.29
8				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 15 Boys 400 Meter Dash Varsity**

7 Advance: Top 1 Each Heat plus Next 4 Best Times

Tuesday 5/8/2012 - 4:55 PM

Meet:	48.35	2003	Angelo Fobbs-Valentino, Junipero Serra
CCS:	45.25	1993	Calvin Harrison, North Salinas
State:	45.25	1993	Calvin Harrison, North Salinas
National:	45.25	1993	Calvin Harrison, North Salinas
CCS Qual:	50.13		

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	MacInnis, Dennis	11	St. Ignatius College Prep	57.50
2	Mulligan, Mark	11	Archbishop Riordan	55.80
3	Wadors, Ben	12	St. Francis (Mountain View)	52.91
4	Lampkin, Edward	11	Sacred Heart Cathedral Prep	49.80
5	Meszaros, Cameron	09	St. Francis (Mountain View)	52.60
6	Thomason, Drew	11	Bellarmino College Prep	55.43
7	Hashemi, Arshan	11	St. Francis (Mountain View)	58.43
<b>Heat 2 of 3 Prelims</b>				
1	Passalacqua, Robert	11	Bellarmino College Prep	56.85
2	Dickson, Clinton	12	Valley Christian (San Jose)	56.23
3	Cook, Andrew	12	Bellarmino College Prep	54.12
4	McHugh, Travis	12	Bellarmino College Prep	50.14
5	McLarnan, Gabriel	10	St. Francis (Mountain View)	51.98
6	Pappas, Joe	11	St. Ignatius College Prep	54.63
7	Franco, Marco	12	Junipero Serra	58.89
<b>Heat 3 of 3 Prelims</b>				
1	Macasaet, Van	11	Archbishop Riordan	56.80
2	Gonsales, Dan	11	Archbishop Riordan	56.40
3	Sargis, Eric	10	Archbishop Mitty	54.22
4	Tratter, Abu	12	St. Francis (Mountain View)	50.65
5	Makarov, Nikolai	11	Bellarmino College Prep	51.14
6	James, Khalil	11	Sacred Heart Cathedral Prep	54.58
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 16 Boys 400 Meter Dash Frosh Soph**

7 Advance: Top 1 Each Heat plus Next 3 Best Times

Tuesday 5/8/2012 - 5:15 PM

Meet: 51.41 2009

Jalen Davidon, Saint Francis

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 4 Prelims</b>				
1	Cardenas, Ivan	10	Archbishop Riordan	59.80
2	Sobouti, Kaelan	10	St. Francis (Mountain View)	58.12
3	Verma, Rishab	10	St. Francis (Mountain View)	56.90
4	Bellotti, Dominic	10	Bellarmino College Prep	53.40
5	Fan, Jordan	09	Sacred Heart Cathedral Prep	56.67
6	Laughlin, Connor	09	Archbishop Riordan	58.00
7	Barrett, Isaiah	10	Sacred Heart Cathedral Prep	1:00.41
<b>Heat 2 of 4 Prelims</b>				
1	Pugeda, Charlie	09	Sacred Heart Cathedral Prep	59.73
2	Nesbitt, Josh	09	Bellarmino College Prep	58.40
3	Milan, Matthew	10	Bellarmino College Prep	56.95
4	Fitzgerald, William	09	St. Ignatius College Prep	55.18
5	Schoepp, Greg	09	St. Ignatius College Prep	56.65
6	Bowes, William	09	Bellarmino College Prep	57.43
7	Domingo, Elias	09	St. Ignatius College Prep	1:01.20
<b>Heat 3 of 4 Prelims</b>				
1	Alvarez, Gustavo	09	St. Ignatius College Prep	59.50
2	Delgado, Brandon	09	Archbishop Mitty	59.14
3	Alvarez, Marcus	09	Junipero Serra	57.05
4	Avila, Cesar	09	Archbishop Riordan	55.50
5	Nettles, Stephon	09	Junipero Serra	56.25
6	Jones, Nethanial	09	Junipero Serra	57.25
7	McCarthy, Liam	10	St. Ignatius College Prep	1:03.62
<b>Heat 4 of 4 Prelims</b>				
1	Tovstyka, Daniel	10	Sacred Heart Cathedral Prep	59.45
2	Qiu, Dario	09	Sacred Heart Cathedral Prep	59.30
3	Picazo, Oscar	09	Archbishop Riordan	57.10
4	Jones, Nicolas	09	Junipero Serra	55.55
5	Winston, Easop	10	Junipero Serra	55.70
6	Jobson, Noah	09	Bellarmino College Prep	57.21
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 19 Boys 100 Meter Dash Varsity****8 Advance: Top 1 Each Heat plus Next 4 Best Times****Tuesday 5/8/2012 - 5:35 PM**

<b>Meet:</b>	<b>10.70</b>	<b>1961</b>	<b>Steve Firenze, Junipero Serra</b>
<b>CCS:</b>	<b>10.41</b>	<b>1987</b>	<b>Tony Miller, Riordan</b>
<b>State:</b>	<b>10.25</b>	<b>1985</b>	<b>Henry Thomas, Hawthorne</b>
<b>National:</b>	<b>10.15</b>	<b>1990</b>	<b>Henry Neal, Greenville (TX)</b>
<b>CCS Qual:</b>	<b>11.19</b>		

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 4 Prelims</b>				
1	Concepción, Jerrell	11	Archbishop Mitty	12.23
2	Mosko, Daniel	11	Archbishop Mitty	11.71
3	Lampkin, Edward	11	Sacred Heart Cathedral Prep	11.23
4	Johnson, Khalid	11	St. Francis (Mountain View)	10.61
5	Greene, Kahshan	11	St. Francis (Mountain View)	11.22
6	Greene, Kamel	11	St. Francis (Mountain View)	11.41
7	Louie, Randy	11	Sacred Heart Cathedral Prep	12.22
8				
<b>Heat 2 of 4 Prelims</b>				
1	Costa, Dustin	11	Archbishop Mitty	12.33
2	Roberts, Ryan	11	St. Francis (Mountain View)	11.77
3	Cassady, Cole	09	St. Francis (Mountain View)	11.29
4	Marshall, Byron	12	Valley Christian (San Jose)	10.61
5	Baur, Chad	12	Junipero Serra	11.09
6	Crawley, Tim	12	Bellarmino College Prep	11.40
7	Juarez, Juan Carlos	11	St. Ignatius College Prep	12.13
8				
<b>Heat 3 of 4 Prelims</b>				
1	Thomas, Bret	12	Junipero Serra	12.43
2	Snead, Matt	12	Bellarmino College Prep	11.79
3	Njaka, Taylor	11	Bellarmino College Prep	11.30
4	Sanfilippo, Joey	11	Bellarmino College Prep	10.75
5	Tuyor, Julian	11	Valley Christian (San Jose)	11.08
6	Munchua, Michael	12	Sacred Heart Cathedral Prep	11.38
7	Fung, Patrick	12	Sacred Heart Cathedral Prep	12.05
8				
<b>Heat 4 of 4 Prelims</b>				
1	Reybol, Arcelio	11	Archbishop Riordan	12.60
2	Garcia, Anthony	11	Archbishop Riordan	11.80
3	Arco, Angelo	11	Junipero Serra	11.33
4	Colucci, Joey	12	Bellarmino College Prep	10.88
5	Severson, Ryan	11	Valley Christian (San Jose)	10.99
6	Lawson, Jarrod	12	Valley Christian (San Jose)	11.35
7	Evans, Kyle	10	Archbishop Mitty	11.89
8	Garcia, Nathan	11	Sacred Heart Cathedral Prep	13.17

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 20 Boys 100 Meter Dash Frosh Soph**

7 Advance: Top 1 Each Heat plus Next 2 Best Times

Tuesday 5/8/2012 - 5:50 PM

Meet: 11.13 2010 Khalid Johnson, St. Francis

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 5 Prelims</b>				
1	Aymard, Ryan	09	Sacred Heart Cathedral Prep	12.98
2	Wilson, Jahque	09	Archbishop Riordan	12.40
3	Andrighetto, Alex	10	St. Francis (Mountain View)	12.01
4	Baty, Landon	10	St. Francis (Mountain View)	11.33
5	Haddad, Yusuf	09	Valley Christian (San Jose)	11.94
6	Camp, Vince	10	Junipero Serra	12.36
7	Mathews, Kenan	09	Bellarmino College Prep	12.72
8				
<b>Heat 2 of 5 Prelims</b>				
1	Sullivan, Darnell	10	Sacred Heart Cathedral Prep	12.99
2	Christian, Josh	10	Archbishop Riordan	12.40
3	Khan, Obaid	09	Archbishop Mitty	12.11
4	Orloff, Kyle	10	Junipero Serra	11.34
5	Buenventura-Smith, Jacob	09	St. Ignatius College Prep	11.80
6	San Buenaventura, Troy	10	Sacred Heart Cathedral Prep	12.31
7	Staub, Ben	09	Valley Christian (San Jose)	12.65
8				
<b>Heat 3 of 5 Prelims</b>				
1	Geraghty, Timmy	09	Bellarmino College Prep	12.99
2	Gargiulo, Tyler	09	Bellarmino College Prep	12.41
3	Calantog, Brandon	10	Bellarmino College Prep	12.12
4	Silva, James	09	Bellarmino College Prep	11.56
5	Ewers, Blair	09	Valley Christian (San Jose)	11.75
6	Pang, Eric	10	St. Ignatius College Prep	12.27
7	O'Toole, Rory	10	Sacred Heart Cathedral Prep	12.58
8				
<b>Heat 4 of 5 Prelims</b>				
1	Quesada, Sean	09	St. Ignatius College Prep	NT
2	Critchfield, Mikai	09	Archbishop Mitty	12.45
3	Hegazy, Adam	10	Junipero Serra	12.19
4	Hong, Alex	10	Sacred Heart Cathedral Prep	11.56
5	Peters, Brandon	09	Valley Christian (San Jose)	11.74
6	Wheaton, Michael	10	St. Ignatius College Prep	12.24
7	Plasencia, Daniel	09	Archbishop Mitty	12.55
8				
<b>Heat 5 of 5 Prelims</b>				
1				
2	McGee, Kevin	10	Junipero Serra	12.49
3	Jackson, Austin	10	Junipero Serra	12.21
4	Tramontozzi, Vince	10	St. Ignatius College Prep	11.58
5	Dova, Lorenzo	10	St. Francis (Mountain View)	11.67
6	Acevado, Adam	09	Archbishop Mitty	12.23
7	Gamboa, Adam	10	Archbishop Riordan	12.50
8				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 23 Boys 800 Meter Run Varsity****12 Advance: Top 2 Each Heat plus Next 8 Best Times****Tuesday 5/8/2012 - 6:16 PM**

<b>Meet:</b>	<b>1:53.20</b>	<b>1977</b>	<b>Stan Ross, Junipero Serra</b>
<b>CCS:</b>	<b>1:50.10</b>	<b>1970</b>	<b>Rick Brown, Los Altos</b>
<b>State:</b>	<b>1:46.45</b>	<b>1996</b>	<b>Michael Granville, Bell Gardens</b>
<b>National:</b>	<b>1:46.45</b>	<b>1996</b>	<b>Michael Granville, Bell Gardens</b>
<b>CCS Qual:</b>	<b>1:57.60</b>		

<b>Lane</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Time</b>
<b>Heat 1 of 2 Prelims</b>				
1	Turzanski, Avery	12	Junipero Serra	2:05.40
2	Fast, Cameron	11	St. Francis (Mountain View)	2:01.18
3	Berriatua, Joey	11	Junipero Serra	2:00.92
4	Mantovani, Nicholas	12	Bellarmino College Prep	1:58.18
5	Murphy, Ciaran	11	St. Ignatius College Prep	1:56.83
6	McMillan, Keegan	11	Bellarmino College Prep	2:05.53
7	Dan, Sumit	12	Archbishop Mitty	2:09.44
8	Quach, Austin	12	Sacred Heart Cathedral Prep	2:09.77
9	Flores, Carlos	11	Sacred Heart Cathedral Prep	2:14.20
10	Cannice, Jack	12	St. Ignatius College Prep	2:14.73
11	Whitney, Nathaniel	12	Sacred Heart Cathedral Prep	2:17.70
12	Ascencio, Alexander	11	Valley Christian (San Jose)	2:19.00
13	Hoffelt, Dixon	11	Sacred Heart Cathedral Prep	2:21.13
14	Revilla, Dominic	12	Sacred Heart Cathedral Prep	2:21.33
15				
<b>Heat 2 of 2 Prelims</b>				
1	Jobson, Elliot	10	Bellarmino College Prep	2:03.67
2	Mack, Colin	12	St. Francis (Mountain View)	2:03.11
3	McLarnan, Gabriel	10	St. Francis (Mountain View)	1:59.87
4	Afroilan, Bradley	12	Bellarmino College Prep	1:59.76
5	Davis, Sean	12	Valley Christian (San Jose)	1:52.39
6	Yamagiwa, Sean	12	Bellarmino College Prep	2:06.68
7	Gudino, Alex	11	Junipero Serra	2:07.30
8	Alessandria, Louis	12	St. Ignatius College Prep	2:10.30
9	D'Costa, Benjamin	12	St. Francis (Mountain View)	2:12.76
10	Smerdel, Jack	12	Junipero Serra	2:14.86
11	Thomas, Ryan	12	Junipero Serra	2:16.61
12	Wehr, Charles	11	St. Ignatius College Prep	2:19.80
13	Kleinsmith, Daniel	12	Valley Christian (San Jose)	2:21.00
14	Bumbaca, Brandon	11	St. Ignatius College Prep	2:22.80
15	Woo, Trevor	11	Archbishop Riordan	2:24.00



**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 24 Boys 800 Meter Run Frosh Soph**  
**12 Advance: Top 2 Each Heat plus Next 8 Best Times**  
**Tuesday 5/8/2012 - 6:30 PM**

Meet: 1:58.90 2010 Ciaran Murphy, St. Ignatius Col

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Lang, Ian	10	Bellarmino College Prep	2:13.77
2	Meijer, Miles	09	Bellarmino College Prep	2:08.06
3	Osipow, Ben	09	St. Ignatius College Prep	2:07.21
4	Greenlow, Adam	10	Bellarmino College Prep	2:04.21
5	Clark, David	10	St. Francis (Mountain View)	2:04.21
6	Fan, Jordan	09	Sacred Heart Cathedral Prep	2:13.82
7	Sotelo, Sarez	10	St. Francis (Mountain View)	2:15.26
8	Fernando, Matthew	10	Junipero Serra	2:17.00
9	Kumar, Dhruv	09	St. Francis (Mountain View)	2:19.34
10	Yancey, Chris	10	Junipero Serra	2:21.23
11	Fang, Sean	09	Junipero Serra	2:24.61
12	Thorne, Maxwell	09	Sacred Heart Cathedral Prep	2:25.62
13	O'Driscoll, Connor	09	St. Ignatius College Prep	2:30.62
14	Ye, Wilson	09	Valley Christian (San Jose)	2:31.18
15	Moloney, Colin	09	St. Ignatius College Prep	2:33.68
16	Aragon, Tomas	09	Sacred Heart Cathedral Prep	2:34.07
<b>Heat 2 of 2 Prelims</b>				
1	Korb, Cameron	09	Archbishop Mitty	2:10.89
2	Cazares, Martin	10	Sacred Heart Cathedral Prep	2:10.21
3	Lower, Jason	10	Junipero Serra	2:07.00
4	Kato, Leland	10	Archbishop Riordan	2:06.00
5	Avila, Ricardo	09	Bellarmino College Prep	2:03.87
6	Lundy, Matt	09	Valley Christian (San Jose)	2:14.00
7	Begur, Gaurav	10	St. Francis (Mountain View)	2:14.61
8	Schwarz, Austin	09	St. Francis (Mountain View)	2:17.73
9	Toy, Brandon	10	Bellarmino College Prep	2:18.00
10	Oropeza, Thomas	10	Archbishop Riordan	2:24.00
11	Stier, Ethan	09	Sacred Heart Cathedral Prep	2:24.40
12	Shannon, Dylmn	10	Junipero Serra	2:25.70
13	Zherebin, Max	09	St. Ignatius College Prep	2:27.50
14	Murphy, Ryan	09	St. Ignatius College Prep	2:32.00
15	James, Paul	09	Valley Christian (San Jose)	2:32.06
16	Garcia, Inigo	10	Valley Christian (San Jose)	2:34.12

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 27 Boys 300 Meter Hurdles Varsity**

7 Advance: Top 1 Each Heat plus Next 4 Best Times

Tuesday 5/8/2012 - 6:50 PM

Meet:	38.31	2006	Napoleon Greene, Bellarmin
CCS:	36.26	1996	Joe Naivalu, Fremont
State:	35.28	2007	Jeshua Anderson, Taft, Woodland Hills
National:	35.02	2009	Reggie Wyatt, La Sierra (CA)
CCS Qual:	40.47		

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1				
2	Garzee, John	12	St. Ignatius College Prep	46.84
3	Zekanoski, AJ	12	Bellarmino College Prep	43.90
4	Vaca, Cameron	12	Archbishop Mitty	38.58
5	Allen, Chris	12	St. Francis (Mountain View)	43.32
6	Calabio, Aaron	11	Archbishop Riordan	45.80
7				
<b>Heat 2 of 3 Prelims</b>				
1				
2	Brown, Cameron	11	St. Francis (Mountain View)	49.91
3	Pambid, Gary	11	Bellarmino College Prep	44.44
4	Wright, Jalen	11	Bellarmino College Prep	40.46
5	Andrighetto, Domenic	11	St. Francis (Mountain View)	42.72
6	Marshall, Lamar	12	St. Ignatius College Prep	45.47
7				
<b>Heat 3 of 3 Prelims</b>				
1				
2	Lacayo, Chris	12	St. Ignatius College Prep	53.82
3	Riley, Mason	12	Bellarmino College Prep	44.60
4	Myers, Colby	11	St. Francis (Mountain View)	41.96
5	Nguyen, Kevin	12	Bellarmino College Prep	42.70
6	Sigman, Connor	11	Archbishop Mitty	45.21
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 28 Boys 300 Meter Hurdles Frosh Soph**

7 Advance: Top 1 Each Heat plus Next 4 Best Times

Tuesday 5/8/2012 - 7:05 PM

Meet: 40.30 1977

Carl Broussard, Saint Francis

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 3 Prelims</b>				
1	O'Driscoll, Matt	09	St. Ignatius College Prep	52.38
2	Cassidy, Kava	09	Junipero Serra	49.75
3	Hendrickson, Matthew	09	Archbishop Mitty	47.11
4	McMurray, Nico	09	Archbishop Mitty	43.40
5	Gallab, Dan	09	Bellarmino College Prep	46.83
6	Wong, Chester	09	St. Francis (Mountain View)	49.12
7	Aariff, Deen	10	St. Francis (Mountain View)	52.77
<b>Heat 2 of 3 Prelims</b>				
1	Zhang, Kelvin	10	Sacred Heart Cathedral Prep	51.15
2	Winterstein, Eddie	09	Junipero Serra	49.90
3	Arifin, Kevin	10	Bellarmino College Prep	47.13
4	Hall, Chris	10	Archbishop Riordan	44.60
5	De Leon, Andre	09	St. Ignatius College Prep	45.93
6	Chow, Chris	09	Bellarmino College Prep	48.10
7	Ishibashi, Julien	10	St. Ignatius College Prep	53.01
<b>Heat 3 of 3 Prelims</b>				
1	Kau, Ryan	10	St. Ignatius College Prep	50.90
2	Sevilla, Sean	09	Bellarmino College Prep	50.78
3	Tynan, Jon	10	St. Ignatius College Prep	47.48
4	Brady, Chad	10	Sacred Heart Cathedral Prep	44.78
5	Fizer, Kevin	09	St. Francis (Mountain View)	45.63
6	Vaca, Kyle	09	Archbishop Mitty	48.00
7	Thakur, Viraj	09	Bellarmino College Prep	56.30

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 31 Boys 200 Meter Dash Varsity**

7 Advance: Top 1 Each Heat plus Next 2 Best Times

Tuesday 5/8/2012 - 7:20 PM

Meet:	21.60	1987	Tony Miller, Archbishop Riordan
CCS:	20.57	1993	Calvin Harrison, North Salinas
State:	20.73	1984	Henry Thomas, Hawthorne
National:	20.13	1985	Rory Martin, Roosevelt, Dallas (TX)
CCS Qual:	22.75		

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 5 Prelims</b>				
1	Reybol, Arcelio	11	Archbishop Riordan	25.50
2	Macasaet, Van	11	Archbishop Riordan	24.30
3	Lawson, Jarrod	12	Valley Christian (San Jose)	23.18
4	Sanfilippo, Joey	11	Bellarmino College Prep	21.97
5	Tuyor, Julian	11	Valley Christian (San Jose)	23.17
6	MacInnis, Dennis	11	St. Ignatius College Prep	24.21
7	Thomas, Bret	12	Junipero Serra	26.26
<b>Heat 2 of 5 Prelims</b>				
1	Fung, Patrick	12	Sacred Heart Cathedral Prep	25.34
2	Greene, Kahshan	11	St. Francis (Mountain View)	24.31
3	Crawley, Tim	12	Bellarmino College Prep	23.27
4	Johnson, Khalid	11	St. Francis (Mountain View)	22.21
5	Baur, Chad	12	Junipero Serra	22.94
6	Gonsales, Dan	11	Archbishop Riordan	24.20
7	Franco, Marco	12	Junipero Serra	26.34
<b>Heat 3 of 5 Prelims</b>				
1	Juarez, Juan Carlos	11	St. Ignatius College Prep	25.21
2	Greene, Kamel	11	St. Francis (Mountain View)	24.31
3	Garcia, Anthony	11	Archbishop Riordan	23.70
4	Colucci, Joey	12	Bellarmino College Prep	22.30
5	Lampkin, Edward	11	Sacred Heart Cathedral Prep	22.70
6	Deans, Michael	12	Valley Christian (San Jose)	24.08
7	Garcia, Nathan	11	Sacred Heart Cathedral Prep	26.39
<b>Heat 4 of 5 Prelims</b>				
1	Costa, Dustin	11	Archbishop Mitty	24.99
2	Sargis, Eric	10	Archbishop Mitty	24.44
3	Cassady, Cole	09	St. Francis (Mountain View)	23.71
4	Severson, Ryan	11	Valley Christian (San Jose)	22.43
5	Tratter, Abu	12	St. Francis (Mountain View)	22.67
6	Dickson, Clinton	12	Valley Christian (San Jose)	24.08
7				
<b>Heat 5 of 5 Prelims</b>				
1	Concepción, Jerrell	11	Archbishop Mitty	24.89
2	Mulligan, Mark	11	Archbishop Riordan	24.70
3	Pappas, Joe	11	St. Ignatius College Prep	23.98
4	McHugh, Travis	12	Bellarmino College Prep	22.52
5	Makarov, Nikolai	11	Bellarmino College Prep	22.55
6	Mosko, Daniel	11	Archbishop Mitty	23.99
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 32 Boys 200 Meter Dash Frosh Soph**

7 Advance: Top 1 Each Heat plus Next 1 Best Times

Tuesday 5/8/2012 - 7:35 PM

Meet: 22.50 1977

Gilbert Pacaldo, Saint Ignatius

Lane	Name	Year	School	Seed Time
<b>Heat 1 of 6 Prelims</b>				
1	Coh, Patrick	09	Sacred Heart Cathedral Prep	26.77
2	Acevado, Adam	09	Archbishop Mitty	25.45
3	Avila, Cesar	09	Archbishop Riordan	24.80
4	Tramontozzi, Vince	10	St. Ignatius College Prep	23.22
5	Picazo, Oscar	09	Archbishop Riordan	24.80
6	Critchfield, Mikai	09	Archbishop Mitty	25.45
7	Fung, Benny	09	Sacred Heart Cathedral Prep	26.85
<b>Heat 2 of 6 Prelims</b>				
1	Staub, Ben	09	Valley Christian (San Jose)	26.16
2	Fontana, Adam	10	St. Ignatius College Prep	25.50
3	Ewers, Blair	09	Valley Christian (San Jose)	24.81
4	Bellotti, Dominic	10	Bellarmino College Prep	23.31
5	Haddad, Yusuf	09	Valley Christian (San Jose)	24.80
6	Wrappe, Thomas	09	Bellarmino College Prep	25.33
7				
<b>Heat 3 of 6 Prelims</b>				
1	Barrett, Isaiah	10	Sacred Heart Cathedral Prep	26.02
2	Delgado, Brandon	09	Archbishop Mitty	25.59
3	Nettles, Stephon	09	Junipero Serra	24.91
4	Orloff, Kyle	10	Junipero Serra	23.40
5	Khan, Obaid	09	Archbishop Mitty	24.78
6	Milan, Matthew	10	Bellarmino College Prep	25.28
7				
<b>Heat 4 of 6 Prelims</b>				
1	Peters, Brandon	09	Valley Christian (San Jose)	25.87
2	Wilson, Jahque	09	Archbishop Riordan	25.60
3	Winston, Easop	10	Junipero Serra	24.94
4	Hong, Alex	10	Sacred Heart Cathedral Prep	23.68
5	Calantog, Brandon	10	Bellarmino College Prep	24.75
6	Wheaton, Michael	10	St. Ignatius College Prep	25.26
7				
<b>Heat 5 of 6 Prelims</b>				
1	O'Toole, Rory	10	Sacred Heart Cathedral Prep	25.85
2	Cardenas, Ivan	10	Archbishop Riordan	25.60
3	Lonergan, Lucas	10	Bellarmino College Prep	24.98
4	Baty, Landon	10	St. Francis (Mountain View)	23.89
5	Hooten-Haarg, Anthony	10	Archbishop Riordan	24.60
6	Gogan, Alex	09	Junipero Serra	25.15
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Heat 6 of 6 Prelims...(Event 32 Boys 200 Meter Dash Frosh Soph)**

1	Fitzgerald, William	09	St. Ignatius College Prep	25.76
2	Plasencia, Daniel	09	Archbishop Mitty	25.69
3	Buenventura-Smith, Jacob	09	St. Ignatius College Prep	24.98
4	Christian, Josh	10	Archbishop Riordan	24.20
5	Dova, Lorenzo	10	St. Francis (Mountain View)	24.22
6	Jackson, Austin	10	Junipero Serra	25.06
7				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 36 Boys 3200 Meter Run Frosh Soph**  
**Tuesday 5/8/2012 - 7:55 PM**

Meet: 9:45.80 1981

Shawn Ayers, Bellarmine

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	Alsamman, Sami	10	Junipero Serra	10:24.10
2	Pleva, Josh	10	Bellarmino College Prep	10:16.87
3	Sasser, Alex	09	Bellarmino College Prep	10:14.84
4	Foti, Brendan	10	Sacred Heart Cathedral Prep	10:14.32
5	Meijer, Tucker	09	Bellarmino College Prep	10:14.20
6	Blankley, Andrew	10	Bellarmino College Prep	10:27.30
7	Gomez, Ramon	10	Bellarmino College Prep	10:27.80
8	Madrid, Isaac	10	Bellarmino College Prep	10:28.40
9	Schulte, Grant	10	Junipero Serra	10:36.30
10	Suarez, Antonio	10	Sacred Heart Cathedral Prep	10:45.96
11	Rouhani, Gabe	09	Archbishop Riordan	10:47.00
12	Wilkerson, James	10	Archbishop Mitty	11:03.00
13	Alber, Jack	10	Sacred Heart Cathedral Prep	11:03.55
14	Sellers, Riley	10	Sacred Heart Cathedral Prep	11:09.32
15	Hernandez, Moises	10	Sacred Heart Cathedral Prep	11:09.52
16	Remaker, Matthew	09	Archbishop Mitty	11:15.00
17	Montalvo, Lucas	09	Junipero Serra	11:19.40
18	Gasparian, Aram	09	Junipero Serra	11:22.70
19	Barton, Andrew	09	Junipero Serra	11:28.00
20	Ayupan, Joseph	10	St. Francis (Mountain View)	12:22.68
21	Bassin, Doug	10	St. Ignatius College Prep	12:45.90
22	Nicolas, Alexander	10	St. Ignatius College Prep	13:00.00
23	Choi, Edwin	09	St. Ignatius College Prep	13:11.22
24	Lee, Justin	09	St. Ignatius College Prep	13:40.50
25	Jondonovan, Giacinto	09	St. Ignatius College Prep	NT
26				
27				
28				
29				
30				
31				
32				

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 41 Boys Shot Put Varsity****Top 8 Advance by Mark****Tuesday 5/8/2012 - 4:00 PM**

<b>Meet:</b>	<b>59-11.50</b>	<b>1975</b>	<b>Gian Rossini, Saint Francis</b>
<b>CCS:</b>	<b>65-10</b>	<b>1967</b>	<b>Steve Wilhelm, Fremont</b>
<b>State:</b>	<b>76-02</b>	<b>1990</b>	<b>Brent Noon, Fallbrook</b>
<b>National:</b>	<b>77-00</b>	<b>1979</b>	<b>Michael Carter, Jefferson, Dallas (TX)</b>
<b>CCS Qual:</b>	<b>48-10</b>		

<b>Pos</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Prelims</b>				
1				
2	Venegas, Robert	11	Sacred Heart Cathedral Prep	29-11.00
3	Walrod, Thomas	11	Bellarmino College Prep	35-00.00
4	Sabalvaro, Brandon	11	St. Ignatius College Prep	35-07.00
5	Frisk, Joseph	12	Sacred Heart Cathedral Prep	37-06.00
6	Mendoza, Andres (Daniel)	10	Archbishop Mitty	38-03.00
7	Blach, Richard	11	Bellarmino College Prep	39-08.00
8	Terry, Cameron	11	Sacred Heart Cathedral Prep	40-05.00
9	Solomon, John	12	St. Ignatius College Prep	41-04.25
10	Furtado, Seth	12	Bellarmino College Prep	42-09.00
11	Godfrey, Daniel	12	Junipero Serra	43-02.00
12	Hamzehloo, Kamron	12	Sacred Heart Cathedral Prep	43-02.50
13	Kadash, Christian	12	St. Francis (Mountain View)	44-03.00
14	Dizon, Troy	12	Sacred Heart Cathedral Prep	44-05.00
15	Langi, Louis	11	Junipero Serra	44-08.00
16	Tiggs, Brenden	11	St. Ignatius College Prep	45-00.00
17	Sambel, Arnie	11	Junipero Serra	45-08.00
18	Chavez, Jamie	12	Archbishop Riordan	46-02.00
19	Benitez, Kevin	10	Archbishop Riordan	46-08.00
20	Boland, Eddie	12	Bellarmino College Prep	46-10.00
21	David, Ian	11	Archbishop Riordan	47-06.00
22	Windom, Dion	12	Archbishop Mitty	47-06.75
23	Reese, Nick	11	Archbishop Riordan	48-02.00
24	Craig, Kyle	11	Archbishop Riordan	48-03.00
25	Sosa, Alex	11	Bellarmino College Prep	49-04.00
26	Longinotti, Luke	12	Junipero Serra	49-06.00
27	Chiesa, Scott	12	St. Francis (Mountain View)	49-06.00
28	King, Theodore	12	Valley Christian (San Jose)	50-09.00
29	Beering, Jonathan	11	Junipero Serra	51-09.00
30	Blohm, Kevin	11	St. Ignatius College Prep	52-06.00
31	Bickham, Cody	12	St. Francis (Mountain View)	54-09.00



**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 42 Boys Shot Put Frosh Soph**  
**Top 8 Advance by Mark**  
**Tuesday 5/8/2012 - 6:00 PM**

Meet: 60-06.50 1973

Craig Watkins, Archbishop Mitty

Pos	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Prelims</b>				
1				
2	Avila Linn, John	10	Archbishop Mitty	31-04.00
3	Wong, Matt	09	Sacred Heart Cathedral Prep	31-07.50
4	Chang, Gabe	09	Sacred Heart Cathedral Prep	32-00.00
5	Kintis, Yianni	10	St. Ignatius College Prep	33-06.00
6	Rivera, Ramon	09	Archbishop Mitty	34-00.00
7	Reynolds, Kevin	10	St. Ignatius College Prep	34-04.00
8	Lopez, Carlos	10	Archbishop Riordan	35-00.00
9	Connolly, Ian	10	Sacred Heart Cathedral Prep	35-02.00
10	Glasso, Johnny	10	Bellarmino College Prep	35-06.50
11	Sanchez, Jesus	09	Bellarmino College Prep	36-01.00
12	Nehabedian, Seven	10	St. Ignatius College Prep	36-02.00
13	Fossett, Ben	10	St. Ignatius College Prep	36-11.00
14	Diaz, Eric	10	Archbishop Riordan	38-00.00
15	Colabianchi, Nick	09	Junipero Serra	39-07.50
16	Parker, Rees	10	Junipero Serra	39-10.50
17	Mackey, Holden	10	St. Francis (Mountain View)	40-02.00
18	Foster, Brett	10	Bellarmino College Prep	40-02.00
19	Zoumot, Yousef	10	Junipero Serra	40-06.75
20	Vega, Eddie	10	Archbishop Riordan	41-00.00
21	Orogo, JP	10	St. Francis (Mountain View)	41-02.00
22	Hagan, Conor	10	St. Ignatius College Prep	41-07.00
23	Hurrell, Albert	10	Junipero Serra	42-02.50
24	Godsil, Marshil	09	Bellarmino College Prep	42-05.50
25	Pena, Adan	09	Archbishop Riordan	43-07.00
26	Guglielmo, Mike	10	Bellarmino College Prep	44-04.00
27	Lee, Alex	10	St. Francis (Mountain View)	44-07.00
28	Casarez, Jack	10	St. Francis (Mountain View)	47-07.00
29	Sapp, Billy	10	Junipero Serra	47-11.00
30	Lee, Justin	10	St. Francis (Mountain View)	49-08.50

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 45 Boys Discus Throw Varsity****Top 8 Advance by Mark****Tuesday 5/8/2012 - 6:00 PM**

<b>Meet:</b>	<b>179-02</b>	<b>2000</b>	<b>Tony Miranda, Sacred Heart Cathedral</b>
<b>CCS:</b>	<b>204-10</b>	<b>2003</b>	<b>Nik Kay, Los Gatos</b>
<b>State:</b>	<b>213-11</b>	<b>1997</b>	<b>Scott Moser, Huntington Beach</b>
<b>National:</b>	<b>234-03</b>	<b>2001</b>	<b>Niklas Arrhenius, Orem Mountain View (UT)</b>
<b>CCS Qual:</b>	<b>141-02</b>		

<b>Pos</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Prelims</b>				
1				
2	Venegas, Robert	11	Sacred Heart Cathedral Prep	63-07
3	Metzger, Nathan	11	Bellarmino College Prep	102-07
4	Christensen, Kevin	12	St. Francis (Mountain View)	103-10
5	Dizon, Troy	12	Sacred Heart Cathedral Prep	111-06.50
6	Terry, Cameron	11	Sacred Heart Cathedral Prep	111-07
7	Furtado, Seth	12	Bellarmino College Prep	114-06
8	Solomon, John	12	St. Ignatius College Prep	119-00
9	Chavez, Jamie	12	Archbishop Riordan	121-00
10	Boland, Eddie	12	Bellarmino College Prep	121-01
11	Craig, Kyle	11	Archbishop Riordan	121-04
12	Langi, Louis	11	Junipero Serra	121-05
13	Muegge, Brian	12	Archbishop Mitty	121-07
14	Glassmoyer, Michael	12	Junipero Serra	122-11
15	Tiggs, Brenden	11	St. Ignatius College Prep	123-00
16	Gillera, Joe	12	Archbishop Riordan	124-00
17	Frisk, Joseph	12	Sacred Heart Cathedral Prep	124-10
18	Hamzehloo, Kamron	12	Sacred Heart Cathedral Prep	124-11
19	David, Ian	11	Archbishop Riordan	126-00
20	Benitez, Kevin	10	Archbishop Riordan	127-00
21	Reese, Nick	11	Archbishop Riordan	128-00
22	Sambel, Arnie	11	Junipero Serra	129-05
23	Beering, Jonathan	11	Junipero Serra	129-07
24	Lane, Andrew	12	Bellarmino College Prep	130-01
25	King, Theodore	12	Valley Christian (San Jose)	130-07
26	Miranda, Marco	11	Bellarmino College Prep	133-09
27	Longinotti, Luke	12	Junipero Serra	136-04
28	Windom, Dion	12	Archbishop Mitty	137-07
29	Blohm, Kevin	11	St. Ignatius College Prep	159-05
30	Bickham, Cody	12	St. Francis (Mountain View)	184-06

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 46 Boys Discus Throw Frosh Soph**  
**Top 8 Advance by Mark**  
**Tuesday 5/8/2012 - 4:00 PM**

Meet: 155-05 1973

Craig Watkins, Archbishop Mitty

Pos	Name	Year	School	Seed	Mark
<b>Flight 1 of 1 Prelims</b>					
1					
2	Chang, Gabe	09	Sacred Heart Cathedral Prep		68-01
3	Gavin, Nick	09	Archbishop Riordan		71-00
4	Avila Linn, John	10	Archbishop Mitty		75-00
5	Goble, Thomas	09	Archbishop Mitty		75-00
6	Kirby, Will	10	Bellarmino College Prep		80-06
7	Brancati, Victor	09	Bellarmino College Prep		81-05
8	Diaz, Eric	10	Archbishop Riordan		85-00
9	Wong, Matt	09	Sacred Heart Cathedral Prep	85-03.50	
10	Pena, Adan	09	Archbishop Riordan		86-00
11	Zemanick, Jory	10	St. Ignatius College Prep		90-00
12	Jauregui, Patrick	10	St. Ignatius College Prep		95-08
13	Claudio, Justin	09	St. Ignatius College Prep		96-07
14	Godsil, Marshil	09	Bellarmino College Prep		97-00
15	Hernandez, Cesar	10	Junipero Serra		98-11
16	Parker, Rees	10	Junipero Serra		99-00
17	Costanzo, Rocco	10	St. Francis (Mountain View)		99-05
18	Connolly, Ian	10	Sacred Heart Cathedral Prep		99-07
19	Acomb, Samuel	10	Valley Christian (San Jose)		101-07
20	Reed, Cory	10	Bellarmino College Prep		102-06
21	Fossett, Ben	10	St. Ignatius College Prep		102-06
22	Orogo, JP	10	St. Francis (Mountain View)		103-02
23	Zoumot, Yousef	10	Junipero Serra		104-04
24	Hagan, Conor	10	St. Ignatius College Prep		104-06
25	Guhit, Rad	10	St. Francis (Mountain View)		104-06
26	Casarez, Jack	10	St. Francis (Mountain View)		106-08
27	Guglielmo, Mike	10	Bellarmino College Prep		110-00
28	Lee, Justin	10	St. Francis (Mountain View)		112-00
29	Vega, Eddie	10	Archbishop Riordan		120-00
30	Hurrell, Albert	10	Junipero Serra		125-06
31	Sapp, Billy	10	Junipero Serra		127-05

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 49 Boys Long Jump Varsity****Top 8 Advance by Mark****Tuesday 5/8/2012 - 4:00 PM**

<b>Meet:</b>	<b>23-08</b>	<b>1959</b>	<b>Jim Fregosi, Junipero Serra</b>
<b>CCS:</b>	<b>26-00</b>	<b>1984</b>	<b>Johnny Cleveland, Soquel</b>
<b>State:</b>	<b>26-04.75</b>	<b>1989</b>	<b>James Stallworth, Tulare</b>
<b>National:</b>	<b>26-04.75</b>	<b>1989</b>	<b>James Stallworth, Tulare</b>
<b>CCS Qual:</b>	<b>21-03</b>		

<b>Pos</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Prelims</b>				
1				
2	Bastiany, PJ	11	Archbishop Mitty	15-06.00
3	Herr, Griffin	12	Junipero Serra	16-03.00
4	Jones, Marques	11	St. Ignatius College Prep	17-00.00
5	Buchanan, Bradley	11	Junipero Serra	17-01.00
6	Chung, Felix	11	Archbishop Riordan	17-04.00
7	Gasparian, Greg	12	Junipero Serra	17-05.00
8	Nolasco, Andrew	11	Archbishop Mitty	17-05.00
9	Self, Zachery	11	Valley Christian (San Jose)	17-06.00
10	Dickson, Clinton	12	Valley Christian (San Jose)	17-06.50
11	Sahyoun, Joseph	11	Junipero Serra	17-08.00
12	Louie, Randy	11	Sacred Heart Cathedral Prep	17-08.00
13	Fung, Patrick	12	Sacred Heart Cathedral Prep	17-08.50
14	Marshall, Lamar	12	St. Ignatius College Prep	18-00.00
15	Paraangchu, Andrew	11	Archbishop Riordan	18-00.00
16	Tratter, Abu	12	St. Francis (Mountain View)	18-02.00
17	Marconcini, Giovanni	11	Archbishop Riordan	18-04.00
18	Greene, Kahshan	11	St. Francis (Mountain View)	18-05.00
19	Rutledge, Michael	11	Junipero Serra	18-09.50
20	Eggleston, Justin	12	St. Ignatius College Prep	19-00.25
21	Meszaros, Cameron	09	St. Francis (Mountain View)	19-02.00
22	Sawyer, Jaden	11	Bellarmino College Prep	19-08.00
23	Sona, Epie	12	Bellarmino College Prep	19-09.00
24	Munchua, Michael	12	Sacred Heart Cathedral Prep	19-10.00
25	Tran, Floatie	12	Archbishop Mitty	19-11.00
26	Tom, Ryan	10	St. Francis (Mountain View)	19-11.00
27	Wahler, Garret	12	Bellarmino College Prep	20-02.00
28	Wong, Matthew	11	Archbishop Mitty	20-04.00
29	Johnson, Khalid	11	St. Francis (Mountain View)	20-10.00
30	Bush, Grant	10	Bellarmino College Prep	20-11.00
31	Vong, Ryan	10	Bellarmino College Prep	21-03.00

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 50 Boys Long Jump Frosh Soph**  
**Top 8 Advance by Mark**  
**Tuesday 5/8/2012 - 6:00 PM**

Meet: 21-09.50 2005

Michael Borg, Junipero Serra

Pos	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Prelims</b>				
1				
2	Pena, Adan	09	Archbishop Riordan	15-00.00
3	Lloyd, Elliot	09	Archbishop Riordan	15-00.00
4	Khoury, Michael	10	Archbishop Mitty	15-01.00
5	Fung, Benny	09	Sacred Heart Cathedral Prep	15-06.75
6	Sullivan, Darnell	10	Sacred Heart Cathedral Prep	15-07.00
7	Laughlin, Connor	09	Archbishop Riordan	15-11.00
8	Srinivasan, Sonkar	10	Archbishop Mitty	16-04.00
9	DeOcampo, Aaron	09	Junipero Serra	16-05.50
10	Sahyoun, Jonathan	10	Junipero Serra	16-06.25
11	Nolasco, Rafael	09	Archbishop Mitty	16-09.00
12	Fontana, Adam	10	St. Ignatius College Prep	16-09.75
13	O'Brien, Michael	09	Archbishop Mitty	17-00.00
14	Forchette, AJ	09	Bellarmino College Prep	17-01.00
15	Nguyen, Matthew	09	Bellarmino College Prep	17-01.00
16	Pugeda, Charlie	09	Sacred Heart Cathedral Prep	17-01.75
17	Arnold, Nathan	10	St. Ignatius College Prep	17-02.00
18	Knowles, Milo	09	Bellarmino College Prep	17-03.00
19	Varela, Daniel	10	Sacred Heart Cathedral Prep	17-03.75
20	San Buenaventura, Troy	10	Sacred Heart Cathedral Prep	17-10.50
21	McGee, Kevin	10	Junipero Serra	17-10.75
22	McCarthy, Liam	10	St. Ignatius College Prep	18-02.00
23	Gamboa, Adam	10	Archbishop Riordan	18-03.00
24	Evans, Michael	10	Bellarmino College Prep	18-03.00
25	Reardon, Jack	09	Bellarmino College Prep	18-06.00
26	Wheaton, Michael	10	St. Ignatius College Prep	18-11.00
27	Andrighetto, Alex	10	St. Francis (Mountain View)	19-03.00
28	Jones, Nicolas	09	Junipero Serra	19-05.75
29	Quesada, Sean	09	St. Ignatius College Prep	19-07.00
30	Orloff, Kyle	10	Junipero Serra	19-07.50

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 53 Boys Triple Jump Varsity****Top 8 Advance by Mark****Tuesday 5/8/2012 - 6:00 PM**

<b>Meet:</b>	<b>47-11.50</b>	<b>1975</b>	<b>Mike Haynes, Archbishop Riordan</b>
<b>CCS:</b>	<b>50-11.50</b>	<b>1986</b>	<b>Harold Rucker, Silver Creek</b>
<b>State:</b>	<b>52-10.50</b>	<b>1980</b>	<b>Charles Mayfield, Pasadena</b>
<b>National:</b>	<b>52-10.50</b>	<b>1980</b>	<b>Charles Mayfield, Muir, Pasadena</b>
<b>CCS Qual:</b>	<b>42-11</b>		

<b>Pos</b>	<b>Name</b>	<b>Year</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Prelims</b>				
1				
2	Bastiany, PJ	11	Archbishop Mitty	33-05.00
3	Jones, Marques	11	St. Ignatius College Prep	34-00.00
4	Gasparian, Greg	12	Junipero Serra	34-03.50
5	Herr, Griffin	12	Junipero Serra	34-09.50
6	Marshall, Lamar	12	St. Ignatius College Prep	35-01.00
7	Sahyoun, Joseph	11	Junipero Serra	35-07.00
8	Paraangchu, Andrew	11	Archbishop Riordan	36-00.00
9	Nolasco, Andrew	11	Archbishop Mitty	36-11.50
10	Sanchez, Martin	11	St. Francis (Mountain View)	37-11.00
11	Rutledge, Michael	11	Junipero Serra	38-03.50
12	Duong, Kevin	12	Bellarmino College Prep	38-09.00
13	Eggleston, Justin	12	St. Ignatius College Prep	39-07.00
14	Iyer, Shanker	11	Bellarmino College Prep	39-09.75
15	Nguyen, Derek	11	Bellarmino College Prep	40-02.00
16	Lewis, Chris	10	St. Francis (Mountain View)	40-03.00
17	Plett, Brodin	12	Junipero Serra	41-00.00
18	James, Khalil	11	Sacred Heart Cathedral Prep	41-05.25
19	Vong, Ryan	10	Bellarmino College Prep	41-10.00
20	Tran, Floatie	12	Archbishop Mitty	41-11.00
21	Tom, Ryan	10	St. Francis (Mountain View)	42-03.00
22	Sona, Epie	12	Bellarmino College Prep	43-08.00
23	Wong, Matthew	11	Archbishop Mitty	44-02.00

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 54 Boys Triple Jump Frosh Soph**  
**Top 8 Advance by Mark**  
**Tuesday 5/8/2012 - 4:00 PM**

Meet: 44-03.50 1980

Jeff Rossman, Saint Francis

Pos	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Prelims</b>				
1				
2	Afiesh, Kevin	10	Junipero Serra	30-03.50
3	Nolasco, Rafael	09	Archbishop Mitty	34-05.00
4	Laughlin, Connor	09	Archbishop Riordan	34-10.00
5	Arnold, Nathan	10	St. Ignatius College Prep	35-00.50
6	Srinivasan, Sonkar	10	Archbishop Mitty	35-01.00
7	Sahyoun, Jonathan	10	Junipero Serra	35-01.00
8	Khoury, Michael	10	Archbishop Mitty	35-02.00
9	Moriarty, Miles	09	Junipero Serra	35-06.00
10	Jones, Nicolas	09	Junipero Serra	35-07.00
11	DeOcampo, Aaron	09	Junipero Serra	35-08.50
12	Varela, Daniel	10	Sacred Heart Cathedral Prep	36-01.00
13	Forchette, AJ	09	Bellarmino College Prep	36-05.00
14	Verma, Rishab	10	St. Francis (Mountain View)	36-06.00
15	Alvarez, Marcus	09	Junipero Serra	36-09.00
16	Thompson, Joe	09	Bellarmino College Prep	37-00.00
17	De La Serna, Nolan	10	Bellarmino College Prep	37-04.00
18	Gamboa, Adam	10	Archbishop Riordan	37-04.00
19	Peters, Cameron	10	Bellarmino College Prep	37-04.00
20	De Leon, Andre	09	St. Ignatius College Prep	37-05.00
21	Andrighetto, Alex	10	St. Francis (Mountain View)	39-04.00
22	Underwood, Jonah	09	Bellarmino College Prep	40-00.00

**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 58 Boys High Jump Frosh Soph**  
**Tuesday 5/8/2012 - 4:00 PM**

Meet: 6-04 1975

Dave Kniffin, Junipero Serra

Pos	Name	Year	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Ocampo, Matt	10	St. Ignatius College Prep		4-08.00
2	Gaul, Jack	10	St. Ignatius College Prep		4-10.00
3	Haggerty, Kevin	10	Archbishop Mitty		4-10.00
4	Pang, Eric	10	St. Ignatius College Prep		5-00.00
5	Matthews, Ricky	09	St. Ignatius College Prep		5-00.00
6	O'Brien, Michael	09	Archbishop Mitty		5-00.00
7	Moriarty, Miles	09	Junipero Serra		5-02.00
8	Mills, Ashton	09	Junipero Serra		5-02.00
9	Kumar, Akursh	10	Archbishop Mitty		5-04.00
10	Knowles, Milo	09	Bellarmino College Prep		5-04.00
11	Tovstyka, Daniel	10	Sacred Heart Cathedral Prep		5-04.00
12	Fontana, Adam	10	St. Ignatius College Prep		5-04.00
13	Forchette, AJ	09	Bellarmino College Prep		5-06.00
14	Alvarez, Marcus	09	Junipero Serra		5-06.00
15	Ramirez, Chandler	10	Archbishop Mitty		5-06.00
16	Sachania, Tej	10	St. Francis (Mountain View)		5-06.00
17	Underwood, Jonah	09	Bellarmino College Prep		5-06.00
18	Jackson, Austin	10	Junipero Serra		5-08.00
19	Peters, Cameron	10	Bellarmino College Prep		5-10.00
20	Evans, Michael	10	Bellarmino College Prep		5-10.00



**2012 WCAL Track & Field Championships**  
**St. Francis High School - 5/8/2012 to 5/11/2012**  
**Meet Program - Boys Trials**

**Event 62 Boys Pole Vault Frosh Soph**  
**Tuesday 5/8/2012 - 4:00 PM**

Meet: 13-02 2004

David Glassanos, Saint Francis

Pos	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	Lopez, Jerrod	09	Archbishop Mitty	7-06.00
2	Borst, Jonathan	09	Archbishop Mitty	8-00.00
3	Giotinis, Jerry	10	Junipero Serra	8-00.00
4	Shih, Sean	10	Archbishop Mitty	8-00.00
5	Moore, Cameron	09	Junipero Serra	8-06.00
6	Kwong, Nick	10	Junipero Serra	8-06.00
7	Hill, Winston	10	Archbishop Riordan	8-06.00
8	Falcon, Alden	10	St. Francis (Mountain View)	8-09.00
9	Matthews, Ricky	09	St. Ignatius College Prep	8-09.00
10	Mills, Ashton	09	Junipero Serra	9-00.00
11	Hayes, Richard	10	St. Ignatius College Prep	9-00.00
12	Murphy, Chris	09	Bellarmino College Prep	9-03.00
13	Small, Johnny	09	St. Francis (Mountain View)	9-03.00
14	Power, David	09	Archbishop Mitty	9-06.00
15	Kava, Jonathan	10	St. Francis (Mountain View)	9-06.00
16	Bogart, Joey	09	Bellarmino College Prep	9-06.00
17	Powell, Roy	10	Archbishop Mitty	9-06.00
18	Waldren, Hugo	09	St. Francis (Mountain View)	10-00.00
19	Peters, Cameron	10	Bellarmino College Prep	10-00.00
20	Lynch, Nick	10	St. Ignatius College Prep	10-03.00
21	Lind, Andrew	09	Bellarmino College Prep	10-03.00
22	Clement, Michael	10	St. Francis (Mountain View)	10-06.00
23	Castro, Isiah	11	Archbishop Riordan	10-06.00
24	Weber, Jackson	10	St. Ignatius College Prep	10-06.00
25	Ferrari, Dominic	10	Junipero Serra	11-00.00
26	Gaul, Jack	10	St. Ignatius College Prep	11-01.00
27	Stofer, Jon	10	Bellarmino College Prep	12-03.00