2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 41 Boys Shot Put Varsity Flight 1 of 1

Tuesday 5/8/2012 - 4:00 PM Event Finish Time_____

Meet:	**59-11.50**	**1975**	**Gian Rossini, Saint Francis**
CCS:	**65-10**	**1967**	**Steve Wilhelm, Fremont**
State:	**76-02**	**1990**	**Brent Noon, Fallbrook**
National:	**77-00**	**1979**	**Michael Carter, Jefferson, Dallas (TX)**
CCS Qual:	**48-10**		

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Venegas, Robert 11 Sacred Heart	29-11.00										
3	Walrod, Thomas 11 Bellarmine C	35-00.00										
4	Sabalvaro, Brandon 11 St. Ignatius	35-07.00										
5	Frisk, Joseph 12 Sacred Heart	37-06.00										
6	Mendoza, Andres (Daniel) Archbishop Mitty	38-03.00										
7	Blach, Richard 11 Bellarmine C	39-08.00										
8	Terry, Cameron 11 Sacred Heart	40-05.00										
9	Solomon, John 12 St. Ignatius	41-04.25										
10	Furtado, Seth 12 Bellarmine C	42-09.00										
11	Godfrey, Daniel 12 Junipero Serra	43-02.00										
12	Hamzehloo, Kamron 12 Sacred Heart	43-02.50										
13	Kadash, Christian 12 St. Francis	44-03.00										
14	Dizon, Troy 12 Sacred Heart	44-05.00										
15	Langi, Louis 11 Junipero Serra	44-08.00										
16	Tiggs, Brenden 11 St. Ignatius	45-00.00										

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St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 41 Boys Shot Put Varsity Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
17	Sambel, Arnie 11 Junipero Serra	45-08.00										
18	Chavez, Jamie 12 Archbishop Riordan	46-02.00										
19	Benitez, Kevin 10 Archbishop Riordan	46-08.00										
20	Boland, Eddie 12 Bellarmine C	46-10.00										
21	David, Ian 11 Archbishop Riordan	47-06.00										
22	Windom, Dion 12 Archbishop Mitty	47-06.75										
23	Reese, Nick 11 Archbishop Riordan	48-02.00										
24	Craig, Kyle 11 Archbishop Riordan	48-03.00										
25	Sosa, Alex 11 Bellarmine C	49-04.00										
26	Longinotti, Luke 12 Junipero Serra	49-06.00										
27	Chiesa, Scott 12 St. Francis	49-06.00										
28	King, Theodore 12 Valley Chris	50-09.00										
29	Beering, Jonathan 11 Junipero Serra	51-09.00										
30	Blohm, Kevin 11 St. Ignatius	52-06.00										
31	Bickham, Cody 12 St. Francis	54-09.00										
32												
33												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 46 Boys Discus Throw Frosh Soph Flight 1 of 1
Tuesday 5/8/2012 - 4:00 PM Event Finish Time_____
Meet: 155-05 1973 Craig Watkins, Archbishop Mitty

		Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1											
2	Chang, Gabe 09 Sacred Heart 68-01										
3	Gavin, Nick 09 Archbishop Riordan 71-00										
4	Avila Linn, John 10 Archbishop Mitty 75-00										
5	Goble, Thomas 09 Archbishop Mitty 75-00										
6	Kirby, Will 10 Bellarmine C 80-06										
7	Brancati, Victor 09 Bellarmine C 81-05										
8	Diaz, Eric 10 Archbishop Riordan 85-00										
9	Wong, Matt 09 Sacred Heart 85-03.50										
10	Pena, Adan 09 Archbishop Riordan 86-00										
11	Zemanick, Jory 10 St. Ignatius 90-00										
12	Jauregui, Patrick 10 St. Ignatius 95-08										
13	Claudio, Justin 09 St. Ignatius 96-07										
14	Godsil, Marshil 09 Bellarmine C 97-00										
15	Hernandez, Cesar 10 Junipero Serra 98-11										
16	Parker, Rees 10 Junipero Serra 99-00										
17	Costanzo, Rocco 10 St. Francis 99-05										
18	Connolly, Ian 10 Sacred Heart 99-07										

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 46 Boys Discus Throw Frosh Soph Flight 1 of 1

		Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
19	Acomb, Samuel 10 Valley Chris 101-07										
20	Reed, Cory 10 Bellarmine C 102-06										
21	Fossett, Ben 10 St. Ignatius 102-06										
22	Orogo, JP 10 St. Francis 103-02										
23	Zoumot, Yousef 10 Junipero Serra 104-04										
24	Hagan, Conor 10 St. Ignatius 104-06										
25	Guhit, Rad 10 St. Francis 104-06										
26	Casarez, Jack 10 St. Francis 106-08										
27	Guglielmo, Mike 10 Bellarmine C 110-00										
28	Lee, Justin 10 St. Francis 112-00										
29	Vega, Eddie 10 Archbishop Riordan 120-00										
30	Hurrell, Albert 10 Junipero Serra 125-06										
31	Sapp, Billy 10 Junipero Serra 127-05										
32											
33											
34											
35											

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 49 Boys Long Jump Varsity Flight 1 of 1

Tuesday 5/8/2012 - 4:00 PM Event Finish Time_____

Meet:	**23-08**	**1959**	**Jim Fregosi, Junipero Serra**
CCS:	**26-00**	**1984**	**Johnny Cleveland, Soquel**
State:	**26-04.75**	**1989**	**James Stallworth, Tulare**
National:	**26-04.75**	**1989**	**James Stallworth, Tulare**
CCS Qual:	**21-03**		

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Bastiany, PJ 11 Archbishop Mitty	15-06.00										
3	Herr, Griffin 12 Junipero Serra	16-03.00										
4	Jones, Marques 11 St. Ignatius	17-00.00										
5	Buchanan, Bradley 11 Junipero Serra	17-01.00										
6	Chung, Felix 11 Archbishop Riordan	17-04.00										
7	Gasparian, Greg 12 Junipero Serra	17-05.00										
8	Nolasco, Andrew 11 Archbishop Mitty	17-05.00										
9	Self, Zachery 11 Valley Chris	17-06.00										
10	Dickson, Clinton 12 Valley Chris	17-06.50										
11	Sahyoun, Joseph 11 Junipero Serra	17-08.00										
12	Louie, Randy 11 Sacred Heart	17-08.00										
13	Fung, Patrick 12 Sacred Heart	17-08.50										
14	Marshall, Lamar 12 St. Ignatius	18-00.00										
15	Paraangchu, Andrew 11 Archbishop Riordan	18-00.00										
16	Tratter, Abu 12 St. Francis	18-02.00										

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Field Score Sheet - Boys Trials

Event 49 Boys Long Jump Varsity Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
17	Marconcini, Giovani 11 Archbishop Riordan	18-04.00										
18	Greene, Kahshan 11 St. Francis	18-05.00										
19	Rutledge, Michael 11 Junipero Serra	18-09.50										
20	Eggleston, Justin 12 St. Ignatius	19-00.25										
21	Meszaros, Cameron 09 St. Francis	19-02.00										
22	Sawyer, Jaden 11 Bellarmine C	19-08.00										
23	Sona, Epie 12 Bellarmine C	19-09.00										
24	Munchua, Michael 12 Sacred Heart	19-10.00										
25	Tran, Floatie 12 Archbishop Mitty	19-11.00										
26	Tom, Ryan 10 St. Francis	19-11.00										
27	Wahler, Garret 12 Bellarmine C	20-02.00										
28	Wong, Matthew 11 Archbishop Mitty	20-04.00										
29	Johnson, Khalid 11 St. Francis	20-10.00										
30	Bush, Grant 10 Bellarmine C	20-11.00										
31	Vong, Ryan 10 Bellarmine C	21-03.00										
32												
33												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 54 Boys Triple Jump Frosh Soph Flight 1 of 1
Tuesday 5/8/2012 - 4:00 PM Event Finish Time_____
Meet: 44-03.50 1980 Jeff Rossman, Saint Francis

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Afiesh, Kevin 10 Junipero Serra	30-03.50										
3	Nolasco, Rafael 09 Archbishop Mitty	34-05.00										
4	Laughlin, Connor 09 Archbishop Riordan	34-10.00										
5	Arnold, Nathan 10 St. Ignatius	35-00.50										
6	Srinvasan, Sonkar 10 Archbishop Mitty	35-01.00										
7	Sahyoun, Jonathan 10 Junipero Serra	35-01.00										
8	Khoury, Michael 10 Archbishop Mitty	35-02.00										
9	Moriarty, Miles 09 Junipero Serra	35-06.00										
10	Jones, Nicolas 09 Junipero Serra	35-07.00										
11	DeOcampo, Aaron 09 Junipero Serra	35-08.50										
12	Varela, Daniel 10 Sacred Heart	36-01.00										
13	Forchette, AJ 09 Bellarmine C	36-05.00										
14	Verma, Rishab 10 St. Francis	36-06.00										
15	Alvarez, Marcus 09 Junipero Serra	36-09.00										
16	Thompson, Joe 09 Bellarmine C	37-00.00										
17	De La Serna, Nolan 10 Bellarmine C	37-04.00										
18	Gamboa, Adam 10 Archbishop Riordan	37-04.00										

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 54 Boys Triple Jump Frosh Soph Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
19	Peters, Cameron 10 Bellarmine C	37-04.00										
20	De Leon, Andre 09 St. Ignatius	37-05.00										
21	Andrighetto, Alex 10 St. Francis	39-04.00										
22	Underwood, Jonah 09 Bellarmine C	40-00.00										
23												
24												
25												
26												
27												
28												
29												
30												
31												
32												
33												
34												
35												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 42 Boys Shot Put Frosh Soph Flight 1 of 1
Tuesday 5/8/2012 - 6:00 PM Event Finish Time_____
Meet: 60-06.50 1973 Craig Watkins, Archbishop Mitty

		Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1											
2	Avila Linn, John 10 Archbishop Mitty 31-04.00										
3	Wong, Matt 09 Sacred Heart 31-07.50										
4	Chang, Gabe 09 Sacred Heart 32-00.00										
5	Kintis, Yianni 10 St. Ignatius 33-06.00										
6	Rivera, Ramon 09 Archbishop Mitty 34-00.00										
7	Reynolds, Kevin 10 St. Ignatius 34-04.00										
8	Lopez, Carlos 10 Archbishop Riordan 35-00.00										
9	Connolly, Ian 10 Sacred Heart 35-02.00										
10	Glasso, Johnny 10 Bellarmine C 35-06.50										
11	Sanchez, Jesus 09 Bellarmine C 36-01.00										
12	Nehabedian, Seven 10 St. Ignatius 36-02.00										
13	Fossett, Ben 10 St. Ignatius 36-11.00										
14	Diaz, Eric 10 Archbishop Riordan 38-00.00										
15	Colabianchi, Nick 09 Junipero Serra 39-07.50										
16	Parker, Rees 10 Junipero Serra 39-10.50										
17	Mackey, Holden 10 St. Francis 40-02.00										
18	Foster, Brett 10 Bellarmine C 40-02.00										

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 42 Boys Shot Put Frosh Soph Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
19	Zoumot, Yousef 10 Junipero Serra	40-06.75										
20	Vega, Eddie 10 Archbishop Riordan	41-00.00										
21	Orogo, JP 10 St. Francis	41-02.00										
22	Hagan, Conor 10 St. Ignatius	41-07.00										
23	Hurrell, Albert 10 Junipero Serra	42-02.50										
24	Godsil, Marshil 09 Bellarmine C	42-05.50										
25	Pena, Adan 09 Archbishop Riordan	43-07.00										
26	Guglielmo, Mike 10 Bellarmine C	44-04.00										
27	Lee, Alex 10 St. Francis	44-07.00										
28	Casarez, Jack 10 St. Francis	47-07.00										
29	Sapp, Billy 10 Junipero Serra	47-11.00										
30	Lee, Justin 10 St. Francis	49-08.50										
31												
32												
33												
34												
35												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 45 Boys Discus Throw Varsity Flight 1 of 1
Tuesday 5/8/2012 - 6:00 PM Event Finish Time_____

Meet:	**179-02**	**2000**	**Tony Miranda, Sacred Heart Cathedral**
CCS:	**204-10**	**2003**	**Nik Kay, Los Gatos**
State:	**213-11**	**1997**	**Scott Moser, Huntington Beach**
National:	**234-03**	**2001**	**Niklas Arrhenius, Orem Mountain View (UT)**
CCS Qual:	**141-02**		

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Venegas, Robert 11 Sacred Heart	63-07										
3	Metzger, Nathan 11 Bellarmine C	102-07										
4	Christensen, Kevin 12 St. Francis	103-10										
5	Dizon, Troy 12 Sacred Heart	111-06.50										
6	Terry, Cameron 11 Sacred Heart	111-07										
7	Furtado, Seth 12 Bellarmine C	114-06										
8	Solomon, John 12 St. Ignatius	119-00										
9	Chavez, Jamie 12 Archbishop Riordan	121-00										
10	Boland, Eddie 12 Bellarmine C	121-01										
11	Craig, Kyle 11 Archbishop Riordan	121-04										
12	Langi, Louis 11 Junipero Serra	121-05										
13	Muegge, Brian 12 Archbishop Mitty	121-07										
14	Glassmoyer, Michael 12 Junipero Serra	122-11										
15	Tiggs, Brenden 11 St. Ignatius	123-00										
16	Gilleran, Joe 12 Archbishop Riordan	124-00										

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 45 Boys Discus Throw Varsity Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
17	Frisk, Joseph 12 Sacred Heart	124-10										
18	Hamzehloo, Kamron 12 Sacred Heart	124-11										
19	David, Ian 11 Archbishop Riordan	126-00										
20	Benitez, Kevin 10 Archbishop Riordan	127-00										
21	Reese, Nick 11 Archbishop Riordan	128-00										
22	Sambel, Arnie 11 Junipero Serra	129-05										
23	Beering, Jonathan 11 Junipero Serra	129-07										
24	Lane, Andrew 12 Bellarmine C	130-01										
25	King, Theodore 12 Valley Chris	130-07										
26	Miranda, Marco 11 Bellarmine C	133-09										
27	Longinotti, Luke 12 Junipero Serra	136-04										
28	Windom, Dion 12 Archbishop Mitty	137-07										
29	Blohm, Kevin 11 St. Ignatius	159-05										
30	Bickham, Cody 12 St. Francis	184-06										
31												
32												
33												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 50 Boys Long Jump Frosh Soph Flight 1 of 1
Tuesday 5/8/2012 - 6:00 PM Event Finish Time_____
Meet: 21-09.50 2005 Michael Borg, Junipero Serra

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Pena, Adan 09 Archbishop Riordan	15-00.00										
3	Lloyd, Elliot 09 Archbishop Riordan	15-00.00										
4	Khoury, Michael 10 Archbishop Mitty	15-01.00										
5	Fung, Benny 09 Sacred Heart	15-06.75										
6	Sullivan, Darnell 10 Sacred Heart	15-07.00										
7	Laughlin, Connor 09 Archbishop Riordan	15-11.00										
8	Srinvasan, Sonkar 10 Archbishop Mitty	16-04.00										
9	DeOcampo, Aaron 09 Junipero Serra	16-05.50										
10	Sahyoun, Jonathan 10 Junipero Serra	16-06.25										
11	Nolasco, Rafael 09 Archbishop Mitty	16-09.00										
12	Fontana, Adam 10 St. Ignatius	16-09.75										
13	O'Brien, Michael 09 Archbishop Mitty	17-00.00										
14	Forchette, AJ 09 Bellarmine C	17-01.00										
15	Nguyen, Matthew 09 Bellarmine C	17-01.00										
16	Pugeda, Charlie 09 Sacred Heart	17-01.75										
17	Arnold, Nathan 10 St. Ignatius	17-02.00										
18	Knowles, Milo 09 Bellarmine C	17-03.00										

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Field Score Sheet - Boys Trials

Event 50 Boys Long Jump Frosh Soph Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
19	Varela, Daniel 10 Sacred Heart	17-03.75										
20	San Buenaventura, Troy 1 Sacred Heart	17-10.50										
21	McGee, Kevin 10 Junipero Serra	17-10.75										
22	McCarthy, Liam 10 St. Ignatius	18-02.00										
23	Gamboa, Adam 10 Archbishop Riordan	18-03.00										
24	Evans, Michael 10 Bellarmine C	18-03.00										
25	Reardon, Jack 09 Bellarmine C	18-06.00										
26	Wheaton, Michael 10 St. Ignatius	18-11.00										
27	Andrighetto, Alex 10 St. Francis	19-03.00										
28	Jones, Nicolas 09 Junipero Serra	19-05.75										
29	Quesada, Sean 09 St. Ignatius	19-07.00										
30	Orloff, Kyle 10 Junipero Serra	19-07.50										
31												
32												
33												
34												
35												

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 53 Boys Triple Jump Varsity Flight 1 of 1

Tuesday 5/8/2012 - 6:00 PM Event Finish Time_____

Meet:	**47-11.50**	**1975**	**Mike Haynes, Archbishop Riordan**
CCS:	**50-11.50**	**1986**	**Harold Rucker, Silver Creek**
State:	**52-10.50**	**1980**	**Charles Mayfield, Pasadena**
National:	**52-10.50**	**1980**	**Charles Mayfield, Muir, Pasadena**
CCS Qual:	**42-11**		

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
1												
2	Bastiany, PJ 11 Archbishop Mitty	33-05.00										
3	Jones, Marques 11 St. Ignatius	34-00.00										
4	Gasparian, Greg 12 Junipero Serra	34-03.50										
5	Herr, Griffin 12 Junipero Serra	34-09.50										
6	Marshall, Lamar 12 St. Ignatius	35-01.00										
7	Sahyoun, Joseph 11 Junipero Serra	35-07.00										
8	Paraangchu, Andrew 11 Archbishop Riordan	36-00.00										
9	Nolasco, Andrew 11 Archbishop Mitty	36-11.50										
10	Sanchez, Martin 11 St. Francis	37-11.00										
11	Rutledge, Michael 11 Junipero Serra	38-03.50										
12	Duong, Kevin 12 Bellarmine C	38-09.00										
13	Eggleston, Justin 12 St. Ignatius	39-07.00										
14	Iyer, Shanker 11 Bellarmine C	39-09.75										
15	Nguyen, Derek 11 Bellarmine C	40-02.00										
16	Lewis, Chris 10 St. Francis	40-03.00										

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Field Score Sheet - Boys Trials

Event 53 Boys Triple Jump Varsity Flight 1 of 1

			Attempt 1	Attempt 2	Attempt 3		Attempt 4	Attempt 5		Attempt 6	Best	Place
17	Plett, Brodin 12 Junipero Serra	41-00.00										
18	James, Khalil 11 Sacred Heart	41-05.25										
19	Vong, Ryan 10 Bellarmine C	41-10.00										
20	Tran, Floatie 12 Archbishop Mitty	41-11.00										
21	Tom, Ryan 10 St. Francis	42-03.00										
22	Sona, Epie 12 Bellarmine C	43-08.00										
23	Wong, Matthew 11 Archbishop Mitty	44-02.00										
24												
25												
26												
27												
28												
29												
30												
31												
32												
33												