

2012 WCAL Track & Field Championships
St. Francis High School - 5/8/2012 to 5/11/2012
Results - Girls Trials

Girls 100 Meter Dash Varsity

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Meet: ! 11.62 2005      Khrystal Carter, Valley Christian
CCS: # 11.24 2006      Jeneba Tarmoh, Mt. Pleasant
State: * 11.14 1992    Marion Jones, Thousand Oaks
National: $ 11.14 1992  Marion Jones, Thousand Oaks
CCS Qual: @ 12.71

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Name	Year	School	Seed	Prelims	Wind	H#
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Preliminaries						
1 Auzenne, Micha	11	St. Francis	12.14	@ 12.24Q	-0.3	1
2 Smallwood, Shelby	10	Valley Chris	12.22	@ 12.44Q	NWI	2
3 Fenton, Skylar	10	St. Ignatius	12.48	@ 12.57Q	0.1	3
4 Bugtong, Karla	10	St. Ignatius	12.90	12.92q	-0.3	1
5 Agu, Cecily	11	Archbishop Mitty	13.16	12.96q	-0.3	1
6 Obilor, Tiffanie	11	Presentation	12.80	13.12q	-0.3	1
6 Palacio, Kylie	11	Archbishop Mitty	12.79	13.12q	NWI	2
8 Howard, Kairee	10	Sacred Heart	13.31	13.16q	0.1	3
9 McGovern, Aine	11	St. Ignatius	13.24	13.19q	NWI	2
10 Love, Marquel	10	Archbishop Mitty	12.74	13.25	0.1	3
10 Garrity, Kathleen	12	St. Francis	13.02	13.25	0.1	3
12 Roey, Jessica	11	St. Francis	12.96	13.31	NWI	2
13 Tan, Mikayla	10	Archbishop Mitty	13.11	13.34	-0.3	1
14 Lara, Maria	12	Sacred Heart	13.72	13.36	-0.3	1
15 Micallef, Carlisle	10	Archbishop Mitty	13.09	13.42	NWI	2
16 Westbrook, Laura	12	Notre Dame (15.18	14.99	-0.3	1

Girls 200 Meter Dash Varsity

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Meet: ! 23.97 2005      Khrystal Carter, Valley Christian
CCS: # 23.14 2006      Jeneba Tarmoh, Mt. Pleasant
State: * 22.52 2003    Allyson Felix, LA Baptist, North Hills
National: $ 22.52 2003  Allyson Felix, LA Baptist, North Hills
CCS Qual: @ 26.08

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Name	Year	School	Seed	Prelims	Wind	H#
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1 Smallwood, Shelby	10	Valley Chris	25.25	@ 25.82Q	NWI	1
2 Padilla, Marisa	11	St. Francis	25.64	@ 25.92Q	NWI	3
3 Fenton, Skylar	10	St. Ignatius	25.31	@ 25.99Q	NWI	2
4 McKeever, Ebony	11	Sacred Heart	26.83	26.67q	NWI	1
5 Agu, Cecily	11	Archbishop Mitty	26.07	26.76q	NWI	3
6 Bradley, Mary Ellen	11	Valley Chris	27.18	27.07q	NWI	3
7 McGovern, Aine	11	St. Ignatius	27.47	27.12q	NWI	1
8 Tan, Mikayla	10	Archbishop Mitty	27.29	27.79	NWI	2
9 Sola, Anna Marie	12	Archbishop Mitty	27.00	28.18	NWI	2
10 Pavella, Kimmie	12	Notre Dame (27.88	28.23	NWI	3
11 De Rossi, Desiree	11	Archbishop Mitty	27.48	28.79	NWI	1
12 Blair, Catherine	12	Notre Dame (28.94	29.45	NWI	1

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Meet: ! 56.20 2008      Kristen Houp, Valley Christian
CCS: # 52.83 1984      Leslie Maxie, Mills
State: * 50.74 2000    Monique Henderson, Morse, San Diego
National: $ 50.74 2000 Monique Henderson, Morse, San Diego
CCS Qual: @ 58.37

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Name	Year	School	Seed	Prelims	H#
1 Padilla, Marisa	11	St. Francis	57.98	@ 58.09Q	1
2 McKeever, Ebony	11	Sacred Heart	58.58	58.80Q	2
3 Sanfilippo, Gabriela	09	Presentation	1:02.00	1:00.35q	1
4 Smith, Fiona	10	St. Ignatius	59.45	1:00.71q	2
5 Sola, Anna Marie	12	Archbishop Mitty	1:00.69	1:00.74q	1
6 Tramontozzi, Claire	10	St. Ignatius	1:02.07	1:01.48q	2
7 Pavella, Kimmie	12	Notre Dame (1:02.30	1:01.79q	1
8 Hipp, Erica	11	Sacred Heart	1:02.03	1:02.18	2
9 Nowak, Maya	10	St. Francis	1:02.65	1:04.00	2
10 Cuzner, Emily	11	Presentation	1:05.00	1:04.48	1
11 Blair, Catherine	12	Notre Dame (1:06.32	1:06.43	1
12 De Rossi, Desiree	11	Archbishop Mitty	1:04.30	1:08.66	2

Girls 800 Meter Run Varsity

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Meet: ! 2:08.97 2005    Christine Whalen, Archbishop Mitty
CCS: # 2:04.37 1977    Ann Reagan, Camden
State: * 2:04.91 1984    Trena Hull, Compton
National: $ 2:02.90 2008 Chanelle Price, Easton Area (PA)
CCS Qual: @ 2:19.91

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Name	Year	School	Seed	Prelims
1 Rintala, Olivia	11	Archbishop Mitty	2:19.18	2:20.62Q
2 Spence, Katie	10	St. Ignatius	2:19.00	2:25.73Q
3 Arrillaga, Lindsey	09	St. Francis	2:24.37	2:23.76Q
4 Smith, Erin	10	St. Ignatius	2:25.69	2:26.84Q
5 Cech, Lauren	10	Archbishop Mitty	2:26.91	2:24.01q
6 Loveday, Montana	11	Archbishop Mitty	2:34.00	2:27.72q
7 Asbun, Nicole	09	Archbishop Mitty	2:30.17	2:29.61q
8 Redmond, Kellie	11	Sacred Heart	2:29.72	2:33.68q
9 Garcia, Isabel	12	Valley Chris	2:29.65	2:35.10q
10 Behlen, Kelly	12	St. Francis	2:35.59	2:35.56q
11 Cannata-Bowman, Sophia	11	Sacred Heart	2:40.62	2:35.85q
12 Chew, Raylene	11	Presentation	2:36.10	2:36.75q
13 Stockwell, Clare	12	Notre Dame (2:44.20	2:40.60
14 Craft, Katie	11	St. Ignatius	2:39.00	2:40.67
15 Tobin, Haley	12	St. Ignatius	2:40.93	2:43.06
16 Linehan, Amy	11	Presentation	2:45.00	2:43.34
17 Gomez, Audrey	12	St. Ignatius	2:40.00	2:47.10

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Girls 100 Meter Hurdles Varsity

Meet: ! 13.72 2010 Hannah Goranson, Valley Christian
 CCS: # 13.03 2007 Vashti Thomas, Mt. Pleasant
 State: * 13.03 2007 Vashti Thomas, Mt. Pleasant, San Jose
 National: \$ 13.03 2007 Vashti Thomas, Mt. Pleasant, San Jose
 CCS Qual: @ 15.60

Name	Year	School	Seed	Prelims	Wind	H#
1 Auzenne, Micha	11	St. Francis	14.07	@ 14.60Q	-1.2	1
2 Johnson, Lauren	10	St. Francis	15.36	@ 15.48Q	-0.9	2
3 Haar, Paige	11	Archbishop Mitty	16.00	15.84q	-0.9	2
4 Micallef, Carlisle	10	Archbishop Mitty	17.30	16.81q	-1.2	1
5 Yasevich, Yana	11	St. Ignatius	17.17	17.23q	-1.2	1
6 Benham, Megan	12	St. Francis	17.65	17.58q	-0.9	2
7 Alliaume, Juliette	11	Sacred Heart	17.87	17.80q	-1.2	1
8 Wigant, Alyssa	12	Presentation	17.75	18.05q	-0.9	2
9 Vinod, Priti	11	Archbishop Mitty	19.36	18.28q	-1.2	1
10 Phillips, Katie	09	Archbishop Mitty	18.85	18.37	-1.2	1
11 Mendoza, Kelly	12	St. Ignatius	18.04	18.70	-1.2	1
12 Phillips, Leah	12	Presentation	18.67	18.76	-0.9	2
13 Chen, Monica	12	St. Francis	18.80	18.78	-0.9	2
14 Marr, Kortney	11	Presentation	20.73	20.99	-0.9	2
15 Muscha, Maddie	11	Presentation	20.65	21.10	-0.9	2

Girls 300 Meter Hurdles Varsity

Meet: ! 45.40 2010 Brittney Wright, Presentation
 CCS: # 40.18 1984 Leslie Maxie, Mills
 State: * 39.98 2001 Lashinda Demus, Wilson, Long Beach
 National: \$ 39.98 2001 Lashinda Demus, Wilson, Long Beach
 CCS Qual: @ 46.77

Name	Year	School	Seed	Prelims	H#
1 Benham, Megan	12	St. Francis	48.93	49.37Q	1
2 Lara, Maria	12	Sacred Heart	49.90	49.67Q	3
3 Haar, Paige	11	Archbishop Mitty	49.40	50.23Q	2
4 Phillips, Katie	09	Archbishop Mitty	53.44	50.64q	3
5 Hipp, Emily	11	Sacred Heart	51.77	50.80q	1
6 Alliaume, Juliette	11	Sacred Heart	51.50	50.83q	2
7 Kerrigan-Okamoto, Christ	12	St. Francis	52.63	51.44q	3
8 Wheeler, Nicole	12	Archbishop Mitty	52.02	51.48	1
9 Wigant, Alyssa	12	Presentation	50.79	54.41	3
10 Westbrook, Laura	12	Notre Dame (59.99	58.14	3
11 Muscha, Maddie	11	Presentation	54.95	58.68	2

Girls Long Jump Varsity

Meet: ! 18-01.25 2005 Danielle Robinson, Archbishop Mitty
 CCS: # 20-09.75 1984 Wendy Brown, Woodside
 State: * 22-00.50 1993 Marion Jones, Thousand Oaks
 National: \$ 22-01.75 1976 Kathy McMillan, Raeford Hoke County(NC)
 CCS Qual: @ 16-07

Name	Year	School	Seed	Prelims	Wind
1 Auzenne, Micha	11	St. Francis	18-02.00	@ 17-09.75q	NWI
2 Sato, Kristin	12	Valley Chris	18-05.25	@ 16-07.00q	NWI

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...Girls Long Jump Varsity

3	Love, Marquel	10	Archbishop Mitty	17-07.00	16-00.00q	NWI
4	Jaques, Taylore	10	Presentation	16-08.00	15-10.00q	NWI
4	Janachocwski, Candy	10	St. Ignatius	16-07.50	15-10.00q	NWI
6	Santos, Therese	12	Archbishop Mitty	17-05.00	15-09.00q	NWI
7	Bugtong, Karla	10	St. Ignatius	15-06.00	14-05.00q	NWI
8	Petrucci, Jamie	11	St. Ignatius	14-05.00	14-00.25q	NWI
9	Garrity, Kathleen	12	St. Francis	14-11.00	13-10.50	NWI
10	Sebastinelli, Kristen	11	St. Ignatius	15-05.00	13-08.25	NWI
11	Brown, Haley	12	Archbishop Mitty	14-02.75	13-05.00	NWI
12	Kerrigan-Okamoto, Christ	12	St. Francis	13-07.00	13-01.50	NWI
13	Chen, Monica	12	St. Francis	13-07.00	12-07.75	NWI
14	Hara, Cynthia	11	Presentation	12-05.00	11-07.00	NWI

Girls Triple Jump Varsity

Meet: !	38-09.25	2005	Caitlin Schields, Notre Dame (Belmont)
CCS: #	40-02.50	1984	Wendy Brown, Woodside
State: *	44-00.50	1991	Juliana Yendork, Walnut
National: \$	44-02.25	2001	Ychlandria Spears, Luling (TX)
CCS Qual: @	34-07		

Name	Year	School	Seed	Prelims	Wind	
1	Sato, Kristin	12	Valley Chris	37-05.75 @	36-09.00q	NWI
1	Johnson, Lauren	10	St. Francis	38-06.50 @	36-09.00q	NWI
3	Janachocwski, Candy	10	St. Ignatius	35-05.00 @	35-08.75q	NWI
4	Johnson, Robriana	11	Valley Chris	35-10.50	34-03.00q	NWI
5	Love, Marquel	10	Archbishop Mitty	33-08.00	34-02.50q	NWI
6	Duterte, Martha	12	Archbishop Mitty	34-06.00	33-10.00q	NWI
7	Phillips, Katie	09	Archbishop Mitty	32-11.00	32-11.50q	NWI
8	Bickerstaff, Mercedes	12	St. Francis	33-02.50	32-08.75q	NWI
9	Sebastinelli, Kristen	11	St. Ignatius	31-01.50	32-04.50	NWI
10	Ahlgren, Ashley	11	Archbishop Mitty	31-03.00	31-03.00	NWI
11	Brown, Haley	12	Archbishop Mitty	30-06.00	29-02.00	NWI
12	Phillips, Leah	12	Presentation	30-07.25	28-07.50	NWI
13	Hara, Cynthia	11	Presentation	28-05.00	27-05.00	NWI
14	Lucian, Jennifer	11	St. Francis	28-05.75	27-04.50	NWI
15	Kerrigan-Okamoto, Christ	12	St. Francis	28-06.50	26-09.00	NWI

Girls Shot Put Varsity

Meet: !	42-00	2006	Talia DeMartini, Saint Ignatius
CCS: #	50-07.25	2005	Julie Dufresne, Harbor
State: *	53-07.75	1983	Natale Kaaiawahia, Fullerton
National: \$	54-10.75	2003	Michelle Carter, Red Oak (TX)
CCS Qual: @	36-02		

Name	Year	School	Seed	Prelims
1	Cooper, Tyhana	11	Sacred Heart	38-03.00 @ 41-01.50q
2	Data, Mary	12	St. Francis	39-06.00 @ 37-08.00q
3	Lisowski, Courtney	12	Archbishop Mitty	35-05.50 33-08.00q
4	Obilor, Tiffanie	11	Presentation	34-01.50 33-06.00q
5	Uda, Kristen	11	Valley Chris	30-02.00 30-01.00q
6	Martinez, Taylor	12	Valley Chris	31-01.00 30-00.00q
6	Puccinelli, Francesca	11	St. Ignatius	30-04.00 30-00.00q
8	Murillo, Mariela	12	St. Francis	34-01.50 29-05.50q

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9 Dickerson, Megan	10 St. Ignatius	31-06.00	28-06.00
10 Oeser, Melissa	11 Notre Dame (26-10.00	27-08.00
11 Java, Jennifer	12 Sacred Heart	27-08.00	27-00.50
12 Fitzsimon, Siobhan	11 St. Ignatius	27-04.00	26-10.00
13 McCarthy, Kelly	12 St. Ignatius	24-11.00	25-09.50
14 Gallo, Julia	11 Presentation	22-01.50	25-09.00
15 Poulson, Jenny	12 Presentation	24-00.00	25-04.00
16 Aranda, Karina	11 Archbishop Mitty	25-00.00	25-01.00
17 Horn, Danielle	12 Notre Dame (24-06.25	24-00.00
18 Wubshet, Deborah	12 Presentation	22-05.00	21-01.00
19 Frye, Maika	12 Sacred Heart	24-03.00	21-00.00
20 DeMedeiros, Jennifer	11 Presentation	24-00.00	19-08.00
21 Brown, Tydra	11 Notre Dame (16-10.00	17-06.50

Girls Discus Throw Varsity

Meet: ! 132-09	2006	Sela Paini, Saint Francis
CCS: # 165-10	1996	Darlene Tulua, Carmel
State: * 188-04	1994	Suzy Powell, Downey, Modesto
National: \$ 190-03	2009	Ana Jelmini, Shafter
CCS Qual: @ 112-07		

Name	Year	School	Seed	Prelims
1 Data, Mary	12	St. Francis	113-03	@ 118-07q
2 Lucian, Jennifer	11	St. Francis	102-02	@ 114-08q
3 Puccinelli, Francesca	11	St. Ignatius	114-04	107-02q
4 Murillo, Mariela	12	St. Francis	100-02	107-01q
5 Lisowski, Courtney	12	Archbishop Mitty	107-07	105-03q
6 Cooper, Tyhana	11	Sacred Heart	06-00.75	102-09q
7 Oeser, Melissa	11	Notre Dame (104-05	101-04q
8 Dickerson, Megan	10	St. Ignatius	97-08	99-05q
9 Aranda, Karina	11	Archbishop Mitty	90-00	89-03
10 Uda, Kristen	11	Valley Chris	87-07	88-07
11 McCarthy, Kelly	12	St. Ignatius	89-08	87-08
12 Java, Jennifer	12	Sacred Heart	86-11	83-03
13 Fitzsimon, Siobhan	11	St. Ignatius	90-01	82-10
14 Watts, Maggie	11	St. Ignatius	81-00	79-09
15 Muscha, Maddie	11	Presentation	65-06	72-02
16 Gallo, Julia	11	Presentation	66-09	71-09
17 Poulson, Jenny	12	Presentation	60-00	68-05
18 Frye, Maika	12	Sacred Heart	82-05	61-05
19 Horn, Danielle	12	Notre Dame (63-10	57-05
20 Wubshet, Deborah	12	Presentation	58-07	52-01
21 Brown, Tydra	11	Notre Dame (52-08	50-09
22 DeMedeiros, Jennifer	11	Presentation	58-04	49-07

Girls 100 Meter Dash Junior Varsity

Meet: ! 12.89	2003	Krystal Yee, Sacred Heart Cathedral				
Name	Year	School	Seed	Prelims	Wind	H#
1 Fitzpatrick, Emma	09	St. Francis	13.14	13.10Q	-0.4	3
2 Cheeks, Brianna	09	St. Francis	12.87	13.16Q	-0.6	1
3 Uhl, Katherine	10	Notre Dame (13.11	13.20Q	0.2	2
4 Thompson, Kristen	09	Notre Dame (13.50	13.61Q	-1.2	4

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5 Mejia-Prieto, Juli	10 Notre Dame (13.62	13.51q	0.2	2
6 Catan, Emily	11 St. Francis	13.69	13.71q	-0.4	3
7 Jackson, Babbette	11 Sacred Heart	13.91	13.72q	0.2	2
7 Weldon, Alyssa	09 Valley Chris	13.66	13.72q	0.2	2
9 Rodriquez, Katherine	11 St. Francis	13.80	13.82q	-0.4	3
10 de la Pena, Hannah	09 Sacred Heart	13.65	13.95	-0.6	1
11 Richardson, Shayla	09 St. Ignatius	14.85	13.99	-0.6	1
12 Ramaratram, Uma	09 Archbishop Mitty	13.45	14.00	-1.2	4
13 Abrahamson, Alex	10 Archbishop Mitty	13.88	14.02	-0.6	1
13 Shing, Priscilla	09 Valley Chris	13.85	14.02	-0.6	1
15 Samson, Natalie	10 Presentation	13.60	14.03	-0.4	3
16 Connelly, Sophie	11 Notre Dame (13.74	14.05	-1.2	4
17 Dey, Akansha	09 Archbishop Mitty	13.85	14.08	0.2	2
18 Vigil, Gabrielle	09 Sacred Heart	14.02	14.09	-0.4	3
19 Craig, Niajai	09 Archbishop Mitty	13.65	14.14	-0.6	1
20 Early, Jennifer	11 Presentation	14.01	14.17	-1.2	4
21 Rangel, Becky	10 Presentation	13.99	14.26	-0.4	3
22 Blumenthal, Fiona	11 St. Ignatius	13.75	14.41	-1.2	4
23 Santa Rose, Stephanie	10 St. Ignatius	15.22	14.57	-1.2	4
24 Mai, Ally	09 Valley Chris	14.10	14.64	0.2	2
25 Lewis, Amanda	10 Presentation	14.00	14.94	-1.2	4
26 Parks, Meryl	11 Presentation	14.95	15.16	0.2	2
27 Leus, Abby	10 Notre Dame (15.19	15.45	-0.4	3
28 Garcia, Marcia	09 St. Ignatius		15.53	-1.2	4

Girls 200 Meter Dash Junior Varsity

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Meet: ! 26.75 2010		Cecily Agu, Archbishop Mitty				
Name	Year School	Seed	Prelims	Wind	H#	
=====						
1 Cheeks, Brianna	09 St. Francis	26.90	27.15Q	NWI		1
2 Uhl, Katherine	10 Notre Dame (27.62	27.47Q	NWI		3
3 Thompson, Kristen	09 Notre Dame (28.34	28.38Q	NWI		2
4 Rodriquez, Katherine	11 St. Francis	29.00	28.77Q	NWI		4
5 Early, Jennifer	11 Presentation	28.74	28.77q	NWI		3
5 de la Pena, Hannah	09 Sacred Heart	28.32	28.77q	NWI		3
7 Weldon, Alyssa	09 Valley Chris	28.61	28.81q	NWI		1
8 Ramaratram, Uma	09 Archbishop Mitty	27.60	28.89	NWI		2
9 Samson, Natalie	10 Presentation	28.44	29.37	NWI		1
10 Wingate, Sabrina	10 Sacred Heart	28.63	29.40	NWI		2
10 Urrabazo-Torres, Katalin	09 St. Francis	29.44	29.40	NWI		3
12 Craig, Niajai	09 Archbishop Mitty	28.15	29.44	NWI		4
13 Dey, Akansha	09 Archbishop Mitty	28.79	29.64	NWI		4
14 Richardson, Shayla	09 St. Ignatius	31.04	29.70	NWI		2
15 Say, Hannah	10 Notre Dame (29.16	29.90	NWI		2
16 Blumenthal, Fiona	11 St. Ignatius	29.09	29.92	NWI		3
17 Rangel, Becky	10 Presentation	29.63	30.16	NWI		4
18 Santa Rose, Stephanie	10 St. Ignatius	31.47	30.28	NWI		3
19 Carlson, Stephanie	09 St. Francis	29.33	30.69	NWI		1
20 Veziris, Vasilias	St. Francis	29.50	30.79	NWI		1
21 Connelly, Sophie	11 Notre Dame (29.90	30.83	NWI		2
22 Halton, Hannah	09 Notre Dame (29.67	31.19	NWI		3
23 Jones, Madeleine	10 Archbishop Mitty	28.00	31.40	NWI		4

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Meet: ! 1:01.53 2010 Nicole Fairley, Archbishop Mitty						
Name	Year	School	Seed	Prelims	H#	
1 Arquero, Claudia	10	Notre Dame (1:01.72	1:03.90Q	1	
2 Liu, Olivia	10	Archbishop Mitty	1:05.00	1:04.48Q	2	
3 Hayden, Nia	10	Valley Chris	1:04.89	1:04.73Q	3	
4 Wingate, Sabrina	10	Sacred Heart	1:04.49	1:04.74q	3	
5 Koenig, Sarah	11	Valley Chris	1:05.30	1:05.12q	1	
6 Urrabazo-Torres, Katalin	09	St. Francis	1:05.94	1:05.69q	3	
7 Wang, Maggie	09	Archbishop Mitty	1:06.47	1:06.55q	3	
8 Moody, Jan	9	Archbishop Mitty	1:07.48	1:06.90	1	
9 Wong, Blossom	09	Sacred Heart	1:06.76	1:07.28	2	
10 Abdelkader, Daisha	09	St. Francis	1:05.36	1:07.77	1	
11 Say, Hannah	10	Notre Dame (1:03.71	1:07.90	2	
12 Davison, Jade	09	Sacred Heart	1:09.55	1:07.91	2	
13 Martin, Wailani	09	Sacred Heart	1:09.65	1:11.43	3	
14 O'Flaherty, Molly	10	Presentation	1:09.00	1:11.88	1	
15 Halton, Hannah	09	Notre Dame (1:10.34	1:12.23	3	
16 Coghlan, Christine	11	Notre Dame (1:24.21	1:24.95	2	
17 Costello, Kira	09	Notre Dame (1:28.93	1:27.53	1	

Girls 800 Meter Run Junior Varsity

Meet: ! 2:27.70 2006 Tracy Vargo, Presentation					
Name	Year	School	Seed	Prelims	
1 Mac, Karen	10	Valley Chris	2:35.34	2:36.16Q	
2 Luu, Shannon	10	Valley Chris	2:41.00	2:37.46Q	
3 Sweeney, Kelly	10	Archbishop Mitty	2:40.00	2:37.70Q	
4 Jacobo, Olivia	10	Sacred Heart	2:36.16	2:38.15Q	
5 McCauley, Taylor	09	Archbishop Mitty	2:38.89	2:38.56q	
6 Casey, Emily	10	Notre Dame (2:38.33	2:38.69q	
7 Watson, Erin	09	St. Francis	2:44.29	2:38.87q	
8 Cowherd, Indigo	11	St. Francis	2:41.51	2:39.74q	
9 Mantovani, Chiara	09	Presentation	2:42.33	2:40.00q	
9 Hinton, Kara	09	Valley Chris	2:49.51	2:40.00q	
11 Dattalo, Ashley	11	Archbishop Mitty	2:45.00	2:40.41q	
12 Kemp, Emilie	10	St. Francis	2:39.27	2:40.48q	
13 Sobrepena, Sydney	09	St. Ignatius	2:37.00	2:41.46	
14 McDonell, Megan	09	Notre Dame (2:38.98	2:41.74	
15 Buscher, Sophia	10	St. Ignatius	2:43.20	2:43.72	
16 Horta, Calista	09	Archbishop Mitty	2:52.57	2:44.93	
17 Ledesma, Francesca	09	St. Ignatius	2:45.00	2:45.27	
18 Astroth, Kyle	09	St. Ignatius	2:50.80	2:45.53	
19 Drury, Jessica	10	St. Francis	2:44.51	2:47.10	
20 Killmond, Katherine	11	Notre Dame (2:40.85	2:49.25	
21 Pastorino, Emma	09	Notre Dame (2:43.26	2:53.56	
22 Trainor, Grace	10	Notre Dame (2:54.26	2:53.72	
23 Yee, Melia	11	St. Ignatius	2:48.90	2:54.45	
24 Tuite, Maria	11	Sacred Heart	2:54.13	2:55.95	
25 Padron, Jessica	09	Sacred Heart	2:54.05	2:56.32	
26 Lunde, Caela	09	Sacred Heart	2:59.32	2:58.14	
27 Murphy, Alex	10	St. Francis	2:53.41	2:58.30	
28 Haag, Morgan	09	Valley Chris	2:57.00	3:00.30	
29 Ahlback, Mairead	09	Sacred Heart	3:04.35	3:01.02	

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Girls 1600 Meter Run Junior Varsity

=====					
Meet: ! 5:26.57		2009	Tatiana Baiza, Sacred Heart Cathedral		
Name	Year	School	Seed	Finals	Points
=====					
Finals					
1	Casey, Emily	10	Notre Dame (5:38.24	5:37.34 10
2	Weiner, Haley	10	Archbishop Mitty	5:43.00	5:43.10 8
3	Nelson, Hannah	09	St. Francis	5:50.62	5:47.22 6
4	McDonell, Megan	09	Notre Dame (5:48.95	5:47.96 4
5	Grabeel, Paris	09	Archbishop Mitty	5:59.00	5:51.22 2
6	Flynn-Do, Meiko	09	Archbishop Mitty	5:54.00	5:51.50 1
7	Horta, Calista	09	Archbishop Mitty	5:58.00	5:52.77
8	Cowherd, Indigo	11	St. Francis	5:50.62	5:53.48
9	Reyes, Amy	11	Valley Chris	5:53.77	5:53.50
10	Hinton, Kara	09	Valley Chris	5:58.90	5:54.97
11	Costanzo, Trisha	11	St. Francis	5:45.73	5:55.47
12	Jacobo, Olivia	10	Sacred Heart	5:54.01	5:55.92
13	Newman, Grace	11	Sacred Heart	5:50.97	5:56.07
14	Pastorino, Emma	09	Notre Dame (5:55.46	5:57.50
15	Fotinos, Alexa	09	St. Ignatius	5:52.00	6:05.58
16	Drury, Jessica	10	St. Francis	5:56.03	6:07.28
17	Hyndman, Emma	11	St. Ignatius	5:57.00	6:07.87
18	Connolly, Kellianne	11	Valley Chris	5:59.83	6:07.99
19	Killmond, Katherine	11	Notre Dame (6:05.91	6:16.75
20	McCarthy, Stephanie	10	St. Ignatius	6:09.11	6:21.55
21	McEntee, Briana	09	Archbishop Mitty	6:17.47	6:22.25
22	Whitney, Pilar	10	Sacred Heart	6:22.93	6:28.66
23	Moura, Julianna	10	Presentation	6:03.00	6:30.35
24	Listana, Precious	09	Sacred Heart	6:20.63	6:30.85
25	Ortiz-Azucar, Yajaira	11	St. Ignatius	6:28.59	6:36.48
26	Kuehl, Sophie	09	Sacred Heart	6:19.94	7:02.32
27	Shaw, Kristen	10	Notre Dame (7:32.33	7:35.01

Girls 3200 Meter Run Junior Varsity

=====					
Meet: ! 12:21.36		2006	Tracy Vargo, Presentation		
Name	Year	School	Seed	Finals	Points
=====					
1	Weiner, Haley	10	Archbishop Mitty	12:51.00	12:49.33 10
2	Wang, Christine	11	St. Francis	12:45.44	13:00.78 8
3	Patel, Pooja	09	Archbishop Mitty	13:13.00	13:02.41 6
4	Grabeel, Paris	09	Archbishop Mitty	13:21.00	13:03.03 4
5	Flynn-Do, Meiko	09	Archbishop Mitty	13:24.00	13:05.20 2
6	Wilkerson, Kendall	11	Presentation	12:58.09	13:06.33 1
7	Newman, Grace	11	Sacred Heart	12:52.35	13:11.82
8	Nelson, Hannah	09	St. Francis	13:01.53	13:13.89
9	Morrison, Rachel	09	St. Francis	14:03.77	13:54.49
10	Redelfs, Rachel	09	St. Francis	14:05.22	14:19.87
11	Gillespie, Megan	10	Valley Chris	13:55.12	14:25.46
12	Chan, Christie	10	St. Ignatius		14:48.28
13	Corry, Marissa	09	St. Ignatius		15:03.80
14	Jadallah, Jena	09	St. Ignatius		15:08.60
15	Cournale, Caitlyn	09	St. Ignatius		15:43.32
16	Schmitt, Sarah	09	St. Ignatius		16:15.21

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Girls 100 Meter Hurdles Junior Varsity

Meet: ! 16.30 2007 Hannah Goranson, Valley Christian						
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Opulencia, Caitlyn	09	Presentation	17.67	18.11Q	-0.5	1
2 Ahlawat, Nivi	09	Archbishop Mitty	18.87	18.25Q	1.6	3
3 Judas, Liesel	09	Archbishop Mitty	18.76	18.50Q	0.1	2
4 Ngo, Allison	09	St. Francis	20.59	19.29q	-0.5	1
5 Kohlmaier, Kaylee	10	Notre Dame (19.60	19.70q	1.6	3
6 Edwards, Camille	10	St. Ignatius	20.72	19.72q	1.6	3
7 Hwang, Anna	10	St. Ignatius	20.74	20.01q	1.6	3
8 Coleman, Cassie	09	Archbishop Mitty	20.61	20.02q	0.1	2
9 Menzel, Lizzie	10	Notre Dame (19.90	20.06q	0.1	2
10 Oliver, Sami	09	Archbishop Mitty	20.84	20.29	-0.5	1
11 Parent, Rachel	10	St. Francis	21.36	20.34	1.6	3
12 Denise, Ocegvera	09	Archbishop Mitty	20.79	20.36	0.1	2
13 Connolly, Clare	10	St. Ignatius	20.59	20.60	-0.5	1
14 Nishikawa, Sarah	10	St. Francis	21.37	20.71	0.1	2
15 Namineni, Neeha	10	St. Francis	20.94	20.76	1.6	3
16 Huerta, Jessica	10	Presentation	22.10	21.24	-0.5	1
17 Munoz, Stephanie	09	Presentation	21.62	21.51	-0.5	1

Girls 300 Meter Hurdles Junior Varsity

Meet: ! 49.35 2009 Gina Givens, Saint Francis						
Name	Year	School	Seed	Prelims	H#	
1 Abdelkader, Daisha	09	St. Francis	52.84	53.40Q		1
2 Judas, Liesel	09	Archbishop Mitty	53.24	54.66Q		3
3 Opulencia, Caitlyn	09	Presentation	53.22	55.16Q		2
4 Hwang, Anna	10	St. Ignatius	57.35	55.21q		1
5 Holzman, Laurasia	10	Notre Dame (55.07	55.24q		1
6 Oliver, Sami	09	Archbishop Mitty	54.39	55.68q		2
7 Coleman, Cassie	09	Archbishop Mitty	56.33	56.36q		3
8 O'Riordan, Nadine	10	Notre Dame (54.20	57.19		3
9 Connolly, Clare	10	St. Ignatius	56.14	57.26		3
10 Augustin, Andrea	09	St. Francis	59.81	57.92		3
11 Kohlmaier, Kaylee	10	Notre Dame (56.74	59.29		2
12 Nishikawa, Sarah	10	St. Francis	1:02.26	59.69		2
13 Heckert, Michelle	10	St. Ignatius	1:00.09	59.99		1
14 Menzel, Lizzie	10	Notre Dame (57.83	1:00.71		2
15 Namineni, Neeha	10	St. Francis	1:01.56	1:01.08		1
16 Munoz, Stephanie	09	Presentation	58.80	1:03.94		3
17 Holl, Emilia	10	St. Ignatius	1:05.97	1:05.40		3

Girls High Jump Junior Varsity

Meet: ! 5-00 2003 Christine Szelong, Saint Francis						
Name	Year	School	Seed	Finals	Points	
Finals						
1 Descalso, Mary	09	St. Francis	4-10.00	4-10.00		10
2 Carlevaris, Rachelle	09	Notre Dame (4-08.00	4-08.00		8
3 Welsh, Catherine	10	St. Ignatius	4-06.00	4-06.00		6
4 Soter, Laura	11	St. Ignatius	4-04.00	J4-06.00		4

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...Girls High Jump Junior Varsity

5 Ma, Elaine	09 Valley Chris	4-10.00	J4-06.00	2
6 Luna, Raizel	10 Notre Dame (4-04.00	4-04.00	
6 Judas, Liesel	09 Archbishop Mitty	4-06.00	4-04.00	0.50
8 O'Riordan, Nadine	10 Notre Dame (4-06.00	J4-04.00	0.50
9 Saade, Mary	09 Notre Dame (4-04.00	4-02.00	
10 Schumacher, Lexi	10 St. Francis	4-02.00	4-00.00	
11 Lock, Camellia	11 St. Ignatius	4-00.00	3-10.00	
11 Shieh, Kendall	10 Archbishop Mitty	4-02.00	3-10.00	

Girls Pole Vault Junior Varsity

Meet: ! 8-06 2010		Emma McCarthy, Presentation			
Name	Year School	Seed	Finals	Points	
1 Welsh, Catherine	10 St. Ignatius	8-00.00	9-03.00!	10	
2 Dorricott, Carolyn	11 Notre Dame (8-00.00	8-03.00	8	
3 Chan, Miranda	11 Notre Dame (8-06.00	J8-03.00	6	
4 Abad, Joy	09 St. Ignatius	7-09.00	7-09.00	3	
4 Guarnieri, Mia	09 Presentation	8-00.00	7-09.00	3	
6 Teupel, Kristen	09 St. Ignatius	8-00.00	J7-09.00	1	
7 Hegedus, Lizzy	12 Notre Dame (8-06.00	J7-09.00		
8 Sywyk, Laura	10 Archbishop Mitty	7-06.00	7-03.00		
8 Schumacher, Lexi	10 St. Francis	7-09.00	7-03.00		
10 Ericksen, Katie	10 Archbishop Mitty	6-04.00	6-09.00		
10 Schettino, Kiera	10 Archbishop Mitty	6-04.00	6-09.00		
10 Augustin, Andrea	09 St. Francis	6-01.00	6-09.00		
13 Atencio, Bre	10 Archbishop Mitty	7-00.00	6-03.00		
13 Pontius, Julia	10 St. Ignatius	6-00.00	6-03.00		
-- Marty, Jennifer	10 St. Ignatius	6-00.00	NH		

Girls Long Jump Junior Varsity

Meet: ! 16-00 2010		Therese Santos, Archbishop Mitty			
Name	Year School	Seed	Prelims	Wind	
Preliminaries					
1 Mejia-Prieto, Juli	10 Notre Dame (15-08.00	15-06.50q	NWI	
2 Chizankos, Jessica	10 Archbishop Mitty	14-09.50	14-11.00q	NWI	
3 Fong, Claudia	10 St. Ignatius	14-00.50	14-03.50q	NWI	
4 Fitzpatrick, Emma	09 St. Francis	15-00.00	14-01.75q	NWI	
5 Wong, Blossom	09 Sacred Heart	14-01.00	13-09.50q	NWI	
6 Ahlawat, Nivi	09 Archbishop Mitty	14-00.00	13-07.50q	NWI	
7 Vigil, Gabrielle	09 Sacred Heart	13-09.50	13-02.00q	NWI	
8 Carlevaris, Rachelle	09 Notre Dame (13-07.00	13-01.00q	NWI	
9 Ronquillo, Tracy	10 St. Ignatius	12-03.25	12-06.75	NWI	
10 Jackson, Babbette	11 Sacred Heart	15-05.00	12-02.50	NWI	
11 Villadolid, Camille	10 St. Ignatius	13-04.50	11-07.50	NWI	
12 Heckert, Michelle	10 St. Ignatius		11-05.00	NWI	
13 Woo, Grace	10 Archbishop Mitty	13-08.50	11-01.50	NWI	
14 Lee, Nicolette	10 Archbishop Mitty	14-02.00	10-09.50	NWI	
15 Pineda, Tatiana	10 Notre Dame (11-05.25	9-09.00	NWI	

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Girls Triple Jump Junior Varsity

Meet: ! 33-02 2010		Jenna Thompson, St. Francis (Mou				
Name	Year	School	Seed	Prelims	Wind	
1	Sum, Lydia	09	Valley Chris	34-10.75	! 33-05.50q	NWI
2	O'Riordan, Nadine	10	Notre Dame (29-03.00	30-07.00q	NWI
3	Abrahamson, Alex	10	Archbishop Mitty	30-10.50	30-06.00q	NWI
4	Fong, Claudia	10	St. Ignatius	30-02.00	30-03.75q	NWI
5	Holzman, Laurasia	10	Notre Dame (29-10.75	29-10.00q	NWI
6	Carlevaris, Rachelle	09	Notre Dame (28-03.00	28-06.00q	NWI
7	Ma, Elaine	09	Valley Chris	31-11.00	28-02.00q	NWI
7	Catan, Emily	11	St. Francis	28-05.00	28-02.00q	NWI
9	Lee, Nicolette	10	Archbishop Mitty	29-03.00	21-10.25	NWI
--	Pineda, Tatiana	10	Notre Dame (24-10.50	ND	NWI

Girls Shot Put Junior Varsity

Meet: ! 32-10 2007		Lepa Holani, Notre Dame (Belmont)			
Name	Year	School	Seed	Prelims	
1	Stone, Ronna	09	Valley Chris	32-06.00	! 35-11.00q
2	Tsiplakos, Tasia	09	Notre Dame (28-11.00	28-02.00q
3	Kapoor, Sonia	10	Presentation	25-04.00	26-10.00q
4	Chen, Lindsey	09	St. Ignatius	29-09.00	26-06.00q
5	Sahbaee, Nicole	10	Archbishop Mitty	28-00.00	26-04.00q
6	Comin, Isabella	10	St. Francis	26-02.00	26-03.00q
7	Chizankos, Jessica	10	Archbishop Mitty	21-02.50	25-09.50q
8	Clifford, Lauren	10	St. Ignatius	27-09.00	25-06.00q
9	Pasini, Giovanna	11	St. Ignatius	25-06.00	25-05.50
10	Stumpf, Dominique	11	St. Francis	25-06.50	25-01.00
11	Daley, Annika	09	Sacred Heart	24-06.50	24-11.00
12	Giotinis, Eleni	09	Notre Dame (25-07.50	24-09.00
13	Leone, Savanna	09	Presentation	23-04.00	24-08.00
14	Shing, Priscilla	09	Valley Chris	24-07.00	24-06.00
15	Frizzel, Haley	10	St. Francis	23-02.00	24-01.00
16	Clark, Sabrina	09	St. Francis	22-00.00	20-10.00
17	Gonzalez, Christina	09	Presentation	15-00.00	17-06.00
18	Barranti, Brooke	11	Notre Dame (16-09.00	15-10.00
19	Willis, Ariana	9	Presentation		15-07.00
20	Palmiery, Judy	11	Notre Dame (14-07.00	15-06.00
20	Ibarra, Juanita	11	Notre Dame (17-08.00	15-06.00

Girls Discus Throw Junior Varsity

Meet: ! 117-05 2003		Christina Kidd, Valley Christian			
Name	Year	School	Seed	Prelims	
1	Kapoor, Sonia	10	Presentation	82-04	91-06q
2	Comin, Isabella	10	St. Francis	84-09	84-05q
3	Giotinis, Eleni	09	Notre Dame (74-02.50	84-00q
4	Clifford, Lauren	10	St. Ignatius	91-05	83-00q
5	Chen, Lindsey	09	St. Ignatius	87-07	81-06q
6	Chizankos, Jessica	10	Archbishop Mitty	75-00	79-10q
7	Tsiplakos, Tasia	09	Notre Dame (73-04	79-07q
8	Stone, Ronna	09	Valley Chris	75-02	75-09q
9	Daley, Annika	09	Sacred Heart	72-08.75	69-08

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....Girls Discus Throw Junior Varsity

10 Sahbaee, Nicole	10 Archbishop Mitty	72-00	66-11
11 Pasini, Giovanna	11 St. Ignatius	75-00	66-04
12 Weldon, Lauren	09 St. Francis	66-02	65-07
13 Leone, Savanna	09 Presentation	64-04	65-04
14 Stumpf, Dominique	11 St. Francis	76-07	64-08
15 Frizzel, Haley	10 St. Francis	61-06	54-01
16 Gonzalez, Christina	09 Presentation	50-00	53-08
17 Willis, Ariana	9 Presentation		53-07
18 Barranti, Brooke	11 Notre Dame (54-00	47-11
19 Ibarra, Juanita	11 Notre Dame (49-04	46-06
20 Palmiery, Judy	11 Notre Dame (45-10	46-01

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Women - Junior Varsity - Team Rankings - 4 Events Scored

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1) Notre Dame (Belmont)	36.50	2) Archbishop Mitty	33.50
3) St. Ignatius College Prep	24	3) St. Francis (Mountain Vie	24
5) Presentation	4	6) Valley Christian (San Jos	2

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Men - Frosh Soph - Team Rankings - 4 Events Scored

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1) Bellarmine College Prep	76	2) Junipero Serra	17
3) St. Ignatius College Prep	16	4) St. Francis (Mountain Vie	7
5) Archbishop Mitty	4	5) Sacred Heart Cathedral Pr	4